

Al at Work: Friend and Foe

JUNE 2024





Source: Al at Work (2024), n = 13,102.

Note: TMT = technology, media, and telecommunications.

¹Individual contributors, without managerial responsibility. ²We received responses in the Middle East from Kuwait, Qatar, Saudi Arabia, and the UAE.

Five key findings

Sources: AI at Work (2024), n = 13,102; BCG analysis.

The AI Paradox. Worker confidence in GenAI has grown since 2023 (up 16 percentage points to 42%). So has fear of job loss (up 6 percentage points to 42%).

2

A Gap in Confidence. Frontline employees (33%) are less confident about GenAI than managers (41%) and leaders (50%).

3

And a Gap in Training. Frontline employees (28%) are far less likely than leaders (50%) to have received training in how AI will affect their job.

North-South Divide. The Global South is more confident about GenAI than the Global North. In India, 54% of respondents are confident, compared with 34% in the US.

Beyond Productivity. Most GenAI users (58%) are saving at least five hours a week with the tool, with the focus now shifting to how to use that freed-up time to generate value and joy.

Cautious optimism around AI at work endures

Sources: Al at Work (2024), n = 13,102; Al at Work (2023), n = 12,898; BCG analysis. **Note:** Share of respondents who ranked the specified sentiment in their top two among seven sentiment options. pp = percentage points.

Shifting sentiments around AI's impact on work



Confidence in GenAI is higher and anxiety is generally lower in the Global South



Confidence



Sources: AI at Work (2024), n = 13,102; BCG analysis.

Note: Share of respondents who ranked the specified sentiment in their top two among seven sentiment options. "Global South" includes Brazil, India, Nigeria, South Africa, and the Middle East; "Global North" includes Australia, Belgium, France, Germany, Italy, Japan, Netherlands, Spain, the UK, and the US.

The differences across industries are less pronounced than those across geographies

Confidence

Anxiety



Sources: AI at Work (2024), n = 11,201; BCG analysis.

Note: Share of respondents who ranked the specified sentiment in their top two among seven sentiment options; TMT = technology, media, and telecommunications.

Frontline employees are less confident and more anxious about GenAI than their bosses are

Confidence

Anxiety



Sources: AI at Work (2024), n = 13,102; BCG analysis.

Note: Share of respondents who ranked the specified sentiment in their top two among seven sentiment options.



Leaders

Confidence increases with more frequent usage

Confidence

Anxiety



Sources: AI at Work (2024), n = 13,102; BCG analysis.

Note: Share of respondents who ranked the specified sentiment in their top two among seven sentiment options. "Regular users" are respondents who use generative AI at least monthly.



Regular users

Frontline employees have rapidly increased their GenAI use

Regular GenAI usage across worker levels



Sources: Al at Work (2024), n = 13,102; Al at Work (2023), n = 12,898; BCG analysis. **Note:** pp = percentage points.

Regular use of GenAI is higher in the Global South than in the Global North

Regular GenAI usage at work across the Global North and the Global South



Note: "Global South" includes Brazil, India, Nigeria, South Africa, and the Middle East; "Global North" includes Australia, Belgium, France, Germany, Italy, Japan, Netherlands, Spain, the UK, and the US.

Source: AI at Work (2024), n = 13,102; BCG analysis.

GenAI is providing real-world benefits, particularly in productivity

Sources: AI at Work (2024), n = 9,379 (respondents using GenAI for work); BCG analysis.

Share of users who agree that GenAI has...

saved them time

increased their speed

improved the quality of their work

freed up time for more strategic work

decreased the time they spend on administrative tasks



58%

of respondents who use GenAI for work believe that they are **saving 5**+ hours a week¹

Sources: : AI at Work (2024); BCG analysis. $^{1}n = 9,379$ (respondents who use GenAl for work). $^{2}n = 7,905$ (respondents who agree that GenAI has saved them time).

GenAI allows people to do more work and smarter work

What GenAI users are doing with time saved²

Perform more tasks	41%	
Perform new tasks	39%	
Experiment with GenAl	38%	
Work on strategic tasks	38%	
Finish work earlier	35%	
Connect with coworkers	30%	
Pursue professional development	30%	
Increase attention to/quality of tasks	29%	
Connect with family/friends	26%	
Pursue activities outside work	24%	
Perform personal tasks	24%	



The Global South is leading the way in using time saved by GenAI

Employee experience

Productivity



Sources: AI at Work (2024), n = 2,821 for "Global South" (respondents from Brazil, India, Nigeria, South Africa, and the Middle East who saved time with GenAI), n = 9,148 for "Global North" (respondents from Australia, Belgium, France, Germany, Italy, Japan, Netherlands, Spain, the UK, and the US who saved time with GenAI); BCG analysis.

Caution: GenAI may save time, but it may also **eliminate jobs**



believe that AI and GenAI will profoundly transform their jobs, up from **75%** in 2023

> think that their job might not exist in the next decade, up from **36**% in 2023



More caution: Workers who regularly use GenAI are more likely than others to fear losing their jobs

Share of GenAI users and nonusers who think that their jobs could disappear over the next decade



Sources: AI at Work (2024); BCG analysis.

Note: "Regular users" are respondents who use generative AI at least weekly; "rare users" are respondents who use generative AI at least monthly. $^{1}n = 1,812$. $^{2}n = 2,216$. $^{3}n = 8,937$.



Regular users³

Leaders must transform their organization to accommodate GenAI

Sources: AI at Work (2024), n = 4,085 (leaders who are familiar with AI and GenAI and have GenAI tools in place in some capacity); BCG analysis.

...of leaders say that they are implementing GenAI tools to begin reshaping their organizations

64%

Leaders worry about workers' level of AI literacy today and the cost of implementation tomorrow

Top five challenges today

Top five challenges in the next five years



Sources: AI at Work (2024), n = 4,085 (leaders who are familiar with AI and GenAI and have GenAI tools in place in some capacity); BCG analysis. **Note:** Respondents could select as many challenges as they wished from a list of 15.

Frontline employees want more time and training to learn GenAI

Five biggest challenges around GenAI

Sources: AI at Work (2024), n = 2,319; BCG analysis. **Note:** These challenges were the ones most often ranked in respondents' top three from a list of 10.



Frontline employees lag leaders in training opportunities

Share of workers who have already been trained in how AI will change their job



...up from 20% in 2023

Managers²

30%

...up from 44% in 2023

Sources: AI at Work (2024); BCG analysis. ¹n = 4,404. ²n = 4,368. ³n = 4,330.

Frontline employees³



...up from 14% in 2023

The Global South leads the Global North in training managers and frontline employees

Share of workers who have already been trained across the Global North and the Global South



Sources: AI at Work (2024); BCG analysis.

Note: "Global South" includes Brazil, India, Nigeria, South Africa, and the Middle East; "Global North" includes Australia, Belgium, France, Germany, Italy, Japan, Netherlands, Spain, the UK, and the US. $^{1}n = 4,404$ (1,325 in the Global South). $^{2}n = 4,368$ (1,328 in the Global South). $^{3}n = 4,330$ (1,301 in the Global South).

Five strategic imperatives for leaders

Establish a transformation-first mindset

• Move beyond testing and deploying GenAI, and refocus on big value drivers · Commit to end-to-end transformation, change management, and the involvement of your people

Manage all of your transformations

- As you launch your GenAI transformation, carefully consider any initiatives you're running in parallel to avoiding overwhelming your teams
- Define KPIs to measure progress and key outcomes to ensure that you are achieving business goals and not creating new bottlenecks

Build training muscle at scale

- Assess skill gaps to understand the key personas across your organization, and reskill your people accordingly
- Prioritize continuous training, given how quickly GenAI is evolving; also, carve out protected time for your people to learn and adapt to the technology

Emphasize how GenAI can increase value creation and employee joy

• Have a GenAI vision centered on value creation, not just productivity, to help boost adoption • Communicate where GenAI can remove the toil from work and increase joy at work

Anticipate the evolution of roles, skills, operating model, data, and governance

- Plan for the need to redesign roles and redeploy talent as GenAI transforms work
- Partner closely with your people managers and HR to create a new operating model built around human and machine intelligence



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