

# WES NEWS

July 2023

Issue 112

*The official magazine of the Western Equestrian Society,  
formed in 1985*



## COUNCIL MEMBERS

Chairman:	<b>Rob Painter</b> <a href="mailto:westernquestriansociety.chair@gmail.com">westernquestriansociety.chair@gmail.com</a>	Leader of the Society and Chair of the Society Governing council
Secretary:	<b>Daniel Gwalter</b> <a href="mailto:dan@wes-uk.com">dan@wes-uk.com</a>	Manages council, organises meetings etc.
Treasurer:	<b>Beverley Jeavons</b> <a href="mailto:bevjeavons@hotmail.co.uk">bevjeavons@hotmail.co.uk</a>	Oversees the financial affairs of the society
Mem. Secretary:	<b>Ann Hughes</b> <a href="mailto:wesmembership595@sky.com">wesmembership595@sky.com</a>	Maintains contact with the membership
Health & Safety:	<b>Vicki Holden</b> <a href="mailto:weshealthandsafety@yahoo.com">weshealthandsafety@yahoo.com</a>	Monitors Health and Safety to ensure compliance with legislation, etc.
Area Coordinator:	<b>Kayreen Jones</b> <a href="mailto:kayreenjones4@btinternet.com">kayreenjones4@btinternet.com</a>	Point of contact for the area representatives
Show Coordinator:	<b>Helen Payne</b> <a href="mailto:helenmpayne@outlook.com">helenmpayne@outlook.com</a>	Oversees all showing activities of the society
Publicity Officer:	<b>Rob Painter</b> (temporary) <a href="mailto:westernquestriansociety.chair@gmail.com">westernquestriansociety.chair@gmail.com</a>	Promoting the society in the media
Youth Officer:	<b>Dani O'Brien</b> <a href="mailto:daniobrien1987@hotmail.com">daniobrien1987@hotmail.com</a>	Promotes activities for youth members

## Other Society Contacts

Animal Welfare Adviser:	<b>Pauline Norton</b> <a href="mailto:chloe276@aol.com">chloe276@aol.com</a>	The person to report to with any animal welfare issues
Trail Award Scheme:	<b>Sarah Cameron &amp; Jane Gibbs</b> <a href="mailto:westtrailaward@yahoo.com">westtrailaward@yahoo.com</a>	Administers the Trail Awards
Webmaster	<b>Daniel Gwalter</b> <a href="mailto:dan@wes-uk.com">dan@wes-uk.com</a>	Maintains WES website
WES News Editor:	<b>Roger Wells</b> <a href="mailto:wesnewsmag@gmail.com">wesnewsmag@gmail.com</a>	Edits WES News and distributes it electronically to all members

## SOCIETY APPROVED JUDGES

The following is a list of members holding WES judging cards.

**David Brindley** (Wrexham) Tel. 07778 591196

**Michael Carder** (Cambridgeshire) Tel: 01354 692011

**Johanna Cotton** (Wrexham) Tel. 07984 141973

**Scherie Dermody** (Cheshire) Tel: 01270 780620

**David Hudspeth** (Nottinghamshire) Tel 07977 530954

**Louise Hunt** (Kent) Mob: 07712277812, email: [Louiseh2015@gmail.com](mailto:Louiseh2015@gmail.com)

**Bruce Lawrence** (Herefordshire) Tel: 07791 323192

**David Lloyd** (Hampshire) Tel: 01252 875896

**Bob Mayhew\*** (Hampshire) Tel: 07818 445562, email: [bobmayhew62@gmail.com](mailto:bobmayhew62@gmail.com)

*\*Bob also holds NRHA.DE, and judge emeritus for AQHA, APHA, NCHA & NRHA*

**Tanya Rowe** (Norfolk) Tel. 07786 968517

### Judges' Committee

**Mick Carder** (chair), **Bob Mayhew**, **David Lloyd**, **Scherie Dermody**

## AREA AND COUNTY REPRESENTATIVES

Area rep. names are in BOLD, County rep. names are in bold italic

	Area	Representatives	Email addresses
1	Grampian and Highlands	<b>SANDRA LODER *</b>	<a href="mailto:loder1212@gmail.com">loder1212@gmail.com</a>
2	Gwynedd, Clwyd, Cheshire, Shropshire, Staffordshire	<b>LINDA CLANCY</b>	<a href="mailto:lindaclancy01@gmail.com">lindaclancy01@gmail.com</a>
3	Cornwall, Devon, Somerset, Wiltshire <i>Devon:</i> <i>Wiltshire:</i>	<b>JOHANNA MEAD</b> <i>Ann Webster</i> <i>Jane Brain</i>	<a href="mailto:johanna1968@outlook.com">johanna1968@outlook.com</a> <a href="mailto:annequus@aol.com">annequus@aol.com</a> <a href="mailto:j1412b@hotmail.com">j1412b@hotmail.com</a>
4	Cleveland, Cumbria, Durham, Northumberland, Tyne & Wear <i>Tyne and Wear:</i>	<b>VACANCY</b>  <i>Jo Powell</i>	  <a href="mailto:jojackandskwert@gmail.com">jojackandskwert@gmail.com</a>
5	Lancashire, Greater Manchester, Merseyside, Yorkshire <i>East Yorkshire:</i> <i>North Yorkshire:</i> <i>Lancashire:</i> <i>West Yorkshire:</i>	<b>SU MCALPIN</b> <b>HARRY SCARGILL</b> <i>Harry Scargill</i> <i>Nickey Smith</i> <b>TBA</b> <i>Lesley A. Wilkinson-Lyner</i>	<a href="mailto:su.mcalpin@gmail.com">su.mcalpin@gmail.com</a> <a href="mailto:hbscontracting@outlook.com">hbscontracting@outlook.com</a> <a href="mailto:hbscontracting@outlook.com">hbscontracting@outlook.com</a> <a href="mailto:nickeysmith.wes@gmail.com">nickeysmith.wes@gmail.com</a>  <a href="mailto:lesley@thehoovesgroup.com">lesley@thehoovesgroup.com</a>
6	Avon, Carmarthenshire, Ceredigion, Dyfed, Glamorgan, Gloucestershire, Gwent, Herefordshire, Pembrokeshire, Powys, Worcestershire <i>Pembrokeshire:</i> <i>Gloucestershire:</i> <i>Herefordshire:</i> <i>Glamorgan:</i> <i>Powys:</i>	<b>MANDY HAWKINS</b>  <i>Julie Wilson</i> <i>Gill Parker</i> <i>Bruce Lawrence</i> <i>Yvonne Allen</i> <i>Fran Groves</i>	<a href="mailto:mandy.hawkins.1234@gmail.com">mandy.hawkins.1234@gmail.com</a>  <a href="mailto:rainbow.eggs@btinternet.com">rainbow.eggs@btinternet.com</a> <a href="mailto:bronze@gillparker.co.uk">bronze@gillparker.co.uk</a> <a href="mailto:office@valleyviewranch.co.uk">office@valleyviewranch.co.uk</a> <a href="mailto:ylallen@aol.com">ylallen@aol.com</a> <a href="mailto:frangroves@aol.com">frangroves@aol.com</a>
7	Derbyshire, Leicestershire, Lincolnshire, Nottinghamshire. <i>Leicestershire</i>	<b>CATT CASTLEDINE</b> <i>Stephanie Goodacre</i>	<a href="mailto:catt.castledine@gmail.com">catt.castledine@gmail.com</a> <a href="mailto:stephaniegoodacre@btinternet.com">stephaniegoodacre@btinternet.com</a>
8	Berkshire, Isle of Wight, Kent, Surrey, Sussex <i>East Sussex</i>	<b>VACANCY</b>  <i>Vicki Holden</i>	  <a href="mailto:vholden26@yahoo.co.uk">vholden26@yahoo.co.uk</a>
9	Essex, Hertfordshire, Norfolk, Suffolk	<b>TANYA ROWE</b>	<a href="mailto:westerncoachuk@gmail.com">westerncoachuk@gmail.com</a>
10	Bedfordshire, Buckinghamshire, Cambridgeshire, Northamptonshire, Oxfordshire, Warwickshire, West Midlands	<b>ABBEY BROTHERTON</b>	<a href="mailto:fjordshow@gmail.com">fjordshow@gmail.com</a>
11	Borders, Central, Fife, Lothian, Tayside	<b>KAYREEN JONES</b>	<a href="mailto:kayreenjones4@btinternet.com">kayreenjones4@btinternet.com</a>
12	Dumfries & Galloway, Strathclyde	<b>PATRICIA O'MICHAEL</b>	<a href="mailto:barbarellababy@hotmail.com">barbarellababy@hotmail.com</a>
13	Dorset and Hampshire	<b>SARAH SETON-SMITH</b>	<a href="mailto:sales@sarade.online">sales@sarade.online</a>

\* Sandra retires at the end of July when

Richard Allen ([richard@rionaquarterhorses.co.uk](mailto:richard@rionaquarterhorses.co.uk)) will pick up the reins



## SOCIETY APPROVED INSTRUCTORS

The following Instructors have met the criteria for WES Accreditation. They have provided documentary evidence to the Society to demonstrate that they: hold Public Liability Insurance cover to a minimum of £5m; have attended a recognised Child Protection course and hold a recognised First Aid qualification, as defined in the Society's Rulebook (Rules 19.1/7). Anyone booking an Instructor should request evidence that this documentation is up to date. The Society cannot accept any responsibility for Instructors not having up to date Insurance or First Aid.

<b>Cambridgeshire</b>	<b>David Deptford (R; Level 4)</b>	☎ 01354 651944	
<b>Cheshire</b>	<b>Scherie Dermody (Level 2)</b>	☎ 01270 780620	■ 07930 410128
<b>Denbighshire</b>	<b>Tim Keeley (Level 2)</b>	☎ 01824 750463	
<b>Dorset</b>	<b>Martina Drabkova (Level 2)</b> <b>Michael Langford (Level 3)</b>		■ 07775 729942 ■ 07834 956900
<b>East Lothian</b>	<b>Kayreen Jones (Level 2)</b>	☎ 01620 892632	■ 07895 106052
<b>Hampshire</b>	<b>Bob Mayhew (Level 5)</b> <b>David Lloyd (Level 2)</b> <b>Tammy Greaves (R; Level 2)</b>	☎ 0239263 2145 ☎ 01252 875896 ☎ 01425 610278	■ 07818 445562 ■ 07824 664795
<b>Herefordshire</b>	<b>Bruce Lawrence (R; Level 4)</b>	☎ 01432 820081	■ 07791 323192
<b>Lincolnshire</b>	<b>Joe Midgley (Level 2)</b> <b>Lee Rutter (Level 2)</b>		■ 07588 412702 ■ 07736 430111
<b>Norfolk</b>	<b>Tanya Rowe (Level 2)</b>	☎ 07786 968517	
<b>Northumberland</b>	<b>Clive Johnson (Level 1)</b>		■ 07932 798666
<b>Oxon</b>	<b>Catherine Wright (Level 2)</b>	☎ 01608 730039	
<b>Surrey</b>	<b>Janet Burwood (Level 2)</b> <b>Kirsty Hewitt (Level 2)</b>	☎ 01293 782014 ☎ 01932 340358	■ 07715 833349 ■ 07961 684201
<b>Yorkshire</b>	<b>Emma Chapman-Lonie (R; Level 2)</b> <b>Joanne Smithies (Level 2)</b> <b>Adam Yates (Level 2)</b>		■ 07964 932877 ■ 07719 670321 ■ 07795 624074

**Key to qualifications:** **R**, Riding Stables. WES levels: **1**, Assumed to be an Assistant Instructor, working under the direct or indirect supervision of a more highly qualified instructor/trainer. A Level 1 instructor is expected to be able to teach basic Western riding skills to novice riders on trained horses on a one-to-one basis e.g. In a riding school situation; **2**, Expected to have good theoretical and practical knowledge of all disciplines covered by WES and to be able to prepare students and horses for competition in all WES show classes at local/novice rider level. Should be capable of teaching independently in one-to-one or group sessions. Should be a competent horse person, capable of working with both trained and novice horses; **3**, An experienced instructor, who has demonstrated a high degree of practical ability, and depth of theoretical knowledge in at least 2 specialist modules. The instructor will be of a satisfactory standard in order to prepare horses and riders at National Championship level; **4**, An autonomous and highly experienced instructor, who has demonstrated a high degree of practical ability, and a depth of theoretical knowledge in at least 5 specialist modules; **5**, Honorary. An enhanced level, which may be awarded to those level 4 instructors who have demonstrated a commitment to continuous professional development and equestrian excellence.

**Instructors' committee:** Micheal Langford (*chair*), Bruce Lawrence, Emma Chapman-Lonie, Tammy Greaves.

### WES Policy on UKCC Instructors wishing to apply for WES

From March 2022 this will no longer apply and all UKCC Instructors must undergo the WES Instructors Assessment to be added to the WES list.

#### **From March 2022 in order to become a WES approved instructor a UKCC coach must:-**

1. Become a member of the Western Equestrian Society.
2. Pay an application fee for the assessment.
3. Have undertaken and passed a Western Equestrian Society Rulebook Test

Upon application the Instructor will be required to comply with all rules of the Western Equestrian Society relating to membership of the Approved list including maintaining Society membership, attendance on an approved Child Protection Course and providing proof of insurance and First Aid on an annual basis.

## WES Trail Riding Award Scheme

The Trail Riding Award Scheme is open to members of the Society only. The Scheme is very simple – any WES member who hacks out for pleasure, trec or endurance (**training and schooling do NOT count**) in a western saddle can record their hours and qualify for an award. The horse does not have to belong to the rider but must be ridden in a western saddle and must be sound and fit.

- The scheme is subject to a once only payment of £40.
- Participants can download a Log Sheet or an excel spreadsheet to record their hours spent hacking.
- Stories, achievements and photos, can be posted to the Western Equestrian Society Facebook page and your WES Area Facebook page.
- Records must be submitted to the Society by email [westtrailaward@yahoo.com](mailto:westtrailaward@yahoo.com) on or before 1<sup>st</sup> February on an annual basis to verify claim.



**Subject to ratification the following awards will be made:**

- ★ 50 hours members will receive a certificate.
- ★ 100 hours – quality SOS Saddle tag.
- ★ 250 hours – special rosette.
- ★ 500 hours – inscribed silver belt buckle supplied by Montana Silversmiths.

# WES

## merchandise shop . . .



[www.teamequestrianshop.co.uk/western-equestrian-society](http://www.teamequestrianshop.co.uk/western-equestrian-society)

# ADVERTISING RATES FOR THE A4 PRINTED JOURNAL

**To be published and circulated by October 8<sup>th</sup> 2023**

**WES approved events are free**, as are "For Sale" and "Wanted"  
small adverts posted by **current members**.

## **RATES FOR OTHER ITEMS ARE AS FOLLOWS:**

**Full page £150** (*maximum size 210mm x 297mm*)

**Half page £85** (*landscape maximum size 210mm x 144mm*)  
(*portrait maximum size 72mm x 297mm*)

**Quarter page £45** (*portrait 61.5mm x 88.5mm*)

***WES Members receive a 12% discount on the above rates***

Advertisements should be relevant to Western Riding or horses,  
e.g clothing or tack.

Advertising copy should be in **PDF, Word, Text** or **JPG format** and sent  
to the Editor WES News. [wesnewsmag@gmail.com](mailto:wesnewsmag@gmail.com)

## **Payment should be made by BACS**

*Once an advertisement has been accepted, advertisers will receive account  
details and the reference number to be used to identify their payment.*

## **DEADLINE FOR THE 2023 JOURNAL**

**Monday 11<sup>th</sup> September 2023**

*Please email your reports, articles, etc. in **Word, text** (with pictures and  
Graphics), or as a **PDF** to [wesnewsmag@gmail.com](mailto:wesnewsmag@gmail.com)*

If you are sending in an advertisement, please send it as a **PDF, Word** or a  
**graphic** so it can be resized as necessary to fit the available space.

It will help if articles are submitted for publication as you have them, rather  
than waiting until the deadline. This makes the editor's life a little easier.

**COVER PICTURE:** Foreground, left: Smokin Red Dene; behind, right: best  
friend Seren Docs Lad (*sadly now deceased*) sharing a moment on a picnic ride in  
the Wyre Forest a few years ago.

*Photo sent in by Sarah Hadley, Area 10*

## GO WEST ON CORONATION DAY

Oblivious of this day's anointing screen  
strange rituals veiled by a tapestried tree,  
secluded in my racing-green converted van  
I dress in chequered shirt, blue denim jeans.

Adorned imaginings of heavy linen robes,  
scented oil spooned from an eagle ampulla,  
I pull on embroidered gilet, cowboy boots  
as the radio plays Kyrie Eleison.

I didn't glimpse his mediaeval spurs,  
too busy grooming my honey-coloured mare.  
I missed the jewel encrusted swords,  
a hefty hand-tooled western saddle in my arms.

Not lingering on armills, symbolic of sincerity,  
too fixed on tightening this leather cinch,  
far cry from resoundings of Zadok the Priest  
I thread my rawhide latigo through silvered rings.

And what of the sceptre, rod, and golden orb,  
perhaps I picture those whilst bridling up,  
though not the sovereign ring or lonesome glove,  
no feasting eyes on royal gleaming bling.

Somewhere an abbey-full of dignifieds  
sees not our pageant pass the gravelled yard,  
from temporary stables to the indoor school  
we are on show, a gathering of equine minds.

As St Edward's crown descends upon His head  
I bear my Champion hat with pride, no time  
for gun salutes or horse-guards entourage,  
the Coronation quiche can wait, we're here to ride.

Stephanie F Goodacre  
10/5/23



## From the Editor

I HOPE you enjoy this issue of WES News.

My thanks to all those members who have contributed by sending in articles and photos. Sadly I only received two Area reports, (Areas 7 and 11). Hopefully more areas will submit reports for the next issue of WES News – the printed A4 Annual Journal, which will be circulated to all members.

Remember, this is YOUR magazine, whether it is the A4 printed annual edition, or the A5 web version. Without your participation in sending in articles etc. there will be little point in continuing.

Please continue to support your areas and the Society by attending as many events as you can.

Roger Wells, Editor

[wesnewsmag@gmail.com](mailto:wesnewsmag@gmail.com)



# HACKING OUT IN HELMSLEY, NORTH YORKSHIRE



*Led by Bill Tait (AKA The Helmsley Cowboy) a few members from Area 5 had an amazing 3½ hour hack on May 14<sup>th</sup> in Helmsley, North Yorkshire, to see the fantastic display of bluebells and, again we were very lucky with the weather. What a motley crew we look, thanks Bill, we all really enjoyed ourselves, it was a good for the soul day and gave some valuable hours in the saddle towards our Silver buckle award!*

*Photo, left to right: Bill Tait on Amigo, Su McAlpin on Charmer, Di Nicholson on Ed, Sheila Fox on Singer.*

## WES Website

Please visit the WES website for information on the Society, details of shows, clinics, etc.

[www.wes-uk.com](http://www.wes-uk.com)



# The Coaching Corner

By Pauline Norton

*Pauline in 2008 with her  
reining horse Starlights  
Smoke.*



NOT everyone has the funds or fortune to have a regular coach to help them with their training and mental preparations. There are, however, many ways you can help yourself improve and progress.

Sir Steven Redgrave said: – *“The importance of psychology in sport is far greater than many people believe. Most of the time, the limiting factor is the mind, not the body.”*

Next time you’re out riding your horse, pay attention to what your ‘second mind’ is saying. It might be repeating a song you have heard on the radio, or you may be writing your shopping list. Often our thoughts are running along in the background on automatic without us realising it. This may be all quite normal for most people but the effect of having this monotone going on is that it distracts us from what is happening in the present.

Go out and ride your horse and take a moment to find out what your ‘second mind’ is going on about. Try to still it and create a quiet moment in time. At that point you then have total attention to what is happening with you and your horse. What are you feeling? What reactions are you getting to your cues? What pressure is required for your cue and at what point should that pressure be released? How tight are your muscles? Where is

your weight balanced? So many things can be revealed when we just take a moment to focus on the here and now.

Another common mind game we play with ourselves is negative thinking. How many times when you're at a show have you come out of your class with a less than perfect result, and find yourself saying, "I'm no good at loping. I should have remembered to do that transition earlier. I'll never be able to do that right. I'll never be any good." Take a moment to listen to what your friends and your coach are saying. I bet it's a whole lot different to what your inner mind is telling you!

When you are faced with a stressful situation with your horse, whether it's negotiating a trail obstacle in a class, or riding out for the first time on your own, try to pre-empt the inner negative talk with positive comments. An example of this would be when you are about to compete in a Horsemanship class. You have started with this sort of conversation: -

"I'll never remember the pattern. I just hope Trigger lopes on the correct lead at the cone. I must remember to keep my hand low – I'm always bringing it up to high when I'm worried. Maybe my reins are too long? Perhaps I should shorten them before I go in. I can't remember which way to turn. When it comes to the rail work, I know we're going to career around like a demented camel if they ask us to lope! I really want to win this class.

Does any of that sound familiar? How about reviewing these comments and taking out the negative elements? It might go something like this . . .

***"I'll never remember the pattern."***

"I know my pattern. I know I'm best at visualising the pattern and I've gone over it several times in my head. I feel confident.

***"I just hope Trigger lopes on the correct lead at the cone."***

It's left lead first which is Trigger's worst side but if I set him up correctly before the cone, I will give myself the best chance of getting the correct lead. If not, I can at least show the Judge that I know which lead I should be on and try and change it – rather than loping around a whole circle on the wrong one!

***"I must remember to keep my hand low – I'm stupid and keep bringing it up too high when I'm worried."***

My hand can get a bit high when I'm stressed, so I'm going to make sure I remember to breathe and relax my shoulders through the pattern. I'm going to focus on riding a really accurate pattern and not worry about it.

***"Maybe my reins are too long? Perhaps I should shorten them before I go in."***

I always ride with this length of rein at home, but I know things can go a little pear-shaped at a show, so I'll shorten them just a bit and make sure I keep my hand low.

***"I can't remember which way to turn!"***

I have to do a 180 degree turn to the left. That's towards the gallery so think of looking for my mum watching me in the gallery to make sure I go

the right way. I could always put a mark on the back of my left hand just in case!

***“When it comes to the rail work, I know we’re going to career around like a demented camel if they ask us to lope!”***

Loping on the rail with the other horses is going to be one of the most difficult parts of the whole class so I’m going to remember what my coach said and give myself loads of room between the other horses, so he doesn’t start to try and race. He has a good rhythm in the lope so I’m better off passing the other horses than trying to slow him down and risk a break of gait.”

***“I really want to win this class.”***

I’m going to ride a really accurate pattern and aim to get the correct lead on my lope circle.

A little bit of planning and positive thinking can make a difference to the way you see your situation. You need to be kind to yourself and give yourself the best chance to shine. Set yourself goals that do not depend on outside influences and in the future, try using these top tips to train your mind as well as you body!

- ❖ Say **“challenge”** not **“problem”**!
  - ❖ Choose your ‘friends’ wisely – avoid those who make you doubt yourself!
  - ❖ Think before you speak and avoid the damaging words.
  - ❖ Increase your awareness of words. Keep track over 2 or 3 days of how many negative words you use.
  - ❖ Don’t say **“if”** say **“when”**.
  - ❖ Never put yourself down.
  - ❖ Use powerful words eg: accurate, polished, effortless, rhythmic.
- Enjoy your riding!



*Pauline warming up at a show  
with her horse Taylor*

*Pauline Norton is the only western UKCC Level 4 coach in the country. She also holds a PGDip in Sports Coaching and is the Coaching Development Officer for the Western Coaching Certificate. She runs the popular western riding club, Fallowbrook and is the Welfare Officer for WES Council. In 2008 she was British Reining’s Limited and Intermediate Open Champion on her quarter horse Starlight’s Smoke. She now owns an American Paint Horse called Taylor and enjoys trail riding in the Kent countryside.*



# YOUTH FUN!

Hi, I'm Dani and I'm your new WES Youth Officer. Below you will see a profile of my daughter Autumn, she's 8 and a Little Britches member. It is my daughter's ambitions that have inspired me to take on the role of Youth Officer and I hope to put on some fun challenges for you all. Here are our current plans and benefits of being a youth member:

- 🐾 £25 voucher for WES clinics for all Youth riders
- 🐾 Online competitions running on the WES website
- 🐾 Exciting new **Youth Summer Challenge** – see poster
- 🐾 Prizes for all Youth/Little Britches entries at the WES Nationals
- 🐾 Subsidised places at next year's national camp
- 🐾 More Little Britches classes at more shows
- 🐾 Colouring competitions and more...



## Youth Profile – Autumn O'Brien

My name is Autumn and I am 8 years old. I have a western horse called Brazil who is an Argentinean Criollo and he likes hacking and Le Trec obstacles. I also borrow Mummy's horse Super Cooper (A Twisted Face) for clinics and competitions. I mainly compete in the Walk/Jog classes but I really enjoy loping Cooper. My biggest achievements are winning a sash at Sovereign and a trophy and plaque at Oakridge this year. In future I want to get better at competing and be a vet! I also hope to have more friends at the shows and to share lessons with.

(Right) Members Mollie and Alissia showing fantastic support and encouragement for Autumn at Sovereign All Breed Show.

(Below Left) Raya (age 6) completed her last class of the day on mum's highland 'Donnie' at the WES Scottish National Show 2022.



## WORDSEARCH

W	V	E	S	N	O	S	J	E	A	N	S	S	H	R
E	T	R	A	I	L	Q	R	F	N	H	A	P	O	A
T	X	O	L	W	B	R	C	A	E	M	D	O	R	B
G	E	S	L	R	T	M	C	B	P	O	D	H	S	J
Z	E	E	B	Y	U	K	L	O	I	O	L	F	E	D
N	L	T	R	C	O	W	B	O	Y	Y	E	W	M	D
S	A	T	E	A	A	W	B	T	U	N	L	S	A	S
C	H	E	E	A	B	H	O	S	Y	E	B	X	N	M
O	I	A	D	F	R	T	T	E	C	H	A	P	S	N
W	E	S	T	A	C	I	N	C	H	H	N	M	H	P
G	N	G	I	R	C	A	X	V	E	S	T	H	I	P
I	B	B	A	N	D	A	N	A	C	A	N	L	P	M
R	I	D	A	C	C	H	N	O	R	I	D	I	N	G
L	K	P	O	N	Y	K	O	L	L	T	D	B	V	C
A	D	G	H	I	N	S	T	R	U	C	T	O	R	D



(Above Right) Raya (age 7) and her little Welsh pony Teddy earning trail award hours on a long 3.5hr hack up the Sidlaw Hills in Angus, Scotland (May 2023).

To feature on our Youth Page please send your photos and updates to: [daniobrien1987@hotmail.com](mailto:daniobrien1987@hotmail.com)

WES  
COWGIRL  
COWBOY  
CINCH  
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Western Equestrian Society

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CONTACT [DANIOBRIEN1987@HOTMAIL.COM](mailto:DANIOBRIEN1987@HOTMAIL.COM) OR ON FACEBOOK TO JOIN.



# THE RIDE SAFE COURSE



*Discussing the course with mounted and unmounted participants. I am on the far left with the silver hair*

THE yard where I keep Brego recently held a “Ride Safe” day, which I decided to attend riding Brego in Western tack. (For more information on “Ride Safe” visit <https://www.bhs.org.uk/careers-recreational-awards/recreational-awards/ride-safe/>)

The course took place on April 16<sup>th</sup> at Blueys Farm, where I keep Brego. It was the Silver level and included the bronze because all the participants were horse owners. The course consisted of both theoretical and practical sessions supervised by Susan Gibson an accredited BHS instructor.

The theory was taught in a cleared space in the barn where Brego's stable is. The other horses in the barn, after an initial inspection, went back to the important job of eating their hay. However, every time I glanced in his direction Brego was hanging over his stable door watching us. I don't know if he was interested in the course or was wondering why I was not coming over to give him a treat.

Following the theory session we were split into two groups for the practical sessions. Brego and I were in the second group so we watched the first group to see what they were doing in the school. The group session primarily consisted in demonstrating that we could ride safely as part of a group in a school. At the end of the session the unmounted participants discussed the findings and their tack with the mounted participants. The mounted participants then went on to demonstrate that they could ride safely on the roads. This did not happen on actual roads, but on the “roads” around the barns on the yard. Two of them formed a T-junction with plenty



of hazards, including a manhole cover. There was a right turn, a left turn as well as a couple of U turns.

When I took my Riding and Road safety many years ago, we actually demonstrated that we could ride safely on the road on actual live roads. There were marshals at each end of the course, but the traffic was real enough. Of course, back then it was Morris Minors and Austin A30s, and drivers seemed to be more considerate of other road users.

Brego and I were in the second mounted group and soon it was time to tack him up and set off for the school. I was a bit apprehensive as I do not usually ride in the school with other horses as Brego is a stallion. I consoled myself with the fact that he has a good work ethic, and that he has been trained to be a horse when working. He can be a stallion in his own time.

Having demonstrated that we could safely ride in the school at walk, trot, and canter, and shown that we could ride with the reins in one hand we halted, and most people dismounted. I chose to stay mounted as Brego would think we had finished working if I got off, and I felt I was more in control on his back. Also, I could probably not remount without the 4-step mounting block next to the barn. This is the result of advancing years on my part. Brego and I have a combined age of over 100. He was not too keen on the standing around so Hannah came and stood next to him to keep him stationary.

After I had discussed western tack, western riding, and Brego with the participant who volunteered to discuss it with me, we started on the simulated road work. Basically we started at the end of the barn, turned left to ride along its length, did a U-turn at the end, retraced our steps along the other side of the road, turned right into the road between the barns, did another U-turn and then turned right along the front of the other barn, then another U-turn and waited in front of the barn until the other riders had finished their roadwork. Obviously you had to give the correct hand signals before turning and also check behind you for approaching traffic. So, it was look, signal, life saver look, manoeuvre. A bit like the 'mirror, signal, manoeuvre' when driving a car. (Shall we gloss over the fact that often it is just manoeuvre these days? I always assume these drivers are just trying to minimise the wear on their turn signals and mirrors).

At the end of the day we all passed and got our Bronze and Silver certificates and booklets, together with the BHS Ride Safe book.

If you get a chance to do the BHS "Ride Safe" courses they are worthwhile.

*Chris Thompson*



*Brego and I.  
The air jacket is because  
I have broken my back  
twice.*

# Wearing out the 'try'

by Kayreen Jones

THESE days highlight enlightened times for horse trainers and owners. With more knowledge available about horse psychology, and how horses process and assimilate information, much more can be achieved in building relationships with our equine partners. Everywhere we look there are people giving us more and more information as to how horses learn and process the information we give to them through our voice, seat legs and via our communication with the bit or bosal. There are you tube tutorials, books, DVDs, online videos, and courses galore . . . so much for us to process.

When coaching I am often asked for advice on different aspects of the information available. It is hard to answer this question in an objective manner without agreeing or disagreeing with another trainer. However, my go to is often that I am coaching the horse and rider at a particular moment in time, using a tool in my toolbox that may work and help both understand and move forward within the time constraint of that lesson.

I often get 'so and so told me this' etc! Now *'this'* may have been correct at that moment in time, but the horse may have now become lighter in carriage, or the rider may have improved their seat so the *'this'* may now need tweaking.

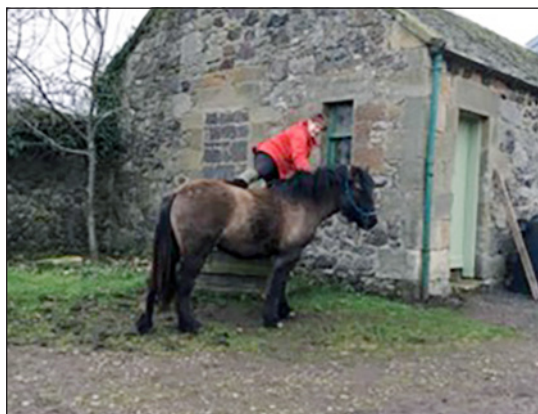
One of the main issues I see and deal with is the wearing out of the horses *try!* Abusing it if you will, and then the *try* becomes something else that needs dealing with. Take for example a young horse you are perhaps teaching to line up at the mount block! You line the horse up, ask it to stand it does it and you reward! Brilliant!!

So, starting this young horse to follow the 'feel to line up at the mount block', she's a bit stuck. So, I know I will have rewarded the try with a treat, pat etc., and told her what a good girl she was.

Now I try again and ask again for her to line up and stand a bit straighter, again I will reward, take off the pressure, a treat or a verbal good girl or a pat.

Now there is nothing, wrong with this at all, so please do not think I am telling people that they should not do this. Every horse we own, or train teaches us something else, gives us another tool in the toolbox. But, we need to appreciate that learning that, is coming from the horse and let it help us to move forward with our training.





So much better and I would have finished for the day as I can tell that she is tired mentally with figuring this out. But, and here is the but!! Where I finish is not always where I restart dependant on the age and stage of the horse. I need to think what I actually taught the horse... and be objective (something we as humans are not good at, we constantly put human emotions into our training). I taught her to line up at the

mount block, but I also taught her that when she does, I reward her.

Now this is where our training plan and the horses training plan may differ! If I keep asking and keep rewarding, I think that I am improving what I am doing, she thinks every time she lines up at the mount block, she gets a treat. Win, win, you may think! But... If you do not encourage her or him to work harder for the treat, you are in danger of wearing the try out so they don't actually learn, or end up with a horse that will not contemplate working without being treat fed.

Confused? So was I until my horse told me that I had been doing this so wrong!

I built up the stand so that once she was wearing tack I could lean over her, get on etc. all with a treat reward. Once she was further on, I would walk or long rein her out, stand her at a table, block etc., ask her to stand and then get on again giving her a treat! Then one day I had only one treat! Disaster loomed, we lined up at the block, I gave her a treat, as I put my foot in the stirrup she moved her hip away, so I walked her round asked her to line up which she did (remember no treat). I then put my foot in the stirrup and she moved, again! Blasted pony I thought! Blooming idiot she thought where are the treats! I had not made my training totally clear to her, my fault. Because of this she had figured out that she gets a treat before I mount up. So, if I don't or can't mount up, I line her up again and voila another treat appears! As if by magic! It only came to light because I had no more in my pocket. So, I had to spend an hour with a pony having a full-blown tantrum while being asked to line up without a treat! Which we did eventually, but, much to the amusement of walkers going past, as I'm balanced on a picnic table arguing with  $\frac{3}{4}$  or a tonne of highland pony! She had used the idea of me training her, but she had actually in her head trained me! Quite effectively too!

This, by the way, was not a fluke! My gelding did this as well, so his training of me was just as effective. What I should have done was acknowledge the try they gave, rewarded it, but then asked them to try a bit more, all I had done was wear out the try, so now it had become almost a block to learning.



I should have moved from rewarding the mount block stand, to the getting on then moving away from the mount block, to walking forward and building it up.

Here we are having a wee bit of a strunt as I'm asking her to walk forward before rewarding her, she is putting the pressure on herself, but I'm the one that has caused her not to look for a try and what I am asking. Safe to say it took a wee while but got sorted once she figured it out.

Now as a coach I am only too happy to admit when I got it wrong! Anyone who tells you they have never, is not being honest. I am also telling you guys this so you do not make the same mistake!

If you always reward when you walk three steps to a pole to do a side pass, but one day want to jog across the arena before you do side pass, do not be surprised if you get tightness and resistance. I am not just talking about treats here it can be a release of pressure, release of your leg or a verbal reward. You want the horses to hunt the try, you want the "what are we doing now?" attitude rather than the okay that's enough for today, when you have just stepped into the arena and done one thing. That's when you get sourness, ear pinning and sometimes threatening behaviours from them and unwillingness to move forward. Keep your training mixed up and I know it is easy when your confidence is low to want to make your horse a solid one for getting on or off, but just make sure you don't build problems you don't want into your training and wear out that try, that willingness, for them to seek out the release.



## WES Website

Please visit the WES website for information on the Society, details of shows, clinics, etc.

[www.wes-uk.com](http://www.wes-uk.com)

# Fantastic Photography at Pickering Grange

THE 2023 WES annual camp and clinic at Pickering Grange in Leicestershire was captured in photographic detail thanks to a budding French photographer called Colombe Delons.

I was lucky to be hosting Colombe as a Workaway\* volunteer during the month of May.

I had chosen Colombe because of her affinity with horses and her other wide ranging cultural and political interests. Little did I know that she was also an intuitive and talented photographer with an eye for detail. When I was shown her close-up shots of garden birds I realised that this young woman has a great talent especially capturing character and expression.

Colombe has a lot of horse riding experience as she represented France in mounted pony games, and showed me videos of spectacular sequences of her team bridleless riding, including jumping, at her pony club [www.youtube.com/watch?v=g\\_WW16Hmcao](https://www.youtube.com/watch?v=g_WW16Hmcao)

Colombe was a huge help around the garden and yard, taking a great interest in western riding and the free schooling that I practice with Bailey. I don't often let helpers ride my horse, but I was impressed by her riding ability and, of course, a lot of her experience was of riding one-handed, so I was pleased that she rode with a gentle sensitivity and got the best response from Bailey. So, when I offered her the chance to accompany me to the WES camp, Colombe jumped at the chance, even though it meant sleeping in the cab of my van conversion.

I had checked out with the chair of WES if it was OK for willing riders to be photographed and this was agreed, in fact no one refused the opportunity. Colombe was very sensitive and aware of safeguarding and not taking photos without permission especially minors.

Because of the parallel indoor schools at Pickering Grange we had the opportunity for all the groups to be captured during the first full day of the clinic. Colombe has a great eye for detail and spent a lot of her time sitting in the 'Piggery' editing and upgrading the photos to get the best effect. She



*Magdalena Lagodka on Smokey*

enjoyed chatting to our fellow western riders and made the most of her short time at the camp.

We had to say goodbye on the Saturday morning, when my other half came to pick Colombe up to go home to watch the King's Coronation live on TV. Yes, it was that weekend, and we just had to wait until later on for a chance to catch-up, because get on with enjoying our horses was the priority. By the way, Colombe didn't expect, or ask, for payment for her work but was grateful to all the WES members who decided to make a small financial contribution to help cover some of her costs. I am sure everyone was appreciative of the results, which were made available on Wetransfer and downloaded by Nick Gwalter onto the WES website.

Colombe Delons can be found on Facebook and followed on Instagram @colombe-delons-photographie, plus her own website [www.colombedelons.art/photographie](http://www.colombedelons.art/photographie)

Stephanie Goodacre

***\*Just a bit about Workaway:** this is a travel exchange website for matching volunteers with hosts for an exchange of a few hours of help for food and accommodation. I have been hosting on and off for about 8 years and have been fortunate to meet many travellers from around the world welcoming them into our home for a month at a time. Unfortunately the scheme has now closed to British hosts as it has fallen foul of Brexit regulations probably due to its name which suggests that people are looking for paid work.*







# NATIONAL SHOW

HORSE CREEK FARM

## AUGUST 25<sup>th</sup> - 27<sup>th</sup>

### at Horse Creek Farm

Coldham Bank, Friday Bridge, March PE15 0BS

THE schedule for this year's National show is now available for download from the Society's web site:

<https://wes-uk.com/national-show-2023-entries-are-now-open>

To enter go to: <https://form.jotform.com/222545835822358>

If you are interested in sponsoring classes etc., or know of business that may want to be a sponsor, please contact Rob Painter, [westernquestriansociety.chair@gmail.com](mailto:westernquestriansociety.chair@gmail.com)

## Sherwood Summer Sizzler Trophy

LITA POCOCK has kindly provided this superb model (called 'best friends'), as a WES hi-point trophy for the Oakridge Summer Sizzler Show on July 7-9 at the Oakridge Arena, Newark. (See *Diary Dates on the back page*).

Wherever a competitor places in an Oakridge class, the points will go towards the WES high point (*as long as they are a current member of WES*), but this does not affect the Oak class placing or high point either, so they are eligible for both. Also the UKPHA if they are a member!"

Lita adds that she thought this trophy was very appropriate for WES – showing love for the horse and the little dog. Just seems right somehow.



# WES AREA 6 PERFORMANCE SHOW

**AUGUST 12<sup>th</sup> - 13<sup>th</sup>**

**at Valley View Ranch**

**Ullingswick, Herefordshire, HR1 3JQ**

**Judge: Mick Carder**

**Show Manager, Mandy Hawkins**

email [mandy.hawkins.1234@gmail.com](mailto:mandy.hawkins.1234@gmail.com)

**Tel: 07771901385**

**Entry via JotForm**

<https://form.jotform.com/231736192261353>

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# SHOW RESULTS



## Burley Villa Whitsun Show

**Judge: Cedric Leroux (Belgium)**

**T**AMMY GREAVES, one of our approved WES instructors, put on a fantastic show at her Burley Villa Riding school over the Whitsun bank holiday. There was a full slate of WES, AQHA, & APHA classes!

However, with a few weeks to go before the show, the show looked touch and go based on entries received but everybody rallied to Tammy's persistent advertising, and we were all so glad it went ahead.

The weather was great, and the show team did an excellent job to keep everything on track. Nick Ainley (Chair of AQHA UK) led the team as Show manager, I was the announcer and it was great to have the 2 Chairs working together and it was great for me to meet WES members and Area Reps, thanks for coming to say hello.

I have to say our Judge, Cedric Leroux, was fabulous, and made time to either ensure competitors understood the class or pattern and often provided feedback to exhibitors at the end of a class. Those who stayed on for his clinic would have learned a lot.

There were 10 specific WES classes, along with a similar number of unaffiliated classes for everyone to enjoy.

**Rob Painter, (Chair of WES)**

## RESULTS

**Novice Rider Showmanship (3):** 1, Lilleth, Melissa Way (*pictured right*); 2, Tafika Tiger, Nicole Passotti; 3, Topekas Copper King, Lin Battson.

**Novice Rider Horsemanship (4):** 1, Lilleth, Melissa Way; 2, Tafika Tiger, Nicole Passotti; 3, Checking For Pearls, Debbie Cattle; 4, Topekas Copper King, Lin Battson.

**Novice Rider Pleasure (3):** 1, Tafika Tiger, Nicole Passotti; 2, Topekas Copper King, Lin Battson; 3, Lilleth, Melissa Way.

**Novice Rider Trail (6):** 1, Mebe Rageous, Anita Bokisch (*pictured at the top of the next page*); 2, Tafika Tiger, Nicole Passotti; 3, Lilleth, Melissa Way; 4, Wilden Sundance, Lara MacKendrick; 5, ARH Stylish Whiz, Victoria Page; 6, Topekas Copper King, Lin Battson.







**Novice Rider Ranch Riding (3):** 1, Lilleth, Melissa Way (pictured right); 2, Tafika Tiger, Nicole Passotti.

**Amateur Trail (3):** 1, Always The Best Seat, Evelyn Dash (pictured bottom right); 2, Blazin Signet, John Ayles; 3, Topekas Copper King, Lin Battson.

**Amateur Showmanship (1):** 1, Topekas Copper King, Lin Battson (pictured on next page).

**Amateur Pleasure (1):** 1, Topekas Copper King, Lin Battson.

**Amateur Reining (1):** 1, ARH Stylish Whiz, Victoria Page.

**Amateur Ranch Riding (1):** 1, Blazin Signet, John Ayles (pictured below left).





*Lin Battson and Topekas Copper King winner of the Amateur Showmanship Class.*



*Judge: Cedric Leroux and his 'scribe', Ann Webster*

# ANNUAL PUBLICATION

***2023 will see the first printed  
ANNUAL magazine for WES members***

---

**WE want to hear from you about . . .**

- ◆ ***Your Western riding journey***
- ◆ ***Are you new to Western – if so share your story***
- ◆ ***Have you recently transitioned or started a horse on their journey to Western – please tell us so we can monitor your progress***
- ◆ ***Can we find the youngest and oldest members of WES and hear their stories?***
- ◆ ***First show entrants*** (your stories, good, bad and comical)
- ◆ ***Area Reps – we need your show reports please***  
(Show us the different breeds that take part – Shires, Cobs, Thoroughbreds, etc all sizes and shapes)

**The first issue will be published early  
October 2023 to showcase the national show**

**DEADLINE FOR COPY, MONDAY, SEPT. 11<sup>TH</sup>**

**Please send your stories, photos, etc to:**

**[wesnewsmag@gmail.com](mailto:wesnewsmag@gmail.com)**

**Please indicate that is for the  
ANNUAL MAGAZINE**



# Bolting, Rearing and Bucking

## Part 3 by Karl Greenwood

*This article by Karl was sent in by WES member Jo Gallagher*

### Bucking

I'm sure you'll all agree with me that bucking is hilarious. It's great fun. I can prove it to you – just go down to the fairground, find the bucking machine. The bucking bronco, with a fantastically long queue of people waiting to go on, knowing that they, 100 percent, are going to get bucked off. Not only that, but they are going to PAY the man, to make sure they get bucked off!

Of course, I'm being facetious. Forgive me. We know that the reason the bucking bronco is fun is the knowledge that when you fall off you won't get hurt. (*Probably.*) However, it's worth noting that in the front of the ride is still a little sign that says, "You ride this ride at your own risk." And undoubtedly the man who runs the ride will have a story of someone who fell awkwardly and got their finger stuck in their ear and had to go to hospital. Or something.

My point is, why not learn how to fall so you won't get hurt? There are courses and internet programmes designed for this very purpose – and when did you last have a plan in place? I'll recommend my own internet programme, of course ([www.karlgreenwood.co.uk](http://www.karlgreenwood.co.uk)) but there are others.

And, when you know how to fall, you'll know you won't get hurt. Practice how to fall. On your bed, on your sofa, buy a crash mat, go to the adults' gymnastics, whatever, but have a plan in place that is practiced and automatic. And when you know exactly what you're going to do in order to not get hurt, then you will find the confidence for action you need to take control over your bucking horse.

Here at The Centre of Horseback Combat, we generally use the policy to keep a bucking horse going forward, in order to turn the bucks into a series of jumps.

And we can do jumping, so we won't fall off. The bucks where we fall are a mixture of bucking combined with stopping – so push on! And if you DO fall off – have a plan. If you plan and practice exactly what you are going to do in the event of a fall, then come the day that the horse misbehaves, instead of hanging onto the reins and gripping up, thinking "What if I fall? What if I fall? What if I fall?", – well, I KNOW what if I fall, so now I can think, lift this rein, put on that leg, do whatever is required. Which will decrease my chances of falling in the first place.

***So what is required? What is the thing to do with bucking?***

The answer to this, or any problem with horses is available anywhere. I have seen innumerable articles in magazines, blogs, internet articles,

videos, You Tube, and I am sure you have seen them too. If not, you can search the answers to any problem in seconds. Even if the answers are not written in front of you, it's usually easy to work them out.

So take bucking, for example. Let's pretend there's not a thousand articles all over the place, and we will work it out. So who would know how to deal with bucking? More frightened riders? Or the world experts? And who are the world experts in bucking? Who rides bucking horses horses? If you put "bucking horses" into a Google image search, what comes up? **Yeee hah.**

Of course, it's the cowboys, the rodeo, so much so that we even call bucking "broncing", even over here in the UK. We knew that already.

So if you were doing an impression of a rodeo cowboy broncing, what would you do?

Lean back or lean forward? Legs long or legs short? Loose rein or tight rein? Prepared something to hold onto or not? Holding on or letting go? Driving the horse forward or pulling it to a stop?

There we are. We know, or can find out easily, the answers. Lean back, and that way we use the flexibility of our hip joints to absorb the up/down motion of the horse. Lean back, long legs, hold on, loose rein, drive forward. Yee, as I mentioned earlier, hah. What do most riders do?

Hunch forward, tuck up the legs, nothing to hold onto, pull the reins, try to stop. We KNOW what to do, (or can find out), yet we don't do it!

Why not?

The answer is, because we haven't practiced. Just like you don't have to be on a rearing horse to learn how to rear, you don't have to be on a bucking horse to learn how to ride a buck.

Go over it in your head when you're next out on your horse. Feel in your hands what you would grab, feel in your arms how you would slacken the reins, feel in your legs how they would go forward, how your body would lean back.

Karl has written a book on all the aspects of Rider Confidence. It's called ***Control your Stress And Enjoy your Horse***, and is available from all good bookshops. (£19.95)

*Karl is an Equine Showman, Clinical Hypnotherapist, Rider Confidence Coach and Author. He has been producing performances with horses in live shows, films and tv for about 15 years. He is now highly sought after to help riders to feel confident about riding their horse and to achieve their goals.*

Please visit the WES website for information on the Society, details of shows, clinics, etc.

**[www.wes-uk.com](http://www.wes-uk.com)**

# AREA CO-ORDINATOR'S REPORT

I HAVE not done an Area Co-ordinator report before, but I thought it might be a good idea to tie things in with the area reports. I have now been in the post since the end of November and whilst I am enjoying giving something back to the society, it can be incredibly frustrating to be so far away from everybody and the other areas.

My role within the society is to support the Area and County reps. and be a direct link for them to council. This means I can raise issues and discuss them and take area reports to the council meetings. It would be lovely for reps. to give me updates on what is happening in their areas, so I can feed back the good stuff to council, as well as the issues reps. sometimes find themselves confronted with.

We have a pretty full programme of events this year and it can make planning things quite difficult for reps. It is a balancing act trying to juggle national, or large events, for people interested in showing alongside trail rides and fun activities for those who choose not to show.

All the reps. do a fantastic job (and are volunteers) but it can only continue with the help and attendance from members.

At our recent reps. 'Zoom' get-together the reps. felt that a WhatsApp group for sharing ideas and asking questions would be useful. We have set this up and if any Area/County reps. would like to join please just let me know and give me your mobile number so that I can add you to the group.

I am pleased to welcome some new reps. to the areas. Please bear in mind it takes a wee while for the reps. to find their feet and wade through the membership lists, figure out the website and Facebook pages etc. so please give them your support.

So... a warm welcome to: Linda Clancy (Area 2), Joanna Mead (Area 3), Tanya Rowe (Area 9), and Catt Castledine (Area 7). Please give them all your support.

I am still actively looking for an Area representative for Area 4, so if anyone is interested, please let me know.

Sadly, I am also looking for an Area representative for Area 8 following a recent resignation, if anyone would like information about both roles please get in touch.

Best wishes

**Kayreen Jones**





# Area Round-up

**Area 7** *Derbyshire, Leicestershire, Lincolnshire, Nottinghamshire.*

**F**IRSTLY, please allow me to thank Vicky for her many years of service to Area 7. I enjoyed a few of her clinics myself and many people have shared memories and thanks on Facebook. I hope you enjoy your next adventure and I look forward to welcoming you to many more Area 7 events.

Secondly, I guess it is time to introduce myself as your new Area 7 Rep.

I live just outside of Loughborough, on the Leicester/Derby/Nottingham boarder with my husband, and 'well trained groom' Alex. We have two grown up daughters and a house full of animals. Outside of horses I'm a Project Manager, inside of horses I'm a Masterson Method Certified Practitioner and continual student of the lessons horses teach us one way or another.

I've had a passion for horses since I came nose-to-nose with a thoroughbred named 'James', when I was 8 years old, I remember him as 17hh+ 'giant', but I'm sure he was much smaller really. My passion never faltered and I spent much of my 'spare' time with horses, often alongside my mum Bev Piggins. Who herself was a member of WES for several years with her boy 'Parr'. As a know-it-all teenager I refused to join mum in Western Riding, instead I dipped in and out of the 'English' side of horses for another 15 years. When I reached 30 I was finally able to have my own Horse on loan, I remained English, because that was what we both knew, but it became apparent over time that his old age and my enthusiasm didn't quite match up and so along came Rock.

Rock is a 2015 Quarter Horse, and we have now been together for 4 years. Being a Quarter Horse (although not required) he opened the door into the Western world for me and I've not looked back since. I found it a steep, but friendly, learning curve and we have shared some amazing experiences with many new friends. Often taking part in shows and clinics, our passion



lies in horsemanship and trial, although we take part in other classes. You'll know it's us at an event as there is normally a Unicorn, or two, involved somewhere.

I've taken on the role as Area Representative with an aim to continue to do things for the area that the members want. Please keep an eye on the area Facebook page, as currently that is where most things are likely to be communicated. However, if you don't have Facebook, please do let me know so that I can email details to you directly. Over the remainder of this year I'm planning to collect information about what you would like to see in the diary for later this year, and into 2024. I'm very much looking forward to working with all members of the area (past, present and future) to help promote the enjoyment of Western Equitation, so please do get in touch or say hello if you see me around.

Catt

## Area 11 *Borders, Central, Fife, Lothians, Tayside*

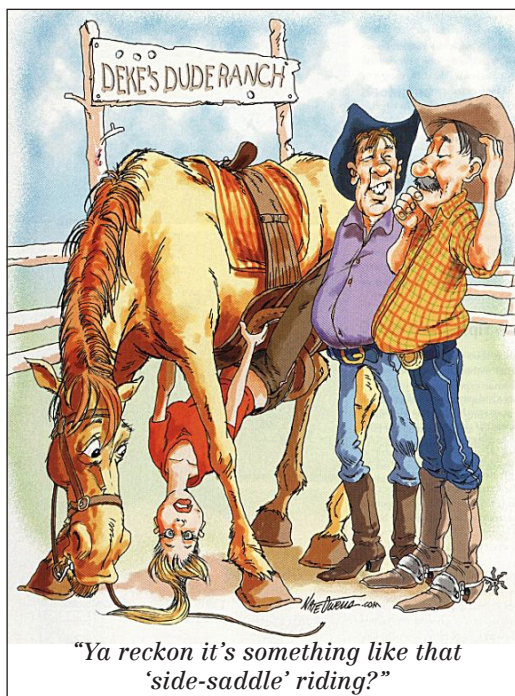
WE have had a bit of a mixed start to the year this year – plenty of things planned and a successful event managers training. But attendance at has been low, especially when we need to hire an arena for indoor play days. Our outdoor play day was also cancelled due to lack of interest, so I felt a little disheartened about it all. A lot of time goes into planning and putting things on. Also, despite loads of requests for a trail ride, the one I held was also cancelled due to no WES member's, bar me and one other, wanting to go. I had to organise road crossers and fortunately had enough time to cancel them. Mind you, it has been a bad year for some members with lame horses, horses with laminitis and other general life complications, and I am aware that people do have lives as well which can become complicated.

We have our Area 11 show in July, so we are busy getting patterns sorted for this and am hoping the weather gods continue to be kind and we have a great weekend.

The rest of our programme will get planned in the following months and advertised. Hoping to see more people coming along.

Best wishes

Kayreen



# DATES FOR YOUR DIARY

## JULY

- 7:** Sherwood Summer Sizzler, Oakridge Arena, Swinderby Road, Collingham, Newark, Nottinghamshire NG23 7NZ. – Contact: Rob Painter, [westernequestriansociety.chair@gmail.com](mailto:westernequestriansociety.chair@gmail.com) for entry form visit <https://form.jotform.com/231242463047348>
- 9:** Area 5 members' get-together at Deanery Farm, Melbourne, York, YO42 4QE. – Contact: Harry Scargill, [hbscontracting@outlook.com](mailto:hbscontracting@outlook.com)
- 15-** Bishop Burton 2-day Clinic and show, Scherie Dermody teaching, Tanya Rowe judging. – Contact: Harry Scargill, [hbscontracting@outlook.com](mailto:hbscontracting@outlook.com)
- 15:** Pre-show training clinic, Blackford Glen Edinburgh, organised by Area 11. – Contact: Kayreen Jones, [kayreenjones4@btinternet.com](mailto:kayreenjones4@btinternet.com)
- 15:** Ranch Clinic at Sovereign Quarter Horses, Coldham Bank, March, PE15 OBS, organised by Area 7. – Contact: Vickie Easton, [Vicky.wes7@gmail.com](mailto:Vicky.wes7@gmail.com)
- 16:** Novice Horse/Rider show, Blackford Glen Edinburgh, organised by Area 11. This is our first summer Area 11 show for a few years. The show is aimed at novice horses/novice riders and is aimed to give confidence to riders in the ring alongside building confidence in novice horses. – Contact: Kayreen Jones, [kayreenjones4@btinternet.com](mailto:kayreenjones4@btinternet.com)
- 28-** 3-day Summer camp with Bruce Lawrence at Valley View Ranch, Hereford HR1 3JQ, organised by Area 6. Participants will be in groups and ride in a morning and afternoon session each day. Stabling available from Thursday afternoon through to Sunday. Straw provided. All food for riders included from Friday morning to Sunday lunchtime. – Contact: Mandy Hawkins, [mandy.hawkins.1234@gmail.com](mailto:mandy.hawkins.1234@gmail.com)

## AUGUST

- 6:** Area 8 Approved Show, Crowhurst Farmyard, Bullen Lane East Peckham, Kent, TN12 5LP. – Contact: Brian John Ayles, [alberta.ayles@btinternet.com](mailto:alberta.ayles@btinternet.com)
- 12-** Area 6 Annual Show at Valley View Ranch, Ullingswick, Herefordshire, HR1 3JQ. This is part of a larger American Horse Festival. WES classes will start on Saturday afternoon with Showmanship, Trail, Pleasure, Horsemanship and Freestyle Reining. Sunday morning will have Ranch, Versatile Horse and Reining Classes. – Contact: Mandy Hawkins, [mandy.hawkins.1234@gmail.com](mailto:mandy.hawkins.1234@gmail.com)
- 13:** doing an all-day camp ride on the Saturday with an evening social. On the Sunday morning we can use the horse agility field before lunch and heading off home. Contact Karen Inkster for accommodation which you pay separately or you can camp. – Contact: Kayreen Jones, [kayreenjones4@btinternet.com](mailto:kayreenjones4@btinternet.com)
- 18:** Dunkeld Camp Ride, Dunkeld, Perthshire. We are going to Equine Unlimited for a camp weekend arriving Friday afternoon and camping/Bothying then
- 25-** National Show at Coldham Bank, Friday Bridge, PE15 OBS. – Contact: Ann Hughes, [wesmembership595@sky.com](mailto:wesmembership595@sky.com)
- 27:** March PE15 OBS. – Contact: Ann Hughes, [wesmembership595@sky.com](mailto:wesmembership595@sky.com)
- 31:** Garden of England International Show, Bodiam International Arena Bodiam, East Sussex. Affiliated WES classes included in show. Judges: Michelle Pfender (France) and Rick Lemay (Spain) – Contact: Rob Painter, [westernequestriansociety.chair@gmail.com](mailto:westernequestriansociety.chair@gmail.com)

## SEPTEMBER

- 30:** Pre-show clinic at Highfield Equestrian, Caldwell's Farm, Cupar KY15 7UY. The pre-show clinic is being held to go over patterns prior to the October show. It is being run by WES level 2 instructor Kayreen Jones. All monies from proceeds will go towards the show with the time donated. All patterns will be covered and everyone will get a chance for their horses to settle into the arena prior to the show. – Contact: Kayreen Jones, [kayreenjones4@btinternet.com](mailto:kayreenjones4@btinternet.com)

## OCTOBER

- 1:** All Area Show, Highfield Equestrian, Caldwell's Farm, Cupar KY15 7UY. This is our end of year show held annually in conjunction with the three Scottish areas (1, 11 and 12). We all come together to run this annual event with trophies for high points available. Highfield equestrian has plentiful stabling and facilities if you are staying overnight. They have a large indoor and smaller indoor arena that we can use. There are café facilities on site which have always been happy to cater for us. Highfield Equestrian is easy to find, just off the M90 taking the St Andrews turn off and following the road to Coupar turning off towards Giffordtown. – Contact: Kayreen Jones, [kayreenjones4@btinternet.com](mailto:kayreenjones4@btinternet.com)