

# WES NEWS

**December 2022**  
**Issue 110**

*The official magazine of the  
Western Equestrian Society,  
formed in 1985*





## COUNCIL MEMBERS

<b>Chairman:</b>	<b>Ann Hughes</b> <a href="mailto:wesmembership595@sky.com">wesmembership595@sky.com</a>	Spokesperson and figurehead of the society.
<b>Secretary:</b>	<b>Sara McKinnon-Snell</b> <a href="mailto:saracsnell@aol.com">saracsnell@aol.com</a>	Manages council, organises meeting etc.
<b>Treasurer:</b>	<b>Beverley Jeavons</b> <a href="mailto:bevjeavons@hotmail.co.uk">bevjeavons@hotmail.co.uk</a>	Oversees the financial affairs of the society.
<b>Membership Secretary:</b>	<b>Ann Hughes.</b> <a href="mailto:wesmembership595@sky.com">wesmembership595@sky.com</a>	Contact with any membership queries
<b>Health and Safety:</b>	<b>Vicki Holden</b> <a href="mailto:weshealthandsafety@yahoo.co.uk">weshealthandsafety@yahoo.co.uk</a>	Monitors Health and Safety to ensure with legislation, etc.
<b>Area Co-ordinator:</b>	<b>Kayreen Jones</b> <a href="mailto:kayreenjones4@btinternet.com">kayreenjones4@btinternet.com</a>	Point of contact for the area reps.
<b>Show Co-ordinator:</b>	<b>Helen Payne</b> <a href="mailto:helenmpayne@outlook.com">helenmpayne@outlook.com</a>	Organises all activities of the society.
<b>Publicity Officer:</b>	<b>Zoe Hughes</b> <a href="mailto:wespressandpr@gmail.com">wespressandpr@gmail.com</a>	Promoting the society in the media
<b>Youth Officer:</b>	<b>Annelie Matts</b> <a href="mailto:amatts@btinternet.com">amatts@btinternet.com</a>	Promotes activities for youth members.

## Other Society Contacts

<b>Animal Welfare Adviser:</b>	<b>Zoe Hughes</b> <a href="mailto:wespressandpr@gmail.com">wespressandpr@gmail.com</a>	The person to report to with any animal welfare issues.
<b>Trail Award Scheme:</b>	<b>Sarah Cameron &amp; Jane Gibbs</b> <a href="mailto:westrailaward@yahoo.com">westrailaward@yahoo.com</a>	Administers the Trail Award
<b>Webmaster</b>	<b>Daniel Gwalter</b> <a href="mailto:daniel@happyontheplanet.com">daniel@happyontheplanet.com</a>	Maintains WES website
<b>WES News Editor:</b>	<b>Roger Wells</b> <a href="mailto:wesnewsmag@gmail.com">wesnewsmag@gmail.com</a>	Edits WES News and distributes it electronically to all members

## ADVERTISING RATES

WES approved events are free, as are For Sale and Wanted small adverts posted by current members  
Rates for other items are as follows

**Full page £50**

(A4 portrait 210mm x 297mm)

**Half page £30**

(A5 landscape 210mm x 148mm)

**Quarter page £20**

(A6 portrait 105mm x 148mm)

**WES Members receive a  
£5.00 discount on the above rates.**

These rates are per issue, and advertisements should be relevant to Western Riding or horses, e.g. clothing or tack.

Advertising copy should either be in **PDF, Word, Text** or **JPG** format. It should be sent to the editor WES News. email: [wesnewsmag@gmail.com](mailto:wesnewsmag@gmail.com)

Payment should be made by BACS. Once an advertisement has been accepted, advertisers will receive account details and the reference number to be used to identify their payment.

# WES Website

Please visit the WES  
website for information  
on the Society, details  
of shows, clinics, etc.

[www.wes-uk.com](http://www.wes-uk.com)

## AREA AND COUNTY REPRESENTATIVES

Area rep. names are in **BOLD**, County rep. names are in **bold italic**

Area	Area Covered	Representative Name	email
1	Grampian and Highlands	<b>SANDRA LODER</b>	<a href="mailto:loder1212@gmail.com">loder1212@gmail.com</a>
2	Gwynedd, Clwyd, Cheshire, Shropshire, Staffordshire	<b>VACANT</b>	
3	Cornwall, Devon, Somerset, Wiltshire	<b>VACANT</b>	
	<i>Devon:</i>	<b>Ann Webster</b>	<a href="mailto:annequus@aol.com">annequus@aol.com</a>
	<i>Wiltshire:</i>	<b>Jane Brain</b>	<a href="mailto:j1412b@hotmail.com">j1412b@hotmail.com</a>
4	Cleveland, Cumbria, Durham, Northumberland, Tyne & Wear	<b>JEAN LOWRIE GAMLIN</b>	<a href="mailto:jean.gamlin@gmail.com">jean.gamlin@gmail.com</a>
	<i>Tyne and Wear:</i>	<b>Jo Powell</b>	<a href="mailto:jojackandskwert@gmail.com">jojackandskwert@gmail.com</a>
5	Lancashire, Greater. Manchester, Merseyside, Yorkshire	<b>SU MCALPIN</b> <b>ROZ WILSHER</b>	<a href="mailto:su.mcalpin@gmail.com">su.mcalpin@gmail.com</a> <a href="mailto:roz@garrywilsher.co.uk">roz@garrywilsher.co.uk</a>
	<i>East Yorkshire</i>	<b>Harry Scargill</b>	<a href="mailto:hbscontracting@outlook.com">hbscontracting@outlook.com</a>
	<i>North Yorkshire</i>	<b>Nickey Smith</b>	<a href="mailto:nickeysmith.wes@gmail.com">nickeysmith.wes@gmail.com</a>
	<i>Lancashire</i>	<b>TBA</b>	
	<i>West Yorkshire:</i>	<b>Lesley A. Wilkinson-Lyner</b>	<a href="mailto:lesley@thehoovesgroup.com">lesley@thehoovesgroup.com</a>
6	Avon, Carmarthenshire, Ceredigion, Dyfed, Glamorgan, Gloucestershire, Gwent, Herefordshire, Pembrokeshire, Powys, Worcestershire	<b>MANDY HAWKINS</b>	<a href="mailto:wesarea6@gmail.com">wesarea6@gmail.com</a>
	<i>Pembrokeshire</i>	<b>Julie Wilson</b>	<a href="mailto:rainbow.eggs@btinternet.com">rainbow.eggs@btinternet.com</a>
	<i>Gloucestershire</i>	<b>Gill Parker</b>	<a href="mailto:bronze@gillparker.co.uk">bronze@gillparker.co.uk</a>
	<i>Herefordshire</i>	<b>Bruce Lawrence</b>	<a href="mailto:office@valleyviewranch.co.uk">office@valleyviewranch.co.uk</a>
	<i>Glamorgan</i>	<b>Yvonne Allen</b>	<a href="mailto:ylallen@aol.com">ylallen@aol.com</a>
	<i>Powys</i>	<b>Fran Groves</b>	<a href="mailto:frangroves@aol.com">frangroves@aol.com</a>
	<i>Worcestershire</i>	<b>Position vacant</b>	
7	Derbyshire, Leicestershire, Lincolnshire, Nottinghamshire.	<b>VICKY EASTON</b>	<a href="mailto:Vicky.wes7@gmail.com">Vicky.wes7@gmail.com</a>
	<i>Leicestershire</i>	<b>Stephanie Goodacre</b>	<a href="mailto:stephaniegoodacre@btinternet.com">stephaniegoodacre@btinternet.com</a>
8	Berkshire, Isle of Wight, Kent, Surrey, Sussex	<b>JOANNE GALLAGHER</b>	<a href="mailto:paul.joanne.gallagher@btinternet.com">paul.joanne.gallagher@btinternet.com</a>
	<i>East Sussex</i>	<b>Vicki Holden</b>	<a href="mailto:vholden26@yahoo.co.uk">vholden26@yahoo.co.uk</a>
9	Essex, Hertfordshire, Norfolk, Suffolk	<b>VACANT</b>	
10	Bedfordshire, Buckinghamshire, Cambridgeshire, Northamptonshire, Oxfordshire, Warwickshire, West Midlands	<b>SARAH CAMERON</b> <b>JANE GIBBS</b>	<a href="mailto:pale.rider@live.co.uk">pale.rider@live.co.uk</a> <a href="mailto:jane_gibbs@rocketmail.com">jane_gibbs@rocketmail.com</a>
	<i>Befordshire</i>	<b>Abbey Brotherton</b>	<a href="mailto:brotherton499@btinternet.com">brotherton499@btinternet.com</a>
11	Borders, Central, Fife, Lothian, Tayside	<b>KAYREEN JONES</b>	<a href="mailto:kayreenjones4@btinternet.com">kayreenjones4@btinternet.com</a>
12	Dumfries & Galloway, Strathclyde	<b>PATRICIA O'MICHAEL</b>	<a href="mailto:barbarellababy@hotmail.com">barbarellababy@hotmail.com</a>
13	Dorset and Hampshire	<b>SARAH SETON-SMITH</b>	<a href="mailto:sales@sarade.online">sales@sarade.online</a>

## DEADLINE FOR THE APRIL 2023 ISSUE

**Monday 20<sup>th</sup> March 2023**

*Please email your reports, articles, etc. in Word, text (with pictures and Graphics),  
or as a PDF to [wesnewsmag@gmail.com](mailto:wesnewsmag@gmail.com)*

If you are sending in an advertisement, please send it as a PDF, Word or a graphic so it can be resized as necessary to fit the available space.

It will help if articles are submitted for publication as you have them, rather than waiting until the deadline. This makes the editor's life a little easier.

### COVER PICTURE

Kate McMorris and Mos Starlike Marilyn or 'Marilyn' for short!! Pictured at the end of her epic John O'Grouts to Lands End trail ride which she completed this summer.

Three months, 1332 miles. *More photos on page 17.*

## SOCIETY APPROVED INSTRUCTORS

<b>Aberdeenshire</b>	<b>Sandra Loder (Level 2)</b>	☎ 07825549728	
<b>Cambridgeshire</b>	<b>David Deptford (R; Level 3)</b>	☎ 01354 651944	
<b>Cheshire</b>	<b>Scherie Dermody (Level 2)</b>	☎ 01270 780620	☎ 07930 410128
<b>Denbighshire</b>	<b>Tim Keeley (Level 2)</b>	☎ 01824 750463	
<b>Dorset</b>	<b>Martina Drabkova (Level 2)</b> <b>Michael Langford (Level 3)</b>		☎ 07775 729942 ☎ 07834 958900
<b>East Lothian</b>	<b>Kayreen Jones (Level 2)</b>	☎ 01620 892632	
<b>Hampshire</b>	<b>Bob Mayhew (Level 5)</b> <b>David Lloyd (Level 2)</b> <b>Tammy Greaves (Level 2)</b>	☎ 0239263 2145 ☎ 01252 875896 ☎ 01425 610278	☎ 07818 445562 ☎ 07824 664795
<b>Herefordshire</b>	<b>Bruce Lawrence (R; Level 4)</b>	☎ 01432 820081	☎ 07791 323192
<b>Lincolnshire</b>	<b>Joe Midgley (Level 2)</b> <b>Lee Rutter (Level 2)</b>		☎ 07588 412702 ☎ 07736 430111
<b>Norfolk</b>	<b>Tanya Rowe (Level 2)</b>	☎ 07786 968517	
<b>Northumberland</b>	<b>Clive Johnson (Level 1)</b>		☎ 07932 798666
<b>Oxon</b>	<b>Catherine Wright (Level 2)</b>	☎ 01608 730039	
<b>Surrey</b>	<b>Janet Burwood (Level 3)</b> <b>Kirsty Hewitt (Level 2)</b>	☎ 01293 782014 ☎ 01932 340358	☎ 07715 833349 ☎ 07932 029558
<b>Yorkshire</b>	<b>Emma Chapman-Lonie (R; Level 2)</b> <b>Joanne Smithies (Level 2)</b> <b>Adam Yates (Level 2)</b>	☎ 01969 623688	☎ 07964 932877 ☎ 07719 670321 ☎ 07795 624074

**Key to qualifications:** **R=** Riding Stables. **WES levels:** **1=** Assumed to be an Assistant Instructor, working under the direct or indirect supervision of a more highly qualified instructor/trainer. A Level 1 instructor is expected to be able to teach basic western riding skills to novice riders on trained horses on a one-to-one basis *e.g.* In a riding school situation; **2=** Expected to have good theoretical and practical knowledge of all disciplines covered by WES and to be able to prepare students and horses for competition in all WES show classes at local/novice rider level. Should be capable of teaching independently in one-to-one or group sessions. Should be a competent horse person, capable of working with both trained and novice horses; **3=** An experienced instructor, who has demonstrated a high degree of practical ability, and depth of theoretical knowledge in at least 2 specialist modules. The instructor will be of a satisfactory standard in order to prepare horses and riders at National Championship level; **4=** An autonomous and highly experienced instructor, who has demonstrated a high degree of practical ability, and a depth of theoretical knowledge in at least 5 specialist modules; **5, Honorary=** An enhanced level, which may be awarded to those level 4 instructors who have demonstrated a commitment to continuous professional development and equestrian excellence.

**Instructors' committee:** Micheal Langford (*chair*),  
Bruce Lawrence, Emma Chatman-Lonnie, Tammy Greaves.

## SOCIETY APPROVED JUDGES

The following is a list of members holding WES judging cards.

David Brindley (Wrexham) Tel. 07778 591196  
 Michael Carder (Cambridgeshire) Tel: 01354 692011  
 Johanna Cotton (Wrexham) Tel. 07984 141973  
 Scherie Dermody (Cheshire) Tel: 01270 780620  
 David Hudspeth (Nottinghamshire) Tel 07977 530954  
 Louise Hunt (Kent) Mob: 07712277812, email: [Louiseh2015@gmail.com](mailto:Louiseh2015@gmail.com)  
 Bruce Lawrence (Herefordshire) Tel: 07791 323192  
 David Lloyd (Hampshire) Tel: 01252 875896  
 Bob Mayhew\* (Hampshire) Tel: 07818 445562, email: [bobmayhew62@gmail.com](mailto:bobmayhew62@gmail.com)  
*\*Bob also holds NRHA.DE, and judge emeritus for AQHA, APHA, NCHA & NRHA*

### WES Judges Committee

The following Judges are members of the WES Judges Committee Mick Carder (*chair*), Bob Mayhew, David Lloyd, Scherie Dermody

## WES Trail Riding Award Scheme

The Trail Riding Award Scheme is open to members of the Society only. The Scheme is very simple – any WES member who hacks out for pleasure, trec or endurance (**training and schooling do NOT count**) in a western saddle can record their hours and qualify for an award. The horse does not have to belong to the rider but must be ridden in a western saddle and must be sound and fit.

- The scheme is subject to a once only payment of £40.
- Participants can download a Log Sheet or an excel spreadsheet to record their hours spent hacking.
- Stories, achievements and photos, can be posted to the Western Equestrian Society Facebook page and your WES Area Facebook page.
- Records must be submitted to the Society by email [westrailaward@yahoo.com](mailto:westrailaward@yahoo.com) on or before 1st February on an annual basis to verify claim.



Subject to ratification the following awards will be made:

- ★ 50 hours members will receive a certificate.
- ★ 100 hours - quality SOS Saddle tag.
- ★ 250 hours - special rosette.
- ★ 500 hours – inscribed silver belt buckle supplied by Montana Silversmiths.

# The new WES merchandise shop is now live . . .



[www.teamequestrianshop.co.uk/western-equestrian-society](http://www.teamequestrianshop.co.uk/western-equestrian-society)



# Always pony daft

(Sent in by Emily Tenbruck)



some Little Britches classes this year!

Her confidence has grown and grown, she even rides my Highland now and lopes him too. It's easy to forget she's so young. I am so proud of her, and feel very lucky we get to share this passion and journey with our horses together.

WES members, instructors and judges, have been fantastic this year, they are all so supportive, kind, and are so full of encouragement for our youths. Thank you to each and everyone of you. All this support and encouragement from fellow WES members means a lot to us, and Raya is already excited for next year!

We hope some more youth riders join our Scottish Areas in the future, bringing the next generation of western riders into the fold.



**M**Y husband used to think I forced horses upon our daughter!

Far from it, she's always been pony daft. Granted she's been around them all her young life. She's only 6 years old after all (*well, she'd be cross and tell me she's actually nearly 7!*). But no Paul, I didn't force horses upon her, it's a love that's either in the soul or it isn't, and for her it most certainly is!

Raya has always loved my horses. She's been sitting up on them while I've mucked out for as long as I can remember. We spent much time ride and lead with my two horses until, finally, her Dad agreed to let me get her a small pony. Well when I say he agreed, his words were "well I'm not paying for it" which is as good as a yes for me!

And so we found (with thanks to a friend) a little palomino Welsh section A called Teddy. He was a bit of an unknown gamble, but that's a whole other story that maybe we will share with you all another time. Long story short, he's been waiting many years for a small person to love him. And for us he's been just perfect.

We bought him Christmas 2020, he's been with us nearly two years and has been a legend. Raya and Teddy have a lovely little relationship, she grooms him for hours, sits on him in the stable, rides bareback to the field, they hack for miles (with mum), they joined Pony Club, and learned the joy of loping in stubble fields.

Raya became a WES Youth Member this year and went to some WES clinics in Area 1 and Area 11. And even started doing



# LASSIES NOT LASSOS

*I MUST admit that, like so many others, I had an image of western riding as all yeehaw, lassos, barrels and skidding stops...and loads, and loads of bling. I am pleased to say how wrong I was.*

## Here's my story

A few months ago I discovered that my western saddle, bought for a birthday over 20 years ago, fitted my lovely gypsy 'turbo-cob' Ziggy. That was the start...

With the encouragement of some friends, who are members of WES, Ziggy and I played around with the feel of the new tack and the different style of going. We then joined in with a couple of local western play-days. Ziggy thoroughly enjoyed this new game, and was immediately relaxed, content

and responsive...less turbo-cob, more pinto-pony.

## So...Hey Ho, why not???

Grabbing the bull by the horns, I entered the Western Equestrian Society Scottish National Show at the end of September. I also booked into the training Clinic the day before. As Ziggy's and my first ever pony party, the whole weekend was utterly fantastic.

Firstly, on the Clinic day, everyone was so very, very, friendly and encouraging. They were ready with genuinely helpful guidance when I needed it.

The horses were all very laid back and settled, giving Ziggy the 'herd cue' to relax and be at peace. I, in turn, was able to absorb the jolly atmosphere, and concentrate on learning.

The Show itself was incredible... not one jot of stress, no dramas, or over excitement...just like-minded people enjoying a gentle competitive day with their horses. With plenty of classes, even for beginners and non-members, the day was packed with joy, new experiences, laughter, and fun...with a subtle touch of bling here and there.

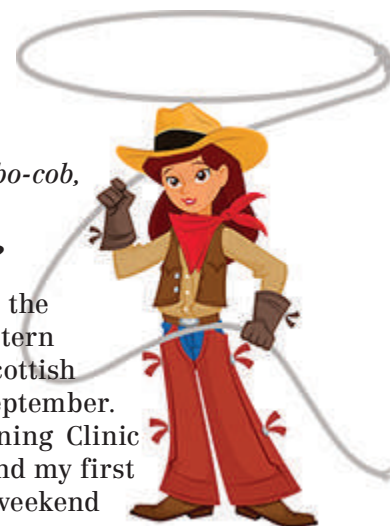
I need to say that after over 50 years with horses, I have never been to such a relaxed competition. The organisers deserve a huge thank you...and a resounding 'well done'. Can I also say that, I have never, ever, met such a delightful, generously spirited judge...Scherie's sheer enthusiasm, and love of the sport, was infectious and inspiring.

To my fellow competitors, watching you ride with easy flow, grace and dignity gave me something to aim for. You have a new member, see you next year.

Remember that bull I mentioned earlier, he's well tamed now...and not a lasso in sight

*Emma Thompson and Ziggy*

*...with a few WES Rosettes as treasured souvenirs of our wonderful weekend*



# Scottish National Show

**I**T WAS lovely to be back showing again after a two year hiatus! The run up to the show for the show team was full of trepidation. *Will people come?... Will we get enough entries to cover the costs?... With Scottish instructors doing the pre-show clinic will anyone enter?*

As the days and weeks went on it was pretty nerve wracking as some people said they were not able to make it. We don't have the luxury up here of loads of entrants entering multiple classes. The membership has changed quite a bit. Watching a recent DVD done at one of our shows the predominant breeds being shown were Quarter horses and Appaloosas. Now in 2022 most of our entrants are Native breeds, cobs of QH crosses, showing that we are truly an all-breed society. Our venue was pleased to see us back and made us very welcome and, as we have built up a good relationship with them, they really just leave us to get on with it.



Our pre-show clinic was well received with Sandra Loder and myself donating our time to coach people through the patterns in preparation for the show the next day. This helped us to keep costs down, as well as only ordering Rosettes we actually needed and using old stock. Needs must in

order to keep the show on the road. It was great to see the turnout for the pre-show clinic and entries did come in for the show.

Scherie Dermody was our judge as she kindly fulfilled the commitment she had made prior to the Covid outbreak. It was lovely to see her. Our main aim for the show was for everyone to have fun again and to let their horses get out and about into the show pen. We ran a few non-member classes (*insured separately*) and managed to attract a few non-members, hoping that dipping their toe and horses hooves into the WES environment might then persuade them to join WES.

Everyone had a good day seeing friends that have been absent for the last 2 years. I tried to encourage people to think of it as a way of developing a winter work programme, see where you have holes and work away over the winter improving as you go. I have to thank my intrepid show team (Seonaid Doherty, Rosie Wyllie, Kathy Briggs, Lesley Hastie and Kathy's awesome gofer!) who went over and above to get the show up and running, then helping steward, doing entries, rosettes and generally being around supporting riders, and giving advice as needed and, most of all, giving people encouragement when perhaps things were not going as well as could be expected.

Thanks to Sandra Loder for giving up her time to help coach the clinic, it was greatly appreciated. A big thanks to all our sponsors who sponsored classes for us. This went a long way to helping the show go ahead and all winners of sponsored classes got an extra Rosette. Finally a huge, huge, thank you to all entrants. I know it is nerve wracking getting out there showing especially if your horse is not quite ready but... Look at what you have achieved!

## From the Editor

**I** AM pleased to be able to take on the role of editing your WES eNews Magazine following Chris's decision to relinquish the duties for personal reasons. Thanks Chris for all of your efforts over the last 15 issues.

Having previously edited and produced the printed version of WES News I hope I can provide you all with interesting, topical, and informative items.

Remember, this is YOUR magazine, so please send me any items you feel worthy of publication... your experiences riding – or watching western equitation; problems you would like help with – I can forward these to suitable instructors of the Society for their input; send in your photos (*this will help me to build up a library for later publication*).

Roger Wells

[wesnewsmag@gmail.com](mailto:wesnewsmag@gmail.com)

**Future issues of this web-based version of the magazine will be circulated during the first weeks of April 2023, July 2023 and January 2024, with the Printed Annual Publication posted early in October 2023.**



Our show for 2023 is pre-booked, but we have moved it a week further on to give Area 5 riders the opportunity to come up, and for our riders to perhaps go down to Area 5 to have a go. Let's make 2023 that year we really get out and do things.

With best wishes and lots of thanks

**Kayreen**



## Results

### Showmanship Little Britches

Raya Tenbruck, Uphill Honey Bee

### Heather Showmanship

Emma Thomson, Ziggy.

### Heather Little Britches

Daisy Lawson, Dots Diamond Diva.

### Amateur Showmanship

1<sup>st</sup> Kim Collier, RQH Electric Tartan;  
2<sup>nd</sup> Sharon McKinnel, Dots Diamond Diva;  
3<sup>rd</sup> Carol Magee, Really Gotta Rein.

### Open Showmanship

1<sup>st</sup> Kim Collier, RQH Electric Tartan;  
2<sup>nd</sup> Carol Magee, Really Gotta Rein;  
3<sup>rd</sup> Sharon McKinnel, Dots Diamond Diva;  
4<sup>th</sup> Kayreen Jones, Finn.

### In Hand Trail

1<sup>st</sup> Joanna Thomson, Glen Bruar Summer Thyme;  
2<sup>nd</sup> Fiona Clubb, Tommy.

### Trail Little Britches

Raya Tenbruck, Uphill Honey Bee

### Trail Walk Jog

1<sup>st</sup> Joanna Thomson, Glen Bruar Summer Thyme;  
2<sup>nd</sup> Arlene Cluness, Smart With Assets;  
3<sup>rd</sup> Tenika Whytock, Boss;  
4<sup>th</sup> Sharon McKinnel, Dots Diamond Diva;  
5<sup>th</sup> Sandra Loder, Midsummer Storm;  
6<sup>th</sup> Wendy Renton, Mon Ami Marraah;  
7<sup>th</sup> Emily Tenbruck, Little Fenwick MacDonald.

### Novice Rider Trail

1<sup>st</sup> Joanna Thomson, Glen Bruar Summer Thyme;  
2<sup>nd</sup> Fiona Whitehead, Wildcard Rocky;  
3<sup>rd</sup> Tenika Whytock, Boss;  
4<sup>th</sup> Jennifer MacFarlane, Connor  
5<sup>th</sup> Sharon McKinnel, Dots Diamond Diva;  
6<sup>th</sup> Emily Tenbruck, Little Fenwick MacDonald.

### Novice Horse Trail

1<sup>st</sup> Kim Collier, RQH Electric Tartan;  
2<sup>nd</sup> Arlene Cluness, Smart with Assets;  
3<sup>rd</sup> Joanna Thomson, Glen Bruar Summer Thyme;  
4<sup>th</sup> Jennifer MacFarlane, Connor;  
5<sup>th</sup> Emily Tenbruck, Little Fenwick MacDonald;  
6<sup>th</sup> Irene Fazakerly, Forest Pebbles.

### Preliminary Pleasure

1<sup>st</sup> Joanna Thomson, Glen Bruar Summer Thyme;  
2<sup>nd</sup> Fiona Whitehead, Wildcard Rocky;  
3<sup>rd</sup> Tenika Whytock, Boss;  
4<sup>th</sup> Katrina Corbett, Missy;  
5<sup>th</sup> Carol Magee, Really Gotta Rein;  
6<sup>th</sup> Irene Fazakerly, Forest Pebbles;  
7<sup>th</sup> Susan Thomson, The Colonels Dunit.

### Walk Jog Pleasure

1<sup>st</sup> Sharon McKinnel, Dots Diamond Diva;  
2<sup>nd</sup> Susan Thomson, The Colonels Dunit;  
3<sup>rd</sup> Joanna Thomson, Glen Bruar Summer Thyme;  
4<sup>th</sup> Wendy Renton, Mon Ami Marraah;  
5<sup>th</sup> Tenika Whytock, Boss;  
6<sup>th</sup> Kayreen Jones, Finn;  
7<sup>th</sup> Katrina Corbett, Missy.

### Little Britches Walk Jog

1<sup>st</sup> Raya Tenbruck, Uphill Honey Bee.

### Novice Rider Pleasure

1<sup>st</sup> Susan Thomson, The Colonels Dunit;  
2<sup>nd</sup> Sharon McKinnel, Dots Diamond Diva;  
3<sup>rd</sup> Emily Tenbruck, Little Fenwick MacDonald;  
4<sup>th</sup> Carol Magee, Really Gotta Rein;  
5<sup>th</sup> Katrina Corbett, Missy.

### Novice Horse Pleasure

1<sup>st</sup> Kim Collier, RQH Electric Tartan;  
2<sup>nd</sup> Arlene Cluness, Smart With Assets;  
3<sup>rd</sup> Irene Fazakerly, Forest Pebbles;  
4<sup>th</sup> Emily Tenbruck, Little Fenwick MacDonald;  
5<sup>th</sup> Katrina Corbett, Missy.

### Heather Pleasure

1<sup>st</sup> Emma Thomson, Ziggy.

### Walk Jog Horsemanship

1<sup>st</sup> Carol Magee, Really Gotta Rein;  
2<sup>nd</sup> Sharon McKinnel, Dots Diamond Diva;  
3<sup>rd</sup> Fiona Whitehead, Wildcard Rocky;  
4<sup>th</sup> Tenika Whytock, Boss;  
5<sup>th</sup> Wendy Renton, Mon Ami Marraah;  
6<sup>th</sup> Katrina Corbett, Missy.

### Little Britches Horsemanship

1<sup>st</sup> Raya Tenbruck, Uphill Honey Bee.

### Novice Rider Horsemanship

1<sup>st</sup> Susan Thomson, The Colonels Dunit;  
2<sup>nd</sup> Jennifer MacFarlane, Connor;  
3<sup>rd</sup> Fiona Whitehead, Wildcard Rocky;  
4<sup>th</sup> Tenika Whytock, Boss.

### Heather Horsemanship

1<sup>st</sup> Emma Thomson, Ziggy.

### Walk Jog Ranch Riding

1<sup>st</sup> Wendy Renton, Mon Ami Marraah;  
2<sup>nd</sup> Tenika Whytock, Boss;  
3<sup>rd</sup> Sharon McKinnel, Dots Diamond Diva;  
4<sup>th</sup> Fiona Whitehead, Wildcard Rocky.

### Novice Horse Ranch Riding

1<sup>st</sup> Kim Collier, RQH Electric Tartan;  
2<sup>nd</sup> Tenika Whytock, Boss.

### Novice Rider Ranch Riding

1<sup>st</sup> Susan Thomson, The Colonels Dunit;  
2<sup>nd</sup> Irene Fazakerly, Forest Pebbles;  
3<sup>rd</sup> Tenika Whytock, Boss.

### Reining (Open to all)

1<sup>st</sup> Carol Magee, Really Gotta Rein;  
2<sup>nd</sup> Irene Fazakerly, Forest Pebbles.

### HI POINT TROPHY WINNER

**Heather Classes:** Emma Thomson, Ziggy

**Little Britches:** Raya Tenbruck, Uphill Honey Bee

**Walk Jog:** Sharon McKinnel, Dots Diamond Diva

**Novice Horse:** Kim Collier, RQH Electric Tartan

**Novice Rider:** Susan Thomson, The Colonels Dunit

**Amateur:** Kim Collier, RQH Electric Tartan

**Open:** Kim Collier, RQH Electric Tartan



# NATIONAL SHOW RESULTS

Number of entries in each class shown in *(italics)*

[Only horses placed in the top 10 are listed]

## 13 & UNDER YOUTH TRAIL (1)

*Sponsor: Sara Mckinnon-Snell*

- 1 Teddy Bear, Nancy Cook.

## 14-18 YOUTH TRAIL (2)

*Sponsor: Sandra Loder*

- 1 Jacs Gone In A Flash, Scarlett Eyles; 2 Keeps Me Peppy, Emogene Wootton-Jones.

## NOVICE RIDER TRAIL (9)

*Sponsor: Lin Batson*

- 1 Brave Mr Frost, Sandra Chapman; 2 Wilden Sundance, Lara Mackendrick; 3 Kernow Gold Rush, Jane Windsor; 4 The Greatest Smoke, Yvonne Newbegin; 5 Tasting The Stars, Tori Page; 6 IMA Sparkling Suprise, Nickey Smith; 7 Gunner Be A Rooster, Janet Amir; 8 Jays Whiskey Girl, Alyson Ville.

## OPEN TRAIL (10)

*Sponsor: Anne Batley*

- 1 Always The Best Seat, Evelyn Dash; 2 Dreaming It Big, Gill Parker; 3 Jays Straw Girl, Margaret Kemp; 4 Seren Jolly Profit, Frances Payne; 5 Smart Snippa Chic, Vicky Easton; 6 Leaguerly Hot, Tanya Rowe; 7 RQH Electric Tartan, Kim Briggs; 8 Gunna B A Shiney Chic, Louise Mcknight; 9 Jays Whiskey Girl, Alyson Viller.

## NOVICE HORSE WESTERN RIDING (2)

*Sponsor: Kathy Briggs*

- 1 RQH Electric Tartan, Kim Briggs; 2 Gunna BA Shiney Chic, Louise Mcknight.

## 13 & UNDER YOUTH WESTERN RIDING (1)

- 1 Teddy Bear, Nancy Cook.

## 14-18 YOUTH WESTERN RIDING (2)

- 1 Jacs Gone In A Flash, Scarlett Eyles; 2 Keeps Me Peppy, Emogene Wootton-Jones.

## AMATEUR PLEASURE (4)

- 1 Always The Best Seat, Evelyn Dash; 2 RQH Electric Tartan, Kim Briggs; 3 Majestic Loper, Penny Pendle; 4 He's Got Strait Assets, Dan Gwalter.

## NOVICE RIDER PLEASURE (10)

- 1 IMA Sparkling Suprise, Nickey Smith; 2 Kernow Gold Rush, Jane Windsor; 3 Charlie Brown, Caroline Burrowson; 4 Jays Whiskey Girl, Alyson Viller; 5 Brave Mr Frost, Sandra Chapman; 6 Kilbally Henry, Frances Cooper; 7 Gettin The Gold, Mike O'Connor; 8 Jerry, Jacqui Ward; 9 He's Got Strait Assets, Dan Gwalter.

## HORSEMANSHIP (8)

*Sponsor: Kathy Briggs*

- 1 Always The Best Seat, Evelyn Dash; 2 Leaguerly Hot, Tanya Rowe; 3 RQH Electric Tartan, Kim Briggs; 4 Majestic Loper, Penny Pendle; 5 Seren Jolly Profit, Frances Payne; 6 Brave Mr Frost, Emma Lonie; 7 Smart Snippa Chic, Vicky Easton; 8 Black Star, Joanne Smithies.

## NOVICE HORSE REINING (1)

- 1 Tasting The Stars, Tori Page.

## AMATEUR RANCH RIDING (8)

- 1 Dreaming It Big, Gill Parker; 2 Smokin Red Dene, Sarah Hadley; 3 Always The Best Seat, Evelyn Dash; 4 Whiz Me A Pepto, Holly Smithies; 5 League D'Amour, Christine Taylor; 6 Smart Snippa Chic, Vicky Easton; 7 Jays Tender Star, Alison Johnson; 8 Blazin White Light, Victoria Rooke.

## WALK JOG PLEASURE (10)

- 1 Sum Hot Vision, Shirley O'Neill; 2 Zip Chip Invitation, Lily Earls Pollard; 3 Blazing Melody, Andrew Viller; 4 Kilbally Henry, Frances Cooper; 5 He's Got Strait Assets, Dan Gwalter; 6 Charlie Brown, Caroline Burrowson; 7 Gettin The Gold, Mike O'Connor; 8 The Greatest Smoke, Grace Whitman; 9 Savannah Pearly Nights, Virginia Johnson; 10 Gunner Be A Rooster, Janet Amir.

## 13 & UNDER YOUTH HORSEMANSHIP (1)

- 1 Teddy Bear, Nancy Cook.

## 14-18 YOUTH HORSEMANSHIP (2)

*Sponsor: Sandra Loder*

- 1 Jacs Gone In A Flash, Scarlett Eyles; 2 Keeps Me Peppy, Emogene Wootton-Jones.

## INTERMEDIATE HORSE RANCH RIDING (9)

- 1 Leaguerly Hot, Tanya Rowe; 2 RQH Electric Tartan, Kim Briggs; 3 Gunna B A Shiney Chic, Louise Mcknight; 4 League D'Amour, Christine Taylor; 5 Gunner Be A Rooster, Janet Amir; 6 Jays Tender Star, Alison Johnson; 7 Blazin White Light, Victoria Rooke; 8 Tasting The Stars, Tori Page; 9 Dees Artful Fox, Joyce Markham.

## OPEN REINING (1)

- 1 Jays Benji San Badger, Adam Yates.

## NOVICE HORSE PLEASURE (3)

- 1 RQH Electric Tartan, Kim Briggs; 2 Kilbally Henry, Frances Cooper; 3 Chamfron Palome, Alison Cheetham.

## FREESTYLE REINING (1)

- 1 IMA Sparkling Surprise, Nickey Smith.

## NOVICE RIDER SHOWMANSHIP (6)

*Sponsor: Lin Batson*

- 1 Justa One Hot Chip, Frances Neil; 2 Kernow Gold Rush, Jane Windsor; 3 Charlie Brown, Caroline Burrowson; 4 Reminicing Cowgirl, Tara Jackson; 5 The Greatest Smoke, Yvonne Newbegin; 6 Lock Down Your Guns, Nikki Gwalter.

## AMATEUR SHOWMANSHIP (5)

*Sponsor: Kathy Briggs*

- 1 Whiz Me A Pepto, Holly Smithies; 2 Always The Best Seat, Evelyn Dash; 3 An English Vaquera, Frances Payne; 4 RQH Electric Tartan, Kim Briggs; 5 Justa One Hot Chip, Frances Neil.

## OPEN SHOWMANSHIP (6)

- 1 Whiz Me A Pepto, Holly Smithies; 2 Always The Best Seat, Evelyn Dash; 3 An English Vaquera, Frances Payne; 4 Savannah Pearly Nights, Virginia Johnson; 5 Justa One Hot Chip, Frances Neil; 6 Black Star, Joanne Smithies.



**13 & UNDER YOUTH SHOWMANSHIP (1)**

1 Teddy Bear, Nancy Cook.

**14-18 YOUTH SHOWMANSHIP (2)**

1 Jacs Gone In A Flash, Scarlett Eyles; 2 Keeps Me Peppy, Emogene Wootton-Jones.

**INTERMEDIATE HORSE PLEASURE (2)**

1 Leaguerly Hot, Tanya Rowe; 2 RQH Electric Tartan, Kim Briggs.

**PRELIM PLEASURE (2)**

1 MA Sparkling Suprise, Nickey Smith; 2 Savannah Pearly Nights, Virginia Johnson.

**OPEN RANCH RIDING (11)**

1 Smart Snippa Chic, Vicky Easton; 2 Leaguerly Hot, Tanya Rowe; 3 Brave Mr Frost, Emma Lonie; 4 Smokin Red Dene, Sarah Hadley; 5 Blazin White Light, Victoria Rooke; 6 Gunna B A Shiney Chic, Louise Mcknight; 7 Jays Benji San Badger, Adam Yates; 8 Dreaming It Big, Gill Parker; 9 Always The Best Seat, Evelyn Dash; 10 Jays Tender Star, Alison Johnson; 11 Black Star, Joanne Smithies.

**AMATEUR HORSEMANSHIP (5)**

1 Always The Best Seat, Evelyn Dash; 2 RQH Electric Tartan, Kim Briggs; 3 Majestic Loper, Penny Pendle; 4 Smart Snippa Chic, Vicky Easton.

**NOVICE HORSE TRAIL (9)**

*Sponsor: Lin Batson*

1 RQH Electric Tartan, Kim Briggs; 2 Tasting The Stars, Tori Page; 3 Dreaming It Big, Gill Parker; 4 Wilden Sundance, Lara Mackendrick; 5 League D'Amour, Christine Taylor; 6 Gunna B A Shiney Chic, Louise Mcknight; 7 Chamfron Palome, Alison Cheetham; 8 IMA Sparkling Suprise, Nickey Smith.

**INTERMEDIATE HORSE TRAIL (5)**

*Sponsor: Kathy Briggs*

1 Leaguerly Hot, Tanya Rowe; 2 Tasting The Stars, Tori Page; 3 Blue, Melloney Mason; 4 Gunna B A Shiney Chic, Louise Mcknight; 5 League D'Amour, Christine Taylor.

**LITTLE BRITCHES SHOWMANSHIP (3)**

*Sponsor: Sandra Loder*

1 Ellie, Jemima Keeping; 2 He's Got Strait Assets, Mollie Gwalter; 3 Molly, Cecily Keeping.

**LITTLE BRITCHES HORSEMANSHIP (3)**

*Sponsor: Sandra Loder*

1 Molly, Cecily Keeping; 2 Ellie, Jemima Keeping; 3 He's Got Strait Assets, Mollie Gwalter.

**LITTLE BRITCHES PLEASURE (3)**

*Sponsor: Sandra Loder*

1 He's Got Strait Assets, Mollie Gwalter; 2 Molly, Cecily Keeping; 3 Ellie, Jemima Keeping.

**LITTLE BRITCHES TRAIL (3)**

*Sponsor: Sandra Loder*

1 He's Got Strait Assets, Mollie Gwalter; 2 Molly, Cecily Keeping; 3 Ellie, Jemima Keeping.

**CHAMPIONSHIP SHOWMANSHIP (5)**

*Sponsor: Davies Sport Photography*

1 Always The Best Seat, Evelyn Dash; 2 An English Vaquera, Frances Payne; 3 Savannah Pearly Nights, Virginia Johnson.

**CHAMPIONSHIP TRAIL (4)**

*Sponsor: Team Equestrian*

1 Always The Best Seat, Evelyn Dash; 2 Seren Jolly Profit, Frances Payne; 3 Leaguerly Hot, Tanya Rowe; 4 Jays Straw Girl, Margaret Kemp.

**CHAMPIONSHIP PLEASURE (2)**

*Sponsor: Ariat*

1 Always The Best Seat, Evelyn Dash; 2 Majestic Loper, Tanya Rowe.

**CHAMPIONSHIP REINING (1)**

*Sponsor: Michael Langford Training*

1 Jays Benji San Badger, Adam Yates.

**CHAMPIONSHIP HORSEMANSHIP (3)**

*Sponsor: Davies Sport Photography*

1 Always The Best Seat, Evelyn Dash; 2 Blue, Melloney Mason; 3 Seren Jolly Profit, Frances Payne.

**CHAMPIONSHIP WESTERN RIDING (1)**

1 RQH Electric Tartan, Kim Briggs.

**CHAMPIONSHIP RANCH RIDING (7)**

*Sponsor: DC Custom Leather Designs*

1 Gunna B A Shiney Chic, Louise Mcknight; 2 Leaguerly Hot, Tanya Rowe; 3 Smokin Red Dene, Sarah Hadley; 4 Dreaming It Big, Gill Parker; 5 Always The Best Seat, Evelyn Dash; 6 Blazin White Light, Victoria Rooke; 7 Jays Tender Star, Alison Johnson.

**CHARITY PLEASURE (6)**

*Sponsor: Melbelle*

1 Teddy Bear, Nancy Cook; 2 The Greatest Smoke, Yvonne Newbegin; 3 RQH Electric Tartan, Kim Briggs; 4 He's Got Strait Assets, Dan Gwalter; 5 Smokin Red Dene, Sarah Hadley; 6 Charlie Brown, Caroline Burrowson.

**WALK JOG TRAIL (7)**

*Sponsor: Sara Mckinnon-Snell*

1 League D'Amour, Christine Taylor; 2 Gunner Be A Rooster, Janet Amir; 3 Rockie, Catt Castledine; 4 Savannah Pearly Nights, Virginia Johnson; 5 Tuff N Jay, Tara Jackson; 6 Charlie Brown, Caroline Burrowson.

**AMATEUR TRAIL (6)**

1 Always The Best Seat, Evelyn Dash; 2 Smart Snippa Chic, Vicky Easton; 3 Blue, Melloney Mason; 4 Keeps Me Peppy, Emogene Wootton-Jones; 5 Smokin Red Dene, Sarah Hadley.

**OPEN RANCH TRAIL (7)**

1 Leaguerly Hot, Tanya Rowe; 2 Smokin Red Dene, Sarah Hadley; 3 League D'Amour, Christine Taylor; 4 Brave Mr Frost, Emma Lonie; 5 Keeps Me Peppy, Emogene Wootton-Jones; 6 Jays Tender Star, Alison Johnson.

**NOVICE RIDER REINING (5)**

*Sponsor: Anne Batley*

1 Gunner Be A Rooster, Janet Amir; 2 The Greatest Smoke, Yvonne Newbegin; 3 IMA Sparkling Suprise, Nickey Smith; 4 League D'Amour, Christine Taylor; 5 Tasting The Stars, Tori Page.

**WALK JOG HORSEMANSHIP (7)**

1 Kilbally Henry, Frances Cooper; 2 Sum Hot Vision, Shirley O'Neill; 3 Charlie Brown, Caroline Burrowson; 4 Rockie, Catt Castledine.

**13 & UNDER YOUTH PLEASURE (1)**

1 Teddy Bear, Nancy Cook.



**14-18 YOUTH PLEASURE (2)**

1 Jacs Gone In A Flash, Scarlett Eyles; 2 Keeps Me Peppy, Emogene Wootton-Jones.

**NOVICE HORSE RANCH RIDING (10)**

1 Gunna B A Shiney Chic, Louise Mcknight; 2 RQH Electric Tartan, Kim Briggs; 3 Jays Tender Star, Alison Johnson; 4 Chamfron Palome, Alison Cheetham; 5 Wilden Sundance, Lara Mackendrick; 6 Majestic Loper, Penny Pendle; 7 Blazin White Light, Victoria Rooke; 8 Tasting The Stars, Tori Page; 9 Dees Artful Fox, Joyce Markham 10 Wilkismoor Ava, Amy Walton.

**NOVICE RIDER HORSEMANSHIP (8)**

*Sponsor: Lin Batson*

1 Jays Whiskey Girl, Alyson Viller; 2 IMA Sparkling Suprise, Nickey Smith; 3 Kilbally Henry, Frances Cooper; 4 Brave Mr Frost, Sandra Chapman; 5 The Greatest Smoke, Yvonne Newbegin; 6 Wilden Sundance, Lara Mackendrick; 7 Gettin The Gold, Mike O'Connor; 8 Jerry, Jacqui Ward.

**OPEN PLEASURE (2)**

1 Always The Best Seat, Evelyn Dash; 2 Leaguerly Hot, Tanya Rowe.

**13 & UNDER YOUTH REINING (1)**

1 Teddy Bear, Nancy Cook.

**13 & UNDER YOUTH RANCH RIDING (1)**

1 Teddy Bear, Nancy Cook.

**NOVICE RIDER RANCH RIDING (9)**

*Sponsor: Southern School Masters*

1 Jays Whiskey Girl, Alyson Viller; 2 Wilkismoor Ava, Amy Walton; 3 Jays Tender Star, Alison Johnson; 4 Blazin White Light, Victoria Rooke; 5 Jerry, Jacqui Ward; 6 Chamfron Palome, Alison Cheetham; 7 Gettin The Gold, Mike O'Connor; 8 Wilden Sundance, Lara Mackendrick; 9 The Greatest Smoke, Yvonne Newbegin.

**OPEN WESTERN RIDING (1)**

0 RQH Electric Tartan, Kim Briggs.

**INTERMEDIATE HORSE REINING (1)**

0 Brave Mr Frost, Sandra Chapman.

---

---

## Photos from the Area 8 Summer Camp





# BOLTING, REARING AND BUCKING

Part 1 by Karl Greenwood

*This article by Karl was sent in by WES member Jo Gallagher*

## Bolting

**B**OLTING is a common concern. So what's actually happening when a horse bolts? Either it's being frightened, or it's misbehaving. Often it is a fear response.

When a horse suddenly faces a life or death situation, such as the Wotsit packet of Death or the Pheasant of Doom, it *should* look to you to direct it. Think of it like this – Imagine that you are walking down a city road, and BANG! There's a huge crash, glass flying everywhere and you don't know what on earth is happening. Who would you rather have as a companion in that circumstance? Your friend, who looks at you with panic as you look at them with panic and you mutually scream,

“Aaaaaarrrrggghhhhh! What's Happening???? I DON'T KNOW!! AAAAAAaargh!”...or would you rather be with a policeman, who says, with total authority and with no shadow of a doubt, “Get under that doorway, stay under that doorway and keep your arms over your head!”

You'd rather be with the policeman, wouldn't you? Strong, knowledgeable and authoritative. It doesn't matter if he's your friend or not, he's the one to be trusted and you'll be OK. However, your friend cannot magically turn into policeman or a voice of authority if in the day-to-day that has not been the case.

If you are authoritative with your horses from day one: “you will **WAIT!** until I have tied up your hay net. You will **STAND!** – while I wash your feet. You will **BACK!** – when I enter your stable”.

That is to say, if you take the position of an authoritative leader, at every moment, in every activity – from standing still to be washed, to leading in a head collar by your side – not in front, not behind, but by your side – then when World War Three breaks out – or the Wotsit packet of Death leaps from the hedge, or the Pheasant of Doom leaps from the hedgerow – your position of authority can insist that the exercise you are engaged in continues – leading to the paddock, trotting in a circle or whatever.

Feel free to set up minor changes to take control over – such as a feed bag pinned to the arena fence, or a garden sprayer set up at one end of the arena, or carry a flag, wheel a bin into the arena, get Uncle Frank to play Pop Goes Wagner on the tuba – anything you can think of, to drive your horse on in an authoritative manner when it wants to try to take control. Small bite sizes, every day, establishing

yourself as the go to authority when scary comes to town.

### *So what do we do when the bolt is happening?*

First of all, I just want to say again, prevention is way better than cure. I will start with a story.

One day, we were out with our friend Ash, and we were practicing a bit of trick riding. The basic pattern is that the horse and rider trot off from the other horses, 50 yards or so, and turns round, and canters back. On the canter back the rider performs a trick, headstand or whatever.

*Forgive me, I get so passionate about my subject matter, that I completely forgot to introduce myself. My name is Karl Greenwood, and I am a Hypnotherapist and stunt rider.*

*I also teach the sports of Horseback Archery and Dzhigitovka (a Russian sport of sword, lance, pistol, knife throwing, archery and gymnastics all off the back of a horse), and take Trick Riding, Dzhigitovka and Jousting Shows out to entertain at County Shows, Castles and Royal Shows.*

*It all sounds very exciting and jolly brave, and the action photos, articles and pictures that adorn our walls bear testament to our experiences from the so-called extremes of horse riding.*

*As a consequence of our experiences, I, along with my wife Zana, were able to create a one-off Rider Confidence course currently running in Hemel Hempstead in Hertfordshire – a unique combination of Hypnotherapy and practical exercises on trained stunt horses to show everyday riders how to cope with rears, spins and falls.*

*The course is a great success and has helped many riders regain their perspective on riding and return to enjoying their horses.*

So, let me return to my story. Practicing, trick riding, with Ash on Oscar. The process is, go off for 50 or 60 yards, turn round, canter or gallop back.

Ash wasn't the best of riders at that point, and he was on Oscar, who can be a bit grumpy, and he went off, came back, went off, came back, went off... and as he went off, and I saw that Oscar was in a bit of a funny mood, or maybe Ash put too much leg on or something, but Oscar went away from the horses at a very enthusiastic trot, which turned into a little canter.

Instead of stopping at the end of the run, Oscar just decided to carry on, and got further and further

away and went faster and faster, and he went all the way – and this was a big field – all the way into the distance, all the way along the edge, all the way along the back of the field, and back towards us, straight past us in a flash and around again.

As Ash flashed past he stopped swearing at Oscar just enough to call “little bit of help here please!” But unfortunately we were crying! I literally could not talk to give him a little bit of help. It was so funny, he went round and round and round and every time he flashed past – “bit of help?” Eventually, of course, Oscar had had his fun and his exercise for the day and came back quite happy.

So, time for a bit of overdue bolting advice that’s helped me immeasurably over the years.

So, back to basic biology. The bit fits in the interdental space in the horse’s mouth where there are no teeth. When a horse bolts, usually, not always, but most of the time, the horse puts its head in the air, and bolts.

When the horse puts its head up, the bit, which should be giving signals through the bars (the gums in the toothless area), the bit then goes along the space and pulls against the molars themselves. Those molars are like bricks. You can pull against those molars as much as you like – “Stop! Stop! Sttttttttttt!” – swearing a little bit – and, well, it’s not going to stop.

And it’s possible to make this worse by pulling back as far as you can, until your hands meet your body, and then the rider leans back to pull more – perhaps the reins were too slack to begin with? – and the hands travel up the stomach, up the chest, trying to get a bit more space to pull back, – and before you know it, the hands are really high, sometimes even above the riders head.

I’ve seen it.

Rider with hands high above the head, horse with the head in the air, everything up, up, up... And absolutely no chance of the horse stopping. No signals going through the bars, just pulling against some molars the size of bricks and zoomin’ off into the distance. It’s not going to end well, is it?

***So if that’s what NOT to do, then the thing to do is the opposite.***

Hands low. Keep that contact with the horse’s mouth, where there can be a signal (even if the horse is not going to take any notice of it).

We need to get the horses head down, the bit acting where it should be and then be able to squeeze and relax, squeeze and relax – the signal saying slow, slow, slow, slow. So your hands need to go as low as possible, past your knees if you have to, and then they can in theory pull all the way past your knees, your hips and on and on.

This signal needs to be given from down low. Squeeze and relax, squeeze and relax. Possibly, the

motion of lowering the head might induce submission and bring a horse back. Possibly.

It wouldn’t bring a grumpy horse like Oscar back, so what I can then do, with the head low and the reins and bit where they should be, and us going forwards, I can now try to convince the horse that I am now in control. I know that I am not in control, but I will try to convince the horse that I am. A battle of strength with a horse isn’t one I will win, so I shall pretend to the horse that this is what I now want. With every movement of my body, instead of desperately battling to stop, I will be pushing on.

With my body, my legs, my hips my abdomen, I am pushing the horse forwards, pushing on, moving to convince the horse that I have deliberately asked for and am maintaining this forward pace. Get on get on get on.

If we are approaching a fence or boundary, I act as if I intend to choose the direction on a suitable curve and carry on. What’s the alternative? Hope that the fence will stop the horse? Well it might, or the horse might jump the fence, or go left, or go right, or go left, no right, no left, no right, no stop, no left... and you’ll have no chance of staying on. No, I am in control, I am choosing to go flat out, get on, nice curve left and come hell or high water we will go left, with a proper bend thank you, and drive on.

In this way I am taking control of the action, and leading the dance. It puts me in the best relationship to push the horse FORWARDS through the transition from a gallop to a fast rolling canter. As the horse gets fooled into thinking, “actually, he may be asking for this”, I push the horse FORWARDS into a collected canter. Push the horse FORWARDS into curve, a circle, a figure eight, an exercise. Drive on, drive on. Pull and relax with my hands, push forwards with my body.

Personally I would continue forwards for a while through my transitions, up as well as down.

Asserting to the horse that at no point in this little adventure was I not in control, and, of course, asserting to my own primitive brain (*that has the processing power of a seven year old, I am sure you will remember*) that at all times I was in control.

There is the advice that one should pull one rein and spin the horse in a circle – in my experience this works really well at the very beginning of the bolt. Once the bolt is established and under way, I would not think that advice, to pull one rein, would help.

After this initial response, I would then be at the point of schooling the horse to remove this behaviour.

I do subscribe to the philosophy that, once you have regained control, keep going. Keep going, keep going, keep going. The horse is “ooh, I’m a bit tired, I’d quite like to stop now”, but no, you are not stopping now, get on, get on, get on, keep pushing, keep pushing. The horse will make, eventually, the association that when it bolts it then has to run miles and miles.



If we are going to do all the above, then we are going to have to become used to the sensation of going flat out at a gallop. A lot of people avoid that, because it's a high hill to climb in terms of confidence, and in most disciplines it is not really necessary – "I am quite happy in my canters, it's all I need for my activities. Why should I go any faster if I'll never need to?"

Well, this is one example of why you should go faster, to acclimatise yourself to the sensations of what it feels like and being in control on a horse that is going flat out.

If you have never experienced a flat out gallop, then you could be so thrown from not knowing how it feels, and not being aware that even flat out you can relax and not have to grip, and you can relax in the hands and do the correct signals, then it would be more difficult – and you would have to be far braver than I am – to encompass all that in the first time that you experience a super-mad gallop.

So it is something worth doing.

*NOT going at a super-mad gallop I totally understand – as long as it is a choice not to, and not because you are unable to. Because, come the*

*day that you need it, you want to have that tool in your pocket.*

So that is one very good reason to arrange lesson plans and bite sizes to build up your confidence bit, by bit, by bit, and build up your ability bit, by bit, by bit, and having this skill under your belt.

The above comes from a mindset of capability, not fear. Cultivate that mindset, and avoid people who insist on not thinking, practicing, planning, overcoming and cultivating. But that's a whole other subject!

Fortunately, I have written a book on all the aspects of Rider Confidence. It's called ***Control your Stress And Enjoy your Horse***, and is available from all good bookshops. (£19.95)

*Karl is an Equine Showman, Clinical Hypnotherapist, Rider Confidence Coach and Author. He has been producing performances with horses in live shows, films and tv for about 15 years. He is now highly sought after to help riders to feel confident about riding their horse and to achieve their goals.*

***Part 2 will be in the April Issue (No. 111)***



Participants pictured at the Instructors' assessment day held on Monday, May 16<sup>th</sup> at Valley View Ranch, Ullingswick, Herefordshire,

*Left to right: Bruce Lawrence, Joe Midgley, Tina Lawrence, Michael Langford, Ally Brimble, Mandy Hawkins, Julie Key*

# Between the Ears

by Kayreen Jones

17.04.22

I HAVE been a bit stumped with things to write about lately. With the weather being pretty bad (constant wind) cold and just feeling a bit bleaugh! I had lost motivation to do anything, bar slop through mud, constantly check the weather forecast, and try to decide if I had put enough hay out, or had I put too much out, or not enough! At one point I found myself googling “do horses get trench foot”, as they were standing in a field with constant mud and I had gone through 10 litres of pig oil (*which I discovered tarnished your silver rings if you do not wear gloves!*). The yard looked like a constant oil slick, yet mud balls on my horses feather still seemed to stick like glue!

Now those who know me/put up with me, or generally roll their eyes at me as I embark on another crazy idea, know I had my horses at the same farm for nigh on 19 years, give or take one when I decided to move. However during my Covid 19 induced breakdown, where I gave up my career of 20 plus years to walk dogs and do more horse training, I found myself wanting to move back and seek solace again in the woods and listen to the wind in the trees. This, rather than watching the wind whip across the fields and into the arena, (*I thought I desperately needed to gain my confidence back after said meltdown*), tearing the edging away from the perimeter fence on a regular basis. This did have its uses as a lunging distraction for working the horses and I learned that I don't give my ponies enough credit!

So after much though (*again*) and a slight field negotiation I handed in my notice, gave up my stables (*that only had a horse in*

*them for 3 days this year*), gave up a tea room (*probably used too much with my liking for chocolate bourbons*), and this month moved all my horse related items (*lordy why do we accrue so much STUFF!*). Back to where I had been before, albeit a different field!

So the horses thought they had died and gone to heaven with the amount of grass! But appear to have settled. So we are off walking out in hand, long reining around the tracks. Tell me though, why do people feel the need to make comments such as “shouldn't you be riding?” “What are you doing”, fair enough question, as it is not every day you see a horse out being walked like a dog, or double lined from behind, out in the general countryside! But due to this craziness I have managed to retrain my brain to realise that my horse is not a great white shark, he is actually pretty sensible, because I have put the work in! He stands at a tree stump to let me on, does not move off until he is told! Why because I put in the basics!

17.09.22

After a few months of just getting organised and used to being back and getting the ponies out and about, I have challenged myself a couple of times, it has been nice to be riding without the all-encompassing fear that I felt a year ago. Okay our hacking still has to be cracked, but I can tack up and get on without anyone being around me! Friends have been great gently encouraging, but also pushing me out of my comfort zone. I set one major challenge to myself (*well three really!*):

1. To take one of the ponies to a couple of competitions low key but competitions all on my own!

2. Enter at least one endurance ride.
3. Enter our September WES show and actually ride in it!



I am pleased to say that we went and rode in our first dressage competition and okay it was only walk and trot but we did it!! I did enter that endurance ride, and a friend who does a lot of endurance, rode with me and kept me talking, and we got in on time! I also plucked up the courage to go to our tilting club show jumping and had persuaded them to do a poles/intro to jumping class, using pole placement similar to a trail class. It was quite popular and again we rode and got round.

Every time you try something either new or familiar and have a good experience, both for you and your horse, you are building both your confidence and layering positive experience, upon positive



experience! So gradually any negative thoughts get pushed away and replaced in your brain. It takes hard work and support from friends to overcome a confidence crises but you can do it!! My top tip...be honest with yourself and be honest with other people, if you feel uncomfortable doing something, say so, stick up for yourself and your horse.

Since I have been open and honest about my crash in confidence it is amazing how many people have spoken to me and admitted they have felt the same. That day when you can get on your horse and enjoy a ride, no matter how long, and be in the moment, instead of worrying about it, will come!

Hold onto that thought and enjoy the journey!

Kayreen



---

## ***Pictures taken during Kate McMorris and Mos Starlike Marilyn epic 3-month Summer journey – John O’Groats to Lands End***

---

***Wild camping in Scotland***



***Parked at the pub!***



***Two weeks in!  
Courtesy of Liz Monk photography***



***Salisbury plain in the heat – courtesy of Claire Spelling***





# INTRODUCTION TO WESTERN RIDING DEMO – Area 5

ON the August 2<sup>nd</sup> three members of Area 5, Val Burge, Di Nicholson and Su McAlpin, attended Bramham Moor and Badsworth Hunt pony Club's senior camp at Wetherby Racecourse. The children and young adults showed great interest in the demo, which included some trail items.



Di discussed how you don't need to own a Quarter Horse to do western, demonstrating with

her Connemara, who has adapted to western riding after first being trained and ridden English for many years. This interested the group, as many also owned Connie's, it also prompted many questions and enthusiasm around if their pony type could also do it.

Val stole the show with her experienced horse, Golani, having such a strong bond Val took Golani's bridle off in a large open space, and went through some of the trail obstacles bridleless which left the group speechless and thinking that's what they will take away from western – the obedience and calmness of the horses without the use of any force.

We then split the group into three so we had about 10 each to show them the tack and how we tack and untack our horses.

The feedback was very positive and we were surprised by the level of interest shown, with the session lasting approximately 1½ hours, only finishing when the group was dragged away to play on a washing up slide!

Hopefully we might have encouraged some western riders of the future!



*This is my son Harry on and me on our Connemara and our very elderly Highland, I like to think it captures the essence of WES as they are native breeds which converted to western and it pictures young and old, both people and ponies! – Gerri Scargill*



# Burley Villa Easter Weekend Show

**B**URLEY VILLA, located in the heart of the New Forest held its first AQHA, WES and Unaffiliated two-day show over the Easter Weekend 2022. Over 40 competitors participated to win a fantastic selection of prizes kindly donated by our show sponsors.

The weather was kind with the sun shining, allowing the show team to make good use of the outdoor arena.

The show classes were well entered, allowing both seasoned professionals, and those who had never participated in a western event, to compete in the range of different classes on offer with the opportunity of winning a stunning rosette (*sponsored by Deborah Burns*) with a tasty Easter Egg!

As always the fabulous Jane Muir pulled it out of the bag yet again, creating a great show schedule and supporting everyone with their show entries. The excellent judge, James Gerdes-Hansen, kindly flew over from Germany to judge the two-day event supported by Bex Holt as scribe. Show manager David Lloyd did a great job of keeping the show on schedule and supporting all the competitors over both days. Nick Ainsley kept the competitors and spectators engaged with his interesting commentary.

On the Saturday night 'Hostess with the Mostess' Tammy Greaves, got the music and cocktails flowing with her mid show party. The food served, and made, by Burley Villa managers Lisa and Phil was excellent.

Feedback from both competitors and local spectators the show was fantastic from with a number of competitors saying they had a most enjoyable time and are

looking forward to the next one. Burley Villa hopes to make this a future date for your diaries.

**Champion and Hi Point results are as follows:**

**AQHA Halter Grand Champion Stallion** – Linda Courtney and Jaxbnimblejaxbquick; Reserve – Tammy Greaves and Jac Wonders Who (*owned by Nick Ainsley*).

**AQHA Halter Grand champion Gelding** – Kelly Whapples and Nite Call Invitation; Reserve – Linda Courtney and Fantastic Mr Fox.

**AQHA Halter Grand Champion Mare** – Terrie Hied-Brazier and Lady Sudden (*owned by Deborah Burns*); Reserve – Tracy Garton and Ima Smooth Leaguer.

**AQHA Amateur Hi Point** – Evelyn Dash and Always The Best Seat.

**AQHA Open Hi Point** - Terrie Hied-Brazier and Lady Sudden (*owned by Deborah Burns*).

**WES Youth Hi Point** – Scarlett Thomas and Nite Call Invitation (*owned by Dan and Kelly Whapples*).

**WES Novice Rider Hi Point** – Tracy Garton and Ima Smooth Leaguer.

**WES Open Hi Point** – Christine Taylor and League Damour.

**Walk, Jog Hi Point** - Melissa Way and Lilleth (*owned by Patricia Greaves*).

**Diamond Award (over 65s)** – Evelyn Dash and Always The Best Seat.

**Highest scoring exhibitor in Ranch** – Fran Armitage and MD Baby Whiz.

**Highest scoring exhibitor in Trail** – Nicole Pasotti and Tafika Tiger (*owned by Patricia Greaves*).

**Highest scoring exhibitor in Showmanship** - Nicole Pasotti and Tafika Tiger (*owned by Patricia Greaves*).

**Highest scoring exhibitor in Horsemanship** – Jenna Buckler and Azzura Beau (*owned by Patricia Greaves*).

**Rookie Hi Point** – Melissa Way and Lilleth (*owned by Patricia Greaves*).

**Overall Top Rider/Horse combination winning the Commissioned painting sponsored by Dave White, local artist** – Melissa Way and Lilleth (*owned by Patricia Greaves*).

## Western riding at York Races



**E**ARLY on this year myself and Midnight robbery were invited to York racecourse to take part in the ROR parade. The parade is shows the ex-racers in their new careers and takes place in the parade ring before the first race.

New careers involved showing, dressage, show jumping, evening,

horse ball and, for the first time, Western riding.

Midnight and I were turned out in Western show attire with his mane banded and my sparkliest top!

He looked stunning with his black coat gleaming and he was really was eye catching.

The parade was broadcast on ITV Racing and Midnight was a favourite with the camera man and got lots of lovely comments.

Hopefully another wonderful way to showcase our fabulous sport to a wider audience.

**Emma Chapman**

# Area Round-up

## Area 1 Grampian and Highlands

WE'VE had a great summer up here in the far north, not quite as hot as everyone else but by our standards a real scorcher! Certainly drier on the East Coast than further West.

The summer has seen a few clinics, one with Bob Mayhew in early June and some locally based days with myself and Arlene Cluness. These have been well attended by our local members and a few other non-members. Practice on trail and ranch riding has been popular and we hope to continue with these play days.



*Arlene and Victoria*

A few of us met up on at Knock Cross Country course to practice going through water obstacles, steps and banks, with a couple of younger and inexperienced horses. Definitely something to organise again but on a cooler day...the horse flies were unbearable!

At the end of June five of our members took part in the AQHA-

UK Caledonian Weekend with coach and judge Lucy Adams (*WES and AQHA*). This was a very informative weekend with the chance to run through the patterns on the Saturday and compete on the Sunday. Points from the Sunday placings also counted towards WES Year End Hi Points. Lucy, who now lives and works in Germany training horses and riders to European Championship level, gave us plenty of useful training and showing tips. This was the first main western riding event to be held in Scotland since 2019 and thanks must go to AQHA-UK for supporting it.

**Sandra Loder**

## Area 4 Cleveland, Cumbria, Durham, Northumberland, Tyne & Wear

THE year began with a change of leadership for WES area 4, we said goodbye with heartfelt thanks to our old leader of 10 years, **Angie Taylor**, but she will remain a member of WES and a great supporter of all our activities and clinics.

We now welcome our new leader **Jean Lowrie Gamlin** who brings with her fresh ideas, energy and loads of enthusiasm, and a love of all things western.

We had our first AGM in January which did bring with it lots of positive suggestions, and a fresh vigour in ensuring all of our members, in all of their locations within area 4, are catered for. It took until April before we got our first exciting booking with an approved area 4 instructor, at an area we had not utilised before called Felton Fence at Longframlington (*Poster top of next column*):



Darren was very good and we all had a very enlightening day, and even managed to enthuse people into thinking of converting to western riding. *Pictures from the clinic are below.*







Then in June we decided to have a come and have a try at the western way of riding horses evening at Humbles wood in Prudhoe, the exact opposite end of Area 4, we were trying to make it fair to all our members, and there are a growing number of our members in that area, here is the poster and pictures:

Come along to a free western / English riding experience on the 8th June 2022 between 6-8pm  
 There will only be between 6-8 spaces available and they will go quick so please get in touch as soon as you can to secure your space, also lots of western activities. There will be a fully qualified instructor on hand to guide and help you in both riding and any amount of helpers to assist you in hand as well.  
 We also offer free coffee and cake 🍰 to help make your experience all the more fun for you  
 So in the words of the Duke John Wayne  
 Courage is being scared to death, but saddling up anyway.



We tied it in on purpose with the Platinum Jubilee Celebrations, hence the decorated cakes, and we managed to gain 3 new members and lots more enquiries too, so the night was successful, and the cakes were delicious, our new leader Jean Lowrie Gamlin made them especially for the night itself.

### Area 7 Derbyshire, Leicestershire, Lincolnshire, Nottinghamshire.

WE have only had two clinics so far this year with no other events like Picnic Rides etc. It has been difficult to get people interested in either doing anything or taking on arranging something!

We had another Ranch Riding Clinic at Sovereign on the 23<sup>rd</sup>, for which I was having difficulty filling the 12 places until the very last week, and we ended up with only 10 attending, but I do believe everyone learnt loads! Places were taken by people from Area 10 and 9.

Hope you all had a good National Show.

Vicky

### Area 8 Berkshire, Hampshire, Isle of Wight, Kent, Surrey, Sussex

WE had a busy summer with an Approved show in June, and an organised trail ride in July and early August, followed by our highlight event... Summer Training Camp (photos on page 15).

The June show was fairly well supported with entries in every class, the weather was good, and all in all I think we all had a good day. With grateful thanks to David Lloyd for judging, Nickie Hillary for scribing, and Lynfa Dahlstrom and Kathleen Longford for being our ring stewards for the day.

Winners of the High Point Trophies were:

**Walk Jog:** Sara McKinnon-Snell.

**Novice:** Gill Raymond.

**Open:** Paul Gallagher.

We followed the show with a couple of organised trail rides. The first was through beautiful shady woodland, which was much appreciated by both horses and riders, especially with the hot weather we had been having.

The second Trail ride was organised by County Representative Vicki Holden, so I will let her tell you more about that one.

This Years' summer camp was rather challenging for a number of reasons, to start with the straw for bedding that we had ordered had not arrived on time, but fortunately there was one bale left in the barn belonging to the venue, which those using straw were able to utilise.



A couple of horses were turned away due to strict vaccination regulations, but luckily other horses were available for each rider to use, so neither of them had to miss the fun, which started the first evening, when some of the riders had a little go with their horses at Line Dancing to music, ably choreographed by one of our trainers, Catherine Wright. This was followed by a ribbon race, and a Prosecco Pleasure class... they were all too good, I think next time we need smaller cups and more Prosecco!!

We had some great tuition from our two coaches Catherine Wright and Alan Payne, who also judged our show which was fully supported, with 16 riders taking part! Grateful thanks to all those who helped out and took part, on what must have been one of the hottest days of the year.

Things are starting to cool down now, and we are looking forward to events and clinics planned for the next three months.

Happy Trails  
Jo Gallagher

### East Sussex Update

IT has been a great active summer season for Area 8 with lots of opportunities as always to take part in clinics, shows, trail rides and our annual camp at Plumpton.



On August 7<sup>th</sup> some of our members enjoyed a very peaceful scenic trail ride around the country lanes and woodlands of Eridge, hosted by one of our lovely members, Juliette Collins. It was a glorious day and all the horses (and riders) behaved themselves impeccably. Our Trail obstacle practice and mini competition held at Sedlescombe in September was also very successful with

everyone enjoying the day, including a couple of our new members.



As the weather changes and winter slowly approaches, like all equestrians we are dreading the dark evenings and inevitable rain and mud. However, as an area

we still have a full diary to help our members keep motivated and push through to the other side, so please feel free to contact either myself or Jo if you would like to join in any of the upcoming clinics, or events, which are listed on our WES Area 8 Facebook page. We are looking forward to a festive trail ride on the 11<sup>th</sup> December (fully booked) and our Christmas social at Smith and Western in Tunbridge Wells.

I have also taken on the role of Health and Safety Officer within the society so if you have any questions, issues, or suggestions, please do not hesitate to contact me at [weshealthandsafety@yahoo.com](mailto:weshealthandsafety@yahoo.com).

Safe and happy trails  
**Vicki Holden**  
East Sussex rep

### Area 11 *Borders, Central, Fife, Lothian, Tayside*

WELL we had a slow start to the year. I have found people were reluctant to come out and take part in things. There was still anxiety surrounding Covid – getting out and about and meeting people felt scary! We have continued with our monthly play days and used Oxenfoord at Pathhead as well as Blackford Glen (*thank you John Fyfe*) as some of our members have no transport so trying to balance it out made more sense.

We decided against running a WES area clinic this year as we have not had a good turnout in general, so we felt that, monetary wise, it was still too unstable a time to commit to an instructor and pay travelling as well as tuition at this point. We ran a couple of come and try western trail days which were well received, with riders having a go at some trail obstacles and then put it together in a trail pattern. This is time consuming but does boost the bank account a bit and has the potential of gaining new members.

As I am on the committee of the tilting group, I managed to persuade them to add some



ground poles in a western style combination, to their show jumping competitions they ran this summer which were well received and fun to ride. Getting people to see the value of ground/trail poles and how it can be incorporated into jumping/trec and even suppling your horse. All good fun.

We also managed to incorporate western dressage into our dressage competition, okay not WES related but it's getting our tack and way of riding out there!!

Please, please, support your area representatives! I know I have said this before, but we try so, so, hard to put things on for people to go to. Sometimes we may need to think outside the box and try something new but you can do simple things to help.

### *Turn up!*

If showing, try a class you have not tried before, step up into a higher level class perhaps. Give your representative ideas

of things you would like to see organised, we will try! Support new members in your area, give them a call, arrange to meet for a hack, or a play session and practice.

Area 11 are hoping to continue our play sessions over the winter using the shows to form training plans for people and form a basis for improving horse and rider partnerships. So come on join us and get on and have fun!

**Kayreen**

## Area Rep. vacancies

**\* Are you deep in thought as to how you can promote WES and Western riding in your geographical area?**

**\* Do you like organising events?**

**\* Do you enjoy having fun with your horse?**

**\* would you like to help grow WES in your area?**

**W**ELL...the good news is there are some openings in areas for representatives, we also are happy to consider County reps., as some areas are too big for one representative to manage on their own. Area Reps. would manage overall, but county reps. can organise local events for people in their county, with help from their Area Rep. Everyone's contribution is important and most welcome. By working together we can promote events, encourage more participation from riders, and put on functions in areas that will be attended.

As your new Area Co-ordinator I have taken on the role to support the Area and County reps. As an Area representative myself I am aware how rewarding, infuriating and fun, the volunteer role can be. However, I enjoy putting on events for our local and further away riders. It is difficult to reach everyone in an area, but support from WES is out there!

So...What does the role entail? Well, Area Reps. work alongside any county reps. to promote WES, by organising or helping to organise events. These can be clinics, trail rides, on foot events such as first aid, event managers

training, anything you feel may benefit members in your area, so it could be a feed reps. talk with a weighbridge, or a stud visit, to play days for a couple of hours or for a whole day. You would be given access to the online data base of members for your area, so would be responsible for touching base with new members, and finding out what people want put on (*always a good one as it gives you a guide*). Personally I try and do an Newsletter every so often with dates.

WES will support you with access to event manager training, so that you are able to organise events and be covered by WES insurance – we will provide you with a copy of the music licence for any area events where music is played. I can assist in organising First aid and Health and Safety advice and support through our WES committee. If you are worried because of having to use computers don't worry please! We have an IT person on the committee and I'm not that great either!! So happy to help you.

As Area Co-ordinator I can help with advice (I have been involved with WES for a long time now) and anything I cannot

answer or feel we need guidance on, I am the link to the main WES committee. Please...No question is stupid, nor has it never been asked before!

I am always available via 'phone or email and if you ring and I don't answer I will call you back! I am hoping to set up regular monthly on-line coffee and drop in sessions, so people can get to know each other, have a chat and not feel isolated.

### **So...The Areas we are looking for Reps for are:**

**Area 2:** An Area Representative and any county reps. that can cover the area.

**Area 3:** An Area Representative and County reps. to cover Cornwall and Somerset.

**Area 4:** An Area Representative due as well as county reps. for Cleveland, Cumbria, Durham, Northumberland (or any mix of these).

**Area 9:** An Area Representative and/or county reps. for areas Essex, Hertfordshire, Norfolk, Suffolk.

Please please consider joining or team as you do a vital and important job within the society. If you are interested feel free to contact me for a chat. If there is more than one person interested it may go to an area vote which I will deal with on your behalf.

**Kayreen Jones**

07895 106052 (01620 892632)

[Kayreenjones4@btinternet.com](mailto:Kayreenjones4@btinternet.com)

## TRAINING TIPS: Clinton Anderson – Down Under Horseman

*Born and raised in Australia, Clinton grew up with a love of horses. When he was 13, he met Gordon McKinlay, a horseman and clinician who would change his life, and ultimately set Clinton on his career path. After attending one of Gordon's clinics, where he learned how to do the groundwork and riding exercises that now make up the basis of the Method, Clinton began a two-year apprenticeship with the revered horseman. Under Gordon's expert guidance, Clinton started and trained over 600 horses, many of which were wild horses from the Outback.*

*In October 1997, Clinton made the United States his home and officially launched Downunder Horsemanship and his renowned horsemanship method. The Method is based on mutual respect and understanding between horse and rider, and gives horsemen the knowledge they need to train their horses to be safe, consistent and willing partners.*

*Clinton's website – <https://downunderhorsemanship.com/training-resources/> – contains numerous free articles and video courses.*

# Canter With Confidence

**I**F YOUR confidence abandons you when it comes to cantering your horse, don't fear! You're not alone and your feelings are completely normal. I was leery of cantering when I first started riding horses, too. At some point, all equestrians experience the unsettling feeling of riding the canter. Getting comfortable and confident riding your horse's three-beat gait takes practice. You can master the canter by setting yourself up for success.

### TIP 1: Be sure your equipment fits you correctly

The first step to becoming confident on a horse – no matter if you're at the standstill or the canter – is to make sure your equipment is properly fitted to you. One of the biggest mistakes I've seen people make at clinics is riding in **too big** or **too small** of a saddle and not having their stirrups adjusted correctly.

The canter is a very different feeling gait than the walk or the trot. When you first ask a horse to canter, it almost feels as if you're being catapulted up over the horse's neck. I remember that feeling well! A good-fitting saddle will help you feel secure and safe on your horse's back, whereas a too-large saddle will make it feel like you're being thrown all over the place. A too-small saddle will make you feel as if you're going to plop right on the horse's neck.

When your saddle is fitted correctly, there should be a little bit of a gap in the seat behind you and in front of you. You'll know if the saddle is too small because when you try to sit back deep to stop the horse, there will be nothing there to sink down into if you're already sitting back on the cantle of the saddle. If you're jammed in too tight, it's too easy to come out of the saddle because when you bounce around or get knocked off balance, the only place to go is out. The saddle should not be so big that you're swimming in it either.

Looking to build your confidence at the canter? Check out the *No Worries Club* video series "*Cantering With Confidence*". I help a horsewoman

boost her confidence in the saddle and go from being too afraid to canter to loping on a loose rein. Watch the series by logging on to the No Worries Club or the Downunder Horsemanship app..

### TIP 2: Sit in the saddle correctly.

When you're sitting properly in the saddle, you should be able to draw a straight line from your ear, shoulder, hip and down to your heel. Your heels should be down with your toes pointed slightly up. You want to sit in such a way that if your horse was suddenly yanked out from under you, you'd land on your feet. Now, you won't achieve that form when you first start riding, but when you develop and hone your skills, you will. You should be able to comfortably ride with your heels down and your toes up. A properly fitting saddle – one that's not too small or too big for you – will greatly help keep you in the correct position to be the most effective.

It's also important that your stirrups are the correct length. To check your stirrup length, stand up in your stirrups. You should be able to fit about four fingers between you and the saddle. If you feel like you're reaching for your stirrups, there's a good chance they're too long. Stirrups that are too long have a tendency to push your toes down and your heels up because you are reaching for them. Imagine standing on your tiptoes, reaching for something on a top shelf that's just out of your grasp. That's what happens to your body when your stirrups are too long.

### TIP 3: Pair yourself with the right horse.

If you're learning how to canter, the best thing you can do for yourself is learn to canter on a horse that canters well. Find a horse that will build your confidence, not wreck it. The ideal horse picks up the canter as soon as he's cued to, he falls into a steady, rhythmic cadence, he travels a straight line and is easy to steer, and he stops as soon as he's asked to.



Too often, I see people trying to learn how to canter on horses that are barely broke to ride or have very little experience cantering. If you're learning to canter and your horse is as well, I can guarantee you're in for a difficult time that will frustrate you and wreck your confidence.

Think of gaining confidence in the saddle like riding a bike. How do you learn to ride a bike? You ride it, and ride it, and ride it. But you don't just hop on and ride – your parents give you training wheels at first. Finding a horse that already knows how to canter well gives you those cantering training wheels.

#### **TIP 4: Practice posting to develop a good, independent seat.**

Posting trains your body to move in rhythm with the horse. As a general rule, people who post are much better riders than those who don't ever practice it. Most people make learning how to post way too difficult, but in true Downunder Horsemanship fashion, I keep it idiot-proof. The best way to learn how to post is to start at the standstill. Start by

standing up in the stirrups and act like you're going to head butt the ceiling. Then sit down. Repeat that, "stand up, sit down, stand up, sit down," until you feel comfortable with the motion. With the horse standing still, you don't have to worry about keeping your balance as he's moving; just focus on standing up and sitting down.

When you're comfortable at the standstill, practice the same thing while the horse walks on a loose rein. Practicing at the walk first will build your confidence before going straight to the trot. When you're ready, ask the horse to trot and then let his motion push your body up and then sit down. As you go up, say, "Up!" And when you sit down, say, "Down!" Talking out loud will help your body get into rhythm with your horse.

Don't try to steer your horse while working on your posting. Let him go wherever he wants to go in the arena and focus on getting in rhythm with his gait. You'll know when you're in rhythm with your horse because it'll suddenly become much easier. Post as much as you can for two or three weeks solid – or until moving in rhythm with your horse becomes automatic.

## WESTERN UNLEASHED

**D**URING spring this year I was asked to perform a demonstration of western riding at the annual Middleham Racing open day, an event that has been going for years and traditionally takes place on good Friday, with all of Middleham's many race yards opening to the public. There are also events on the low moor later in the day. Often a parade of ex-racehorses. I was honoured to have been asked to showcase western riding, a first for Middleham.

My main horse, the lovely Midnight Robbery, had an argument with a branch and was on sick leave. As the day grew closer, waiting in the wings was the stunning four year old gelding, Unleash aka Flint.

This was to be Flint's first outing since racing, after coming to me on his third birthday. He spent 10 months in the field before starting his retraining in January, a tall order with the demo in April. However, this little horse turned out to be a hidden gem. On



only his third ride with me he was dragging a log around the arena and taking everything I asked of him in a calm and responsible manner.

When retraining these horses to western, I make sure they are happy both in the arena, and also on the trail, over fields and different terrain. He should be just as willing and responsive in the arena as the middle of the fields! Which worked out quite well as this demo was to take place in an arena roped off on the side of the moor, next to the Middleham gallops.

April 15<sup>th</sup> arrived, the crowd was gathering and, with the

tents and marques surrounding the arena, little Flint was a little excited, but soon settled and listened to what was asked. With microphone in one hand and reins in the other, we talked the crowd through what western riding is all about, the different disciplines and also how one would start to train their horse to excel in this type of riding. He walked, jogged and loped on a lovely soft rein and wowed the crowd with his calm demeanour.



Once the display was over we went to meet his ever growing fan club, a great chance for people to meet the horse, see the tack and ask all the questions.

It just shows how, when asked the right question, these little horses really do give you everything!

**Emma Chapman**

# NATIONAL CAMP 2023 WITH JOE MIDGLEY AND LEE RUTTER

## Save the date!

### When? . . . .

***Friday 5<sup>th</sup> to Sunday 7<sup>th</sup> May 2023***

All members are welcomed to join the Western Equestrian Society  
for our National Camp 2023.

With both **LEE** and **JOE** at hand  
it's one not to be missed



**LEE**



**JOE**

### Where? . . . .

Centrally located, with close access from the M1 and A42/M42,  
at Pickering Grange, Grange Farm, Ellistown, Coalville, Leicestershire, LE67 1EZ

Booking information will be available in the New Year



# ANNUAL PUBLICATION

***2023 will see the first printed annual magazine for WES members***

**WE want to hear from you about . . .**

- ◆ ***Your western riding journey***
- ◆ ***Are you new to western – if so share your story***
- ◆ ***Have you recently transitioned or started a horse on their journey to Western – please tell us so we can monitor your progress***
- ◆ ***Can we find the youngest and oldest members of WES and hear their stories?***
- ◆ ***First show entrants*** (your stories, good, bad and comical)
- ◆ ***Area Reps – we need your show reports please***  
(Show us the different breeds that take part – Shires, Cobs, TB's, etc all sizes and shapes)

**The first issue will be published early  
October 2023 to showcase the national show**

**Please send your stories, photos, etc to:  
Sara McKinnon-Snell, WES Secretary**

**[saracsnell@aol.com](mailto:saracsnell@aol.com)**

Equestrian  
team wear  
specialists

# TEAM EQUESTRIAN



- Dedicated web page for your team apparel
- Earn commission on sales to boost club funds
- No minimum order
- Direct delivery to team members
- No more collating orders and collecting money for committees

Email us to find out more

[info@teamequestrianshop.co.uk](mailto:info@teamequestrianshop.co.uk)

[WWW.TEAMEQUESTRIANSHOP.CO.UK](http://WWW.TEAMEQUESTRIANSHOP.CO.UK)

## DATES FOR YOUR DIARY

### MAY

- 5-7:** WES Annual Summer Camp with Joe Midgeley & Lee Rutter at Pickering Grange, Grange Farm, Ellistown, Coalville, Leicestershire, LE67 1EZ. – Contact Zoe Hughes, [wespressandpr@gmail.com](mailto:wespressandpr@gmail.com)

### JUNE

- 21-23:** Two night mini break, and training clinic with Tammy Greaves, East Sussex (15 places). – Contact Jo Gallagher, [paul.joanne.gallagher@btinternet.com](mailto:paul.joanne.gallagher@btinternet.com)

### AUGUST

- 8-12:** Summer training camp and show with Michael Langford and Catherine Wright (*tbc*). East Sussex (20 places). – Contact Jo Gallagher, [paul.joanne.gallagher@btinternet.com](mailto:paul.joanne.gallagher@btinternet.com)

Still have this great mare for sale. She's won green trail 🏆, the kids have ridden her lead line and she's been a practice horse for everyone at the barn. Priced in the £0,000s as I need the stable. PM me directly if you've got any questions

*Amy*

2010 15hh AQHA Mare

By 10 x European Champion sire 'Docs Leaguer' & half sister to multiple National Champion 'Hot Steppin Leaguer'

Amy excels in Western Pleasure & All Around disciplines, has placed in AQHA classes & was WES Intermediate High Point Horse. This is a great opportunity to own a quality Amateur / Youth show horse & we would love to see her stay on our barn

Contact Alan @ Payne Performance Horses via Facebook or Tel: 07968599273

