

16 Write a Growth Goal for Community Participation

TRANSITION OBJECTIVE

Students will identify, write and monitor a growth goal for the next six weeks.

RELEVANCE TO SUCCESSFUL TRANSITION

Working towards accomplishing a personal growth goal is an important self-determination skill. Research shows that the most effective way to reach a goal is to write it down, post it in a familiar place and evaluate your progress regularly. In this lesson, students have the opportunity to write a growth goal specifically related to their future community skills.

INSTRUCTIONAL SEQUENCE

❑ STEP 1: Update Journal

I like my community because . . .

❑ STEP 2: Convene Roundtable

"One way I am growing is ____."

❑ STEP 3: Advance Organizer

"Today you will learn about and write your **Community Participation Growth Goal** using the information you now know about careers."



CAREER MANAGEMENT: Unit 4 LESSON 36

COMMUNITY PARTICIPATION GROWTH GOAL CONTRACT

An area I will work on to learn how to participate in my community:

I will work on this goal for this amount of time:
From: _____ to: _____

I will evaluate and record my progress on the chart below.

I am committed to this career growth goal.
Student Signature _____ Date _____

Daily Goals Chart

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
WEEK 1							
WEEK 2							
WEEK 3							
WEEK 4							
WEEK 5							

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208

a goal, write it down, read over it or think about it often, you will reach that goal. Read through the **Community Participation Growth Goal Contract**. Using a screen image, share your **Community Participation Growth Goal Contract** with the class. Talk about how and why you came to your goal decision.

Students share the results of the **Keep Your Job Growth Goal Contract** from Unit 3. Using their completed **Daily Goals Chart**, students share their progress with a partner. On the board, graph their results by comparing the number of days with "yes" responses vs. days with "no" responses. Have students figure their percentage of success by dividing the number of "total" days into the number of "yes" days. Ask pairs to analyze the results and share their conclusions. Discuss the reasons for success and lack of success with the class.

❑ STEP 5: Activity - 30 Minutes

Give students time to complete the **Community Participation Growth Goal Contract**. Remind them that they may refer to other lessons in the unit to determine their growth goals. Help students determine an appropriate goal and provide assistance with spelling and vocabulary to complete the contract. Assure students that this goal is personal and will not be shared with others. After students have finished, explain that the

❑ STEP 4: Activity - 15 Minutes

Explain again how important it is to set goals for yourself. Research shows that if you set

next step is to keep track of their progress on a daily basis.

Go over the **Daily Goals Chart** with students. Tell students that they will mark a “yes” or “no” related to their progress on a daily basis before class starts.

❑ **STEP 7: Connecting Activity**

Students will select a person they feel is successful and ask about the goals that person has set throughout his/her life.

❑ **STEP 6: Evaluate Outcomes**

Checking my progress on my growth goal each day is important because “_____.”

KEY WORDS

growth

goal

contract
confidential

decision

personal

MATERIALS AND PREPARATION

- Student Handout: **Growth Goal Contract & Daily Goals Chart**, page 208.
- Make a screen image of the handout and prepare your own example to share with the class.
- Prepare sample of chart showing daily growth goals.

SCANS FOUNDATION SKILLS

- Basic Academic Skills: Reading, Writing, Listening, Speaking
- Thinking Skills: Decision Making
- Personal Qualities: Responsibility, Self-Management, Integrity/Honesty