



A Family Is . . .



Nuclear family - mother(s) and/or father(s) and children

Blended family - parent, step-parent and step-children

Single-parent family - one parent and children

Extended family - parents, grandparents, aunts, uncles, children and cousins

Adopted families - parents and adopted children

Foster family - foster parents and children assigned by the court

A family does not always include relatives:

- Some people do not have relatives nearby or at all
- Some people have lost their relatives or no longer have a relationship with them
- Some people have never known their biological relatives
- Some people have families who live far apart

Your family can be:

- the people with whom you choose to have a relationship
- the support system you build for yourself
- the people to whom you are related
- the people to whom you choose to be close
- the people with whom you share responsibility
- the people who you care about
- the people who care about you



This Is My Family

Using ideas from the handout and discussion, write a list of the people you think of as “family.”

