It's a Balancing Act!



Balanced and In Control

This person feels good about being a parent. This parent has rules that are firm but fair. The children know the rules and what will happen if they break them. They know what is expected. The children feel loved and they love and respect their parents. This parent is balanced.



This is a parent who is too tired to take control. This parent does not set up rules or limits. This parent gives in when the children nag or whine. This parent does nothing when the children break rules. Children of this parent are confused and unhappy. They do not respect this parent.



This parent is constantly changing the rules. This parent controls children with yelling and hitting. This parent often uses punishment and loud lectures instead of consequences. Children are afraid and do not know what to expect. These children are confused and unhappy.