

# 3

## Become a Responsible Class Member

### TRANSITION OBJECTIVE

Students will work together to determine the rules and consequences for the class and will individually make a commitment to be a responsible class member.

### RELEVANCE TO SUCCESSFUL TRANSITION

Responsible and successful adults honor commitments they make to their family, friends and career.

## INSTRUCTIONAL SEQUENCE

### ❑ STEP 1: Update Journal

Rules are fair when . . .

### ❑ STEP 2: Convene Roundtable

"If I tell someone I will do something, I \_\_\_\_."

### ❑ STEP 3: Advance Organizer

"Today you will develop rules and consequences for the transition class and make a commitment to follow them."

### ❑ STEP 4: Activity - 15 Minutes

Ask students to suggest ideas for classroom rules, such as attendance, cooperation, participation and respect for yourself and others.

Discuss: "The rules for this class are based on commitment. Once our rules are established, everyone will make a commitment." Write the definitions of "to commit" on the board: *to put into charge or trust, to entrust or impose a task or responsibility; and "commitment": something you believe in and do until it is finished.* Briefly discuss several ideas to reinforce the meaning of commitment.

Ask students to look at the *Commitment* side of the **Classroom Rules** handout. Review the class rules and add others as appropriate.

### ❑ STEP 5: Activity - 20 Minutes

In groups of three, ask students to brainstorm appropriate consequences for those who choose to not follow the rules. Using the

classroom rules handout students will spend five minutes to brainstorm a consequence for each rule. Note ideas on the board as students share their ideas with the class. After all groups have shared, call for group consensus and determine consequences. Write the consequences on the board and have students make changes on their **Classroom Rules** handout. Post the rules and consequences on the wall and have students sign it, demonstrating their commitment to the class.



PREPARATION UNIT LESSON 3	
CLASSROOM RULES	
Commitments	Consequences
1. Attend class	Talk with teacher to decide how to make up missed work.
2. Cooperate & participate in class activities	Finish incomplete activities after school.
3. Show respect for yourself and others	Those involved in a disrespectful incident will meet with the teacher to determine an appropriate consequence.
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### ❑ STEP 6: Activity - 10 Minutes

Explain the following: "The grade you will earn in this class is another way to demonstrate your commitment. Each day

you will grade yourself on participation and understanding." Refer to the **Weekly Grade Sheet** from Lesson 2. "You will give yourself from one to five points in each of the following areas: on time, good attitude, materials, classwork, homework starting today." Have students evaluate themselves using the **Weekly Grade Sheet**.

❑ **STEP 7: Evaluate Outcomes**

The easiest rule to for me to follow is "\_\_\_\_\_."

❑ **STEP 8: Connecting Activity**

Think of one commitment you have made (work out, stay in school, lose weight, save money). Write, find a picture online or draw a picture about this commitment.

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## KEY WORDS

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commitment

cooperate

consequence  
evaluation

rules

participate

### MATERIALS AND PREPARATION

- Student Handouts: **Classroom Rules**, page 4; **Weekly Grade Sheet**, Appendix A, page A3.
- Use a screen image of the **Classroom Rules** if needed.
- Make a poster of class rules/consequences.
- Prepare a **Weekly Grade Sheet** for each student.

### SCANS FOUNDATION SKILLS

- Basic Academic Skills: Reading, Writing, Listening, Speaking
- Thinking Skills: Creative Thinking, Problem Solving, Reasoning
- Personal Qualities: Responsibility, Integrity/Honest, Self-Esteem, Self Management