

10 Choose a Hobby

TRANSITION OBJECTIVE

Students will choose a hobby or special interest activity to practice, demonstrate and report on in class.

RELEVANCE TO SUCCESSFUL TRANSITION

Active participation in a hobby or other special interest activity will help students learn and practice new skills. These experiences reinforce employability skills, such as commitment to task, persistence, productivity and problem solving.

INSTRUCTIONAL SEQUENCE

❑ STEP 1: Update Journal

A hobby can help me when . . .

❑ STEP 2: Convene Roundtable

"When I have finished something I really like to do, I feel ____."

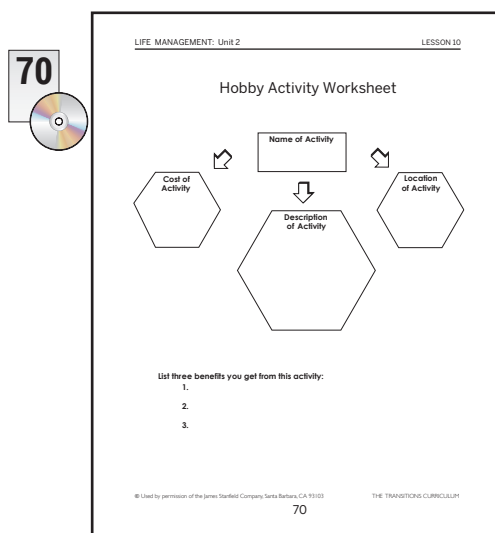
❑ STEP 3: Advance Organizer

"Over the next few days, you will select and begin a hobby or special interest activity and demonstrate your progress to the class."

❑ STEP 4: Activity – 15 Minutes

Review the types of activities that fall into the hobbies and interests category by having students volunteer ideas. Have the class brainstorm a list of at least 10-15 activities that fall into the hobby category. Write their responses on the board. Explain that students will work in pairs to complete a worksheet about the hobby activity of their choice. The activity they choose should be one they are familiar with and have either participated in or would like to try.

Review the **Hobby Activity Worksheet Sample** with the students (show on the screen). Explain that students will work with their partner to gather information and complete their worksheet. Both partners will need to complete their own worksheet, but can work together to gather and organize the information. While reviewing the sample, provide time for questions and ideas. Provide resources for students including access to computers and online information, newspapers, books and magazines related to hobby activities.



The image shows a worksheet titled "Hobby Activity Worksheet" with a page number "70" in a box and a CD icon. The worksheet is divided into sections for "Name of Activity", "Cost of Activity", "Location of Activity", and "Description of Activity". It also includes a section for "List three benefits you get from this activity:" with numbered lines 1, 2, and 3. At the bottom, it says "© Used by permission of the James Starfield Company, Santa Barbara, CA 93103" and "THE TRANSITIONS CURRICULUM".

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LIFE MANAGEMENT: Unit 2 LESSON 10

Hobby Activity Worksheet Sample

Name of Activity
Playing piano

Cost of Activity
Lessons \$30 per month.
Music: \$3-\$15 per piece or book.

Location of Activity
At home,
in the school band,
local concert.

Description of Activity
Playing piano is a musical activity. You can play at home, at school, in a band. You can write your own music and make music videos.

List three benefits you get from this activity:

1. I love to play music.
2. I can make a little money playing in a band.
3. I like to write my own music.

Demonstration: (Give a five-minute demonstration of your hobby. This will show the class how to do it, what it takes to get started and give them a look at the product.
"For my demonstration, I will bring the electric keyboard to class and play one of the songs my band wrote.")

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finding resources as needed. Assist students with poor writing skills by providing a word processor or tape recorder to use for dictating information, which can be transcribed onto the worksheet. Another option is to provide a teaching assistant (staff or student) to take dictation and then write the information on the worksheet.

Have pairs give a brief one-minute report about their topic including: 1) name of the activity, 2) cost, 3) location and 4) one fact about the activity.

□ STEP 6: Evaluate Outcomes

One hobby that I've always wanted to try is "_____."

□ STEP 5: Activity – 30 Minutes

Students work together to complete the **Hobby Activity Worksheet**. Circulate and assist students in choosing a topic and

□ STEP 7: Connecting Activity

Ask five other people about their hobbies or special interest activities. Write these down and share with the class.

KEY WORDS

Review and add to the vocabulary list created in Lesson 9.

MATERIALS AND PREPARATION

- Student Handouts: **Hobby Activity Worksheet**, page 70; **Hobby Activity Worksheet Sample**, page 71.
- Become familiar with the report format and prepare to give a report and demonstration of your favorite hobby or interest activity.
- Provide accommodations for students who need assistance with reading/writing.
- Prepare for student reports.

SCANS FOUNDATION SKILLS

- Basic Academic Skills: Reading, Writing, Speaking
- Thinking Skills: Creative Thinking, Decision Making, Reasoning
- Personal Qualities: Self-Esteem, Sociability