14 Respond Assertively when Accused

TRANSITION OBJECTIVE

Using simulated activities, students will practice responses to use when accused of a problem.

RELEVANCE TO SUCCESSFUL TRANSITION

Accusing others is a quick way to shift responsibility for a problem away from ourselves. Learning how to handle accusations and how to look at each situation objectively are critical life skills.

INSTRUCTIONAL SEQUENCE

□ STEP 1: Update Journal

To me, accusing others . . .

□ **STEP 2:** Convene Roundtable

"One thing for which I was accused was _____."

□ STEP 3: Advance Organizer

"Today you will learn how to keep calm and in control when you are accused of something you did not do."

STEP 4: Activity - 20 Minutes

Lead the following discussion; "Today we are going to talk about what happens when we accuse or are accused of something. Think of a time when you were accused of something."

Typically, at these times another person uses the word "YOU" in phrases like "YOU should have . . ." "YOU always . . ." "It is your fault," or "YOU never . . ." Explain that accusations create hard feelings and create an argument, not a solution. Using the activity sheet **Who's to Blame?** have students work in pairs to read the story and answer the questions. Next, choose two students to role-play the parts of Terry and John. You may want to play the part of John for this role-play in order to demonstrate relaxation and control.



STEP 5: Activity - 25 Minutes

Divide students into groups of four. Each group will develop a three-minute miniskit using the skit guide **Someone Accused Me**. Team members describe and act out a situation in which someone is accused of doing something wrong, role-playing it to the larger group. Have groups choose a narrator to describe the situation. The group chooses two people who will accuse the third person of a problem. The person who is accused practices relaxation to handle the comments with a positive response. After all role-play situations have been presented, have students answer and discuss the questions at the end of the skit guide. Take advantage of opportunities to discuss bullying and how blaming can come across as bullying. Help students become more aware and review the steps for responding to bullying from Lesson 3.

STEP 6: Evaluate Outcomes

When I'm accused of something I didn't do, I will "_____."

STEP 7: Connecting Activity

Ask students to interview one person to find out what they did or said when they were accused of something that went wrong.

KEY WORDS			
accusation	responsibility	frustration	problem
	accusation		

MATERIALS AND PREPARATION

- Student Handouts: Who's to Blame?, page 42; Someone Accused Me, page 43.
- Prepare to discuss and direct the role-play.
- Prepare to set up role-play activity.

SCANS FOUNDATION SKILLS

- Basic Academic Skills: Listening, Speaking
- Thinking Skills: Decision-Making, Reasoning
- Personal Qualities: Responsibility, Sociability, Self-Management