

REVIEW 11-18

Assess Progress and Build Your Transition Portfolio

TRANSITION OBJECTIVE

Students will evaluate their progress by completing an assessment sheet and reviewing the last eight lessons.

RELEVANCE TO SUCCESSFUL TRANSITION

Evaluation is one of the most important components of the growth process. Self-evaluation is a powerful tool commonly used by highly successful people. Add peer evaluation to this process and growth will compound. The evaluation process here begins with self-evaluation, combines with peer evaluation and ends with a statement of the next step toward a specific growth area.

INSTRUCTIONAL SEQUENCE

❑ STEP 1: Update Journal

The impact the last eight lessons has had on me is . . .

❑ STEP 2: Convene Roundtable

"Evaluating my progress is important because _____."

❑ STEP 3: Advance Organizer

"Today you will evaluate your progress in this class."

❑ STEP 4: Activity - 15 Minutes

Please note: The **Assessment & Portfolio Guide** is part of a transition assessment process. In this process, students complete projects to use their new skills and knowledge, then collect samples of their work in a portfolio. This assessment guide also may be used as a formal test or a review of lesson concepts. If needed, make up additional test questions and activities.

Students go over the questions and statements on the handout **Assessment & Portfolio Guide**. For five minutes, have students briefly review the lessons with a partner, then share lesson highlights with the class.

❑ STEP 5: Activity - 25 Minutes

Students will complete the handout **Assessment & Portfolio Guide** by answering the questions or completing the statement directions. Provide assistance for students who need help with reading or writing. For poor writers, provide a tape recorder, someone to take dictation or a voice-activated device.

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LIFE MANAGEMENT: Unit 2	REVIEW OF LESSONS 11-18
Assessment & Portfolio Guide	
Lesson 11: Use Journal Writing for Personal Reflection on Your Progress	
✓/✗ How can an inspirational movie like <i>Rudy</i> , help you?	
Lesson 12: Choose and Begin Practicing a Quiet Time & Reflection Activity	
✓/✗ Why is it important to participate in your quiet time activity on a regular basis?	
Lesson 13: Compare the Costs and Choose Affordable Free-Time Activities	
✓/✗ Why is it important to keep the cost of your free time activities within your budget?	
Lesson 14: Choose Individual and Group Free-Time Activities	
✓/✗ Do you prefer to do things alone or with others? Why?	
Lesson 15: Learn Eight Steps for Managing Time	
✓/✗ Which of the Eight Steps for Managing Time is most important?	
() Add your mission statement to your Transition Portfolio.	
Lesson 16 & 17: Organize Your Time and Practice Time Management	
() Add all four lesson handouts to your Transition Portfolio.	
Lesson 18: Write a Free-Time Growth Goal	
✓/✗ What is your growth goal?	
() Add your Growth Goal Contract to your Transition Portfolio.	

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□ STEP 6: Activity - 20 Minutes

Have students share their answers with a partner. Each partner then chooses one thing the other has learned and shares this with the class. For example: Milton and Kyla have shared their answers. Kyla chooses to share what Milton has learned about living a healthy lifestyle. Kyla would say, "The most important thing Milton learned is to manage his time wisely." Have all students take a turn sharing one thing their partner has learned. Remind students to add their **Assessment & Portfolio Guide** to their *Transition Portfolio*.

□ STEP 7: Evaluate Outcomes

One way I feel I have grown from these lessons is "_____."

□ STEP 8: Connecting Activity

Students share their most important growth area with a friend or family member.

□ STEP 9: Key Words

See "Key Words" section on page xviii for the "Six Step Process for Better Vocabulary Instruction."

KEY WORDS

inspirational	persevere	reflect	examine	conscience
obstacles	reflection	thought	ponder	meditate
cost	budget	spend	value	group
alone	individual	passive	active	preferences
examine	time management	personal	mission statement	roles
relationships	responsibilities	priorities	weekly	schedule
progress	management	growth	goals	contract
		decision		

MATERIALS AND PREPARATION

- Student Handout: **Assessment & Portfolio Guide**, page 87; **Think About This**, page 88.
- Prepare a screen image of the handout **Assessment & Portfolio Guide**.
- Prepare to share suggestions with the students.
- Prepare your own areas of growth to share with the class.

SCANS FOUNDATION SKILLS

- Basic Academic Skills: Listening, Speaking
- Thinking Skills: Creative Thinking, Decision Making
- Personal Qualities: Responsibility, Sociability, Self-Esteem, Self-Management, Integrity/Honesty

Stephen Covey

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.