

Can I Ask for Help?



Read each of the following issues and questions to the class. Students write their ideas on the worksheet. Have students share their ideas with the class for five minutes each.

1. Is it OK to ask for help from others? Why or why not?
2. Smart, successful and intelligent people build support systems. They do this to get help with various things in their life, like transportation, money, time, babysitting or helping with a project. Sometimes they have someone listening to a problem they have. How do smart and successful people do this? Do you think they are afraid to ask for help? Why or why not?
3. Some people complain all the time about their problems. They never seem to find a solution. These people usually do not have support systems. Do you agree? Why or why not?



Debate Guide

Name of Team: _____

Name of Captain: _____

Debate Topic: _____

Ideas & arguments in favor of your topic (10 minute preparation):

1. _____
2. _____
3. _____
4. _____
5. _____

Directions and rules for the debate:

1. One person speaks at a time
2. Each person has one minute to speak
3. Starting team presents idea or argument defending their topic
4. Opposing team gives a rebuttal for the idea of the starting team
5. Starting team may respond to the rebuttal
6. Scorekeeper (teacher) gives the starting team a score ranging between **0** (not at all convincing) to **5** (very convincing)
7. Opposing team presents idea or argument
8. Starting team responds with a rebuttal
9. Opposing team responds to the rebuttal
10. Score is given to opposing team

Be prepared to defend each of your ideas/arguments by anticipating the response of the other team.

