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Identify and Practice Your Values

TRANSITION OBJECTIVE

Students will prioritize the work-related values they hold most important.

RELEVANCE TO SUCCESSFUL TRANSITION

The things we value shape our careers and our lives. It is important to identify the values we hold in highest esteem in order to make realistic decisions about what we want to do with our lives.

INSTRUCTIONAL SEQUENCE

❑ STEP 1: Update Journal

My values are . . .

❑ STEP 2: Convene Roundtable

"One thing I value is ____."

❑ STEP 3: Advance Organizer

"Today we will talk about your values and how they affect career decisions."

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PERSONAL MANAGEMENT: Unit 2 Lesson 5

What I Value

DIRECTIONS: You have \$500 in "Career Dollars" to spend in \$50 increments on the following career values. The more you invest in any item the more important that value is to you.

- _____ Help other people.
- _____ Work to help the world or society.
- _____ Work with my hands.
- _____ Work with ideas as an expert.
- _____ Be my own boss, work independently.
- _____ Take orders from a boss.
- _____ Lead people who work under me.
- _____ Do what makes me feel good.
- _____ Do work to impress other people.
- _____ Work with others as a team.
- _____ Work alone.
- _____ Do work that is exciting.
- _____ Do work that is risky.
- _____ Do work that contributes to my moral beliefs.
- _____ Do work that helps me learn and understand.
- _____ Do work that is fast-paced.
- _____ Work for the good of society.
- _____ Work with the public.

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Give several examples of your own values as a teacher, such as working with people, helping students or teaching skills needed for success.

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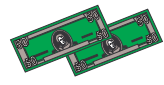


PERSONAL MANAGEMENT: Unit 2 Lesson 5

What I Value

Page 2

- _____ Work with things - tools or machines.
- _____ Work for praise and recognition.
- _____ Earn large amounts of money.
- _____ Have close friendships with co-workers.
- _____ Do work with variety and change.
- _____ Work in a competitive job.
- _____ Use my artistic skill.
- _____ Do work that does not change.
- _____ Create new ideas in my work.
- _____ Work under pressure with deadlines.
- _____ Do work with physical challenge.
- _____ Do work with no specific time schedule.



List three values you spend the most money on in this activity.

- _____
- _____
- _____

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❑ STEP 4: Activity - 10 Minutes

Facilitate a class discussion about values. Explain to the students that our values are deeply held opinions and feelings. We all have values that are important to our work. It is necessary that we know what matters most when we make career decisions.

❑ STEP 5: Activity - 35 Minutes

Students choose the values most important to them by completing the activity sheet **What I Value**. First, they cut out 20 **\$50 Bills** and invest their \$1,000 on those values that are most important to them. If needed, read each statement from the handout to the class.

Next, students circle the three values on which they spent the most money and draw a line under the three items on which they spent the least money. In groups of

three, have students share and compare their answers. After groups have shared this information, ask them to give a show of hands for their top three categories, as you read through the list on a screen image. Mark the number of hands for each item, then compare and circle the items with the highest score. Discuss the top investments. Summarize the discussion by telling students that being aware of their career values will help them select the right career. Finally, students will turn back to their **Personal Career Profile** and complete Section 2.

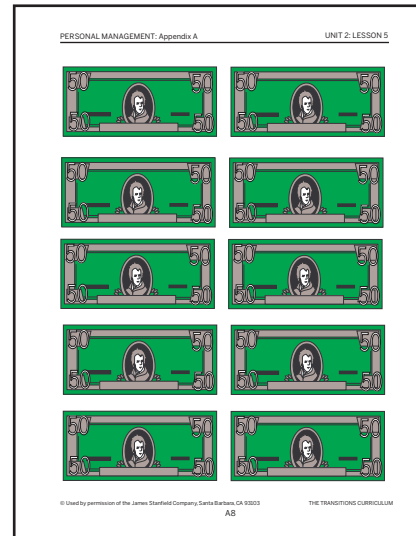
☐ **STEP 6: Evaluate Outcomes**

My most important career value is "_____."

☐ **STEP 7: Connecting Activity**

Students observe a person they know very well who is working, then write a paragraph

on whether that person's career matches their values.



KEY WORDS

investment

value

selection

category

item

MATERIALS AND PREPARATION

- Student Handouts: **What I Value**, pages 64-65; **\$50 Bills** in Appendix A, page A8; **Personal Career Profile**, page 58.
- Prepare to discuss values related to work.
- Make copies of the page of **\$50 Bills** (two pages for each student) and have students cut them out to complete the activity.

SCANS FOUNDATION SKILLS

- Basic Academic Skills: Reading, Math, Speaking
- Thinking Skills: Decision-Making, Reasoning
- Personal Qualities: Responsibility, Self-Esteem, Sociability, Self-Management, Integrity/Honesty