

# What's My Need?

## Game Directions

Students will use 3" x 5" cards each labeled with one of the five human needs. To play, read each statement aloud to the students. After 20 seconds, students hold up the card labeled with the human need that represents the statement. Say "go" as a signal to students to hold up their cards. Check for understanding as the students hold up their cards.

### Statements:

1. I feel very cold and tired while walking to school -- **(physiological)**
2. I don't have any self-confidence when I am taking a test -- **(self-esteem)**
3. My sister's boyfriend gives me the creeps when he comes over -- **(safety)**
4. I don't know what kind of career I want to have -- **(self-actualization)**
5. I always feel safe and loved at home -- **(safety)**
6. I have three very good friends -- **(affiliation)**
7. I'm really good at playing softball -- **(self-esteem)**
8. I'm working on my goal to become a lab technician -- **(self-actualization)**
9. My mom and dad are always there for me -- **(affiliation)**
10. At school, I don't know who I am -- **(self-actualization)**
11. I always feel out of it when I'm around a large group of kids -- **(affiliation)**
12. I don't feel safe walking in my neighborhood after dark -- **(safety)**
13. It is always hot and stuffy in my computer class -- **(physiological)**
14. I feel really good about my grades this year -- **(self-esteem)**
15. Every day I think about how I can improve -- **(self-actualization)**
16. My friends call me all the time -- **(affiliation)**