Graph Your Results

Circle the number that represents your total number of "yes" answers tor each of the six weeks. Connect the numbers with a line to show your progress over the next six weeks.



Directions:

Circle the number that represents your total number of "yes" days in each week. Write the total number of days possible:

Write the total number of "yes" days:

To find your percentage of success, divide:

total "yes" days ______ by the total days: _____=___%

FAMILY LIFE GROWTH GOAL CONTRACT

An area I will work on to learn to live a happy family life is:

I will work on this goal for this amount of time:

From:	To:

I will evaluate and record my progress on the chart below.

I am committed to this independent living growth goal.

Student Signature

Date

Daily Goals Chart

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
WEEK 1							
WEEK 2							
WEEK 3							
WEEK 4							
WEEK 5							