Learn Your Support System

Personal Supports	Community Organizations	Public Agencies
Family	Girl/Boy Scouts	Department of Rehabilitation
Relatives	Alateen	Employment Development Department
Friends	Salvation Army	Mental Health
Co-workers	YMCA/YWCA	Social Security Office
Neighbors	Emergency Shelter	Department of Public & Social Services
Teacher	Soup Kitchen	Job Training Programs
Minister/Priest/ Imam	Teen Runaway Hotline	Adult Education
These are people who are part of your life. These are people who care about you and are willing to help you.	You can get support from people who work in these organizations. They have training and expertise to provide certain kinds of support when needed.	To get services from these agencies, you must meet certain qualifications. People who work in these agencies are trained to help you with specific issues or problems.



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Circles of Support

Write in each circle the names of people, organizations, and agencies available to help you in the future.



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