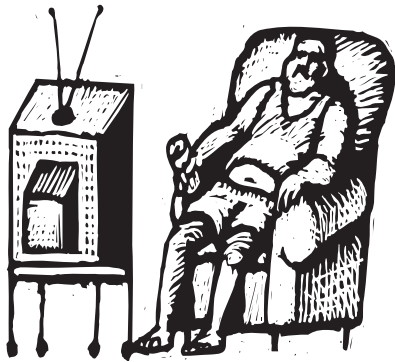


## A DRIFTY FUTURE

When Drifty was 20 years old, he decided to find a new life. He had no plans. He just got in his car and started to drive. Day after day he drove from one town to another. He had no thought for the future. He stopped when he was tired or hungry and just let things happen. For the first five years, Drifty would stop and get a part-time job when he needed money for food and gas. Most of the time he slept in his car or in cheap motels.

After a few years of drifting from place to place, Drifty had car trouble in a strange little town called Branchville, Idaho. He found a part-time job there to pay for his car repairs. One morning years later, Drifty woke up and realized that he was 35 years old.



It had been 10 years since he stopped for repairs. He was still living in Branchville. Finally, after 10 years Drifty realized that he'd been wasting time. He had been drifting from place to place with no plan for the future, not caring where he went. Drifty let chance make decisions for him.

Now, Drifty is trying to figure out where the time went and what he should do with his life. He has nothing to show for himself. All he has is an old car and a part-time job he doesn't even like. He's lost contact with his family and has no real friends who care about him. Drifty is a sad, unhappy person with no goals or plans for his life.

### Discussion:

1. Describe a person you know or a TV/movie character who is like Drifty.
2. How could Drifty increase his self-determination?
3. How could you change this story so that Drifty would have a happy and satisfying life?
4. Could you go through life like Drifty? Why or why not?
5. What happens when you have no plans for the future?
7. How would you prefer to deal with your future? Why?

# Transition Assessment



## 1. Personal Management

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| I have a birth certificate:                        | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I have a social security card and know my number : | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I have a picture ID:                               | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I have a Driver's License:                         | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 2. Personal Power

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| I feel good about myself and have high self-esteem:  | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I feel good about my appearance and the way I look:  | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| My personality is usually upbeat and positive:       | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| Most of my decisions are good for myself and others: | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 3. Communication

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| When I talk to myself, I usually say positive things: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| When I talk to my family, I am usually positive:      | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| When I talk to my friends, I am positive and kind:    | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| When I talk to adults, I am respectful and positive:  | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 4. Career Goal

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| I know what job or career I want for the future:        | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know the employment trends for my career choice:      | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know what training I need for my career:              | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know where to find the training I need for my career: | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 5. Life-Long Learning

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| I feel positive about what I have learned in school: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I would like to have more education in the future:   | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can locate and use the library:                    | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I am ready to learn new job skills for my career:    | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 6. Self-Determination/Self-Advocacy

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| I feel positive about myself and my decisions:          | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I feel confident about standing up for my beliefs:      | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can contact the appropriate resources for assistance: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I handle myself with confidence in meetings:            | <input type="checkbox"/> yes | <input type="checkbox"/> no |

# Transition Assessment

Page 2



## 7. Getting a Job

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| I know how to build a network of contacts for a job lead: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know how to interview people about job leads:           | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can perform with confidence in a job interview:         | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can complete a high-quality job application:            | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 8. Succeeding on the Job

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| I can work independently on the job:            | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can accept criticism from supervisors:        | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can get along well with a boss & co-workers:  | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I will be on time for work and completing work: | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 9. Community Participation

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| I know how to build a network of contacts for a job lead: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know how to interview people about job leads:           | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can perform with confidence in a job interview:         | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can complete a high-quality job application:            | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 10. Personal Health

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| I can name my doctor and dentist:             | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know how to store and take medicine safely: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know what to do in a medical emergency:     | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I eat right and exercise regularly:           | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 11. Leisure Time

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| I take time for fun activities in my free time: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I try to learn a new skill in my leisure time:  | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I take time to relax and rest my mind and body: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I participate in a physical activity or sport:  | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 7. Getting a Job

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| I know the difference between my wants and needs:    | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can maintain and balance a checking account:       | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can use credit cards wisely:                       | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can keep a household budget and pay bills on time: | <input type="checkbox"/> yes | <input type="checkbox"/> no |

# Transition Assessment

Page 3



## 13. Living Independently

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| I can find a place to live and set up utilities: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can plan and cook simple meals:                | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can wash, dry, and iron clothes:               | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can clean an apartment or house:               | <input type="checkbox"/> yes | <input type="checkbox"/> no |

## 14. Family Living

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| I know what to look for in a marriage partner:  | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I can negotiate with someone so both of us win: | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know the value of support people in my life:  | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| I know the basics of quality parenting:         | <input type="checkbox"/> yes | <input type="checkbox"/> no |

Starting with the first page, circle all of the 'no' answers on each page. Review all of your 'no' answers, and choose the five most important. Write these below, naming the topic area and the specific item you will work on.

1. Topic: \_\_\_\_\_  
Specific Item: \_\_\_\_\_
2. Topic: \_\_\_\_\_  
Specific Item: \_\_\_\_\_
3. Topic: \_\_\_\_\_  
Specific Item: \_\_\_\_\_
4. Topic: \_\_\_\_\_  
Specific Item: \_\_\_\_\_
5. Topic: \_\_\_\_\_  
Specific Item: \_\_\_\_\_