

YOU ARE TO GAIN ENERGY AND

### TO:

- KNOW MORE ABOUT WHO YOU ARE
- DEEPEN YOUR WORLDLY UNDERSTANDING
- HELP YOURSELF IN YOUR SPIRITUAL QUEST
- HELP OTHERS RECOME MORE CONSCIOUS
- HELP OTHERS BECOME MORE CONSCIOUS

## BECOME A FULLY CONSCIOUS AGENT OF LIFE IN THIS WORLD!





### **On Initiation**

Hi, I'm Tyler Choice. My mission is to share teachings that transform human consciousness. I wish to share this information with you as efficiently and timely as possible.

I'm so excited to get to be the guide who introduces you to the teachings of The Fourth Way!

While the theoretical is available - the living understanding behind it is passed through an oral transmission to initiates.

"A knowledge of the theory of the system may be acquired from books, and indeed every serious student should read Beelzebub's Tales and Fragments of an Unknown Teaching. But the inner teaching, which includes practical work - the Method - can be imparted only to special groups by teachers who themselves have been through long periods of intensive work."

- Charles Stanley Nott

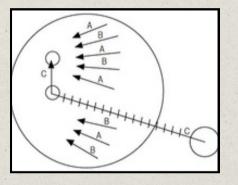
I was initiated in 2024 by a private teacher, after I had sat down, and put my foot down, and demanded that God give me a teacher. They told me:

WHAT YOU HAVE TO ASK THE UNIVERSE TO TAKE YOU TO THE NEXT LEVEL IS: "GOD, IS THERE MORE? IS THERE ANY MORE THAN THIS?"

For me, that was after I exhausted all other options.

I followed the paths, I found my truth. I love learning. I was not done. I knew that there had to be **more**. If you are reading this, you've likely already had a first spiritual awakening.

You aren't reading this unless you have pursued an inner calling that has pulled you toward **Magnetic Center**.



# How do you know if a teacher is right for you?

Two requisites must be met.

- They have to speak your language, in a way you understand.
- They have to be near your own level of development.

I may not be the right teacher for you. When you are ready, and you ask the right questions, the teacher will appear.

#### How do you know if a teacher has been exposed to the inner teaching?

It is not possible to know. But, you can use the following test:

- Is this person sharing new knowledge and speaking from a level of understanding that is new to me?
- Is anyone else sharing this understanding?
- Does this understanding relate to our current life?

### **Gurdjieff's Teaching**



"IN ORDER TO DO, IT IS NECESSARY TO KNOW; BUT IN ORDER TO KNOW, IT IS NECESSARY TO FIND OUT HOW TO KNOW." - G.I. GURDJIEFF

### The Cost of Work

The Fourth Way is a path with much gain. It requires massive energy, action, and intentional striving. Anything can be gained if there is sufficient energy to spend on it. And with much gain, there is much cost.

"Much will be required from everyone who has been given much. And for him who has been entrusted with much, even more will be demanded." Paraphrased - <u>Luke 12:48</u>





## WHAT EXACTLY IS TO BE GAINED?

#### **To-Do List**

- To Become Free From The Influences That Hold Us Back From Our Purpose
- To Develop A Stronger Will The Force That Cannot Be Destroyed
- To Understand How To Gain Energy
- To Gain Objective Consciousness
- To Gain The Ability To Unlock All Esoteric Teaching and All Sacred Texts
- To Gain The Impartial 2<sup>nd</sup> Level Awakened Consciousness That Helps Our World Find Resolution
- To Learn All This In The Shortest Possible Amount of Time So We Can Be A Living Force And Create Our Life

#### WHY DO WE NEED TO LEARN ANYTHING AT ALL?

Imagine that you woke up one morning and found you had gained new limbs, new organs, new devices for perception, new powers and abilities.

Yet there was no instruction manual, no idea of what was going on, no idea of how to operate these new functions. Many have been in this exact situation.

Many people who have gained access to a new way of being quickly "ran off of the rails" and destroyed themselves and their lives in a moment. It would be very easy.

So instead, we can prepare. We can learn enough about our functions, and ourselves. We can have some structure, some scaffolding, so we're not lost in total chaos, having no idea what's going on.

We don't want to end up like the person who becomes freed, and his being runs to try heroin, overdoses, and dies.

We also don't want to be the awakened monk, who's sitting there with a higher consciousness, but all he can do is sit, he can't do anything.

And what you may not want, it depends on you, is to walk one of the tried and true paths for years from now, if it is available to you, if a teacher is available, with no guarantee of results, and no way to know if you'll be able to make any use of the results. Instead, if we learn the math, we can have an exact method for awakening to Objective Consciousness.

For the initiated, this is an independent path.

The path of Self-Knowledge. One's unquestionable first-hand understanding. The path of Self-Initiation.

The Self-Initiate must be responsible for his own work and results.

HE CAN BLAME NO OTHER FOR HIS PROGRESS.

The Initiate does not blindly believe anyone, or anything.

Personal individualization is required. A relation to one's life is required. These are necessary for the Work.



3

## Our first question will be—what does evolution of man mean, and second, are there any special conditions necessary for it?"

The Fourth Way can teach us how we currently are and how we can truly change in a permanent way that nothing can ever take away, to allow us to be a living way. Not a way of beliefs and ideas, but as lived truth.

#### MAN IS NOT A COMPLETED BEING

"Our fundamental idea shall be that man as we know him is not a completed being; that nature develops him only up to a certain point and then leaves him, either to develop further by his own efforts and devices, or to live and die such as he was born, or to degenerate and lose capacity for development. Evolution of man in this case will mean the development of certain inner qualities and features which usually remain undeveloped, and cannot develop by themselves.

Experience and observation show that this development is possible only in certain definite conditions, with efforts of a certain kind on the part of man himself, and with sufficient help from those who began similar work before and have already attained a certain degree of development, or at least a certain knowledge of methods.

We must start with the idea that without efforts evolution is impossible; without help, it is also impossible. After this we must understand that in the way of development, man must become a different being, and we must learn and understand in what sense and in which direction man must become a different being; that is, what a different being means.

Then we must understand that all men cannot develop and become different beings. Evolution is the question of personal efforts; and in relation to the mass of humanity, evolution is the rare exception. It may sound strange but we must realise that it is not only rare, but is becoming more and more rare."

From Ouspensky's First Lecture.

### **The Five Strivings**

The Fourth Way gives five prerequisites in approaching this work. To break them down:

"The first striving: to have in one's ordinary being-existence everything satisfying and really necessary for the planetary body."

In this work this is called "Good Householder." It means that you have your basic needs met, including your home, finances, and family.

"The second striving: to have a constant and unflagging instinctive need to perfect oneself in the sense of Being."

To create the constant driving force to create yourself, To become more true and aligned with your **essence**, and develop your **permanent** qualities.

"The third: the conscious striving to know more and more about the laws of worldcreation and world-maintenance."

To learn the structure of the universe - everything in it - and its functions - as they relate to all, and to you.

"The fourth: the striving, from the beginning of one's existence, to pay as quickly as possible for one's arising and individuality, in order afterward to be free to lighten as much as possible the sorrow of our Common Father."

#### To reduce the amount of weight you add in this world, and more.

"And the fifth: the striving always to assist the most rapid perfecting of other beings, both those similar to oneself and those of other forms, up to the degree of 'Marfotai,' that is, up to the degree of self-individuality."

To assist the development of all others as efficiently as is possible.





## WHAT ARE THE OTHER THREE WAYS?

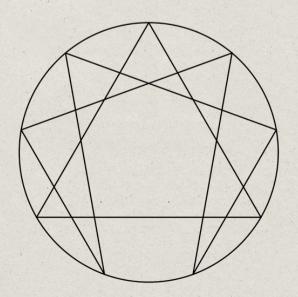
These are:

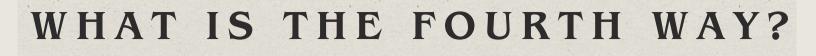
The Way of Mastering The Emotions - The Monk - Faith, Feeling, and Sacrifice The Way of Mastering The Body - The Fakir - Will over Body The Way of Mastering The Mind - The Yogi - The Way of Knowledge

The Fourth Way is the '3-in-1' - The 'Sly Man's Path' - The Self-Initiate - The one who has discovered a way the others would not normally be able to find on their own.

## KNOW THYSELF.

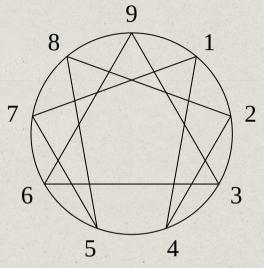
"These words, which are generally ascribed to Socrates, actually lie at the basis of many systems and schools far more ancient than the Socratic. Although modern thought is aware of the existence of this principle, it has only a very vague idea of its meaning and significance." - Gurdjieff





5

## WHAT IS THE ENNEAGRAM?



The Ancient Sufi Symbol known as the Enneagram, having nothing to do with the *Enneagram of Personality*, 'is the master key to all understanding in the universe. It can represent and contain all accurate knowledge.

The Enneagram contains the laws that construct the universe;

The Law of Three and The Law of Seven or The Law of Octaves.

The Enneagram contains much more meaning and secrets than even these, representing both Time-Space and Eternity.

Most practically for us, the Enneagram can represent any Phenomenon.

Anything that can happen, that is possible to happen in reality, can be modeled with an Enneagram.

This means it can be used as a mathematical system for the creation and realization of our conscious desires, aspirations, and ambitions.

We can call this Magic, not to be confused with western occultism.

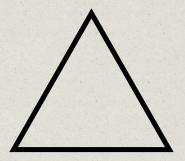
With the help of understanding this symbol, we can also learn the symbolic language of the ancients in sacred works and recover their meaning to help us navigate our personal journey, and to be shared with the world.

The Enneagram is also a work of Objective Art. It is called the Face of God.



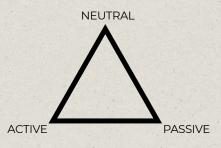
6

## THE LAW OF THREE



Beginning to understand the Law of Three is an entrance point to The Fourth Way and the Enneagram.

The Law of Three is composed of the Neutral Force, the Active Force, and the Passive Force.



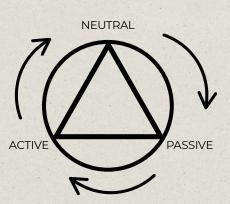
You can begin to study these three forces in relation to every event in this world and your life. With anything that has happened you can identify the:

- Active, or *affirming* force, creation
- Passive, or *denying* force, destruction
- Neutral, or *neutralizing*, *reconciling*, *mediating* force.

#### The basic takeaway is simple:

Nothing can be made to happen unless all three forces are present. If one of these forces are missing, an event cannot occur. What does this say about our universe? What does this say about how our universe functions?

Everything, positive, and negative, *is working for us*. This change in thought is the beginning of second level teaching. *God is in everything*.







## **GURDJIEFF'S 82 ADVICES**

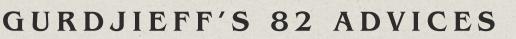
7

Gurdjieff gave the world the teachings of The Fourth Way. For conscious study, the following pages include his odd and remarkable advices.

#### **GURDJIEFF'S ADVICES TO HIS DAUGHTER DUSHKA HOWARTH**

- 1. Ground your attention on yourself. Be conscious at every moment of what you are thinking, sensing, feeling, desiring and doing.
- 2. Always finish what you have begun.
- 3. Whatever you are doing, do it as well as possible.
- 4. Do not become attached to anything that can destroy you in the course of time.
- 5. Develop your generosity but secretly.
- 6. Treat everyone as if he or she was a close relative.
- 7. Organize what you have disorganized.
- 8. Learn to receive and give thanks for every gift.
- 9. Stop defining yourself.
- 10. Do not lie or steal, for you lie to yourself and steal from yourself.
- 11. Help your neighbor but do not make him dependent.
- 12. Do not encourage others to imitate you.
- 13. Make work plans and accomplish them.
- 14. Do not take up too much space.
- 15. Make no useless movements or sounds.
- 16. If you lack faith, pretend to have it.
- 17. Do not allow yourself to be impressed by strong personalities.
- 18, Do not regard anyone or anything as your possession.
- 19. Share fairly.
- 20. Do not seduce.
- 21. Sleep and eat only as much as necessary.
- 22. Do not speak of your problems.
- 23. Do not express judgement or criticism when you are ignorant of most of the factors involved.
- 24. Do not establish useless friendships.
- 25. Do not follow fashions.
- 26. Do not sell yourself.
- 27. Respect contracts you have signed.
- 28. Be on time.
- 29. Never envy the luck or success of anyone.
- 30. Say no more than necessary.
- 31. Do not think of the profits your work will engender.
- 32. Never threaten anyone.
- 33. Keep your promises.
- 34. In any discussion, put yourself in the other person's place.
- 35. Admit that someone else may be superior to you.
- 36. Do not eliminate but transmute.
- 37. Conquer your fears for each of them represents a camouflaged desire.
- 38. Help others to help themselves.
- 39. Conquer your aversions and come closer to those who inspire rejection in you.
- 40. Do not react to what others say about you whether praise or blame.



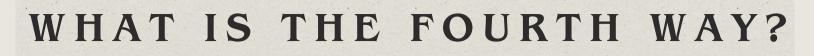


8

#### GURDJIEFF'S ADVICES TO HIS DAUGHTER DUSHKA HOWARTH (cont.)

- 41. Transform your pride into dignity.
- 42. Transform your anger into creativity.
- 43. Transform your greed into respect for beauty.
- 44. Transform your envy into admiration for the values of the other.
- 45. Transform your hate into charity.
- 46. Neither praise nor insult yourself.
- 47. Regard what does not belong to you as if it did belong to you.
- 48. Do not complain.
- 49. Develop your imagination.
- 50. Never give orders to gain the satisfaction of being obeyed.
- 51. Pay for services performed for you.
- 52. Do not proselytize your work or ideas.
- 53. Do not try to make others feel for you emotions such as pity, admiration, sympathy, or complicity.
- 54. Do not try to distinguish yourself by your appearance.
- 55. Never contradict; instead, be silent.
- 56. Do not contract debts; acquire and pay immediately.
- 57. If you offend someone, ask his or her pardon; if you have offended a person publicly, apologize publicly.
- 58. When you realize you have said something that is mistaken, do not persist in error through pride; instead, immediately retract it.
- 59. Never defend your old ideas simply because you are the one who expressed them.
- 60. Do not keep useless objects.
- 61. Do not adorn yourself with exotic ideas.
- 62. Do not have your photograph taken with famous people.
- 63. Justify yourself to no one and keep your own counsel.
- 64. Never define yourself by what you possess.
- 65. Never speak of yourself without considering that you might change.
- 66. Accept that nothing belongs to you.
- 67. When someone asks your opinion about something or someone, speak only of his or her qualities.
- 68. When you become ill, regard your illness as your teacher, not as something to be hated.
- 69. Look directly and do not hide yourself.
- 70. Do not forget your dead, but accord them a limited place and do not allow them to invade your life.
- 71. Wherever you live, always find a space that you devote to the sacred.
- 72. When you perform a service, make your effort inconspicuous.
- 73. If you decide to work to help others, do it with pleasure.
- 74. If you are hesitating between doing and not doing, take the risk of doing.
- 75. Do not try to be everything to your spouse; accept that there are things that you cannot give him or her but which others can.
- 76. When someone is speaking to an interested audience, do not contradict that person and steal his or her audience.
- 77. Live on money you have earned.
- 78. Never brag about amorous adventures.
- 79. Never glorify your weaknesses.
- 80. Never visit someone only to pass the time.
- 81. Obtain things in order to share them.
- 82. If you are meditating and a devil appears, make the devil meditate too.





### Am I prepared for this path?

"To a man who is searching with all his being, with all his inner self, comes the unfailing conviction that to find out how to know in order to do is possible only by finding a guide with experience and knowledge, who will take on his spiritual guidance and become his teacher.

And it is here that a man's flair is more important than anywhere else. He chooses a guide for himself. It is of course an indispensable condition that he choose as a guide a man who knows, or else all meaning of choice is lost. Who can tell where a guide who does not know may lead a man?

Every seeker dreams of a guide who knows, dreams about him but seldom asks himself objectively and sincerely is he worthy of being guided? Is he ready to follow the way?

Go out one clear starlit night to some open space and look up at the sky, at those millions of worlds over your head. Remember that perhaps on each of them swarm billions of beings, similar to you or perhaps superior to you in their organization. Look at the Milky Way. The earth cannot even be called a grain of sand in this infinity. It dissolves and vanishes, and with it, you.

Where are you? And is what you want simply madness?

Before all these worlds ask yourself what are your aims and hopes, your intentions and means of fulfilling them, the demands that may be made upon you and your preparedness to meet them.

A long and difficult journey is before you; you are preparing for a strange and unknown land. The way is infinitely long. You do not know if rest will be possible on the way nor where it will be possible. You should be prepared for the worst. Take all the necessities for the journey with you. Try to forget nothing, for afterwards it will be too late and there will be no time to go back for what has been forgotten, to rectify the mistake. Weigh up your strength.

Is it sufficient for the whole journey? How soon can you start?

Remember that if you spend longer on the way you will need to carry proportionately more supplies, and this will delay you further both on the way and in your preparations for it. Yet every minute is precious. Once having decided to go, there is no use wasting time. Do not reckon on trying to come back. This experiment may cost you very dear. The guide undertakes only to take you there and, if you wish to turn back, he is not obliged to return with you. You will be left to yourself, and woe to you if you weaken or forget the way—you will never get back.

And even if you remember the way, the question still remains—will you return safe and sound?

..Yet do not forget your aim. Remember it the whole time and keep up in yourself an active endeavor toward it, so as not to lose the right direction. And once you have started, be observant;

what you have passed through remains behind and will not appear again; so if you fail to notice it at the time, you never will notice it. Do not be overcurious nor waste time on things that attract your attention but are not worth it.

Time is precious and should not be wasted on things which have no direct relation to your aim. Remember where you are and why you are here. Do not protect yourselves and remember that no effort is made in vain. And now you can set out on the way." - G.I. Gurdjieff

The Fourth Path as Way To Second Level Esoteric Teaching is if you desire to understand God, yourself, and to change yourself.

An aim of this work is to find out, Who Am I? What is the Way I am to Be in this Life?

To find and know your being and your essence - but also to gain specific understanding that relates to reality, and to use that understanding to change your life. The love of learning and understanding, and the application of your understanding to your way of being and life must be the driving force if one is to pursue this. The results of the work are in the creation of a new, unchanging, powerful "I," in the pursuit of total self-mastery.

Thank you for taking this time, and if you feel so called, you're invited to what I'm preparing next.

With Love, Tyler Choice