De Bono's Express Hats

Quickly explore a situation or problem in a creative way

During the session, participants approach a situation or problem from six different perspectives. They divide into groups, with each group adopting a "hat" that represents a particular way of thinking (WHITE Hat = Neutrality; RED Hat = Emotion; BLACK Hat = Pessimism; YELLOW Hat = Optimism; GREEN Hat = Creativity). A group discussion then follows, allowing the situation or problem to be thoroughly explored by all participants.

Number of participants: 10 - 40

Estimated duration: 30 mins

Duration	Step name	Notes	Mode and Rights	Content	Tools
5 mins	Activity presentation	**Notes** - Explain the objective of the activity and how it will be carried out. - Present the situation or problem to be explored to the whole group.			
15 mins	Creative reflection	**Notes** - Organise the participants at the different tables. - Start the timer. **Instructions** Examine the situation or problem from your group's perspective.		Notes - De Bono's Express Hats - Creative reflection	00 h 15 m 00 s
10 mins	Restitution	**Notes** - Send the announcement. - Project the various collaborative notes on the main table for the restitution. **Instructions** In groups, report back on your discussions to all the participants.			Come back to the main table.

Legend:

Facilitation mode:

- Independent tables
- Synchronised tables

Participant rights:

- Table library access + Content interactions + Speech
- Content interactions + Speech
- Speech only
- Raise hand