Troïka

Explore an individual challenge by obtaining immediate practical and imaginative assistance.

This activity helps participants gather relevant ideas about problems they face and mobilise local wisdom to address them. Through rapid iterative “consultations”, individuals formulate their requests for help and immediately receive advice from two other people.

Number of participants: 3 - 24

Estimated duration: 45 mins

Duration	Step name	Notes	Mode and Rights	Content	Tools
5 mins	Activity presentation	**Notes** Explain the objective and procedure of the activity to all participants. **Instructions** Think about the question you want to ask when you are in the customer's position.			
30 mins	Consultations	**Notes** - Organise the distribution of the trios among the different tables. - Start the timer. - Send out the announcement to warn of each rotation before restarting the timer. **Instructions** Take turns sitting in the red chair and becoming the client for 10 minutes. The other two are your consultants and will help you answer your question.		Instructions - Troïka - Consultations	00 h 10 m 00 s Turn around to make room for a new customer.
10 mins	Debrief	**Notes** Send the announcement.			Come back to the main table.

Instructions

Share your thoughts on the discussions you have had.

Legend:

Facilitation mode:

- Independent tables
- Synchronised tables

Participant rights:

- Table library access + Content interactions + Speech
- Content interactions + Speech
- Speech only
- Raise hand