9 Why's (EN)

Analyse a personal issue in relation to a team challenge to understand the motivations and underlying reasons behind it

This activity helps uncover deep motivations and core values on an individual level to clarify each person's impact on a team challenge. The 9 Why's method examines a challenge a group is facing by encouraging participants to explore one of their own issues related to it. Pairs are formed, and participants question each other's issue by asking "Why?" 9 times. Participants then share their clarified issue with everyone. Then the group clarifies the aim of the collective work to be done.

Nombre de participants
2 - 16

Durée prévisionnelle
30 mins

Durée	Nom d'étape	Notes	Mode et Droits	Contenus	Outils
5 mins	Activity presentation	**Notes** - Explain the objective of the activity and how it will be carried out to all participants. - Present the challenge to be examined.			
2 mins	Personal reflection	**Notes** - Ask participants to list their issues in their personal note. - Start the timer. **Consignes** - Make a list of the challenges you face individually in relation to this challenge. - Choose the one that seems most important to you.			00 h 02 m 00 s
10 mins	Interview	**Notes** - Organise the pairs on the different tables. - Start the timer. - Send the announcement once the timer has elapsed before restarting it.		Instructions - 9 Why's	00 h 05 m 00 s Reverse the roles.

		Consignes In pairs, take it in turns to share your most important issue (5 minutes each). The listener asks the question ‘Why?’ up to nine times and makes notes of what they understand.		
4 mins	Restitution	**Notes** - Send the first announcement. - Start the timer. - Send the second announcement and restart the timer. **Consignes** Share the notes you have taken in turn with your partner (2 minutes each).		00 h 02 m 00 s One of you takes notes for the other. Reverse the roles.
4 mins	Synthesis	**Notes** - Send the announcement. - Start the timer. **Consignes** Take some time to clarify your issue individually.		00 h 04 m 00 s Clarify your challenge individually in your personal note.
5 mins	Overview	**Notes** Send the announcement. **Consignes** Share your challenge with the whole group to clarify the common work objective in relation to the challenge being examined.		Come back to the main table.

Légende :

Mode d'animation :

- Tables indépendantes
- Tables synchronisées

Droits des participants :

- Accès bibliothèque table + Interactions contenus + Parole
- Interactions contenus + Parole
- Parole uniquement
- Lever la main