Essence

Memorise content by condensing it into a punchy 4-word summary

This activity helps participants to extract and memorise the main idea of a piece of content. After discovering the content in advance, they gradually summarise it in 16 words, then 8, and finally 4 words. This approach sharpens their ability to summarise and helps them retain essential information.

Nombre de participants
12 - 48

Durée prévisionnelle
40 mins

Durée	Nom d'étape	Notes	Mode et Droits	Contenus	Outils
5 mins	Activity presentation	**Notes** Explain the aim of the activity and how it will be carried out to all the participants.			
5 mins	Round 1	**Notes** - Form teams of 3 to 6 participants. - Organise the participants at the different tables. - Send the first announcement and start the timer. - Send the second announcement 30 seconds before the timer runs out. **Consignes** Write a 16-word summary of the content you have just discovered. You have 5 minutes.		Notes - Essence	00 h 05 m 00 s Round 1 - You have 5 minutes to summarise the content in 16 words. Get ready to share your summary with the other teams.
5 mins	Presentations 1	**Notes** - Organise the presentation of the summaries. - Organise the allocation of participants to the different tables so that each team is at a different table during round 2. **Consignes** - Share your 16-word team summary with the rest of			

		the participants. - Change tables to work on another team's 16-word summary during round 2.			
5 mins	Round 2	**Notes** - Send the first announcement and start the timer. - Send the second announcement 30 seconds before the end of the timer. **Consignes** Shorten the 16-word summary of your table to exactly 8 words. You have 5 minutes.		Notes - Essence	00 h 05 m 00 s Round 2 - You have 5 minutes to summarise the content in 8 words. Get ready to share your summary with the other teams.
5 mins	Presentations 2	**Notes** - Organise the presentation of the summaries. - Organise the allocation of participants to the different tables so that each team is at a different table during round 3. **Consignes** - Share your 8-word team summary with the rest of the participants. - Change tables to work on another team's 8-word summary during round 3.			
5 mins	Round 3	**Notes** - Send the first announcement and start the timer. - Send the second announcement 30 seconds before the end of the timer. **Consignes** Shorten the 8-word summary of your table to exactly 4 words. You have 5 minutes.		Notes - Essence	00 h 05 m 00 s Round 3 - You have 5 minutes to summarise the content in 4 words. Get ready to share your summary with the other teams.
5 mins	Presentations 3	**Notes** - Organise the presentation of the summaries. - Ask participants to return to the central table for the the wrap-up. **Consignes**			

		Share your 4-word team summary with the rest of the participants.	
5 mins	Wrap-up	**Notes** Carry out a brief debriefing, reviewing certain key points.	

Légende :

Mode d'animation :

- Tables indépendantes
- Tables synchronisées

Droits des participants :

- Accès bibliothèque table + Interactions contenus + Parole
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- Parole uniquement
- Lever la main