













Flourish
A group for ADHD Women

Feelings Words

 <p>EXHILARATED blissful ecstatic elated enthralled exuberant radiant rapturous thrilled</p>	 <p>AFRAID apprehensive dread foreboding frightened mistrustful panicked petrified scared suspicious terrified wary worried</p>
 <p>DISCONNECTED alienated aloof apathetic bored cold detached distant distracted indifferent numb removed uninterested withdrawn</p>	 <p>SAD depressed dejected despair despondent disappointed discouraged disheartened forlorn gloomy heavy hearted hopeless melancholy unhappy wretched</p>
 <p>VULNERABLE fragile guarded helpless insecure leery reserved sensitive shaky</p>	 <p>FATIGUE beat burnt out depleted exhausted lethargic listless sleepy tired weary worn out</p>
 <p>YEARNING envious jealous longing nostalgic pining wistful</p>	 <p>PAIN agony anguished bereaved devastated grief heartbroken hurt lonely miserable regretful remorseful</p>
 <p>JOYFUL amused delighted glad happy jubilant pleased tickled</p>	 <p>PEACEFUL calm clear headed comfortable centered content equanimous fulfilled mellow quiet relaxed relieved satisfied serene still tranquil trusting</p>



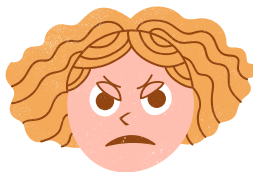
ENGAGED

absorbed
alert
curious
engrossed
enchanted
entranced
fascinated
interested
intrigued
involved
spellbound
stimulated



CONFUSED

ambivalent
baffled
bewildered
dazed
hesitant
lost
mystified
perplexed
puzzled
torn



REFRESHED

enlivened
rejuvenated
renewed
rested
restored
revived



EXCITED

amazed
animated
ardent
aroused
astonished
dazzled
eager
energetic
enthusiastic
giddy
invigorated
lively
passionate
surprised
vibrant

ANNOYED

aggravated
dismayed
disgruntled
displeased
exasperated
frustrated
impatient
irritated
irked

ANGRY

enraged
furious
incensed
indignant
irate
livid
outraged
resentful

DISQUIET

agitated
alarmed
discombobulated
disconcerted
disturbed
perturbed
rattled
restless
shocked
startled
surprised
troubled
turbulent
turmoil
uncomfortable
uneasy
unnerved
unsettled
upset



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AFFECTIONATE

compassionate
friendly
loving
open hearted
sympathetic
tender
warm



TENSE

anxious
cranky
distressed
distracted
edgy
fidgety
frazzled
irritable
jittery
nervous
overwhelmed
restless
stressed out



GRATEFUL

appreciative
moved
thankful
touched

INSPIRED

amazed
awed
wonder



ENGAGED

absorbed
alert
curious
engrossed
enchanted
entranced
fascinated
interested
intrigued
involved
spellbound
stimulated

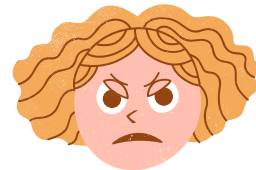
HOPEFUL

expectant
encouraged
optimistic



CONFUSED

ambivalent
baffled
bewildered
dazed
hesitant
lost
mystified
perplexed
puzzled
torn



TENSE

anxious
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