

# 🌟 The Double Whammy

You are...	...in a world built for...
<b>Neurodivergent</b>	Neurotypical brains
<b>Female</b>	Emotional compliance

▼ This often means you've been:

**Shamed for feelings**

**Labeled dramatic or "too much"**

**Punished for reacting to unsafe / unsupported settings**

🌟 "This is the double whammy in action: cultural misogyny amplified by neurodivergence bias."

