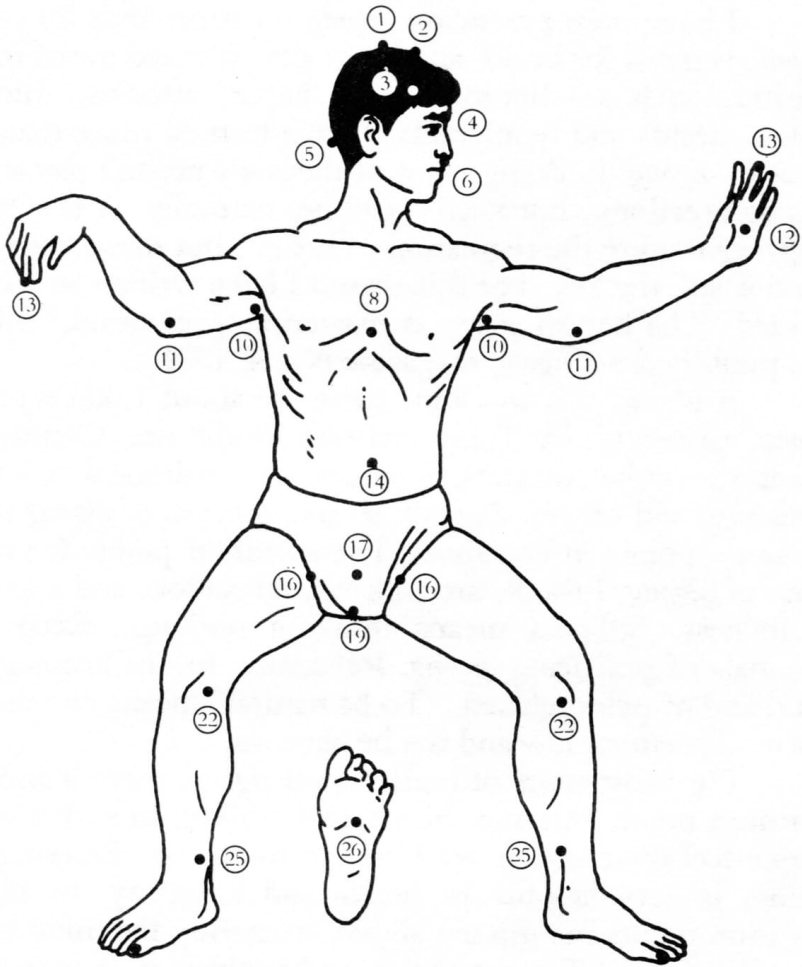
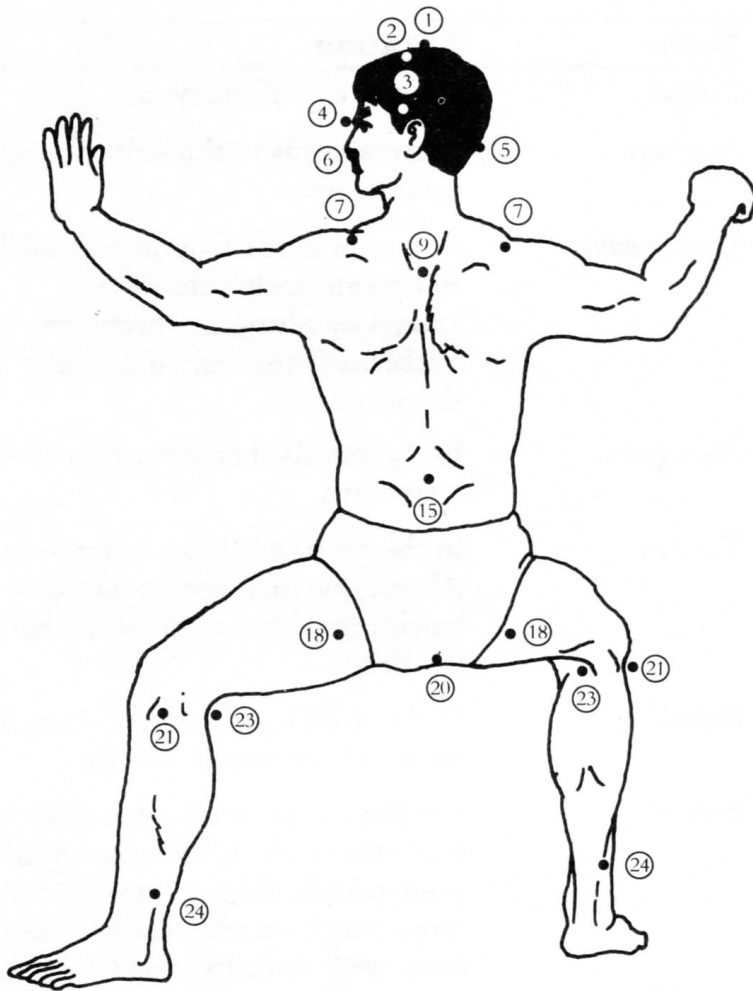


DIAGRAM OF RELEVANT ACUPOINTS





1. Baihui 2. Naomen 3. Upper dantian 4. Xuanguan 5. Yuzhen
 6. Renzhong 7. Jianjing 8. Shanzhong 9. Jiaji 10. Jiquan 11. Shaohai
 12. Laogong 13. Zhongchong 14. Middle dantian 15. Mingmen
 16. Qichong 17. Pubic bones 18. Huantiao 19. Lower dantian (Huiyin)
 20. Changqiang 21. Yanglingquan 22. Yinlingquan 23. Weizhong
 24. Xuanzhong 25. Sanyinjiao 26. Yongquan

Appendix III:

LOCATION OF RELEVANT ACUPOINTS

No.	Name	Location
1	<i>Baihui</i>	On the top of the head.
2	<i>Naomen</i>	Corresponds to the soft spot on an infant's head.
3	Upper <i>dantian</i>	A region in the frontal part of the brain one inch behind the <i>xuanguan</i> acupoint (between eyebrows) and one inch under the <i>naomen</i> .
4	<i>Xuanguan</i>	In the middle between two eyebrows.
5	<i>Yuzhen</i>	In the pit just below occipital bone. About one inch above the back hairline in the middle of the back of the head.
6	<i>Renzhong</i>	In the middle of the groove under the nose and above the lip.
7	<i>Jianjin</i>	On the shoulder about two inches from the neck. Under the tip of your middle fingers, while you cross hands on either side of the neck with thumbs next to the neck.
8	<i>Shanzhong</i>	In the pit of the stomach.
9	<i>Jiaji</i>	Three inches below the greater cervical vertebra.
10	<i>Jiquan</i>	In the armpit.
11	<i>Shaohai</i>	At the inside end of the transverse line across the elbow joint, when the elbow is bent.

No.	Name	Location
12	<i>Laogong</i>	In the centers of palms.
13	<i>Zhongchong</i>	In the tip of the middle (second) finger.
14	Middle <i>Dantian</i>	Behind the navel, three-tenths of the distance between the navel and the <i>mingmen</i> acupoint on the back.
15	<i>Mingmen</i>	Located on the back and opposite to the navel.
16	<i>Qichong</i>	Mid-way from the crotch to the hip. In the transverse line across the hip joint (about 1 inch lower than the middle point of the transverse line).
17	Pubic bones	
18	<i>Huantiao</i>	In the pit behind the greater trochanter of the femur. In the side of your buttock.
19	Lower <i>Dantian</i>	i.e. <i>huiyin</i> acupoint (perineum). It is located in the middle point between the genitalia and anus.
20	<i>Changqiang</i>	A half an inch below the lower end of the coccyx.
21	<i>Yanglingquan</i>	In the pit before and beneath the upper condyle of the calf bone, while the knee is bent. About two inches below the knee and in the middle of the outside of the leg.

No.	Name	Location
22	<i>Yinlingquan</i>	In the pit behind and beneath the upper end of the tibia, when the knee is bent. About two inches below the knee and in the middle of the inside of the leg.
23	<i>Weizhong</i>	In the center of popliteal space at the back of the knee.
24	<i>Xuanzhong</i>	Three inches above the outside ankle-joint and behind the calf bone.
25	<i>Sanyinjiao</i>	Three inches above the inside ankle-joint and behind the tibia.
26	<i>Yongquan</i>	In the pit of the front part of the sole while toes are crimped.

Note: One inch equals the distance between two transverse lines of the middle section of your middle finger.