

CURRICULUM VITA

**ANDREW M. COLOMBO-DOUGOVITO, PhD, CAPE**

Assistant Professor of Motor Behavior & Sport Pedagogy

**CONTACT**

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**AREA OF EXPERTISE**

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My specific area of research interest focuses on understanding the motor development and physical activity behaviors of individuals on the autism spectrum across their lifespan. Through a radical pragmatic lens, I use my expertise in mixed methodology to employ both qualitative and quantitative methods in the search of high-quality intervention, assessment, and teaching strategies to reduce systemic barriers to physical activity and healthy behaviors. Through participatory research frameworks, I am interested in co-producing research that closely aligns with actual community need to ensure equal opportunity is provided to autistic individuals and their families.

**EDUCATION**

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Year	Degree	Major	Institution
2017	Ph.D.	<b>Kinesiology</b> , focus in Adapted Physical Education	University of Virginia Charlottesville, VA
		<i>Dissertation:</i> A mixed methods analysis of the effects of a fundamental motor skill intervention for children with autism spectrum disorder. <a href="https://doi.org/10.18130/V3HW66">https://doi.org/10.18130/V3HW66</a> <i>Committee:</i> Drs. Martin Block (chair), Luke Kelly, B. Ann Boyce, & Nancy Deutsch.	
2011	M.A.	<b>Special (Adapted) Physical Education</b>	Western Michigan University Kalamazoo, MI
		<i>Thesis:</i> Comparison of physical fitness performance between elementary-age students with and without attention deficit hyperactivity disorder <i>Advisor:</i> Dr. Jiabei Zhang.	
2009	B.S.	Major: <b>Physical Education</b> Minors: Health, History	University of Michigan Ann Arbor, MI

## PROFESSIONAL EXPERIENCE

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<b>Years</b>	<b>Rank/Job Title</b>	<b>Place of Employment</b>
2017 — Present	<b>Assistant Professor</b>	<i>Dept. of Kinesiology, Health Promotion, &amp; Recreation</i> University of North Texas Denton, TX
2016 — 2017	<b>Graduate Researcher</b>	<i>Motivation Intervention Design Lab</i> Curry School of Education University of Virginia Charlottesville, VA
2014 — 2017	<b>University Supervisor</b>	<i>Dept. of Kinesiology</i> University of Virginia Charlottesville, VA
2013 — 2017	<b>Doctoral Research &amp; Teaching Assistant</b>	<i>Dept. of Kinesiology</i> University of Virginia Charlottesville, VA
2012 — 2013	<b>Assistant Researcher</b>	<i>Curriculum &amp; Instruction Lab</i> School of Kinesiology University of Michigan Ann Arbor, MI

## HONORS & AWARDS

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2020	Awarded “Top Faculty Paper” <i>Commission on the Status of Women, Association for Education in Journalism and Mass Communication (AEJMC)</i>
2019	Elly D. Friedmann Young Professional Award <i>International Federation for Adapted Physical Activity (IFAPA)</i>
2019 — 2020	Mentoring Micro-grant (\$1,500) <i>Office for the Provost and VP for Academic Affairs, University of North Texas</i>
2019	Travel Support (\$1,000) <i>Office of the Provost, University of North Texas</i>
2017	Connect Learning Grant and Course Development Program (\$750) <i>Career Connect, University of North Texas</i>
2017	Mary Catherine Ellwein Award <i>Curry School of Education, University of Virginia</i>
2017	Adapted Physical Education/Activity Graduate Student of the Year <i>SHAPE America</i>
2016	Linda K. Bunker Scholarship <i>Department of Kinesiology, University of Virginia</i>
2010	Golden Key International Honor Society <i>Nominated &amp; Inducted, Western Michigan University</i>

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## RESEARCH

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### SELECTED (2019-2020) SCHOLARLY PUBLICATION RECORD

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#### Data-Based or Theoretically Refereed Papers

19 total.

+Mentorship of Student.

1. **Colombo-Dougovito, A.M., & Lee, Ji.** (in press). Social skill outcomes following physical activity-based interventions for individuals on the autism spectrum: A scoping review spanning young childhood through young adulthood. *Adapted Physical Activity Quarterly*. Accepted April 28, 2020.
2. Weiller, K. A., Everbach, T., & **Colombo-Dougovito, A. M.** (in press). She's a lady; he's an athlete; they have overcome: Portrayals of gender and disability in the 2018 Paralympic Winter Games. *Journal of Sports Media*. Accepted April 1, 2020.
3. **Colombo-Dougovito, A. M.,** Blagrove, A. J., & Healy, S. (2020). A grounded theory of adoption and maintenance of physical activity among autistic adults. *Autism*. Advanced Online Publication. DOI: 10.1177/1362361320932444.
4. McNamara, S. W. T., **Colombo-Dougovito, A. M.,** Weiner, B., & Aheans, C. (2020). Adapted physical educators perceptions of educational research. *Research Quarterly for Exercise and Sport*. Advance Online Publication. DOI: 10.1080/02701367.2020.1732858
5. **Colombo-Dougovito, A. M.,** Block, M. E., +Zhang, X., & +Strehli, I. (2020). A multiple method review of accommodations to standardized assessments commonly used with children and adolescents on the autism spectrum. *Autism*, 24(3), 693-706. DOI: 10.1177/1362361319884400
6. **Colombo-Dougovito, A. M.** (2019). Building rapport: Improve interviews to capture detailed responses from parents of children with disabilities. *PALAESTRA*, 33(4), 10-19.
7. **Colombo-Dougovito, A. M.,** Kelly, L. E., & Block, M. E. (2019). The effect of task modifications on the fundamental motor skills of boys on the autism spectrum. *Journal of Developmental and Physical Disabilities*, 31(5), 653-668. DOI: 10.1007/s10882-019-09666-4
8. **Colombo-Dougovito, A. M., & Block, M. E.** (2019). Fundamental motor skill interventions for individuals with autism spectrum disorder: A literature review. *Review Journal of Autism and Developmental Disabilities*, 6(2), 159-171. DOI: 10.1007/s40489-019-00161-2
9. Blagrove, A. J., & **Colombo-Dougovito, A. M.** (2019). Community barriers to physical activity for families with a child with autism spectrum disorder. *Advances in Neurodevelopmental Disorders*, 3(1), 72-84. DOI: 10.1007/s41252-018-0094-0.

#### Data-Based or Theoretically Refereed Papers in Review or Preparation

13 total (5 in review; 8 in preparation).

10. Blagrove, A. J., **Colombo-Dougovito, A. M., & Healy, S.** (in review). "Just invite us": Autistic adults' recommendations for developing more accessible physical activity opportunities.
11. **Colombo-Dougovito, A. M.,** Kelly, L. E., & Bishop, J. C. (in review). A pilot investigation of potential modifications to gross motor assessment for children with autism spectrum disorder.

12. **Colombo-Dougovito, A. M.**, McNamara, S. W. T., Kumferstein, H., & Blagrove, A. J. (in review). ‘Not everybody enjoys physical activity’: A qualitative Twitter study of the barriers experienced by autistic adults.
13. **Colombo-Dougovito, A. M.**, Block, M. E., & MacDonald, M. (in review). Including children and adolescents on the autism spectrum in kinesiology research: Strategies to navigate the gray area of informed consent.
14. McNamara, S., Lieberman, L., Wilson, K., & **Colombo-Dougovito, A. M.** (in review). “I mean I hate to say it’s sink or swim, but...”: College course instructors’ perceptions of the adapted physical education content that they prioritize and teach.

## Book Chapters

3 total (1 in press, 1 in preparation).

1. Lourenço, C., Esteves, D., & **Colombo-Dougovito, A. M.** (in preparation). Methodological strategies, planned motor activities and motor assessment in children and young people with autism spectrum disorder. In D. Esteves (Ed.), *Exercise: Physical, Physiological and Psychological Benefits*, Hauppauge, NY: Nova Science Publishers, Inc.
2. **Colombo-Dougovito, A. M.**, Dillon, S. R., & Mpofo, E. (in press/Dec. 2020). Neurodiverse people. In E. Mpofo (Ed.), *Sustainable Community Health: Systems and Practices in Diverse Settings*, Basingstoke, United Kingdom: Palgrave Macmillan.

## Non-traditional Publications (Non-referred)

4 total (1 print; 3 audio).

1. Martin, R. (Editor), & **Colombo-Dougovito, A. M.** (Contributor). (2020, Oct. 20). *Adapted physical educators perceptions of educational research [Audio podcast]*. Retrieved from <https://anchor.fm/PwRHPE/episodes/125-APE-Teachers-Perspectives-of-Educational-Research-ejppgg/a-a3jacui>.
2. Block, M. E., Judge, J., Nichols, C., & **Colombo-Dougovito, A. M.** (2020, Sept.). How physical activity can benefit your child with autism. *Autism Parenting Magazine*, 107, 11-18.
3. McNamara, S. (Editor), **Colombo-Dougovito, A. M.** (Contributor), Aherns, C. (Contributor), & Weiner, B. (Contributor). (2020, July 15). *Adapted physical educators’ perspectives of educational research [Audio podcast]*. Retrieved from <https://mrmcnamaras.blogspot.com/2020/07/adapted-physical-educators-perspectives.html>.
4. McNamara, S. (Editor), **Colombo-Dougovito, A. M.** (Contributor), Blagrove, A.J. (Contributor), & Vanderbom, K. (Contributor). (2019, July 17). *Social justice in adapted physical education [Audio podcast]*. Retrieved from <http://mrmcnamaras.blogspot.com/2019/07/social-justice-in-adapted-physical.html>.

## SELECTED (2019-2020) PAPERS PRESENTED

50 presentation (4 invited presentations, 1 webinar, 16 international, 18 national, 11 regional); \* denote presenting author

1. **Colombo-Dougovito, A. M.** (2021, March 12). *Navigating access: Modifying the environment to leverage the strengths of autistic youth*. Invited oral presentation for the Binghamton Regional Center for Autism Spectrum annual conference, Binghamton, NY [Remote].

2. **Colombo-Dougovito, A. M.** (2020, Oct. 7). *We are in this together: Improving research outcomes by including key stakeholders*. Webinar presented to the AERA Research on Learning & Instruction in Physical Education special interest group (SIG93).
3. \*Everbach, T., Weiller-Abels, K., & **Colombo-Dougovito, A.** (2020, August). *She's a Lady; He's an Athlete; They have overcome: Portrayals of Gender and Disability in the 2018 Paralympic Winter Games*. [Virtual] Paper presented at the Association for Education in Journalism and Mass Communication (AEJMC) conference organized by the Commission on the Status of Women, San Francisco, CA.
4. McNamara, S., \***Colombo-Dougovito, A. M.**, Ahrens, C., & Weiner, B. (2020, April). *Adapted Physical Educators' Views Toward Educational Research*. Digital paper presentation for the 2020 SHAPE America National Convention & Expo, Salt Lake City, UT.
5. \***Colombo-Dougovito, A. M.**, Blagrave, A., Vanderbom, K. & McNamara, S. (2020, April). *We Are in This Together: Improving Research Outcomes by Including Key Stakeholders* [Pre-Conference Mentoring Session]. American Educational Research Association (AERA) Annual Meeting, San Francisco, CA <http://tinyurl.com/qlhx5hw> (Conference canceled due to COVID-19)
6. \***Colombo-Dougovito, A. M.**, Blagrave, A. J., & Healy, S. (2019, June). *Lifetime physical activity experiences of autistic adults: A grounded theory study*. Paper presented at the 2019 International Symposium of Adapted Physical Activity (ISAPA), Charlottesville, VA.
7. \***Colombo-Dougovito, A. M.**, Block, M. E., +Zhang, X., & +Strehli, I. (2019, June). *Common modifications for youth on the autism spectrum during motor and physical fitness assessment*. Paper presented at the 2019 International Symposium of Adapted Physical Activity (ISAPA), Charlottesville, VA.
8. \***Colombo-Dougovito, A. M.**, Blagrave, A. J., Vanderbom, K.. & McNamara, S. (2019, June). *Participatory research: Improving adapted physical activity outcomes by including key stakeholders*. Building session presented at the 2019 International Symposium of Adapted Physical Activity (ISAPA), Charlottesville, VA.
9. \*Mpofu, E., Holloway, L., Zhong, X., Ludi, S., Shou, Z., ... **Colombo-Dougovito, A.**, ... & Berhadsky, J. (2019, May). *Smart technologies for inclusive living aging with autism spectrum disorder (STILAS)*. Poster presented at Enabling Health Technologies meeting, Denton, TX.
10. \***Colombo-Dougovito, A. M.**, Blagrave, A., & Healy, S. (2019, May). *A new grounded theory of physical activity participation in autistic adults: Preliminary findings*. Paper presented at the International Society for Autism Research (INSAR) 2019 annual meeting, Montreal, Canada.
11. \*Blagrave, A., & **Colombo-Dougovito, A. M.** (2019, March). *Experiences participating in community physical activity by families who have an autistic child: Findings and recommendations*. Poster presented at the 2019 Pac Rim International Conference on Disability and Diversity, Manoa, HI.
12. \***Colombo-Dougovito, A. M.**, & Blagrave, A. J. (2019, March). "Unless you deal with the sensory stuff, nothing else matters": *Autistic adult's experiences with physical activity and recommendation for better inclusion*. Paper presented at second annual Able, Active, and Adaptive Conference, College Station, TX.

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## TEACHING

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### Course Enrollment Totals (credit)

*\*updated existing course, \*\*re-designed existing course, \*\*\*designed new course*

*UG = undergraduate level; G = graduate level*

Course #	Course Title	Level	Semesters	Enrollment	Location
KINE 3020*	<b>Movement for Individuals with Disabilities (hybrid)</b>	UG	8	560	UNT

**Student Evaluations** (Summative Rating [5.0 highest], Challenge & Engagement Index [7.0 highest]):

*[Previous 2 semesters evaluations]*

Summer 2020: 4.4, 4.0 (Online due to COVID-19)

Spring 2020: 4.8, 5.0

KINE 3550	<b>Elementary Teaching Methods</b>	UG	1	68	UNT
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**Student Evaluations** (Summative Rating [5.0 highest], Challenge & Engagement Index [7.0 highest]):

*[Previous 2 semesters evaluations]*

Spring 2020: 4.7, 4.8

KINE 5100**	<b>Research Perspectives in Kinesiology, Health Promotion, and Recreation</b>	G	1	30	UNT
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**Student Evaluations** (Summative Rating [5.0 highest], Challenge & Engagement Index [7.0 highest]):

*[Previous 2 semesters evaluations]*

Fall 2020: On-going [online]

Fall 2019: 4.8, 5.8

KINE 2900	<b>Special Problems Research</b>	UG	1	1	UNT
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KINE 4900	<b>Special Problems Research</b>	UG	1	1	UNT
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KINE 5900	<b>Special Problems Research</b>	G	1	1	UNT
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INST 3150*	<b>CavEd Seminar</b>	UG	2	26	UVA
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**Student Evaluations** (Summative Rating [5.0 highest]):

Fall 2016: 4.5

Spring 2015: n/a

KINE 5000***	<b>PE for Children with ASD (online)</b>	UG/G	1	11	UVA
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**Student Evaluations:**

Fall 2016: n/a

## Selected (2020) Invited Lectures and Symposia

19 total.

1. **Colombo-Dougovito, A.** (2020, November). *Examining our presumptions: How society influences our presumption of “ability” and its influence on disabled people.* PEMES 4152: Adapted Physical Education, University of Northern Iowa. [Remote lecture]
2. **Colombo-Dougovito, A.** (2020, April). *“We live in a disabling society”: Artificial limitations, major barriers, and social injustice in the US as a result of ableism.* KINE 2050: Sociology of Sport, University of North Texas. [Lecture recorded for future semesters]

## Workshops

2 total.

1. **Colombo-Dougovito, A.** (2019, June). *Task modifications for building motor skills of autistic children.* Practitioners and Researcher at ISAPA conference, University of Virginia, Charlottesville, VA. 1.5 hour training.
2. **Colombo-Dougovito, A.** (2019, January). *Gross motor assessment and goal development.* Administration and Behavioral Specialist at Kristin Farmer Autism Center, University of North Texas, Denton, TX. 4 hour training.

## GRADUATE & UNDERGRADUATE STUDENTS ADVISED

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### UNT Graduate Student Research

*\*Intended graduation.*

#### Doctorate Students – Dissertation (Chair or Committee Member)

*2021	Caroline Henry-Packer, Ph.D. in Early Childhood <b>Committee Member</b> (4 semester)
2020	Joonyoung Lee, Ph.D. in Educational Psychology, (focus <i>Sport Pedagogy &amp; Motor Behavior</i> ) <b>Committee Member</b> (3 semester) Proposal: October 2019 Defense: October 2020 Title: “Fundamental Motor Skills Competence On Undeserved Preschool Children’s Health Outcomes: A Mixed-Methods Approach”
2020	Kay Shurtleiff, Ph.D. in Gifted Education <b>Committee Member</b> (3 semester) Proposal: August 2019; Defense: March 2020 Title: “Teachers’ Attitudes toward Professional Development”
2018	Noel Jett, Ph.D. in Gifted Education <b>Committee Member</b> (2 semesters) Proposal: June 2018; Defense: October 2018 Title: “Radically early college entrants on radically early college entrance: A heuristic exploration”

**Master's Students – Thesis (Chair or Committee Member)**

- \*2021 Geetha Sama, M.S. in Kinesiology  
**Chair** (1 semester)
- \*2021 Mansi Patel, M.S. in Kinesiology  
**Chair** (1 semester)
- \*2021 Medhavi Joshi, M.S. in Kinesiology  
**Chair** (1 semester)
- \*2021 Tylar Smith, M.S. in Kinesiology  
**Chair** (1 semester)

**Master's Students – Advising**

- \*2021 Zaquavia Bluitt, M.S. in Kinesiology  
**Advisor** (3 semesters)
- \*2020 Carlos (Daniel) Martinez, M.S. in Kinesiology  
**Advisor** (2 semesters)
- 2019 Georgina Vint, M.S. in Interdisciplinary Studies  
(3 semester)

**Master's Students – Individual Research Project Advisor**

- 2020 — 2021 Carlos (Daniel) Martinez, M.S. in Kinesiology
- 2020 Zaquavia Bluitt, M.S. in Kinesiology
- 2019 — 2020 Sarah Stutts, M.S. in Anthropology

**UNT Undergraduate Student Research**

*\*Intended end date of project.*

**Special Projects Advisor**

- 2020 Zoe Alderman (2 semesters)  
*Title:* Impact of equine therapy on individuals diagnosed with PTSD: A systematic review

**TAMS Research Project Advisor**

- 2019 — Present Rishin Kesarla (on-going, 3 semesters)  
*Title:* Robot-use to increase PA in autistic children  
**Awards:** 1st place poster award, Sigma Xi Student Research Conference (Human Behavioral and Social Science category), 1st place, Senior Division, Forth Worth Science and Engineering Fair.

**Students Advised at Other Institutions**

*\*Intended end date of project.*

- 2019 — 2020 Victoria Lagous (Highland Park High School — AP Research Project)



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## SERVICE

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### JOURNAL ACTIVITIES

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#### Editorial Board

- 2019 — Present      *Revista de Sobama: Journal of the Brazilian Assoc. of Adapted Motor Activity*  
 2017 — Present      *PALAESTRA*

#### Reviewer

Frontiers Psychology (2020 — Present), Research in Autism Spectrum Disorder (2020 — Present), Autism Research (2019 — Present), Journal for the Measurement of Physical Behaviour (2019 — Present), Journal of Advanced Academics (2019 — Present), Research Quarterly for Exercise and Sport ((2019 — Present), Autism (2018 — Present), Exceptional Children (2018 — Present), Journal of Autism and Developmental Disorders (2018 — Present), Perceptual and Motor Skills (2018 — Present), Research in Developmental Disabilities (2017 — Present), Adapted Physical Activity Quarterly (2016 — Present), PALAESTRA (2015 — Present), Journal of Teaching in Physical Education (2018), Journal of Motor Learning and Development (2017) & British Journal of Visual Impairment (2016).

### MEMBERSHIP & SERVICE IN PROFESSIONAL ORGANIZATIONS

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#### International Society for Autism Research (INSAR)

- 2019                      **Co-leader**, Special Interest Group: “Building on existing strengths and lessening current barriers to physical activity for autistic individuals across the lifespan”  
 2017 — Present        **Member**

#### Mixed Methods International Research Association (MMIRA)

- 2017 — Present        **Member**

#### International Federation of Adapted Physical Activity (IFAPA)

- 2017 — Present        **Member**

#### National Consortium for PE for Individuals with Disabilities (NCPEID)

- 2019 — 2021            **Historian** (Board of Directors)  
 2019 — 2022            **Member**, Legislative Committee  
 2018 — 2019            **Chair**, Membership Committee  
 2017 — 2019            **Member-at-large** (Board of Directors)  
 2018                      **Reviewer**, Annual convention proposal abstracts  
 2018                      **Moderator**, Annual convention  
 2014 — Present        **Member**

#### North American Federation of Adapted Physical Activity (NAFAPA)

- 2016 — 2018            **Student Representative** (Board of Directors)  
 2018                      **Reviewer**, Annual convention proposal abstracts

2018 **Moderator**, Annual convention

2014 — Present **Member**

### **Society for Health and Physical Education in America (SHAPE America)**

2020 **Reviewer**, Tommy Wilson Grant Applications

2020 — 2021 **Chair**, Special Interest Group: "Adapted Physical Education/Activity

2019 — 2020 **Chair-elect**, Special Interest Group: "Adapted Physical Education/Activity"

2017 — Present **Member**, Annual Convention Program Committee

2014 — Present **Reviewer**, Annual convention proposal abstracts

2009 — Present **Member**

### **American Educational Research Association (AERA)**

2020 **Reviewer**, 2021 Annual Meeting

2019 — Present **Member**

### **Texas Assoc. for Health, Physical Ed., Recreation & Dance (TAHPERD)**

2017 — 2019 **Member**

### **Virginia Assoc. for Health, Physical Ed., Recreation & Dance (VAHPERD)**

2015 — 2017 **Member**

### **Society for Health and Physical Education in Colorado (SHAPE Colorado)**

2011 — 2012 **Member**

### **Michigan Assoc. for Health, Physical Ed., Recreation & Dance (MAHPERD)**

2009 — 2011 **Member**

## **SERVICE TO THE UNIVERSITY**

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### **University**

2019 — 2021 **Member**, Neurodiversity Committee (Invitation, UNT)

### **College**

2020 — 2023 **Member**, Academic Affairs Committee (Elected, UNT)

2019 — 2021 **Member**, Scholarship Committee (Chair-nomination, UNT)

2016 **Affiliate Mentor**, Summer Undergraduate Research Program (UVA)

### **Department**

2020 **Member**, Adhoc Kinesiology Curriculum Subcommittee (Volunteer, UNT)s

2019 — 2022 Americans with Disabilities Act Representative (Elected, UNT)

2019 — 2021 **Member**, Graduate Curriculum Committee (Elected, UNT)

2018 — 2021 **Member**, Activity Program Committee (Elected, UNT)

2018 — 2020 **Member**, Undergraduate Curriculum Committee (Elected, UNT)

2019 — 2020 **Chair**, Scholarship Committee (Elected, UNT)

2017 — 2020 **Member**, Scholarship Committee (Elected, UNT)

2020 — Present **Director**, Disability & Movement Research Collective (UNT)