

Should AI Make Your Work Harder?

Add friction to make your thinking sharper.

Question the answer

Assume the answer isn't correct. At least not yet. Ask AI to explain its work.

Show your work.

Where did you get your thinking?

Show me an example of this.

Give me the pros and cons of that suggestion.

Question yourself

Ask AI to interrogate you.

Why did I suggest that?

Why was that my idea?

What are the risks?

What are the benefits?

Ask your team

Pose these questions to the people you work with. It shows everyone that the best way to improve is by asking questions.