

Place	Team Name	#1 Name	Class	#2 Name	Class	Team time
1	The Lasers	Wilf Tovey	M16	Issac Griffiths	M16	23:12
2	Sam and ?	Sam Payne	M14	Jenni Nellist	W45	23:57
3	Bish Bash Bosh	Peter O'kane	M55	Samantha Healy	W50	26:15
4	Newbies	Ffion Evans	W21	Maddie Tracey	W21	28:43
5	Lost Vagueness	Sasha Habgood	W50	Tom Habgood	M55	28:57
6	Chips and hips	Margaret Reynolds	W65	Gary Waters	M75	31:24
7	Slow and Steady	Mike Dobbs	M75	David Mitchell	M65	37:40
8	Control Freaks	James Morris	M16	Lucie Morris	W14	38:17
9	Uplands Upstarts	Paul Johnson	M60	Brigid Haines	W65	49:08
10	Tudor Team	Patrick Tudor	M35	Molly Tudor	W10	56:10
	Tim Melyn	Iestyn Evans	M21	Megan Symons	W21	MP