

SBOC Street O

Wednesday 9 February 2011 · Gowerton · Results

SBOC Gowerton Street "O" 09.02.2011

Thanks to all who attended and attempted courses which were too long.
David Seward clocked his run as 7.5 km.!

Results

1. Congratulations to Margaret Reynolds who completed the short course and was the only one to gain bonus points.

2. There were 20 controls in the short course and an extra 7 controls to make up the long course. Runners completed the following:

Ben Mitchell	23	(including 5 long controls)
David Seward	20	(3)
Margaret Reynolds	20	
Dave Mitchell	18	
Matthew Jones	16	(5)
Gary Robertson	16	
Dave Bird	15	(1)
Roger Stein	11	
Cerys, Ellie, Laura, Stephen	3	

3. Only two runners exceeded the 45 minutes and suffered penalty points, Ben (-8), Margaret (-28)

So final results after applying bonus and penalty points:

Short Course

1.	Dave Mitchell	18
2.	Gary Robertson	16
3.	Dave Bird	15
4.	Roger Stein	11
5.	Cerys, Ellie, Laura, Stephen	3
9.	Margaret Reynolds	- 6

Long Course

1.	David Seward	20
2.	Matthew Jones	16
3.	Ben Mitchell	15

Conclusions: "Always get back in time" is good advice if you want to win!
Otherwise enjoy the run!

I appreciated the good humour of competitors before and after the event.

Many thanks for your support of this SBOC activity.

John King