



# SWANSEA BAY ORIENTEERING CLUB

Summer League 12

Ogof Fynnon Du

Sunday 13<sup>th</sup> September 2026

| EVENT DETAILS                  |                                                                                                                                                                                                                                                                                          |
|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Location:</b>               | NGR: 857155, What three words ///harp.imply.nerve                                                                                                                                                                                                                                        |
| <b>Travel directions:</b>      | From Swansea A4067 travelling north, take turning right after <b>Pen Y Cae</b> village. Coming from Brecon and north turn left after <b>Craig y Nos Park</b> . Continue to end of road, along rough track past quarry to car park on left before Caving Club.                            |
| <b>Terrain:</b>                | Open hill, rough rocky terrain with tussock areas, small cliffs & sink holes.                                                                                                                                                                                                            |
| <b>Map:</b>                    | 1:10000                                                                                                                                                                                                                                                                                  |
| <b>Registration:</b>           | 10am onwards                                                                                                                                                                                                                                                                             |
| <b>Starts:</b>                 | 10.00am – 12.00pm<br>Courses close at 2pm                                                                                                                                                                                                                                                |
| <b>Entry fees:</b>             | Enter on pre-entries. Entries on the day are welcomed as well, however, there will be limited map availability so please e-mail before you travel to avoid disappointment.<br><br>Using SI electronic punching and there are SI units for hire at registration.                          |
| <b>Courses:</b>                | Brown, blue, green, light green, orange and yellow – please see pre-entries for further details, if required, for lengths and climb.                                                                                                                                                     |
| <b>Organiser:</b>              | Sasha & Tom Habgood      Contact no. 07901808537 / 07826518270                                                                                                                                                                                                                           |
| <b>Safety Information</b>      | A risk assessment has been completed but it should be noted that competitors take part at their own risk.<br><br>Competitors are reminded that they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course. |
| <b>Additional information:</b> | Dogs under control (sheep are in the area)<br>Mountain terrain so Whistle & Cagoule may be required depending on weather. Whistle is compulsory. Terrain is tough.                                                                                                                       |