



Swansea Bay
Orienteering
Club

Welsh League Event (Including SBOC 2025 Club Championships)

At Kenfig Burrows

Sunday 9th November 2025

EVENT DETAILS – Final Details

Location:

NGR: SS 802810, Post Code: CF33 4PP W3W : [///honest.incurring.those](http://honest.incurring.those)

Travel directions:

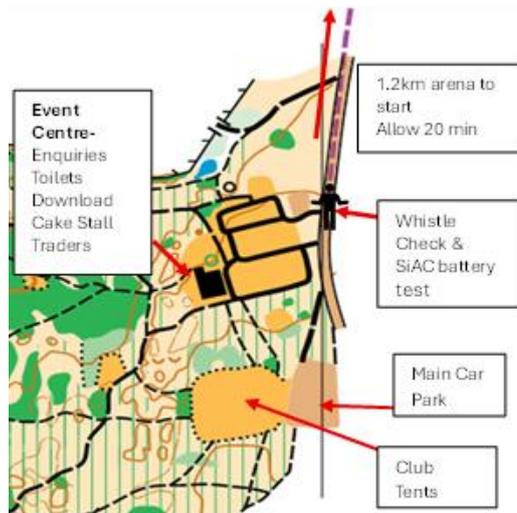
Parking in the overflow car park at Kenfig Nature Reserve Visitor Centre.



From the West leave the M4 at Jct 38, take the A48 towards Margam Park. Turn right onto B4283 (signed for Cornelly). Follow this road and turn right about 1 mile after passing under the railway line. Signed for Kenfig Nature Reserve Visitor Centre.

From the East leave the M4 at Jct 37 and turn onto the A4229. At the first roundabout turn right onto the B4283. Follow this road and turn left, just after leaving North Cornelly. Signed for Kenfig Nature Reserve Visitor Centre. We will be using the overflow car park just past the main car park, it will be signposted.

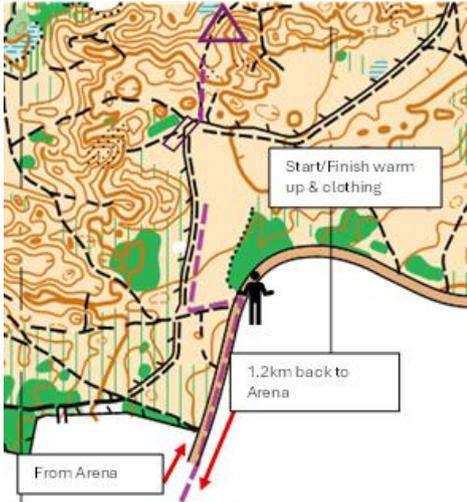
Parking charges apply: £1.00 – 90mins, £2- 3hours, £4- all day. There are no barriers, but an ANPR camera will record when you enter the car park, and you must pay before you leave. Pay stations are card only – No Cash, and can be found by the Visitor Centre and in each car park.



Compasspoint will be available for equipment and other sales in the vicinity of the event centre.

Terrain:

Technical orienteering at its best. Complex sand dunes, very runnable with wooded areas and seasonal marshes. Cattle graze the area and there are numerous paths. The ruins of Kenfig Castle in the North of the area are half hidden by the encroaching sands, which swallowed the village of Kenfig in late 14th century.

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| Entry Fees: | <p>Online entries now closed.</p> <p>Late entry and EOD subject to map availability (£2 adult/£1 junior supplement).</p> <p>Contact organiser for late entries.</p> <p>Entry on the Day will be accepted provided there are enough maps – available on a first come first serve basis. Cash or Card welcome.</p> <p>BOF Seniors £12.00. Non BOF Seniors £15</p> <p>BOF Juniors / Students £6.00. Non BOF Juniors/Students £8. SBOC Juniors – £3.00</p> <p>SI Hire £1 for adults, free for Juniors/Students</p> | | | | |
| Map: | Map version: 2022 with 2025 updates to reflect new fences. 2.5m Contours. | | | | |
| Courses: (Subject to final planning) | Course | Distance (km) | Climb (m) | Controls | Map scale |
| | Yellow | 2.1 km | 30m | 12 | 1:7500 |
| | Orange | 2.8km | 40m | 9 | 1:7500 |
| | Light Green | 3.7km | 70m | 10 | 1:7500 |
| | Short Green | 3.4km | 80m | 9 | 1:7500 |
| | Green | 4.7km | 130m | 12 | 1:10000 |
| | Blue | 6.8km | 160m | 16 | 1:10000 |
| | Brown | 8.8km | 210m | 21 | 1:10000 |
| SI: | SI electronic punching will be used. This event will be SIAC enabled, but you will have to punch the finish boxes. Hire Si cards (non SIAC) will be available to collect at registration. | | | | |
| Planners Notes: | The dunes are in a lovely runnable condition at the moment and the marshes are all relatively dry with one week to go. It is worth noting that there is ongoing work to remove some of the vegetation on the area, so some small bushes on the map may no longer exist and there may be some newly mown areas on the ground. | | | | |
| Registration: | Located in the Visitor Centre building adjacent to the car park and will be open from 09:30 Toilets area available in the Visitor Centre building. | | | | |
| Refreshments: | Swansea Bay Junior squad will be present selling cakes and hot drinks. Please give them your support. The Hydeout Coffee and snacks trader will also be present. | | | | |
| Timings: | Starts are from 10.30-13.00 Courses close at 15.00. PLEASE NOTE..In view of it being Remembrance Sunday we will not have start times between 10.59 and 11.02 to allow for a 2 minute silence in the start area. | | | | |
| Start and Finish locations | <div style="display: flex; align-items: flex-start;">  <div style="margin-left: 20px;"> <p>The start and finish are close to each other but remote from the Visitor Centre and parking.</p> <p>The start and the finish are 1.2km from the Event Centre. The route to them is along a road so please stay on the footpath when heading to the start and returning from the finish. The route will be taped and signed. U'16s should be accompanied by an adult.</p> <p>There will be a Whistle Check and SiAC battery test as you leave the car park enroute to the start.</p> <p>There will be a tent near the finish for clothing to be left whilst running.</p> </div> </div> | | | | |

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| <p>Start process:</p> | <p>The start will be a timed start and it is the competitors' responsibility to start at their allocated times. Helpers will have flexible start times and use a punching start.</p> <p>All competitors will have a Timed Start; no early starts will be permitted.</p> <ul style="list-style-type: none"> • Pre-Start: SIAC test units • -4 minutes: Call up and SI clear • -3 minutes: SI card check • -2 minutes: Loose control descriptions • -1 minute: Stand by the map box for your course • -10 secs: Pick up your map from the map box and check the course number correlates to the course you are running. Start on the long beep and follow the taped funnel to the start flag. <p>Control Descriptions</p> <p>Control Descriptions will be printed on the map and loose descriptions will be available in the start lanes.</p> <p>Late Starts</p> <p>It is the competitor's responsibility to arrive at the Pre-Start area in time for their start. If you arrive late for Call-up and we can catch you up with your allocated start time (within the -4 minutes pre-start window) you will be escorted by an official into the appropriate pre-start box and continue as normal.</p> <p>If we cannot catch you up (your start time has passed > -4 minutes), the late start official will identify the next available gap between competitors on your course at a 30 second interval.</p> <p>You will manually punch the start unit and follow the taped funnel to the start flag.</p> <p>Late starters will be timed from their original start time unless they believe they are late through the fault of the organiser. If you believe your lateness is the fault of the organiser then please make your case after your run at download.</p> <p>If you have made your case and it is upheld the start time from the SI start unit will be used as your new start time. If your case is not upheld or no case is submitted your original start time will be used to calculate your course completion time.</p> |
| <p>Finish:</p> | <p>The finish is not SiAC enabled so you must punch it.</p> <p>Download will be located within the visitor centre adjacent to registration.</p> <p>Please ensure you download after you finish even if you haven't completed the whole course.</p> |
| <p>SBOC Club Championships</p> | <p>All Swansea Bay members should read the rules of the Club Champs that are available on the website.</p> |
| <p>Officials:</p> | <p>Organiser: Niall Reynolds (SBOC) email: nm.reynolds@hotmail.co.uk</p> <p>Planner: Megan Mitchell (SBOC)</p> <p>Controller: Alice Bedwell (BOK)</p> |

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| Safety Information: | <ul style="list-style-type: none"> • A risk assessment has been completed but it should be noted that competitors take part at their own risk and are responsible for their own safety. • Goggles may be made compulsory if the weather is inclement, please bring one with you just in case. Goggles must have a hood. Windproof jackets are not an acceptable alternative. • Whistles are compulsory and we will be checked as you leave the car parking for the start. • Be aware of moving vehicles and take care whilst in the car park, and walking to and from the start and finish area. • U16's should be accompanied by an adult when walking to the start and back to the arena • Full leg cover due to low growing spiky undergrowth. • Cattle and other livestock use the area, please give them a wide berth and pass with care. • Please be aware of and courteous of other users of the Burrows. Dogs may be off the lead and could be startled by runners and become aggressive – slow down and give a wide berth. • Though unlikely, there may be ticks in the area. Please check after your run and remove immediately. A leaflet about tick removal can be found by following this link https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1057949/Tick_awareness_A5_leaflet.pdf • More details about Lyme Disease can be found by following this link - https://www.nice.org.uk/guidance/ng95/chapter/Recommendations#clinical-assessment • Competitors are reminded they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course. • Photographs might be taken to promote the sport. Please let the organiser know if you do not wish to be included. • Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards. |
| Personal Information: | <p>Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners, used in case of medical emergency and to trace missing SI cards.</p> |
| Event cancellation or postponement | <p>For the latest information check www.sbo.org.uk especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.</p> |
| Acknowledgements: | <p>We are very grateful to Kenfig National Nature Reserve for the generous use of their land.</p> <p>The Organising team would also like to recognise the efforts of the SBOC club members who have worked hard to make the whole Double Dunes Weekend happen.</p> |