

SBOC Club Championships

Saturday 20 May 2017 · Preseli Hills (East) · Results

Swansea Bay Orienteering Club

SBOC Club Championships 2017

Preseli Hills – 20th May 2017

[Extract of SBOC members from full event results]

[Note: When planning, course lengths are adjusted by an age factor based on average running speeds for that age

class. SBOC Club Champs use that age factor as a handicap and, together with the course length, adjust the

competitor's time taken so that results from different courses can be ranked and compared.]

[Adj Time = Time / Length * H'cap]

Brown – 7.8 km		(winner 44.57)	Time	H'cap	Adj Time	
Ben Mitchell	M21	44.57	44.57	1.0	5.76	SM1
Brendan Healy	M45	74.57	74.95	0.86	8.26	VM2
Tom Habgood	M45	86.00	86.00	0.86	9.48	VM5
Sasha Habgood	W45	101.12	101.20	0.67	8.69	VW2
Blue – 6.3 km		(winner 45.02)	Time	H'cap	Adj Time	
Oscar Healy	M14	52.26	52.43	0.84	6.99	JM1
Steve Quinton	M50	54.10	54.16	0.82	7.05	VM1
Cris Arnold	M50	71.33	71.55	0.82	9.31	VM3
Kerina Lake	W35	76.17	76.28	0.71	8.60	SW1
Dave Mitchell	M55	83.13	83.22	0.77	10.17	VM7
Gill Lock	W50	84.05	84.08	0.63	8.41	VW1
David Doherty	M60	89.44	89.73	0.70	9.97	VM6
Green – 4.3km		(winner 43.03)	Time	H'cap	Adj Time	
William Arnold	M16	43.03	43.05	0.84	8.41	JM4
Roger Stein	M60	57.17	57.28	0.70	9.32	VM4
Bridget Stein	W55	67.46	67.77	0.58	9.14	VW3
Mike Dobbs	M65	70.08	70.13	0.64	10.43	VM8
Stan Szajda	M70	90.14	90.23	0.57	11.96	VM9
Light Green – 4.0 km		(winner 45.55)	Time	H'cap	Adj Time	
Freddie Habgood	M14	45.55	45.92	0.80	9.18	JM5
Rhydian Howells	M65	100.03	n/c	0.65	n/c	-
Peter Seward	M85	DNF	-	0.32	-	-
Orange – 3.0 km		(winner 33.22)	Time	H'cap	Adj Time	
William Lake	M12	33.33	33.55	0.70	7.83	JM2
Freddie Lake	M12	35.42	35.70	0.70	8.33	JM1

(No JW entries)