



Swansea Bay  
Orienteering Club

## SBOC SUMMER LEAGUE 4

**Location:** Briton Ferry Woods

**Date:** Sunday 4<sup>th</sup> May 2026

### EVENT DETAILS

**Location:** OS Grid Ref SS747948 (nearest postcode Neath SA11 2TS), W3W (clean.lasts.budget)

**Travel directions:** From Briton Ferry A474 Neath Rd, take the turning onto Ynysmaerdy Rd. Parking and registration in the carpark at the end of the road. If carpark is full, please park considerately on nearby streets.

**Terrain:** Steep woodland. Can be slippery due to vegetation.

**Map:** A4. 1:7500. 5m Contours.  
Maps will be pre-marked and printed on waterproof paper.

<b>Course:</b>	<b>Course &amp; difficulty level</b>	<b>Distance (km)</b>	<b>Climb (m)</b>	<b>Controls</b>
<b>(Subject to final planning)</b>	Yellow - Easy	2.0	Some	11
	Orange –Medium	2.0	Some	12
	Lt Green - Medium	2.8	Some	17
	Green – Hard	4.3	Fair bit	19
	Blue - Hard	4.8	Loads	22

**Entries:** Entries for members and non- members is via the SBOC website or directly through <https://pre-entries.co.uk>  
Newcomers can hire SI cards through this system too.  
**Important:** Non-members are not insured under British Orienteering's public liability policy. By entering this event, you acknowledge that you are participating at your own risk.

**Registration and Starts:** Registration from: 9:45  
Starts from 10:00 to 11:30  
Courses close at 13:00

**Entry Fees:** Standard entries close week before (17<sup>th</sup> May)  
Seniors: British Orienteering members £6.00. Non-members: £9.00  
Juniors / Students £3.00 Non BOF juniors £4.00  
SBOC Juniors – £1.50  
Entry on the Day will be subject to map availability

**Organiser:** Iestyn Evans 07904088679

<b>Safety Information:</b>	<ul style="list-style-type: none"> <li>• A risk assessment has been completed but it should be noted that competitors take part at their own risk, and are responsible for their own safety during the event.</li> <li>• There may be ticks in the area. Please check after your run and remove immediately. A leaflet about tick removal can be found by following this link <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1057949/Tick_awareness_A5_leaflet.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1057949/Tick_awareness_A5_leaflet.pdf</a></li> <li>• More details about Lyme Disease can be found by following this link - <a href="https://www.nice.org.uk/guidance/ng95/chapter/Recommendations#clinical-assessment">https://www.nice.org.uk/guidance/ng95/chapter/Recommendations#clinical-assessment</a></li> <li>• Competitors are reminded that they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course.</li> <li>• Photographs might be taken to promote the sport. Please let the organiser know if you do not wish to be included.</li> </ul>
<b>Medical Information:</b>	<p>Any competitor with a high-risk medical condition is invited to contact the organiser beforehand and provide information in a sealed envelope at registration.</p> <p>Envelopes will only be opened if required for a medical emergency, and unopened envelopes can be collected from registration after your run or they will be destroyed immediately after the event.</p>
<b>Additional information:</b>	<p><i>Well behaved dogs allowed</i> <i>Optional social at the Crown Inn post event</i></p>
<b>Personal Information:</b>	<p>Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners, used in case of medical emergency and to trace missing SI cards.</p>
<b>Event cancellation or postponement</b>	<p>For the latest information check <a href="http://www.s boc.org.uk">www.s boc.org.uk</a> especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.</p>

[www.s boc.org.uk](http://www.s boc.org.uk)