



Swansea Bay
Orienteering Club

Yvette Baker Trophy & Shield Final

Location: *Penllergare Valley Woods*

Date: *Saturday 4th July 2026*

EVENT DETAILS

Location:	OS Grid Ref: SS625993 Nearest postcode: SA4 9GS, W3W: ///half.flag.neck		
Travel directions & Car Parking:	Please exit the M4 at junction 46 and take the A48 towards Penllergare. <u>Woodland Centre Parking, adjacent to arena: ///appear.chains.with</u> Go along the A48 and go straight over the first roundabout, then turn left into a small gateway just after the layby on your left. <u>A48 layby next to Lezzets - 5-min walk to arena: ///error.bared.snail</u> Go along the A48 and go straight over the first roundabout. After 200m turn left into the entrance of the layby. Please park close together and use both sides of the layby. Please do not park in Lezzets car park. <u>Penllergare Business Park – Overflow Parking, 15-min walk to arena: ///rise.lower.carry</u> Go along the A48 and at the first roundabout turn left. At the next roundabout turn left and park alongside the road heading towards the industrial unit at the end of the road. Please contact the organiser if you are planning on bringing a coach so separate arrangements can be made.		
Terrain:	Penllergare is a woodland park set in a valley with steep sides and a large path network. There are lakes, streams and ornate gardens. At this time of year certain sections of the park will be very overgrown and vegetation rough.		
Facilities:	Toilets available at the Woodland Centre. SBOC Junior Squad cake stall selling baked goods and drinks at the Woodland Centre. Penllergare Valley Visitor Centre Café selling food, drinks and ice cream.		
Activities:	TBC		
Club Tents:	There will be a small area set aside for club tents close to the run in. This area is not big so you will have to pitch close to each other.		
Course: (Subject to final planning)	Course & difficulty level	Distance (km) tbc	Climb (m) tbc
	Yellow	2.1km	55m
	Orange	3.0km	55m
	Lt Green	4.0km	75m
	Green	5.2km	85m
All courses will have loose control descriptions, as well as descriptions on the map. The yellow course has written descriptions and the orange course has pictorial on the map and combined pictorial and written on the loose descriptions.			
Entries:	Pre-entry for Open event via https://pre-entries.co.uk/dl/events An entry form will be sent to each Team Captains for the YB Final		
Entry Fees:	Open event – see website for details YB Final: Juniors £7.00 inc dibber hire		

Organiser:	Kerina Lake	
Planner:	Diana McClure	
Controller:	Pete Ribbans	
YBT Teams:	The following teams are taking part in the final of the Yvette Baker Trophy & Shield Event	
	Trophy - TBC	Shield - TBC
	WAOC	NOR
	SYO	HOC
	BOK	NGOC
	TVOC	QO
	MDOC	SBOC
		DFOK
	The competition is being run in accordance with Competition Rule L: Yvette Baker Trophy and Shield version 2.11 effective January 2026.	
Map:	<i>Eg A4. 1:7500. 5m Contours. Version Maps will be pre-marked and printed on waterproof paper.</i>	
E-Punching:	Pre-allocated dibbers will be available from Enquiries. The control boxes will be enabled for contactless, except for the start and finish boxes which must be dibbed.	
Timings:	<u>Open Event:</u> Registration: 10:45 – 11:45 ~ Starts: 11:00 – 12:00 ~ Courses Closes: 13:00 <u>YB Final:</u> Enquiries from: 11:15 ~ Starts: 12:30 – 14:00 ~ Courses Close: 15:15 Prize Giving: As close to 15:00 as possible	
Starts:	The start is about 300m from the arena YBT start times are pre-allocated in a start block from 12:30 to 14:00. Team managers will have this information and the final start times will be published on the website prior to the event. Yellow competitors will have an area set aside at the start where they can view the map beforehand and collect their control descriptions with a parent or coach. The map is not to leave this area and not to be shown to other competitors. Ideally yellow competitors will go into this area 5 mins or so before they start and, when ready for their start time, proceed straight to the start lane. Please don't overcrowd the area with more adults than necessary. Call up will be at -4 minutes Loose control descriptions at -3 minutes	

Planners Notes:	None of the benches in the park are on the map – As the park is very active at the moment improving the visitor experience and is putting numerous new benches in the area. Therefore, the decision was made to remove them all from the map rather than try to add them on as they are being situated! In spite of the recent dry weather the paths near the river are still very muddy in places. There are a few fallen trees across small paths but they can be easily negotiated either round or over. Following the wet spring and subsequent hot weather to undergrowth has grown apace which will usually make path running a better option. There is an out of bounds area near the start which shouldn't affect any of the courses. The green course has a compulsory river crossing which is crossed twice. Please take care on this wooden bridge.
Finish:	The finish is in the arena. Please go straight to download once you finish. Courses close: 3:15pm.
Safety Bearing:	Head down to the river and then follow it North.
Leg Cover:	Full leg and torso cover is a requirement.
Results:	Results will be available via wifi at the event as well as on printed slips and the website after the event - https://sboc.org.uk/results
Trophies:	Trophies, along with confectionary to share will be awarded to the first three teams in both the Shield and the Trophy competition. All YBT competitors will receive a certificate of attendance. These will be handed to Team Managers to fill in and hand out.
Safety Information:	• The Woods will give good cover from the sun, but if it is hot, please ensure you have enough water – more is available at The Woodland Centre and suitable sun protection. • The park is well used by members of the public and many walk their dogs off leads. Please be considerate, let people know you are approaching and ask them kindly if you would like them to bring their dogs to heel. • A risk assessment has been completed but it should be noted that competitors take part at their own risk, and are responsible for their own safety during the event. • There may be ticks in the area. Please check after your run and remove immediately. A leaflet about tick removal can be found by following this link https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1057949/Tick_awareness_A5_leaflet.pdf • More details about Lyme Disease can be found by following this link - https://www.nice.org.uk/guidance/ng95/chapter/Recommendations#clinical-assessment • Competitors are reminded that they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course. • Photographs might be taken to promote the sport. Please let the organiser know if you do not wish to be included.

Safeguarding:	For any team entering with team members not accompanied by their own parents, please note that all UK teams should be ensuring safeguarding by working within the O-Safe guidelines: https://www.britishorienteering.org.uk/images/uploaded/downloads/governance_policies_osafe.pdf Expectations are that: • Team managers will have BOF medical details / next of kin forms for all team members • Mixed teams will be accompanied by an adult of each gender as per BOF best practise suggestions to cover the possibility of needing a same gender chaperone for an injured competitor receiving medical treatment. • If staying overnight, sleeping arrangements have been carefully considered to ensure safeguarding of all
Medical Information:	Any competitor with a high-risk medical condition is invited to contact the organiser beforehand and provide information in a sealed envelope at registration. Envelopes will only be opened if required for a medical emergency, and unopened envelopes can be collected from registration after your run or they will be destroyed immediately after the event.
Additional information:	<i>Dogs allowed on leads</i>
Personal Information:	Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners, used in case of medical emergency and to trace missing SI cards.
Event cancellation or postponement	For the latest information check www.s boc.org.uk especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.

www.s boc.org.uk