

FAMILY

ORIENTEERING COACHING DAY

CLYNE VALLEY COUNTRY PARK
6TH APRIL

Activities:

- map reading
- using a compass
- games and challenges
- try a course - or two

No previous experience needed

All equipment provided

Just bring your sense of adventure

REGISTER AT

SBOCFunDays@gmail.com



New Skills

INDEPENDENCE



Exploration
ADVENTURE

Run
WILD

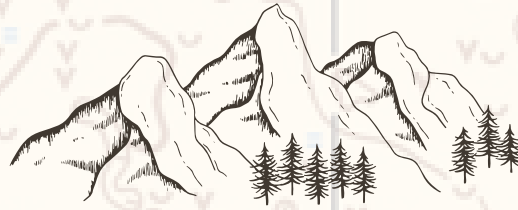


Build
RESILIENCE



FAMILY

ORIENTEERING COACHING DAY



CLYNE VALLEY
COUNTRY PARK
6TH APRIL

 **Unlock the World with Map Reading: A Journey of Discovery for Your Family!** 

 **Why Map Reading Matters: Navigating the world around you**

Navigation Mastery: Develop essential navigation skills, master the art of interpreting maps to find your way around an orienteering course.

Quality Family Time: With busy schedules and world dominated by screens, carving out quality family time is essential. Orienteering provides an opportunity for families to bond, share experiences, and create lasting memories in a unique and adventurous setting.

Problem-Solving Prowess: Orienteering challenges require strategic thinking. Map reading encourages problem-solving as you plan routes, make decisions, and overcome obstacles.

Nature Appreciation: Orienteering takes you to diverse natural settings, fostering an appreciation for the environment, instilling a love for the outdoors and encouraging responsible and sustainable practices.

Life Skills: Orienteering teaches valuable life skills such as navigation, map-reading, and spatial awareness, skills that can be applied to various aspects of life.

Sense of Achievement: Successfully completing an orienteering course instills a sense of accomplishment and boosts self-esteem with small victories as a family contributing to a positive and empowering atmosphere.

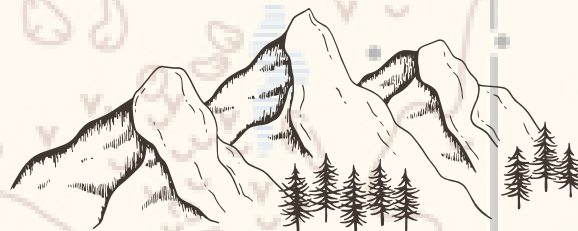
Life-Long Learning: Map reading is a skill that lasts a lifetime. Equip your family with the tools to explore new places, whether it's a hiking trail, a city map, or a foreign country.

The joy of discovery is limitless!



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**CLYNE VALLEY COUNTRY PARK
6TH APRIL**

Parking: Car Park off Ynys Newydd Road, Swansea
///necks.wished.ritual

Meeting Point: Next to the information sign in the Main
Car Park

Starting: 10:00am at the meeting point

Finishing: 13:00 or a bit later if people want to run more
than one course

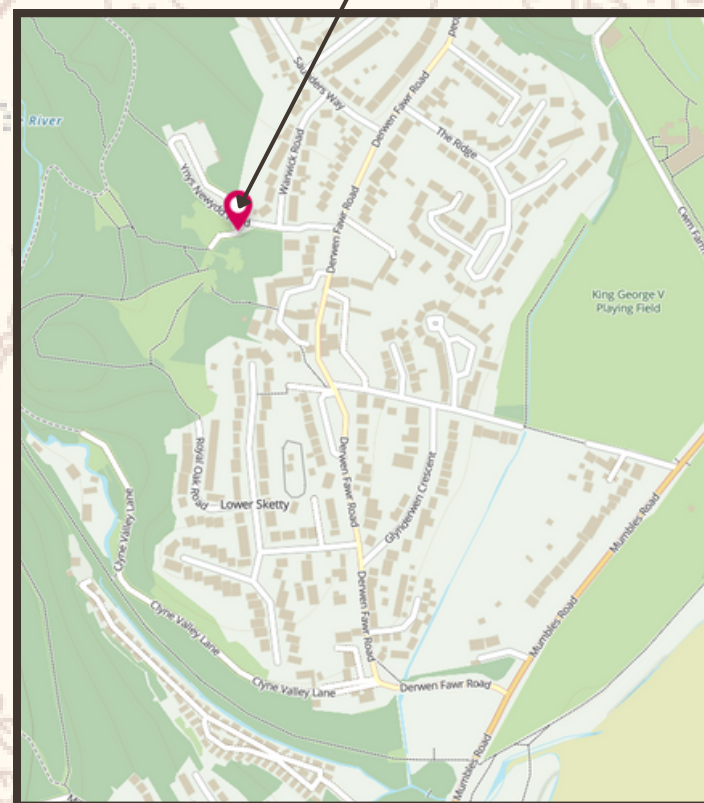
**No previous experience needed, all equipment is
provided.**

**You will need to bring suitable shoes and clothes for
the weather, food and drink.**

If you have your own compass, please bring it along.

There are no facilities in the park.

Car Park & Meeting Point



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