

10km

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	BEST 4
1	Wes Sheldon - MV	100	0	0	99	98	100	397
2	Niall Reynolds - MV	97	95	99	97	95	97	390
3	Jon Heissig - MV	0	96	0	98	92	99	385
4	Gary Waters - MSV	0	91	93	92	91	0	367
5	Ake Fagereng - M	0	100	100	100	0	0	300
6	Matthew Knight - MV	99	98	0	0	97	0	294
7	Sam Healy - FV	98	0	98	0	96	0	292
8	Glenn Edmondson - MS	96	99	0	0	0	0	195
9	Kerina Lake - FV	94	0	97	0	0	0	191
10	Sasha Habgood - FV	0	0	0	95	94	0	189
11	Anthony Raven - MV	0	92	0	0	93	0	185
12	Patrick Tudor - M	0	0	0	0	100	0	100
13	Iestyn Evans - M	0	0	0	0	99	0	99
27	Sam Owen - M	0	0	0	0	0	98	98
14	Anthony Dew - MV	0	97	0	0	0	0	97
= 15	Emily & Nicola Kelly	0	0	96	0	0	0	96
= 15	Charlie Penny - M	0	0	0	96	0	0	96
= 17	Steve Quinton - MV	95	0	0	0	0	0	95
= 17	Tom Smith - MV	0	0	0	0	95	0	95
= 19	Peter O'Kane - MV	0	94	0	0	0	0	94
= 19	Anthony Dew & Janice Owen - T	0	0	94	0	0	0	94
= 19	Peter Lake - MV	0	0	0	94	0	0	94
= 22	Megan Symons - F	0	93	0	0	0	0	93
= 22	Hannah & Jack Evans - T	0	0	0	93	0	0	93
= 24	Wilf Tovey - MJ	0	0	0	0	0	0	0
= 24	Sarah Whiddett & Rachel Holland - T	0	0	0	0	0	0	0
= 24	Meryl James & Clare Willey - T	0	0	0	0	0	0	0

10km Prize Categories - Must have completed at least 3 events to qualify

1st - Junior 16-18, Senior 20-40, Vet 45-65, Super Vet 70+, Team

Senior Male - Ake Fagereng

Veteran Male - Wes Sheldon

Veteran Female - Sam Healy

Super Veteran Male - Gary Waters

5km Prize Categories - Must have completed at least 3 events to qualify

5km - 1st - Junior 14-16, Senior 18-40, Vet 45-65, Super Vet 70+, Senior/Junior Team, Team

Junior Male - Sam Payne

Veteran Male - Anthony Payne

Veteran Female - Margaret Reynolds

Super Veteran Male - Mike Dobbs

Senior/Junior Team - Lucie Morris & Andrew/Francine

5km

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	Best 4
1	Anthony Payne - MV	94	98	100	100	99	100	399
2	Sam Payne -MJ	98	99	98	98	95	99	394
3	Margaret Reynolds - FV	96	95	0	99	97	93	387
4	Sally Ross - FV	0	92	94	97	0	97	380
5	Jenni Nellist - FV	98	89	97	0	90	94	379
6	Nicky Griffin - FV	0	93	0	96	92	96	377
7	James Morris - MJ	91	91	95	0	93	0	370
8	Lucie & Andrew Morris - SJT	89	90	89	0	87	0	355
9	Peter O'Kane - MV	100	0	99	0	100	0	299
10	Sarah Jenkins - FV	93	0	96	0	0	98	287
11	Mike Dobbs - MSV	0	88	93	0	91	0	272
12	Florence Haynes - F	0	96	0	0	98	0	194
13	Robin Meakins -MJ	97	0	0	0	94	0	191
14	Jenny Green - FV	90	97	0	0	0	0	187
15	Francine C-M - FV	91	91	0	0	0	0	182
16	Isaac Griffiths - MJ	0	0	91	0	89	0	180
17	Wilf Tovey - MJ	0	100	0	0	0	0	100
18	Elijah & Kathryn Eagle - SJT	99	0	0	0	0	0	99
19	Lawrence Meakins - MV	0	0	0	0	96	0	96
= 20	Eunice Carter - FV	95	0	0	0	0	0	95
= 20	Sally & Ewan Scoufield - T	0	0	0	95	0	0	95
= 20	Jill Manning	0	0	0	0	0	95	95
23	Robin & Lawrence Meakins - SJT	0	94	0	0	0	0	94
= 24	Gary Waters - MSV	92	0	0	0	0	0	92
= 24	Diana McClure - FSV	0	0	92	0	0	0	92
26	Robin Meakins - MJ	0	0	90	0	0	0	90
27	John van Rooyen - MSV	0	0	0	0	88	0	88
28	Andrerw Morris - MV	0	0	0	0	86	0	86
= 29	Edward Parsons - MSV	0	0	0	0	0	0	0
= 29	Lily Pauls & Arlo Pooley - SJT	0	0	0	0	0	0	0

2km

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	Best 4
= 1	Feldon & Mara Beaman Tucker & Lydia Beaman - JT	100	0	100	0	0	0	200
= 1	Freja Fagereng - SJT	0	100	0	100	0	0	200
= 3	Pascoe Beaman-Tucker & Gareth Tucker - SJT	99	0	99	0	0	0	198
= 3	Ruari & Torrin Smith - SJT	0	0	98	0	100	0	198
6	Stephen & Louise Owen	0	0	0	0	0	100	100
5	Molly Tudor - SJT	0	0	0	0	99	0	99