

Swansea Bay Orienteering Club

SBOC Autumn Sprint 2

Location: Tircoed Forest village, SA4 9NY

Date: Wednesday 10th September 2025

EVENT DETAILS

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Location:	OS Grid Ref SN62020 00022			
	Nearest postcode: SA4 9NY	postcode: SA4 9NY		
	W3W: ///always.cape.until			
Travel directions:	Directions: From M4 Jn 47 (Penllergaer), take the A48 towards Penllergaer village for approx. 250m to a roundabout. Take the third exit, continuing on the A48 towards Tircoed / Pontarddulais for approx. 0.5km. Turn right towards Tircoed, keep right at the next roundabout, then after approx. 140m turn left into the village hall and car parking area. Registration (royal blue hi-top VW camper) and start/finish are all within the parking area			
Terrain:	Primarily a residential urban area with some woodland with mild undergrowth.			
Мар:	A4. 1:400. 2.5m Contours. Version 2021 Maps will be pre-marked and printed on waterproof paper.			
Course:	Course & difficulty level	Distance (km)	Approx. Climb (m)	
(Subject to	Short - Easy	2km	35m	
final planning)	Long –Medium	4km	70m	
Entries:	Entries for members and non- members is via the SBOC website or directly through			
	https://pre-entries.co.uk			
	Newcomers can hire SI cards through this system too.			
Registration	Registration from: 17:30			
and Starts:	Starts from 17:45 to 18:30			
	Courses close at 19:45			
Entry Fees:	Standard entries close at 23:59 on 3 rd September 2025, & late entries by 8 th September 2025.			
	Entry on the Day and late entries will be subject to map availability. Seniors: British Orienteering members £6.00. Non-members: £9.00			
	SBOC Juniors – £1.50, other BOF juniors / Students £3.00, Non BOF juniors £4.00, Newcomers & families are welcome to enter as a group, paying only a single person entry fee (Adult or shild) for a man			
6	or child) for a map.			
Organiser:	Eunice Carter & Andrew Ferguson <u>Eunice.carter@gmail.com</u> 07805420002			
Safety Information:	 A risk assessment has been completed but it should be noted that competitors take part at their own risk, and are responsible for their own safety during the event. As per BOF guidelines Under 16's must be accompanied by an adult due to the urban nature of the event and lack of manned road crossings Competitors are reminded that they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course. There may be ticks in the woodland area. Please check after your run and remove immediately. A leaflet about tick removal can be found by following this link https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1057949/Tick_awareness_A5_leaflet.pdf Photographs might be taken to promote the sport. Please let the organiser know if you do not wish to be included. 			

Medical Information:	Any competitor with a high-risk medical condition is invited to contact the organiser beforehand and provide information in a sealed envelope at registration. Envelopes will only be opened if required for a medical emergency, and unopened envelopes can be collected from registration after your run or they will be destroyed immediately after the event.		
Additional information:	All competitors are expected to adhere to the Welsh Orienteering Code of Conduct that can be found here Dogs are permitted and owners are responsible for them at all times.		
Personal Information:	Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners, used in case of medical emergency and to trace missing SI cards.		
Event cancellation or postponement	For the latest information check www.sboc.org.uk especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.		

www.sboc.org.uk