

**10km**

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	BEST 4
1	Niall Reynolds - MV	97	95	99	97	95	0	388
2	Gary Waters - MSV	0	91	93	92	91	0	367
3	Ake Fagereng - MS	0	100	100	100	0	0	300
4	Wes Sheldon - MV	100	0	0	99	98	0	297
5	Matthew Knight - MV	99	98	0	0	97	0	294
6	Sam Healy - FV	98	0	98	0	96	0	292
7	Jon Heissig - MV	0	96	0	98	92	0	286
8	Glenn Edmondson - MS	96	99	0	0	0	0	195
9	Kerina Lake - FV	94	0	97	0	0	0	191
10	Sasha Habgood - FV	0	0	0	95	94	0	189
11	Anthony Raven - MV	0	92	0	0	93	0	185
12	Patrick Tudor - M	0	0	0	0	100	0	100
13	Iestyn Evans - M	0	0	0	0	99	0	99
14	Anthony Dew - MV	0	97	0	0	0	0	97
15	Emily & Nicola Kelly	0	0	96	0	0	0	96
16	Charlie Penny - M	0	0	0	96	0	0	96
17	Steve Quinton - MV	95	0	0	0	0	0	95
18	Tom Smith - MV	0	0	0	0	95	0	95
19	Peter O'Kane - MV	0	94	0	0	0	0	94
20	Anthony Dew & Janice Owen - T	0	0	94	0	0	0	94
21	Peter Lake - MV	0	0	0	94	0	0	94
22	Megan Symons - FS	0	93	0	0	0	0	93
23	Hannah & Jack Evans - T	0	0	0	93	0	0	93
24	Wilf Tovey - MJ	0	0	0	0	0	0	0
25	Sarah Whiddett & Rachel Holland - T	0	0	0	0	0	0	0
26	Meryl James & Clare Willey - T	0	0	0	0	0	0	0
27								

**10km Prize Categories - Must have completed at least 3 events to qualify**

10km 1st - Junior 16-18, Senior 20-40, Vet 45-65, Super Vet 70+, Team

**5km Prize Categories - Must have completed at least 3 events to qualify**

5km - 1st - Junior 14-16, Senior 18-40, Vet 45-65, Super Vet 70+, Senior/Junior Team, Team

**2km Prize Categories - Must have completed at least 3 events to qualify**

2km - 1st &lt;14, Senior/Junior Team

## 5km

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	Best 4
1	Anthony Payne - MV	94	98	100	100	99	0	397
2	Sam Payne -MJ	98	99	98	98	95	0	393
3	Margaret Reynolds - FV	96	95	0	99	97	0	387
4	Jenni Nellist - FV	98	89	97	0	90	0	374
5	James Morris - MJ	91	91	95	0	93	0	370
6	Lucie & Andrew Morris - SJT	89	90	89	0	87	0	355
7	Peter O'Kane - MV	100	0	99	0	100	0	299
8	Sally Ross - FV	0	92	94	97	0	0	283
9	Nicky Griffin - FV	0	93	0	96	92	0	281
10	Mike Dobbs - MSV	0	88	93	0	91	0	272
11	Florence Haynes	0	96	0	0	98	0	194
12	Robin Meakins -MJ	97	0	0	0	94	0	191
13	Sarah Jenkins - FV	93	0	96	0	0	0	189
14	Jenny Green - FV	90	97	0	0	0	0	187
15	Francine C-M - FV	91	91	0	0	0	0	182
16	Isaac Griffiths - MJ	0	0	91	0	89	0	180
17	Wilf Tovey - MJ	0	100	0	0	0	0	100
18	Elijah & Kathryn Eagle - SJT	99	0	0	0	0	0	99
19	Lawrence Meakins - MV	0	0	0	0	96	0	96
20	Eunice Carter - FV	95	0	0	0	0	0	95
21	Sally & Ewan Scoufield - T	0	0	0	95	0	0	95
22	Robin & Lawrence Meakins - SJT	0	94	0	0	0	0	94
23	Gary Waters - MSV	92	0	0	0	0	0	92
24	Diana McClure - FSV	0	0	92	0	0	0	92
25	Robin Meakins - MJ	0	0	90	0	0	0	90
26	John van Rooyen - MSV	0	0	0	0	88	0	88
27	Andrerw Morris - MV	0	0	0	0	86	0	86
28	Edward Parsons - MSV	0	0	0	0	0	0	0
29	Lily Pauls & Arlo Pooley - SJT	0	0	0	0	0	0	0

## 2km

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	Best 4
= 1	Feldon & Mara Beaman Tucker & Lydia Beaman - JT	100	0	100	0	0	0	200
= 1	Freja Fagereng	0	100	0	100	0	0	200
3	Pascoe Beaman-Tucker & Gareth Tucker - SJT	99	0	99	0	0	0	198
4	Ruari & Torrin Smith - SJT	0	0	98	0	100	0	198
5	Molly Tudor	0	0	0	0	99	0	0