

## 10km

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	BEST 4
1	Niall Reynolds - MV	97	95	99	97	0	0	388
2	Ake Fagereng - MS	0	100	100	100	0	0	300
3	Gary Waters - MSV	0	91	93	92	0	0	276
4	Wes Sheldon - MV	100	0	0	99	0	0	199
5	Matthew Knight - MV	99	98	0	0	0	0	197
6	Sam Healy - FV	98	0	98	0	0	0	196
7	Glenn Edmondson - MS	96	99	0	0	0	0	195
8	Jon Heissig - MV	0	96	0	98	0	0	194
9	Kerina Lake - FV	94	0	97	0	0	0	191
10	Anthony Dew - MV	0	97	0	0	0	0	97
= 11	Emily & Nicola Kelly	0	0	96	0	0	0	96
= 11	Charlie Penny - M	0	0	0	96	0	0	96
= 13	Steve Quinton - MV	95	0	0	0	0	0	95
= 13	Sasha Habgood - FV	0	0	0	95	0	0	95
= 15	Peter O'Kane - MV	0	94	0	0	0	0	94
= 15	Anthony Dew & Janice Owen - T	0	0	94	0	0	0	94
= 15	Peter Lake - MV	0	0	0	94	0	0	94
= 18	Megan Symons - FS	0	93	0	0	0	0	93
= 18	Hannah & Jack Evans - T	0	0	0	93	0	0	93
20	Anthony Raven - MV	0	92	0	0	0	0	92
= 21	Wilf Tovey - MJ	0	0	0	0	0	0	0
= 21	Sarah Whiddett & Rachel Holland - T	0	0	0	0	0	0	0
= 21	Meryl James & Clare Willey - T	0	0	0	0	0	0	0
24		0	0	0	0	0	0	0
25		0	0	0	0	0	0	0
26		0	0	0	0	0	0	0
27		0	0	0	0	0	0	0
28		0	0	0	0	0	0	0
29		0	0	0	0	0	0	0
30		0	0	0	0	0	0	0
31		0	0	0	0	0	0	0
32		0	0	0	0	0	0	0
33		0	0	0	0	0	0	0
34		0	0	0	0	0	0	0
35		0	0	0	0	0	0	0
36		0	0	0	0	0	0	0
37		0	0	0	0	0	0	0

**Prize Categories - Must have completed at least 3 events to qualify**

10km 1st - Junior 16-18, Senior 20-40, Vet 45-65, Super Vet 70+, Team

## 5km

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	Best 4
1	Anthony Payne - MV	94	98	100	100	0	0	392
2	Sam Payne	0	99	98	98	0	0	295
3	Margaret Reynolds - FV	96	95	0	99	0	0	290
4	Sally Ross - FV	0	92	94	97	0	0	283
5	Lucie & Andrew Morris - SJT	89	90	89	0	0	0	268
6	Peter O'Kane - MV	100	0	99	0	0	0	199
= 7	Nicky Griffin - FV	0	93	0	96	0	0	189
= 7	Sarah Jenkins - FV	93	0	96	0	0	0	189
9	Jenny Green - FV	90	97	0	0	0	0	187
10	Jenni Nellist - FV	0	89	97	0	0	0	186
11	James Morris & Francine C-M - SJT	91	91	0	0	0	0	182
12	Mike Dobbs - MSV	0	88	93	0	0	0	181
13	Wilf Tovey - MJ	0	100	0	0	0	0	100
14	Elijah & Kathryn Eagle - SJT	99	0	0	0	0	0	99
15	Sam Payne & Jenni Nellist - SJT	98	0	0	0	0	0	98
16	Robin Meakins -MJ	97	0	0	0	0	0	97
17	Florence Haynes	0	96	0	0	0	0	96
= 18	Eunice Carter - FV	95	0	0	0	0	0	95
= 18	James Morris - MJ	0	0	95	0	0	0	95
= 18	Sally & Ewan Scoufield - T	0	0	0	95	0	0	95
21	Robin & Lawrence Meakins - SJT	0	94	0	0	0	0	94
= 22	Gary Waters - MSV	92	0	0	0	0	0	92
= 22	Diana McClure - FSV	0	0	92	0	0	0	92
24	Isaac Griffiths - MJ	0	0	91	0	0	0	91
25	Robin Meakins - MJ	0	0	90	0	0	0	90
26	Edward Parsons - MSV	0	0	0	0	0	0	0

**Prize Categories - Must have completed at least 3 events to qualify**

5km - 1st - Junior 14-16, Senior 18-40, Vet 45-65, Super Vet 70+, Senior/Junior Team, Team

## 2km

POS	NAME	Rhossili	Afan Argoed	Pembrey	Cwm y Rhaeadr	Oxwich	Crychan	Best 4
= 1	Feldon & Mara Beaman Tucker & Lydia Beaman - JT	100	0	100	0	0	0	200
= 1	Freja Fagereng	0	100	0	100	0	0	200
3	Pascoe Beaman-Tucker & Gareth Tucker - SJT	99	0	99	0	0	0	198
4	Smith Family - SJT	0	0	98	0	0	0	98
5								0

**Prize Categories - Must have completed at least 3 events to qualify**

2km - 1st &lt;14, Senior/Junior Team