

Privacy Policy



Last Updated: June 23, 2025

1. Who We Are

Shield and Sanity provides tools and support for individuals navigating high-conflict family dynamic challenges. We offer strategic communication assistance, personal dashboards, and response crafting based on user-submitted information.

2. What Information We Collect

- Your name and contact information (email address, etc.)
- Details about your custody situation, court order language, and your story
- Documents or data you voluntarily provide (e.g. custody orders, text screenshots)
- Usage data (e.g. page visits, form submissions)

3. How We Use Your Information

- Provide personalized services (dashboards, messaging help, document summaries)
- Respond to your requests or support needs
- Improve our tools and offerings
- Comply with legal obligations if required

We do not sell or share your personal data with third parties, except as required by law.

4. How We Store and Protect Your Data

We take your privacy seriously and use secure tools (including encrypted platforms and password-protected systems) to manage your information. Only authorized Shield and Sanity team members may access your data for service-related purposes.

However: Please note that no system is 100% secure. By using our services, you acknowledge and accept this risk.

5. Your Rights

- Request to update or delete your submitted to us at any time
- Ask us what data we hold about you

To make any such requests, email: GetShielded@ShieldAndSanity.com

6. Consent

By submitting information to us, you consent to our collection, storage, and use of your information as outlined here.

7. Updates

We may update this Privacy Policy from time to time. All changes will be posted on this page with a new effective date.