

# WISIRA

## YOUR GUIDE TO AI

### Module 5: Personal Data Protection Checklist

Protecting your personal data is critical in today's AI-driven world. Scammers use stolen details to open accounts, steal money, or impersonate you online. This checklist helps you lock down your sensitive information and practice safe habits that reduce risk.

#### Secure Accounts

- ☐ Enable Two-Factor Authentication (2FA) on email, banking, and social media.
- ☐ Use unique, strong passwords (12+ characters with mix of letters, numbers, symbols).
- ☐ Store passwords in a trusted password manager instead of writing them down.

#### Protect Devices

- ☐ Keep phone and computer software updated (security patches).
- ☐ Set auto-lock and require passcode or biometric login.
- ☐ Avoid using public Wi-Fi for banking or sensitive logins.

#### Guard Personal Information

- ☐ Never share Social Security number, bank details, or login codes by phone or text.
- ☐ Shred old bills, statements, or medical documents before throwing them away.
- ☐ Review credit reports at least once a year for suspicious activity.

### Safe Online Habits

- ☐ Do not click unknown links in emails or texts. Go to the official website directly.
- ☐ Limit what personal details you share publicly on social media.
- ☐ Use privacy settings on Facebook, Instagram, and other apps to control who sees your info.

### Financial Safety

- ☐ Set up alerts with your bank or credit card for large or unusual transactions.
- ☐ Use virtual credit card numbers for online purchases when available.
- ☐ Report lost or stolen cards immediately.

Your personal data is valuable. By following this checklist, you reduce the chance of identity theft and financial loss. Stay alert and share these habits with family members so everyone stays protected.

Disclaimer: This checklist is provided for educational purposes only. It does not constitute legal, financial, or medical advice. While updated regularly, AI risks and security practices may change over time. Always use your own judgment and consult qualified professionals if you need specific advice.