

Annual Report 2024/25



Chair's report

A major focus last year was the delivery of Croeso 2024. I am extremely pleased to report that a great team effort with volunteers from across all Clubs plus assistance from Clubs in England ensured that Croeso 2024 was a resounding success. Feedback from competitors was extremely positive reflecting not just excellent courses and areas but also the seamless organisation. In this regard, huge thanks must go to all volunteers who contributed and particularly those who went the extra mile and were involved over the years and months ahead of the event.

As a result of all the hard work put in, Croeso generated a modest financial surplus which has been ploughed back to those Clubs who helped organise events, along with some seedcorn funding for the Croeso 2028 in North Wales. The organisational framework of numerous role leads with regular meetings and reporting back to WOA seemed to work well and will be used for the 2028 event.

Many thanks must go to all at ERYRI for putting on a great Welsh Championship weekend where competitors could enjoy some great views on a sunny Saturday on the open mountain and then take on some excellent courses around the intricate contours of Teifi Pools. Congratulations to all winners and thanks to all those who helped.

Our Orienteer and Volunteer of the Year were also presented at the Welsh Championships. Jenny Williamson of ERYRI was presented as Volunteer of the Year thanks to her huge contribution to the resurgence of the Club by organising regular training and attracting new members. Freddie Lake was presented as Orienteer of the Year reflecting some excellent performances including his British Middle Championships win in M18 and a 3rd place at the Junior Inter Regional Championships.

Over the last year, it remains heartening to see our three Clubs continuing to deliver a wide range of events and making efforts to attract newcomers to the sport.

Preparations are also advanced for SBOC and SWOC hosting the British Championships/ Welsh Championships weekend early next year. The work undertaken by the SBOC Development Officer demonstrated that there is no simple solution to capturing higher membership numbers and more people attending events. Clubs are therefore working up initiatives which are appropriate for their areas to attract newcomers which hopefully then lead to higher Club membership numbers.

In this regard, overall WOA membership is slightly up at just over 300 with SBOC our largest Club with just over 100 members. With such relatively low numbers, it's really

important that as high a percentage as possible of Club Members can help contribute to the successful workings of Clubs.

At the WOA governance level, please can I thank all volunteers on the Committee who contribute their time and expertise to ensure that our sport is governed in the correct manner. Over the last year, we have seen our new Safeguarding Officer successfully bedding in and we continue to liaise with Sport Wales to ensure our governance is in sound order. We also liaise with the Orienteering Foundation who have previously contributed towards the SBOC Development Officer and are helping support a training day in November

This year, we will continue to develop a Strategy for Welsh Orienteering. To date the Committee have discussed a working paper and had some consultation feedback from Clubs. The next stage will be preparing and discussing a draft Strategy with the focus very much on how this work can help Clubs address the key challenges facing our sport.

James Clemence (SWOC)
Chair

WELSH ORIENTEERING ASSOCIATION
Income & Expenditure Account for the year to 31 March 2025

	Notes	31st March 2025		31st March 2024	
Income		£	£	£	£
Membership subscriptions via BOF		774.00		517.20	
Membership Subs Ex Pats		185.50		171.70	
Levy (clubs outside Wales)	1	43.17		21.00	
Levy Welsh Clubs	2	1,541.60		1,946.60	
Levy CROESO		3,058.52			
Sport Wales Grant		1,448.00		1,500.00	
Sport Wales Additional		65.00		-	
Total Income			7,115.79		4,156.50
Expenditure					
Administration		-		-	
Web Host & Domain name	3	129.59		115.77	
Audit Fee	4	150.00		130.00	
Welsh Champs WOA 2024 Support		295.00		276.50	
Welsh "O" League & National Events		30.00		70.50	
Advertising		-		-	
Engraving & Refurb Trophies		113.50		61.95	
Development Officer		5,000.00		5,000.00	
Repair to Equipment now held by ERYRI		339.68		-	
Website Upgrade		-		750.00	
Award Badges incl translation	5	-		1,903.80	
Award Booklet incl translation	5	-		603.65	
VHI Deficit on National Event		-	<u>6,057.77</u>	-	<u>8,912.17</u>
			1,058.02		4,755.67

Performance and Excellence

Grants for International Competition	6	324.20		1,449.38	
Veterans Home International	7	2,322.00		1,300.00	
Senior Home International	7	1,300.00		608.00	
Junior Home International	7	1,200.00		1,005.00	
JIRCS		<u>450.00</u>	<u>5,596.20</u>	<u>-</u>	<u>4,362.38</u>
Deficit/Surplus for year			<u>4,538.18</u>		<u>9,118.05</u>

Certified to be in accordance with the books, documents and explanations given to me.

Signed:

Dated:

Richard Payne, F.C.A.
Ret'd

WELSH ORIENTEERING ASSOCIATION

BALANCE SHEET as at 31st March 2025

	Notes	31st March 2025	31st March 2024
		£	£
Current Assets			
Debtors	Clubs & CROSO levy	4,831.72	1,946.60
	CROESO LOAN	-	7,335.85
Cash at bank		<u>14,762.86</u>	<u>14,830.31</u>
		19,594.58	24,112.76
Less Current Liabilities			
Creditors	Audit fee	150.00	130.00
Net Assets		<u>19,444.58</u>	<u>23,982.76</u>
Represented by:			
	b/f		
Reserve Fund	1.4.24	23,982.76	33,100.81
Deficit / Surplus for year ended 31.3.25		-4,538.18	-9,118.05
		<u>19,444.58</u>	<u>23,982.76</u>
Allocated to:			
Development Fund 1/3 Accumulated Fund		6,481.53	7,994.25
Reserve Fund to assist clubs with future events		<u>12,963.05</u>	<u>15,988.51</u>
		<u>19,444.58</u>	<u>23,982.76</u>

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Signed:

Dated:

Richard Payne, F.C.A.
Ret'd

Secretary's report

During this period two committee meetings were held: in October 2024 and in April 2025. The AGM was held in June 2024. We have continued to hold the meetings on-line as this seems to be working well.

The partnership grant application forms were submitted to SportWales. This year our award was at the same level as the previous year - £1448 but we also received an additional payment of £68. This payment is in line with other small sports. SportWales also provide support to Megan Carter-Davies through the Elite Cymru scheme

Alice Bedwell (SWOC)
Secretary

WOA Report on Annual UK Anti Doping Submission

All athletes have a right to expect that their sporting activities are clean and that all other competitors and support personnel understand the requirement. This is known as anti doping, and the UK authority for this is UK Anti Doping (UK AD).

As the National Governing Body (NGB) for orienteering in Wales, WOA are required to be compliant with UK AD regulations and are required to fulfill a 24-point assurance framework. An annual report is to be submitted by the end of April each year, covering the previous calendar year. The report for 2023 has been submitted and accepted by UK AD as compliant.

Without compliance, WOA becomes illegible for any Government funding, notably grants. This includes both British and Welsh Government funding streams, including at local level.

WOA have the advantage of overarching support from British Orienteering, as the (UK) NGB for orienteering. As such, British Orienteering is directly responsible for any athlete above the recreational level: that is for Regional Squads and upwards. The rest of us are all recreational athletes, even if sometimes it doesn't feel like it.

Details of the current year's list of prohibited items are published annually via WOA's Facebook account. All British Orienteering members agree to comply with AD regulations when they join (or re-join). Details of AD are accessed through a link on British Orienteering homepage. WOA has the appropriate policies in place requiring all athletes to comply. Anyone who has a concern or question should firstly try to resolve it using the official processes detailed on the British Orienteering homepage. Otherwise, contact the focus for WOA UKAD Jim Wood, Eryri, who can be contacted through the WOA website.

Membership secretary's report

2025 MEMBERSHIP		ERYRI	SBOC	SWOC	RAFO	BAOC	EXPAT	HON NAMES	
senior men (S)	160	28	48	45	1	3	33	John Butler	EXPAT
senior women (S)	89	24	37	17	0	0	10	Judith Powell	EXPAT
Young Adult M (Y)	10	3	4	2	0	0	1	Will Marlow	ERYRI
Young Adult F (Y)	5	2	1	0	1	0	1		
junior men(J)	34	5	18	3	0	1	7		
junior women (F)	28	8	10	0	0	0	10		
TOTAL MEMBERSHIP (2025)		70	118	67	2	4	62	3	
326									

2024 MEMBERSHIP		ERYRI	SBOC	SWOC	RAFO	BAOC	EXPAT	Hon	
senior men (SM)	144	17	42	48	2	2	33	John Butler	EXPAT
senior women (SF)	95	26	35	23	0	0	11	Judith Powell	EXPAT
Young Adult M (YM)	7	2	2	2	0	0	1		
Young Adult F (YF)	6	0	2	2	1	0	1		
junior men	38	6	17	8	0	1	6	Will Marlow	ERYRI
junior women	24	6	11	0	0	0	7		
TOTAL MEMBERSHIP (2024)		57	109	83	3	3	59	3	
317									

WOA membership has increased in 2025 by a small amount.

Significant are the increases in SBOC and ERYRI, with a disappointing drop in membership for SWOC. SWOC has just 3 juniors this year.

In 2024 there were 86 new members of WOA, 53 of whom renewed their membership in 2025 (= 62%), while 38 of those who were renewals in 2024 (total renewals: 228) did not renew their membership in 2025.

Figures for 2023: 42 new members of WOA, 25 of whom renewed their membership in 2024 (=60%), while 34 of those who were renewals in 2023 (total renewals: 223) did not renew their membership in 2024.

Membership is recovering after the drop during Covid. However, we follow the nationwide trend of membership of orienteering clubs aging and steadily reduced numbers in the younger age groups.

Anne May (SWOC)

WOA Membership Secretary

Fixture Secretary's report

It has once again been a busy year with clubs putting on a number of local, regional and national events. The major event of 2024 was the highly successful Croeso Festival of Orienteering where over 1000 competitors were welcomed at each of the main events. It was brilliant to see ERYRI host a great weekend of events including a Welsh League event and the Welsh Champs. The Welsh League was resurrected in 2023, though there were not enough events to make the league viable. 6 events were included in the league in 2024, however the results from the two days included from Croeso have been difficult to untangle and as such the league results are incomplete for 2024. We will try again in 2025 and be more aware of the events included to make the job for Results Coordinator Megan Mitchell a little easier!

Below shows a summary of the number of events and activities put on by each club, and a breakdown of the number and type of participant. Some of the event participation data is missing from SWOC 2025 events, as data has not yet been sent to BOF. Numbers in brackets shows 2023/24 figures.

01/05/2024- 30/04/2025 Number of Events/Activities by Club

	International	Major	National	Regional	Local	Activities	Total
WOA	0	0 (0)	7 (5)	4 (2)	71 (75)	93 (87)	175 (169)
Other	0	0 (0)	2 (0)	1 (0)	0 (0)	14 (26)	17 (26)
ERYRI	0	0 (0)	1 (0)	1 (0)	15 (13)	25 (9)	42 (22)
MWOC	0	0 (0)	0 (2)	0 (0)	0 (5)	0 (0)	0 (0)
SBOC	0	0 (0)	2 (2)	2 (2)	37 (39)	53 (52)	94 (95)
SWOC	0	0 (0)	2 (3)	0 (0)	19 (23)	1 (0)	22 (26)

2024/25 Event Participation by Club

Date	Event name	Level	Club	Senior members	Junior members	Senior non-members	Junior non-members	Senior non-paying	Junior non-paying	Total	2023 / 2024	2022 / 2023
23/05/24	Breakwater Park	Local	ERYRI	6	2	3	0	0	0	11		
18/07/24	Felinheli	Local	ERYRI	13	2	2	0	1	1	19		
03/10/24	Bangor Night Race	Local	ERYRI	10	2	19	1	16	3	51		
06/10/24	Scynant Pass	Local	ERYRI	8	3	8	2	9	0	30		
03/11/24	Waun Y Llyn	Local	ERYRI	43	9	7	5	0	0	64		
07/11/24	Penmaenmawr Night Score	Local	ERYRI	28	0	6	0	11	7	52		
05/12/24	Felinheli Night Score	Local	ERYRI	21	0	17	0	6	2	46		
14/12/24	Eryri Club Championships (Open Event)	Local	ERYRI	19	12	3	3	0	2	39		
16/01/25	Llandudno Junction Night Race - Rescheduled	Local	ERYRI	12	1	8	2	6	0	29		
06/02/25	Menai Bridge Night Race	Local	ERYRI	13	0	21	0	14	4	52		
09/02/25	Eirias Park - (New Date)	Local	ERYRI	13	7	3	17	2	12	54		
27/02/25	Denbigh Night Score	Local	ERYRI	16	0	18	0	16	0	50		
01/03/25	2025 Welsh League inc Cwpan y Ddraig & YBT Heat	Reg	ERYRI	90	20	3	2	0	0	115		
02/03/25	Welsh Championships	Nat	ERYRI	120	29	2	2	0	0	153		
13/03/25	Llanrwst Night Race	Local	ERYRI	18	2	12	1	8	3	44		
27/03/25	Bethesda Night Race	Local	ERYRI	15	0	18	0	11	0	44		
12/04/25	Bodlondeb - Beginners Event	Local	ERYRI	16	8	11	8	0	11	54		
										907	400	245
01/05/24	SBOC Summer League 1	Local	SBOC	21	7	2	1	0	0	31		
11/05/24	SBOC Summer League 2 & Saturday Park-O #1	Local	SBOC	11	13	3	6	0	0	33		
15/05/24	SBOC Summer League 3	Local	SBOC	15	8	3	3	0	0	29		
29/05/24	SBOC Summer League 4	Local	SBOC	15	10	1	1	0	0	27		

08/06/24	SBOC Summer League 5 & Saturday Park-O #2	Local	SBOC	7	9	4	10	0	0	30		
12/06/24	SBOC Summer League 6	Local	SBOC	17	10	2	0	0	0	29		
26/06/24	SBOC Summer League 7	Local	SBOC	17	5	1	0	0	0	23		
10/07/24	SBOC Summer League 8	Local	SBOC	19	3	2	1	0	0	25		
13/07/24	SBOC Saturday Park-O #3 & Summer League 9	Local	SBOC	8	8	3	2	0	0	21		
22/07/24	Croeso Day 2 (UKOL)	Nat	SBOC	980	185	0	0	0	0	1165		
23/07/24	Croeso Day 3	Nat	SBOC	926	192	0	0	0	0	1118		
10/08/24	SBOC Saturday Park-O #4 & Summer League 10	Local	SBOC	9	6	0	1	0	0	16		
18/08/24	SBOC Summer League 11 - Summer Score	Local	SBOC	12	4	2	0	0	0	18		
04/09/24	SBOC Summer League 12 - Sprint	Local	SBOC	16	8	0	0	0	0	24		
11/09/24	SBOC Summer League 13 - Sprint	Local	SBOC	12	9	1	0	0	0	22		
14/09/24	SBOC Saturday Park-O #5 & Summer League 14	Local	SBOC	10	5	0	5	0	0	20		
18/09/24	SBOC Summer League 15 - Sprint	Local	SBOC	14	9	2	0	0	0	25		
25/09/24	SBOC Summer League 16 - Sprint	Local	SBOC	12	6	1	0	0	0	19		
05/10/24	SBOC Saturday Park-O #6 & Summer League 17	Local	SBOC	6	7	1	9	0	0	23		
16/10/24	SBOC MapRun #1	Local	SBOC	9	4	1	0	0	0	14		
27/10/24	2024 Welsh League & SBOC Winter League 1	Reg	SBOC	61	18	3	1	0	0	83		
09/11/24	SBOC Trail Challenge #1	Local	SBOC	17	8	7	0	0	0	32		
13/11/24	SBOC MapRun #2	Local	SBOC	9	4	0	0	0	0	13		
23/11/24	SBOC Winter League 2 - Night	Local	SBOC	22	3	1	0	0	0	26		
24/11/24	SBOC Winter League 3	Local	SBOC	23	8	2	1	0	0	34		
11/12/24	SBOC MapRun #3	Local	SBOC	9	3	0	0	0	0	12		
22/12/24	SBOC Winter League 4 & Xmas Social	Local	SBOC	31	8	4	2	0	0	45		

04/01/25	SBOC Winter League 5 - Night	Local	SBOC	22	4	3	0	0	0	29		
11/01/25	SBOC Trail Challenge #3	Local	SBOC	16	11	4	0	0	0	31		
15/01/25	SBOC MapRun #4	Local	SBOC	13	5	1	0	0	0	19		
26/01/25	SBOC Winter League 6	Local	SBOC	17	5	4	1	0	0	27		
01/02/25	SBOC Winter League 7 - Night	Local	SBOC	25	2	2	0	0	0	29		
08/02/25	SBOC Trail Challenge #4	Local	SBOC	15	5	0	0	0	0	20		
12/02/25	SBOC MapRun #5	Local	SBOC	13	5	0	0	0	0	18		
16/02/25	SBOC Winter League 8	Local	SBOC	36	9	1	2	0	0	48		
08/03/25	SBOC Trail Challenge #5	Local	SBOC	11	5	1	2	0	0	19		
12/03/25	SBOC MapRun #6	Local	SBOC	14	4	0	0	0	0	18		
22/03/25	2025 Welsh League & SBOC Winter League 9	Reg	SBOC	59	15	0	0	0	0	74		
05/04/25	SBOC Trail Challenge #6	Local	SBOC	17	5	6	2	0	0	30		
09/04/25	SBOC MapRun #7	Local	SBOC	14	5	0	0	0	0	19		
26/04/25	SBOC Summer League 1 & Saturday Park-O #1	Local	SBOC	26	13	4	6	8	1	58		
										3396	1677	1871
08/05/24	Cardiff Park Series 1	Local	SWOC	23	8	26	51	0	24	132		
18/05/24	SWOC Local	Local	SWOC	23	2	11	15	0	1	52		
22/05/24	Cardiff Park Series 2	Local	SWOC	28	3	20	38	0	0	89		
05/06/24	Cardiff Park Series 3	Local	SWOC	32	5	22	16	0	0	75		
16/06/24	SWOC Summer Score	Local	SWOC	24	5	0	0	0	0	29		
19/06/24	Cardiff Park Series 4	Local	SWOC	25	8	24	13	0	2	72		
03/07/24	Cardiff Park Series 5	Local	SWOC	18	3	31	20	0	0	72		
17/07/24	Cardiff Park Series 6	Local	SWOC	16	4	18	10	0	0	48		
25/07/24	Croeso Day 4	Nat	SWOC	948	183	0	0	0	0	1131		
26/07/24	Croeso Day 5	Nat	SWOC	964	200	0	0	0	0	1164		
18/09/24	SWOC Winter Maprun 1	Local	SWOC	15	0	26	0	0	0	41		
16/10/24	SWOC Winter Maprun 2	Local	SWOC	18	0	11	0	0	0	29		
02/11/24	SWOC Local	Local	SWOC	13	0	4	0	0	0	17		
20/11/24	SWOC Winter Maprun 3	Local	SWOC	10	0	24	0	0	0	34		

01/12/24	2024 Welsh League & SWOC Local	Local	SWOC	39	3	7	0	0	0	49		
11/12/24	SWOC Winter Maprun 4	Local	SWOC	15	0	11	0	0	0	26		
15/01/25	SWOC Winter Maprun 5	Local	SWOC	24	0	24	1	0	0	49		
09/02/25	SWOC Local Event	Local	SWOC	66	10	14	17	0	0	107		
19/02/25	SWOC Winter Maprun 6	Local	SWOC	21	0	24	1	0	0	46		
19/03/25	SWOC Winter Maprun 7	Local	SWOC	13	0	22	0	0	0	35		
16/04/25	SWOC Winter Maprun 8	Local	SWOC	No data								
										3297	1398	1303
24/07/24	Croeso - Rest Day Sprint	Reg	BAOC	280	56	0	0	0	0	336		
										336	0	0

2024/25 Activity Participation by Club

Date	Event name	Level	Club	Senior member s	Junior member s	Senior non-member s	Junior non-member s	Senior non-paying	Junior non-paying	Total	2023 / 2024	2022 / 2023
02/05/24	Sychnant Training	'Activity'	ERYRI	17		4				21		
09/05/24	Technical Session	'Activity'	ERYRI	10	1	5	0			16		
16/05/24	Technical Session in Mountain Terrain	'Activity'	ERYRI	0	0	0	0			0		
30/05/24	Mountain Technical	'Activity'	ERYRI	7						7		
06/06/24	Capelulo Maprun	'Activity'	ERYRI	17	1	2				20		
13/06/24	Pandora	'Activity'	ERYRI	4						4		
20/06/24	Parc Menai Training	'Activity'	ERYRI	6	1					7		
27/06/24	Parc Mawr	'Activity'	ERYRI	5						5		
11/07/24	Mountain technical	'Activity'	ERYRI	9	1					10		
05/09/24	Llanberis	'Activity'	ERYRI	5	3	3	1			12		
12/09/24	Bodlondeb Woods	'Activity'	ERYRI	12	2	1				15		

19/09/24	Parc Britania	'Activity'	ERYRI	7	3	3				13		
26/09/24	Gilfach Ddu	'Activity'	ERYRI	10	3	1				14		
10/10/24	Llanfairfechan	'Activity'	ERYRI	3		1				4		
31/10/24	Bethesda	'Activity'	ERYRI	10	2	2	1			15		
14/11/24	Thursday Training	'Activity'	ERYRI	6						6		
21/11/24	Night Training	'Activity'	ERYRI	6	1					7		
28/11/24	Night Training	'Activity'	ERYRI	8						8		
12/12/24	Night Training	'Activity'	ERYRI	6	1	1				8		
23/01/25	Llanfairfechan Promenade	'Activity'	ERYRI	No data								
13/02/25	Parc Britania	'Activity'	ERYRI	No data								
06/03/25	Bodlondeb	'Activity'	ERYRI	4	1	1				6		
20/03/25	Llanfairfechan Promenade	'Activity'	ERYRI	7	1	1				9		
03/04/25	Sychnant pass	'Activity'	ERYRI	6	1	1				8		
10/04/25	Bryn Euryn woods	'Activity'	ERYRI	8		1				9		
										224	45	0
08/05/24	Club Night - MapRun ReRun	'Activity'	SBOC	11	6					17		
12/05/24	C.A.T.S Mynydd y Garn	'Activity'	SBOC	17	6					23		
22/05/24	Club Night - MapRun ReRun	'Activity'	SBOC	8	5					13		
02/06/24	C.A.T.S Banc Melin	'Activity'	SBOC	7	3					10		
03/06/24	Loughor Bownies Session	'Activity'	SBOC	1	1	4	15			21		
05/06/24	Club Night - MapRun ReRun	'Activity'	SBOC	9	5					14		
09/06/24	Green Gathering 2024	'Activity'	SBOC			25	18			43		
19/06/24	Mid-Summer Madness	'Activity'	SBOC	12	5					17		
03/07/24	Club Night - MapRun ReRun	'Activity'	SBOC	8	3					11		
08/07/24	Swansea ParaSport Festival 2024	'Activity'	SBOC	1	1	27	64			93		
17/07/24	Club Night - MapRun ReRun	'Activity'	SBOC	9	4					13		
20/07/24	CROESO Model Event	'Activity'	SBOC	No data								
24/07/24	CROESO Turf Brecon	'Activity'	SBOC	12	7					19		
31/07/24	Club Night - MapRun ReRun	'Activity'	SBOC	9	3					12		
14/08/24	Club Training Run	'Activity'	SBOC	6	5					11		
21/08/24	Club Training Run	'Activity'	SBOC	6	2					8		

28/08/24	Club Training Run	'Activity'	SBOC	6	2					8		
15/09/24	Gower Walking Festival Treasure Hunt	'Activity'	SBOC	3	2	9				14		
16/09/24	Clydach Brownies - The Hunt	'Activity'	SBOC	1	1	3	18			23		
02/10/24	Autumn Training - Knock Out Sprint	'Activity'	SBOC	9	2					11		
09/10/24	Autumn Training - Odds and Evens Map Memory	'Activity'	SBOC	9	6	2	3			20		
20/10/24	Neath Pony Club - The Quest	'Activity'	SBOC	1		3	9			13		
23/10/24	Autumn Training - Night 1st Leg Relay	'Activity'	SBOC	12	3	3				18		
30/10/24	Autumn Training - Spook-O	'Activity'	SBOC	8	2					10		
06/11/24	Club Training	'Activity'	SBOC	10	3	1				14		
20/11/24	Club Training	'Activity'	SBOC	7	5					12		
27/11/24	Club Training	'Activity'	SBOC	9	4					13		
04/12/24	Club Training	'Activity'	SBOC	3						3		
18/12/24	Mid-Winter Madness Run	'Activity'	SBOC	14	4	2				20		
30/12/24	SBOC Fun Day	'Activity'	SBOC	7	3	17	19			46		
04/01/25	SBOC Family Coaching Day	'Activity'	SBOC	4	5	2	2			13		
08/01/25	Club Training	'Activity'	SBOC	7	4	2				13		
14/01/25	MapActive #1	'Activity'	SBOC	2	1	14				17		
21/01/25	MapActive #2	'Activity'	SBOC	3		15				18		
22/01/25	Club Training	'Activity'	SBOC	11	6					17		
28/01/25	MapActive #3	'Activity'	SBOC	3		11				14		
29/01/25	Club Training	'Activity'	SBOC	7	4					11		
04/02/25	MapActive #4	'Activity'	SBOC	4		10				14		
05/02/25	Club Training	'Activity'	SBOC	9	4					13		
11/02/25	MapActive #5	'Activity'	SBOC	4		10				14		
19/02/25	Club Training	'Activity'	SBOC	8	3					11		
22/02/25	SBOC Fun Day	'Activity'	SBOC	5	6	16	18			45		
26/02/25	Club Training	'Activity'	SBOC	9	5					14		
27/02/25	SBOC Family Coaching Day	'Activity'	SBOC	2	4	12	14			32		

05/03/25	Club Training	'Activity'	SBOC	9	5	2	5			21		
19/03/25	Club Training	'Activity'	SBOC	9	3					12		
26/03/25	Club Training	'Activity'	SBOC	7	3	1				11		
02/04/25	Spring into Summer - Compass & Pacing	'Activity'	SBOC	12	3	2				17		
16/04/25	Spring into Summer - Route Choice	'Activity'	SBOC	11	4	1				16		
23/04/25	Spring into Summer - Map Memory	'Activity'	SBOC	7	1	2				10		
30/04/25	Spring into Summer - Spring-O	'Activity'	SBOC	7	4					11		
										894	115 7	441
29/05/24	Come and Try Orienteering	'Activity'	SWOC	No data							0	0
											0	0
30/06/24	Welsh Junior Squad training	'Activity'		4	4	4	16			28		
16/11/24	Welsh Junior Squad training	'Activity'		7	9					16		
14/12/24	Talent South and SouthWest Juniors Training	'Activity'		5	18					23		
14/12/24	Talent South Training	'Activity'		2	10					12		
15/12/24	Talent South and SouthWest Juniors Training	'Activity'		5	18					23		
21/12/24	Welsh Junior Squad Training	'Activity'		8	12					20		
04/01/25	WJS Training	'Activity'		5	6					11		
11/01/25	Welsh Junior Squad training	'Activity'		6	4	1	1			12		
25/01/25	Talent South Training Weekend	'Activity'		4	16					20		
25/01/25	Talent South Training Weekend	'Activity'		4	16					20		
26/01/25	Talent South Training Weekend	'Activity'		5	17					22		
27/02/25	Welsh Junior Squad - overnight stay	'Activity'		3	5					8		
27/02/25	Welsh Junior Squad training	'Activity'		5	11					16		
22/03/25	Welsh Junior Squad training	'Activity'		8	6					14		
										245	776	195

Kerina Lake (SBOC) WOA Fixtures Secretary

Safeguarding Officer - report

I have maintained contact with relevant organisations (British Orienteering and NSPCC) and have disseminated relevant information (including information about meetings and training opportunities) to club safeguarding leads. Safeguarding information appears to be up to date on all club website pages.

Happy to continue in the role but please note that it is unlikely I will have capacity to attend safeguarding training/meetings as advertised mainly through CPSU/NSPCC. If anyone else does have that capacity and would like to take on the role I would be happy to step down.

Duncan Innes (SWOC)

Senior Squad Managers' report

Junior Squad Managers' Report

This year the Welsh junior squad had training camps in North Wales in February and in West Wales in May. We spent two days in the sunshine enjoying the sand dunes of Newborough, before competing at the Welsh Championships. Then in the May half-term we had two days training on Teifi Pools – the weather wasn't so kind to us on this occasion and we had to beat a hasty retreat on the first day. Thanks to Jim Wood and Kate O'Sullivan for organising permissions and helping with the accommodation for these camps.

Of course the Welsh juniors were involved with Croeso, competing and helping on their clubs' days. In particular, we helped at the training day on Llangattwg with Freddie Lake planning, and on the final day the juniors were a smart and efficient prize-giving team.

As ever, we had a very busy early autumn. The Welsh Junior team competed in the Junior InterRegional Champs – 28 – 29th September in the Forest of Dean and the Mendips. We finished in 7th place of the 12 regions with Freddie Lake taking 3rd place in the M18 class. October saw us make the long journey over to Norfolk for the Junior Home International. Both the individual and the relay were held at Sheringham Park, a surprisingly hilly area near the north Norfolk coast

We organised the following training days/weekends

2024

June – Gwanas – with junior members of Eryri Harriers, the North Wales fell running club

November – JROS training at Hawkshead in the Lake District.

Pre Compass-Sport Cup final training – Forest of Dean

December – Cannop Ponds, Forest of Dean

2025

January – Soudley, Forest of Dean

March - Pre-JK training week based at Capel Curig

Congratulation to Robin Irwin who has been a member of the Talent South Squad this year and has attended several training weekends with that group during the year. He has also been selected to take part in the JROS training camp in Czechia this summer.

And as a preview for next year's report – we had a fantastic summer trip to Uppsala in July.....

Mark Saunders and Alice Bedwell (SWOC)
Junior Squad Managers

Veteran Squad Manager Report

Our hardy team headed to the damp forests of Northern Ireland for the 2024 VHIs. Like finely-tuned homing pigeons, the team arrived at our comfortable hostel in the village of Gortin during Friday evening. Carys had the medal for latest arrival just after midnight in driving rain whilst Phil had the wettest option by cycling from the ferry in Belfast through rough conditions.

Weather warnings had been issued on the Saturday and you could sense a storm approaching as the teams arrived in the Gortin Forest Country Park. Conditions were gloomy but thankfully the event was given the all-clear prompting a long walk to the start in extremely blustery and chilly conditions. Courses criss-crossed numerous shades of green and those with shorter strides certainly found the going tough. However, our team prevailed finishing just ahead of the Irish leaving the English significantly ahead of the Scots. Alun triumphed in M70, Tim had a strong 2nd in M50, Mark 3rd in M60 and Margaret & Alice put in a very handy 2nd & 3rd in the W65.

Saturday afternoon was a wash-out with the more hardy chasing sculptures on bleak hilltops whilst others found solace in the numerous coffee shops & the well-stocked accommodation shared by the teams. Thankfully, the prizegiving and meal were in the village and a fine spread was delivered.

It was very much 'game on' for the relays as we attempted to protect our narrow lead over the Irish. Conditions were wet, wet, wet, adding to the fun of fine map reading in the context of frantic pack action. The courses made the most of a fairly small woodland with soft contours & plenty of features and good to see some proper gaffling to make things interesting. It certainly meant you had to focus on punching the right control in the heat of the action. (See below).

As the sodden runners came back for changeovers, it was clear the English would complete their domination, whilst at the other end, things were looking very close. However, as the minutes ticked by, it became apparent one of our runners mis-punched and conditions certainly got under the skin of many resulting in a narrow victory for our hosts who delivered a great weekend of orienteering.

Whilst we did not retain the Stonewall Trophy on this occasion, it was great to see the camaraderie between competitors and please can I give a huge thanks again to our great team who dedicated their weekend to run for Wales, arriving late Friday and not getting home until late Sunday or early Monday.