



Swansea Bay
Orienteering Club

SBOC WINTER LEAGUE 5 & Xmas Social

@ Crymlyn Burrows, Swansea

Date: Sunday 20th December 2026

EVENT DETAILS

Location:	OS Grid Ref SS703929 Crymlyn Burrows, Skewen, Swansea SA10 6JW		
Travel directions:	Travel down Fabian Way towards Swansea University Bay campus. Crymlyn Burrows is on the east side of the campus. Parking at Crymlyn Burrows carpark W3W///enlarge.ignore.dare Or on Elba Crescent W3W///lobster.pushover.doors Registration and start are on dunes close to car park. W3W///pack.upgrading.tightrope		
Terrain:	Sand dunes with vague contours with scrubby vegetation and patches of gorse and thicker undergrowth.		
Map:	A4. 1:7500. 2.5m Contours. Version Maps will be pre-marked		
Course: (Subject to final planning)	Course & difficulty level	Distance (km)	Climb (m)
	Orange –Medium	2.0	Not a lot
	Green – Hard	4.0	Not a lot
	Make sure you have your GPS tracking on and see what you have drawn (assuming you do the course right!)		
Entries:	Entries for members and non- members is via the SBOC website or directly through https://www.pre-entries.com/e/d6d9eb07-09dd-4324-8c06-90eed5e8987e Newcomers can hire SI cards through this.		
Registration and Starts:	Registration from: 9:45 Starts from 10:30 to 12:00 Courses close at 13:30		
Entry Fees:	Seniors: British Orienteering members £6.00. Non-members: £9.00 Juniors / Students £3.00 SBOC Juniors – Free All payments to be made at the event using contactless card system.		
Social:	Xmas Fancy dress encouraged and prize for best outfit. Xmas meal, Summer League presentations will follow event approx. 14:00 onwards at a local venue. More details to follow but please come along.		
Organiser:	Niall Reynolds (07969199576)		

Safety Information:	<ul style="list-style-type: none"> • A risk assessment has been completed but it should be noted that competitors take part at their own risk, and are responsible for their own safety during the event. • There may be ticks in the area. Please check after your run and remove immediately. A leaflet about tick removal can be found by following this link https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1057949/Tick_awareness_A5_leaflet.pdf • More details about Lyme Disease can be found by following this link - https://www.nice.org.uk/guidance/ng95/chapter/Recommendations#clinical-assessment • Competitors are reminded that they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course. • Photographs might be taken to promote the sport. Please let the organiser know if you do not wish to be included.
Medical Information:	<p>Any competitor with a high-risk medical condition is invited to contact the organiser beforehand and provide information in a sealed envelope at registration.</p> <p>Envelopes will only be opened if required for a medical emergency, and unopened envelopes can be collected from registration after your run or they will be destroyed immediately after the event.</p>
Additional information:	<i>Dogs are allowed.</i>
Personal Information:	Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners, used in case of medical emergency and to trace missing SI cards.
Event cancellation or postponement	For the latest information check www.s boc.org.uk especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.

www.s boc.org.uk