



Case:

Juliana Peres Magalhaes SDT 1125



John Carroll

Messaging



10/21/2023 12:00 AM - 10/29/2025 11:00 PM

Other Party

Kate Brower (Public) ▾

Person(s) of Interest

Juliana Peres Magalhaes (2113...

Search

[Juliana Peres Magalhaes SDT 11.2025] Messages (49) Mail (5)

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| 01/28/2025 04:56 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | Hi Julianna from Zach Frank's friend Kate Andersen Brower | Dear Julianna, I hope you're doing all right. Zach said he that he mentioned colleague and a #1 New York Times bestselling author. My book The Resilience of the Mind is dropping March 20. I'm working with Zach on a doc the media has treated you fairly - which is not surprising given how sexist honestly and I think your perspective is so important. I can come to visit you live in the DC area. It's not clear to me whether an in person visit is available 12:20 PM and 3:30 PM ET is available tomorrow for a video call. Can we discuss tell you a little more about our project, but if video is our only option that's Thursday so I thought it would be good to try and do something tomorrow but I totally understand if that's too soon! Thank you so much for your time Kate https://deadline.com/2024/12/the-residence-shondaland-netflix-prer https://en.wikipedia.org/wiki/Kate_Andersen_Brower Kate Andersen Brower who has written three books about the White House, two of which have been Residence: Inside the Private World of the White House, First Women: The First Ladies, First In Line: Presidents, Vice presidents, and the Pursuit of Power Club in the Age of Trump.[1] She covered the White House for Bloomberg Obama's first term and before that she worked at CBS News and Fox News contributor[3] and has written for The New York Times, Vanity Fair, The Wa |
| 01/28/2025 08:01 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna from Zach Frank's friend Kate Andersen Brower | Hi Kate!! Yes, Zachary mentioned you would text me. As for visits, we do not through the website, unfortunately. I'd rather in person as well for privacy, I scheduling the visit for tomorrow if you would like. I will be available, except introducing yourself. I have question that I would like to ask as well. You know, it can't be scheduled for the same day. I'll be waiting for your response |
| 01/29/2025 08:14 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna from Zach Frank's friend Kate Andersen Brower | Hi Julianna, That sounds good!! I just booked a 30 minute video visit for 11 I'm looking forward to chatting with you and I'm happy to answer all question politics (I was a CNN contributor during Donald Trump's inauguration) so I experienced documentary producer so we're working closely together. I know and am more than happy to share. I'll "see" you at 10 am ET tomorrow morning my cell is 202-527-1329 in case you need to reach me. I really hope you're |
| 01/29/2025 08:40 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna from Zach Frank's friend Kate Andersen Brower | Hi Kate!! I forgot that tomorrow morning I have my mentor coming to see me ~11am. So if it is not a problem or trouble for you, would you mind reschedule available. Normally we have more hours available every day. I just don't want okay with you. That is an interesting career, it is the first time I'm talking to I believe you guys working together with your experiences will be great. You page and join, that's all. I'll do the same. But is good to have your phone number you can change the timing I would appreciate it, just let me know please. / and giving you heads up. |
| 01/29/2025 12:08 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna from Zach Frank's friend Kate Andersen Brower | Hi Julianna, No worries at all!! I wouldn't want to make you change anything and set up a 2:30 pm ET call tomorrow instead. I'm really looking forward to mentor have been helpful. I'm sure it's important to have that kind of relationship |
| 01/31/2025 04:16 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna from Zach Frank's friend Kate Andersen Brower | Hi Julianna, I just wanted to say hi and to thank you for your time yesterday and hearing your perspective. You have an interesting and important story always does eventually. I'd like to talk to you again. In the meantime I hope sounds like you are!! Let me know when you can chat again after this week |
| 01/31/2025 04:38 PM | VA - Fairfax County Adult Detention | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna from Zach Frank's friend | Hi Kate! I hope you're doing good. Thank you for our visit, it was nice to meet we will be available after Wednesday, on Thursday I have mentor in the morning we can talk anytime after that. On Friday I'm available all day. I'll leave it up to believe that my story is interesting and the truth should be out there, and if I'm trying to be strong, and keep my faith, which gives me comfort. Maybe |

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| | | | | | | going on or what the issue is, still trying. I do know that Kendrick is going excited. See you on Sunday! :) |
| 02/11/2025 09:21 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna from Kate :) | Hi Julianna, I hope church Sunday was good. It's therapeutic just sitting and probably sick of that!! Did you watch the Super Bowl? My husband is a big our house. (To be honest, I couldn't care less who won. I just wanted to see Anyway, I hope you know that I've really enjoyed talking to you and would I you can tell, I think you have an important story to share with the world. Yes the truth - which always wins out in the end. As ever, Kate |
| 02/11/2025 09:44 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna from Kate :) | Hi Kate!! Yes, I enjoyed Church on Sunday. And yes, we do have a lot of times sometimes, that I just wish I could switch it off lol. But I try to think positive take GED classes even though I don't need it, that helps me to think about on the weekends. So I trained myself to use my time in the best way possible it was exciting. Something I was looking forward to. Well, I'm originally a C close to Super Bowl. So I've been rooting for Eagles for a while now. It was win. Though I had my doubts since Chiefs and Eagles are both the best teams very excited. We say that we already wear green jumpsuits so we are always the time I wish I was out there to go to a bar watch the game, have some fun overall. I was also expecting to see Taylor. But I guess because Chiefs were really show her as much. Just that she was greeted with "boos" from Eagles. Their loss for me was related to Trump's presence there rotting for them (I Chiefs were never like that as long as I've been watching football. The half really my "style" for music, but I guess he did good, he is on top now. Maybe a beef with him? Drake also had his time a while back. Also, Taylor and Bey I'm glad to know you enjoy talking to me. Likewise. We can keep talking, not that I won't be able to be talking about. But eventually when this is over eventually truth will be out there. Have a good one. Juliana :) |
| 02/13/2025 10:12 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | Hi Julianna | Hi Julianna! It's funny, I had to go down the rabbit hole to try and find out who Kendrick Lamar. Seems kind of silly to me!! Anyway, I'm glad you're keeping like you're doing the right thing. Being in your position must require a lot of (mostly because our country is a hot mess!), not sure if you have access to every night to fall asleep. It's basically just soothing voices telling a story. I within 15 mins! As for our documentary, since we'd like to tell the story for debunking sexist stereotypes, I think a conversation with your mom would production company has a fluent Portuguese speaker named Milena. She'll talk to your mom, please let her know that we want to hear about what you about you coming to the U.S. in the first place. And, of course, how much courage at such a young age. Let me know once you get a chance to Milena her info. I can be on the call too, just let me know if you think that would be dreary outside. XO Kate |
| 02/14/2025 09:46 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate! Well, I'm not fully aware of what the beef is between Drake and Kendrick I hear about these things. Anyway, it seems silly. Yes, I'm doing the best I can Trying to be positive, patient and just trust God, growing in my faith, besides have access to internet here, but knowing what is going on in the country, need to find something to help us to feel some sort of peace, I'm glad you be very good and relaxing. Yes, I also believe that a conversation with my mom understand and get to know me as a person, how I grew up, how I was as a here on my own. I believe she would like to talk about it. She likes talking a way, she would do so. It's going to take a while until I can finally speak up after After we get it done with. I also know that people asked her about what has related to that, and I should mention she does not know much about it. Just And I'm not talking to anyone else about the event, including her. Until I'm I believe if the intention is to gather information from my mom as I've noticed I won't be useful or helpful. She might have her point of view as anyone else intention is to know more about me as a person, people will have a lot of time let you know! Have a good day. :) Juliana. |
| 02/14/2025 11:02 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna. Thank you!! I hope you have a good day too. The less you know Trump dismantling the federal government, the better! So many of my friends I'm not sure how people will be able to afford to live in the DC suburbs any government for lots of reasons, and yes, there's waste, but it can be trimmed chatting with your mom, I totally understand what you're saying. We know ask her for any details of the murders. We'd just like to talk to her about you in Brazil, etc. Basically, about you and your character. As you said, no one I Hopefully the fact that Milena speaks Portuguese will make her more comfortable if you can open this, but it's a Loving Kindness meditation. I really admire Buddhism makes me feel calmer and overall happier. Though I think I told you, I struggle then it does work for me though. https://www.sjpla.org/news/meditation-1gad_source=1&gclid=CjwKCAiA8Lu9BhA8EiwAag16b63pwPqnmnezmsN1z116FJxoC-BIQAvD_BwE Talk soon!! I'm really glad we've started this conversation, as you know! Cheers, Kate |
| 02/15/2025 08:51 AM | VA - Fairfax County | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate! Thank you!! I've been following the elections, and Trump's promise history/ social studies we do talk a lot about it, because it is something happy been doing to get far many people for the nation. When comes to election |

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| | County Adult Detention Center | | (Public) | Magalhaes | | been doing is sad, for many people, for the nation. When comes to election reasons as we can see. I'm glad when this is over I'm going back to Brazil. having Trump as the head of the country and so many people (Americans He's going to make it harder for everyone and just about everything. Unfor the way they are used to, it's going to be harder. I appreciate the fact that y murders. She's been through a lot because of all that happened, and she d either. I'm sure the fact that Milena speaks Portuguese will make her more to talk about me, our relationship. Unfortunately I can't open the link, but I : not good at meditating either, my mind is noisy, wanders off everywhere el outward I'm quiet and still, my mind is the opposite lol. I tried Yoga but cot me more stressed, forcing my mind to quiet and doing breathing exercises Eh. Still, I try to find ways to relax, praying, reading, etc,. Hope you have a g |
| 02/16/2025 03:22 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate!! Sorry to bother you on the weekend. I've been thinking if you wou companies that would be interested in writing a book with me or about my tell my story, but also hoping to "help" readers about not falling for a situat writing as I always did. I write a lot. Read a lot as well. Have you ever read of Evelyn Hugo"? That book is amazing, and I think about something similc of something that could help me I would appreciate it. I wish I had access but I don't have it. Any help would be welcomed. I would find a way to be ir system or I could send letters. Anything. But if for some reason you don't t that, I appreciate it anyways. Again, thank you very much! Juliana. :) |
| 02/17/2025 02:19 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate! Thanks for getting back to me! I know you understand where I am the best way to put my story out there is through a documentary, especial Netflix. That certainly helps with interest and audience. I do not intend to c of a book. I do intend to have both, to tell my story through a book and a d 6 books, and that is awesome. I'd be interested in reading your books I bel "The Fifth Assassin" by Brad Meltzer. About the 5 presidents assassinated throughout the history, etc,. I'm glad you'll have the chance to be part of sc hope you enjoy. I'm sure is a dream come true. We are allowed to receive t Amazon, not from family ou friends directly. That's okay if you want to talk thinking about something else. Thank you!! Juliana. :) |
| 02/17/2025 02:50 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | I think you're in a great position with a lot of opportunities, be it a book, a c really hope to be part of this journey with you! Because I also think that yo emotionally manipulative relationships and warning signs to avoid. I'm rea -K |
| 02/18/2025 12:16 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, Please let me know how to send you books via Amazon!! This life when you have the time to really think and read - I'm so glad you're taki you're using to find peace and listen to your own voice. By the way, I talkec Endeavor (they are one the biggest talent agencies in the world) and he ad first is the way to go. Then, you do a book. William Morris has lots of exper Another thing to note is that a documentary gives the time to really tell you TV news magazine. And once people watch a compelling documentary th know you have a great and ultimately empowering story to tell. Cheers, Ka |
| 02/18/2025 02:19 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I used to receive books from Amazon. I believe that all you need to name with my inmate number. I never read so much as I do here. It's been English, and in many ways. I appreciate you talking to your agent, and I did first step and that will open doors for a book and more opportunities. How looking into that, taking to publishers, understand more about the process and I might be done here before we think. But I understand your point, and anyways. I'll see what or how I can do some research on my own, with son from Amazon: Juliana Peres Magalhaes - 2113176 (that's my inmate num Judicial Drive Fairfax, VA 22030. Thank you! Juliana. |
| 02/23/2025 08:11 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, Sounds good! Sorry I took a little while to get back to you. I've travel soon - sounds like you will. :) I'll send some books to you. And I thinl like Netflix or Hulu or something at that level will be a good first step. -K |
| 02/23/2025 10:24 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Don't worry, I'm glad you had some fun. Girls trip is fun. Can't wait Thank you, I appreciate it. Yes, I guess I'll start with a documentary and se Juliana. :) |
| 02/24/2025 01:55 PM | VA - Fairfax County Adult | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, I'm glad to help you any way I can! I've been around the block the Netflix series inspired by my book. I'm really excited to be a part of tell crossed. The books should be with you by Wednesday or Thursday. Like I : stuck at the airport in the Bahamas with a flight delay. But at least there's : |

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| | | Adult Detention Center | | | | | stuck at the airport in the Bahamas with a night delay, but at least there's |
| 02/24/2025 04:08 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, I appreciate your help and thank you very much. You seem to be a having something big inspired by your book. Fingers crossed for our docu Ugggh it sucks being stuck at the airport. But as long as you have a restaur okay, just a matter of time. At least you had fun haha! I'll let you know whe I:m sure I'll like it. Thank you so much. Juliana. :) |
| 02/27/2025 10:32 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, hope you enjoyed your trip. Just letting you know that I received th theory" they put in my property though. It says that "it's a hard back book - But is in my property so when I get released I'll have it anyway. Just not no to reading that one. However, I'll start The Residence. It sounds really gook mention that I love the covers, and the quality of the book. I can tell you ar started Mindset, and loving it already. I'm glad we got to meet each other a story. Thank you again for sending me these books. Have a good day. Julia |
| 02/27/2025 12:55 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi!! I'm glad you got the books, and sorry about "Let Them." I had no idea th think it's out in paperback yet, but I'll send it if it is. If not, you can read the book speaks to letting go of other people's expectations. And trying to ple: women I think we do that far too often. You are going to be so happy wher You're young, but I respect what you said about feeling like you've lost tim ourselves, the better. And it's great that you're using your time there for co and church. Just FYI, Zach is going to be reaching out to the jail to see if I wanted you to know. I live so close (13 miles away!) and I would love to m afternoon too! K |
| 02/27/2025 03:37 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | Hi Julianna | | Hi again! One thing I wanted to ask, since we already have interest from Ni could you please hold off on talking to other journalists while we sort out I worked with Netflix on The Residence and they are the best of the best. Bu like Hulu and Amazon. I understand that asking you to work exclusively wi (both in my work and in Cream Production's track record) but also some cr sense to me given the position you're in. I talked to Zach about this - he's p and he says that he wants to make sure that your mother gets some comp streamers, like Netflix, are completely comfortable with us "purchasing arc from her as a way to do that. Part of this exclusivity with us includes reacr available archive material which we'd need to license from her for use in th compensated for that license and for her time. Let me know if that makes looking forward to working together!! Kate |
| 02/27/2025 04:56 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, Yes, that's a good point you brought up. Of course it's huge to hav and Hulu as we do. As for working exclusively with a producer company I t want that kind of exclusive material, interview, and it's understandable. Bu company and the person we are in touch with, and most people that tried I about the compensation I could get on my end. I know some companies d some others don't. I guess it comes to the common sense of they will be r documentary/ film, and what does the other part get besides exposing the know if you would agree with me on that. That is something I expect the cr me and most of them don't. So I appreciate you talking with me about it. A the process works, or the "compensation" I would/ could get on my end lik That's another point of me wanting to write a book, so I can get something sharing my story and helping people somehow. Do you think you would be compensation part? With my mom or with me if there would be any. Or you that bridge. Do you guys have a contract that I would sign, etc? Ps: I do no compensation. I think it is only fair due the situation, for both sides. I hope from. Right now I have nothing left, and I mean it. Getting out will be a cha degree because of my felony. So there are a lot at stake and I need to con: together as well! Juliana. |
| 02/27/2025 08:04 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Julianna. I understand what you're saying completely. It's one of the firs we talked about exclusivity with you. And he understands your position to license material from your mother and other trusted family. He says the pr this all the time. Is it Ok with you if I ask Zach to have a call about compen would work with you directly? He has more experience in documentaries a Netflix, Amazon, Hulu, etc. so he can be the most straightforward and clea to tell your story in an honest way which will also help you get a book deal |
| 02/27/2025 08:25 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, Like I said I appreciate you're approaching the compensation subj companies. It sounds good if Zach can have a call with me to specifically - exclusivity part of our work together. Also about the previous message wh jail about an in person visit, I don't think they will allow that. Not even as ar to meet with you in person as well, even for more privacy, but the jail does! |
| 02/28/2025 09:34 PM | VA - Fairfax | Incoming | Kate Brower | Juliana Peres | RE: Hi Julianna | | Hi Julianna, I hope you had a nice day. I can't wait for this weather to chan always feels freezing to me lately. I hope it's not too chilly in jail. I think I t |

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| 03/04/2025 | VA - Fairfax County Adult Detention Center | | Kate Brower (Public) | Juliana Peres Magalhaes | Juliana | always feels freezing to me lately. I hope it's not too chilly in jail. I think it's where you're at which is crazy. I'd like to try and visit in person. I know it may wave at you if I go there for a visit? Just me. I booked March 5th at 9:45 am change it if you're busy then. Just let me know. As ever, Kate |
| 02/28/2025 10:30 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I hope you had a nice day too. Yeees, I can't wait for Summer, we're even if the heat is on, I feel cold easily too. Wow you live very close to me, person visit. It would've been nice. You're welcome to come and wave at me see me. But yes, March 5th at 9:45am works for me. Thank you for checking |
| 03/05/2025 10:29 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Thank you for our visit. I'm sorry you came all the way down here - appreciate your intention, and that you even bought me a lip balm. That was nice to talk with you. Looking forward to work with you guys. Thank you for Hopefully they'll open a door for me to tell my story too. I guess now I should be interested. I'm just really trying to get the best I can for my family, and I appreciate a good day. Juliana. :) |
| 03/06/2025 08:52 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi there, I think you'll like the lip balm - Laniege sleep lip balm. My daughter likes it. Soon enough you'll be able to try it ;) I always like talking to you too. You were sick in jail and all by yourself. I appreciate the opportunity to help you. From our side, Zach and I will let you know how things develop in the board and what those terms will be. Like I said, this is new to me too. But I appreciate yours, Kate |
| 03/06/2025 12:21 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I'm sure I'll like the lip balm. Your daughter knows what she is talking about very soon I'll be able to thank you in person as well :) Yes, I've been through the hardest moment I had here, in the hospital for many days, surgery, and recently reopened and got infected, I was still in pain for a while. For my mom that while I was hospitalized, no contact, she didn't know what was happening to me at a time. I appreciate your time in talking to me and doing the best to tell me to keep in touch for sure and I'll be waiting for you guys to let me know how I can board with us and how that works, etc.. Thank you for wanting to tell my story |
| 03/06/2025 10:11 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I was just thinking if we agree on working together and all that, how about compensation, like when would I - or my mom - be able to get it? Would that sound silly of me be asking this kind of question. One of the reasons I'm asking is that I'm financially struggling in here due to the fact that I have no one to help me with commissary or packages. And it is a struggle because they don't provide commissary if this would be something you would be able to help me with while I'm here my mom can't help me at all with anything from Brazil, and so it depends on you help me. Or if I had someone here responsible for sending me money to buy commissary packages, or adding money on my phone account so I can talk to my mom (if we work on it together) for you guys have someone responsible for that a really hard time to reach him out or him getting back to me. For example me for questions, and also to ask whether or not he could order me a package can have some stuff to eat. I haven't been able to order commissary, obviously any way putting money in my account, etc.. So he ends up doing it once not on track of all that and I will pay him back, I'll make sure of that. But I guess you on him, he is just my lawyer. If you feel like I'm crossing the line I am so sorry like I needed to try. Don't feel like you need or have to do anything like that too and appreciate it. It doesn't mean I would just give up on working together to figure out things on my own. I've been on my own for a while. Thank you |
| 03/07/2025 12:14 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, it's good to hear from you. Please don't worry, I get it! Zach and what you're saying. We'd like to help make things better for you while you're for you, will you sign an agreement to work with us as a contributor? It will continue working with you towards an exclusive interview to be negotiated from a network partner. This may be after your release. If you're cool with something to you to sign? Can I mail it to you, or bring it when I come by for reach out about sending you a couple hundred dollars. (This is of course the dollars that we will be looking to secure for your mom.) Yours, Kate |
| 03/07/2025 01:02 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Thank you for getting back to me, and for you guys being understood with someone else before, but of course I guess people want things from me anything to help in any way. Be that an excuse or not, that they aren't allowed About the agreement was a contributor, how would that work exactly while me? If there is a way you can send it to me by message so I can read it over any question I might have. Would that basically mean that I'll be working with also that I wouldn't be able to talk to other producers? I want to make sure the best way for me to sign it would be through my lawyer. I don't know me only receive legal documents here in the ADC, but other than that they send is located, and they just scan and send to me through the tablet. We don't you come by for a visit, I don't think they would give me anything like that, I get it through my lawyer. Again, thank you very much for understanding an |

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| 03/11/2025 02:13 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, I'm glad you and Zach have touched base. Zach is working on really enjoy talking to you. We're being 100 percent honest with you - -as you lot and you deserve to have your side of the story told. By the way, I wish I of The Residence last night in DC. I got to meet Uzo Aduba who is the star Netflix March 20!! I hope you're liking the book. I'm fascinated by the White over the years. Speaking of Netflix, we're talking to Netflix executives today agreement the sooner they will get on board and get the money flowing. A mom. I'm so excited to be part of this journey with you!! Yours, Kate |
| 03/11/2025 03:34 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Yes thank you for talking to Zach over the weekend about committing you guys being honest and willing to help in any way. They were talking about with the main people from the show. I told my cellmates about you, your book, and I also find it interesting, I had no idea about the staff, the rooms exciting reading and like going deeper to know more. I gave Zach my lawyer agreement for us to review it together. I don't know how long he'll take to contact that I've been trying to reach him out to talk about us and other stuff and hopefully when he receives something from Zach he calls me or comes to meet me know as well about the meeting with Netflix, so I can know better what videos, I might be able to help sharing stuff I have on my phone, with Bren Journal, etc., The same way you guys are willing to help me I'm willing to help |
| 03/11/2025 03:34 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi again - Can you do a video call at 12:30 or 5 pm on Thursday March 13th Thanks!! -K |
| 03/11/2025 03:37 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Yes I can do a video visit on Thursday any time after 2pm. -J |
| 03/11/2025 04:14 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | That is so cool that you saw the cast on Fox! It's a really beautifully done series scheduled a call for 2:30 pm on Thursday March 13th. I really appreciate it too. Best wishes, Kate |
| 03/13/2025 02:32 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna - I'm on the call. Can you get on it? Thanks! XO Kate |
| 03/13/2025 03:34 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | Hi Julianna | Hi Julianna, It's always nice talking to you. I'm sorry what you've been through else!! It's not fair for someone to criticize you when they haven't walked in your shoes And I'm so happy to be a part of telling your story. We're writing up our agreement sure that we spell your mom's name correctly. Is it Marina Peres Souza? I've had them up to more than double. And can you please let me know a little bit about Kimberley Stover? If we can reach Kimberley, can she bring the agreement agreement done soon - that way the deal can get done and the money can affect your plea deal because our interview with you will be after you get the money involved. This is about you speaking your truth and telling your story with us because we have a relationship and because you trust us. It's no one reaches out can you please let us know and can you please not respond? |
| 03/13/2025 04:46 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, It was nice to talk with you, as always. I apologize again for being late understanding where I come from and what not only I but my family have in that what we are doing it's no one else's business. And neither me or you care my plea deal. Matter of fact I do trust you guys and feel comfortable and in a relationship. Though I wish we had more time to talk, 30 minutes fly by. I'm still trying to figure out how to manage the money, the payment. I wonder if an US based trust fund to disburse a specific monthly amount to my mom for her to properly manage the money responsibly. As of my mom's name - My lawyer Kimberley Stover, we had - have - a good relationship. I believe in the agreement, but again I just don't know how soon she would do it. And I do understand that situation. I understand that too. That's why I feel more comfortable with you make me feel bad. I'm hoping that he can come to see me tomorrow. I will reach out to me, and I will not respond. Juliana. :) |
| 03/13/2025 | VA - | Incoming | Kate | Juliana | RE: Hi | Hi! I know the time goes by so fast. It's crazy. I talked to Zach and we're trying |

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| 03/17/2025 05:57 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi! I know the time goes by so fast. It's crazy. I talked to Zach and here to want. We don't have the funding from the streamer yet - we need you to sig reached with the streamer first. (I know you know this, but I wanted to mal confuses me sometimes.) Please let Ryan know that we're trying to reach sorry it's been so frustrating trying to get a hold of him for you. Life is stre world right now! You don't need that frustration on top of it. The next step which Zach is having drawn up now. We just need Ryan to bring it to you ir can move forward. There are so many uncertain things in your life - and hc think this is a good thing and a clear path forward for you for when you ge |
| 03/17/2025 02:18 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna! I hope you had a nice weekend - as nice as it can be in your si Zach have exchanged notes and that you'll be touching base this week. I a wonderful documentary together! I really enjoy our conversations. You've I know this can be a challenge to manage on your own. I actually can't imag is that your lawyer will touch base with Zach this week so that we can get the UK. I understand your position and I think there's a way to get a solid c making you nervous. I don't think this is that unusual In your circumstance something for you when you're released, but you want to be smart about it percent. But there should be a way to make it work on both sides. I'm heac Residence premier, but I'll be around. In the meantime I want you to know I genuinely excited about this project. Yours, Kate |
| 03/17/2025 04:51 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I hope you had a nice weekend to. I do my best in here. And yes, Z touching base this week. Likewise! I'm sure we'll make a great documenta what I can. Sometimes I'm surprised too as to how much I've been and arr challenging, but I'm growing personally a lot in here. I'm glad you'll be in L/ exciting and something to be proud of. I can't wait to have all this settled v peace, because as you just mentioned these little things make me nervou way that works for both sides. I really enjoy our conversations, too. And I e been doing and considering. I'm excited for this project with you guys. I ho visit LA, but didn't get a chance. Also, I don't mean to bother you right now Brazil tried to buy credits to send me a few pictures of my mom, my family she's using someone's phone number (U.S number), so when she bought t (You know the account is linked with your phone number, to schedule visit able to send me the pictures, or schedule video visit as I wish they could. I phone number to you, would you mind testing her so she would have your of pictures, then you could send them to me through here? I know Milena I if it is just for my mom to send you pictures and you send to me, would yo know, obviously. Since it's a challenge for them to schedule visits, I would least. We normally only text each other, and I use my credits to accept and send each picture costs like 100 credits. - And well, I would say I can pay y long text and the favor I asked. I know you will busy these next few days, s again. Looking forward to talking to you soon. Juliana |
| 03/17/2025 07:12 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi!! Of course I'd be happy to. That's sweet. My cell is 202-527-1329. How Yours. Kate |
| 03/17/2025 07:58 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Thank you, I appreciate it. Really. I sent her your phone number an on WhatsApp. That's what she normally uses. Then I remembered to ask y very common, but here it doesn't seem that way. If you do and you would r send her info as well. (I don't know if she will be able to find you.) Her phor Marina Peres Here on the website as far as I know you guys have the optic send pictures somewhere. I don't really know how to explain because I hav guys. But my friend says it shows a symbol of picture. Let me know how tl Juliana |
| 03/17/2025 10:44 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Sure, I have what's app. I just sent your mom a message. Happy to help. -k |
| 03/18/2025 08:30 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi! Your mom seems so sweet. I just sent you the photos she sent me on I wanted to send them before I got on board the plane. I have a feeling you'l Kate |
| 03/18/2025 09:54 AM | VA - Fairfax County Adult | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Oh my, I didn't know there were so many pictures lol. Thank you s really appreciate that, so does my mom. I wish my mom could speak Engli know we'll be more in touch eventually. I'll get them by tomorrow morning before you got on the plane. For caring enough to solve this right away. Hz |

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| | | Detention Center | | | | | you can send me pictures of the event when you come back too. Hopefully Juliana |
| 03/23/2025 10:53 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Good morning Julianna, How are you? I hope you're doing well. Your mom send another photo. It's a sweet one, I just sent it through. I hope you like i Shonda Rhimes. It was surreal. Maybe you'll get to see The Residence on I |
| 03/23/2025 11:05 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Good morning Kate, I'm doing good, as much as possible in here. Thank yo mom sent you. I hope to get it soon. I really appreciate it. I know you don't The ones you sent last week they rejected two of them, I guess there was here, ugh!! I'd guess it was my brother's picture or something. I'm happy fo feeling and accomplishment. I know you deserve it. I'm glad you had a gre next time. And I'm looking forward to watch it on Netflix. I'm looking forwa Talk soon, Juliana |
| 03/24/2025 06:57 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Julianna, Can you do a video chat between 1 and 3:30 pm this Thursday want to see how you're doing. I'm thinking of you. If another time works be know. And I hope that last photo came through! Your mom seems very sw |
| 03/24/2025 07:41 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, On Thursday I only have class from 12:30 to 2pm, other than that the time that works best for you. It will be good to catch up, I've been think came through, thank you so much, again. I love that picture, it might be 5 y through the pictures people can tell how my Mom and I are attached. She's like if she spoke English you guys would get along. I'll send you my schedt when you feel like scheduling a visit. :) Mondays and Wednesdays - Class Mentor 9:30 - 11 / Class 12:30 - 2pm Fridays - Available at any time. Talk s |
| 03/24/2025 08:17 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Julianna, You're right. The photos help me see your connection with you close with my mom too, and of course I'm close with my kids. I'm sure she can hug you again. Let's talk at 3 pm this Thursday March 27th. I hope you then. Tomorrow I'm going to Omaha, Nebraska for an author town hall the and it's actually a really cute town. Cobble stone streets and cute shops ar working. I'm looking forward to chatting with you on Thursday. Yours, Kate |
| 03/24/2025 08:35 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, Yes, my mom and I have always been this way. I'm glad to know yo I hope you have fun in Nebraska, I don't know much about the state but I've visit and take pictures. Enjoy, tell me more about it on Thursday. I'll see you few emotional days, I guess missing my family, and sometimes I let guilt a normal to feel that way sometimes, then I'm like a baby crying lol. I've beer survive. I can't wait to get home and hug everyone. Looking forward to talk |
| 03/28/2025 01:17 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Julianna, I enjoyed talking to you yesterday. I'm sorry you've been in the losing your sister must have been traumatic too. It's quite an accomplishn you the paperback of "The Sun Does Shine." I hope you like it as much as I others and yourself - and faith that things will get better. I know I sound a l Buddhism and Dan Harris, the former news anchor who has a podcast cal post that I love below. I hope you like it too. Talk soon, Kate Suffer well—sc Buddhist monk Bad shit happens to all of us. It's non-negotiable. But it's h determine how bad the overall experience will be. When something unplea we lose a job, or we lose someone we love—many of us succumb to the ci on. But the hurt, sadness, and anger is still there. We've just compartment emotions just haunt you from some back alley of your mind. The Buddhist emotion is coming up. To sit with it, to metabolize it, so you can actually r well will help you to suffer less. Here's a nice little acronym (props to both that can help when you suffer in dignity, both large and small: R.A.I.N: Rec you're feeling. Allow. Don't fight it. Don't try to shove it down. Let it be there a little bit more empowering. Use your mindfulness to check out how the e chest, pit in the stomach, heat in your ears? Put the seemingly monolithic i Nurture. In moments like these, there's abundant evidence that if you talk t good friend, it can be massively helpful. |
| 03/28/2025 01:44 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, I enjoyed talking to you yesterday as well. I always enjoy our conv feels like it sometimes. If I tell you my story, what we've been through as a my mom being adopted by my grandparents, having an abusive relationsh during her pregnancy. When she had to work so much to put food on our t: Grandparents and only saw her on the weekends. The loss of my sister, m to share it all with you someday. But I'm blessed for being able to overco own guilt, the feeling that I'm a failure, etc. But I will make it. Thank you so really interesting in reading it. An example of overcoming something bad t be better, not giving up. Because as you know I've been in a such a dark pl over, I didn't have the desire to live anymore. I like this advice and totally th |

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| | | | | | | things happen to everyone, almost all of us go through the same in life, loss situation, but it is how you react that will determine how much that will affect whatever I'm feeling, and move on. I told my mom why I think they reject will try to solve that, adding an emoji to cover his hands or something lol. couple more pictures, like one of my best friend's graduation, etc. I told her send them to me when you get them, I'll appreciate it and be very grateful. costs a few dollars. Talk to you soon, Juliana |
| 03/29/2025 04:09 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I received the 4 pictures you sent me from my mom. I love those pictures them all. (I keep thinking that right now I look the best I've ever looked lol. changes people, physically, emotionally, etc.) Thank you so much for sending those to me. I'm sorry she doesn't really text, specially in English, but she's happier to receive their pictures, given that is the only way I can see them |
| 03/29/2025 06:26 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, I'm happy they came through to you. I know exactly what you're like myself I think how good I looked and how happy I look, but in my case when I often think of how I was frustrated or anxious about whatever stupid thing I didn't enjoy the moment when I was in it. I think you'll appreciate your life and hold your family tighter. I know I would. Please tell your mom I'm happy to |
| 03/31/2025 11:57 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I hope you had a good weekend. I'm doing okay in here, despite the weather outside and quite hot, that means that in here we are even hotter, because of the comfort. It is either too hot or too cold in this place, ugh! Yes, when I look at the pictures I looked like lol, but I was happy with my family. Now I think I do look like the best version of myself, motivated to take a better care of myself. But my life even more after all this. And I will squeeze everyone, I already warned you to send more pictures to you lol. I want you to know that although I really appreciate the pictures or even the books, I intend to pay you back, because money is important of that please. I will give it back. But anyways let me know if we're bothering you asking for help or asking anything from anybody, I always try doing things myself, I tried everything I'd ask for help. In here it is hard not to do it, since we most could help me more they would. Well, you'll get to know us better. :) Thank |
| 03/31/2025 05:14 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, I'm sorry about the heat. My allergies have really been acting up and I'm sure it's awful not being outside and having to deal with these rising temperatures looked like snow, which it does. So beautiful. As for the photos, please don't forget to help tell your story when you can. In some ways seeing these photos helps the world better. Your mom sent me some videos which the system won't process what I can. XO, Kate |
| 03/31/2025 05:31 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I'm seeing a lot of people having allergic reaction, but it is a beautiful thing suffering with my allergies rather than in here. You five-year-old is right, it's not we're over that season, I'm a summer person. I guess I worry about it because I appreciate you doing this for us, as well for telling my story later on. I'm sure you see how we are as a family, or me as a person, and I'd be glad to talk more if you forgot to tell her that we are not allowed to receive video, only pictures, what kind of videos she sent lol. Thank you for letting me know. Juliana |
| 04/01/2025 11:10 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, Did you get the photos? What about the book, The Sun Does Shine? I get some rest and that you're feeling better. Here's to spring finally being here |
| 04/02/2025 09:04 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Yes I received the photos. The one wearing a pink jumpsuit is my favorite one from the hospital where I worked as a Nurse, I love those pictures, and the nice team, found my passion working in the NICU/ COVID ICU. As for the book, it's 10pm actually. And I already started reading it, finished page 25. I can relate to the beginning, of course it is a different situation in terms of racism, but we are the same before, when the prosecution say whatever they want about you, calling you a liar for his mom, I totally feel that, and that's what hurts me the most. I already started sending the book and the pictures. Though I asked for more specific pictures, I asked for lol. I hope you don't mind if she sends you more pictures because now they did turn off the heat and is about 20 degrees cooler, so it's always something, never good or in between. Cheers!! Juliana |
| 04/02/2025 07:07 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Ugh, I'm Sorry! My house was so cold today too. This weather is weird. This makes a lot more sense now ;) The video your mom sent me was of your little jumpsuit) graduating. Maybe from college or grad school? That's really sweet you've known since childhood. If you have one or two of them then you're lucky worked as a nurse. I had no idea. Is that ultimately what you'd like to do with your third (and final!) child was four pounds when he was born early. He had to be emotional. He only had to stay for a couple of days, but some of the babies |

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| | | | | | | | babies were helicoptered to Georgetown Hospital where they have a more our neighborhood. I loved our nurses. They were so compassionate and crying in the room next to ours. I wanted to give her a hug. Have you heard |
| 04/02/2025 08:08 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Yes, the weather is so weird right now. But in here is so cold. Ugh! It makes me sad. Thank you for explaining me the video. Aw I really wish I could receive you graduated from college, in Administration, after 5 years!! She's amazing, and about me. I hold onto them, she's been there the whole time, specially now me. A lot of people don't know that about me. After high school I went straight old. As soon as I graduated (21) I got two jobs, it was right when they declared already getting full, lockdown, etc. It was my first job. Then I also started it was my passion, babies, dealing with families. It is very serious, critical, so to do when I get out, go back to Nursing. So I hope my felony doesn't follow have 3 kids, amazing! We were three, too. It is very hard going through this NICU, so much uncertainty. We offered the parents counsel, they talk to us them how to nurse the baby, to the situation getting worse or better. Ryan thought he got back go you guys. No? That is weird. I promised him I would anymore, if you know what I mean. I expect him to do that for obvious reasons |
| 04/03/2025 07:26 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Do you have time between 12:30 and 3:30 tomorrow for a chat? Nothing serious |
| 04/03/2025 07:42 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, Yes, tomorrow I'm available all day. Whenever works best for you. My mom told me she sent you a few more pictures lol. I hope she sent some that good at following my instructions, I believe if we could talk on the phone would Looking forward to chatting tomorrow. :) |
| 04/03/2025 10:23 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, I don't know if you got my message earlier about me being available time. Hope to hear from you. Have a good night! :) |
| 04/03/2025 10:31 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Sorry, just seeing this now. I've scheduled a 12:30 chat for tomorrow. I'm looking for you seeing Brendan. Talk tomorrow. Cheers, Kate |
| 04/04/2025 08:18 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, Thank you for our video visit today. I always enjoy talking to you. I hope you have a good weekend. Thank you for sending me those three pictures appreciate what you have been doing. It makes a difference for me to be able to see some light. Some hope. Something to look forward to. Thank you. Tell Zac and put it behind me. Juliana |
| 04/07/2025 09:54 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Thank you Julianna. I finally got to the part of THE SUN DOES SHINE where the love is called Headspace. It's a meditation app I use to help me fall asleep anxiety. One of the videos that really resonated with me, and I hope it will help cover of clouds and rain is falling down, there's sun above them. So imagine clouds. I hope that helps you on this dreary day. It's helping me :). Cheers, |
| 04/07/2025 10:29 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | | Hi Kate, I'm almost there with you, when he gets released. I love this book, excitement, hope, all the emotions. This book is amazing. Although I can't stand up for me because they know me. I would really like to live in a world where I don't know if I would have made it, remaining hopeful, not giving up many times, for so long. My situation has been different from the beginning and I don't wish that on my worst enemy. I love that he talks about how evil doesn't matter what each of them had done, innocent or guilty, they had a family. No judgments amongst them. Sometimes hearing people talking a but sometimes it hurts. How they judge me so bad, so wrong. Most of the time they have no idea how I am, what kind of person, where I come from. They think they know, what they heard. And they go to the people closer to me. I stand up for me because they know me. I would really like to live in a world where you for your past, for a mistake you made, for the worst thing you have done chance to get to know the people they so much judge. It's a constant fight in my head. I were never the kind of person to define people by their worst judgement or opinion. I've been called many names, hurtful, and people do |

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| 04/08/2025 02:03 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | <p>did, I wish people would be more careful with words. However, I feel a lot I guess I had a tough week. I used not to like Mondays lol. In here it doesn't the weekend is over, because a new week starts, and I can look outside my parking lot, people walking back and forth to and from work. Lawyers getting Movement you know. But I totally understand you. And this weather doesn't kind of depressive. For you, kids getting up early, school, busy routine. But</p> <p>Hi Julianna, You're a very good writer. I really appreciate your honesty in you have empathy for the worst of the worst, including the KKK member who is especially amazing to me. To your point, judging people by the worst thing their death penalty is barbaric. The way that Ray described the days when prison thought about what it was like for the other inmates on death row. It's a bit had a lot of time to think in jail, and you've had very dark days, but this will you would have been otherwise. Senator Cory Booker posted this great video "Think of your worst days. You've survived all of them." I think that's a really hardest, saddest experiences. If you can get through them and carry on then asked you, have you made friends in jail? What are your cellmates like? I know judgmental, but have you connected with anyone there? Cheers, Kate</p> |
| 04/08/2025 03:39 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | <p>Hi Kate, I hear that a lot, that I'm a good writer, specially when it comes to letters. My cellmate -who's been with me for ~7 months- always asks for it and says I'm very good at that. And like I told you, I love journaling, I'm on my third journaling once I was in here and now I love it. Just finished the part where really. Throughout the book I was actually dreading when that part comes, someone around his age and been in prison for decades. There are many people emotional, sad, hopeful, hopelessness. I didn't know much about the death penalty have that as a punishment. Now I know that in some states the death penalty in Virginia was too, 'til a couple years ago. But knowing more about it, I wish life doesn't pay with another, that would be murdering just in a different way the same compassion for people, even knowing the worst they have done, humans, with different background, lives, stories, childhood. So many factors are all the same. People that make mistakes, bad choices, and that they deserve to be seen through, not crucified by the past. As for all this experience Sometimes we don't know how strong we are until we have to be. Like for them they are my everything, and I don't know what I've done without them and I about when I go home of course I'll be happier than anything, but also thin can't recover. It will be a long process with therapy for me to accept it all. I from someone who was also in here? It was so much hate in those words. told you, many people come and go so many times in a short period of time hard. For one, these girls come in and out, barely stay, not giving us enough unfortunately use drugs, though they do intend to be friends with me, I think to be in that environment, you know what I mean. Right now I have a cellmate the same pod for ~7 months, so we are pretty close, unavoidable, given that someone who I normally wouldn't be friends with on the outside, although want the best for her, she has a huge potential. This is it, really. But we all gather around to talk, etc. Lately I've been just playing with them, but avoid say about me and don't appreciate these fake "friendship", and for me that survive day by day, but I don't do more than I need to. I did have a couple of good for a while, they said they would keep in touch, or help in any way, but that hasn't happened, and I think we shouldn't expect that anyways. Cheers.</p> |
| 04/10/2025 03:34 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | <p>Hi Julianna, I'm sorry you've lost friends, and that a new inmate is being in a stressful situation that much more difficult. It sounds like you and Vanessa. nice. And funny about volleyball, or VB as my friends call it, it's suddenly my daughter desperately wants to play, but she already does basketball and she was never sporty. In fact I was always afraid of the ball hitting me when I play more than anything. I don't know where she gets her athleticism from! Any Pueblo called HOW TO LOVE BETTER. It's not available in paperback yet, but inspired me and I wanted to share it with you. I know you're just getting through this might be helpful. I especially like this sentiment: "Happiness is not a state of mind enough so that it can see the magic in life." I feel like I'm always rushing doing laundry, bringing kids to sports, and I don't appreciate the moment. I'm going to approach your life when you get out of jail so that it will be better: Happiness Inner peace, contentment, and access to joy Yung Pueblo Mar True happiness is much deeper than the fleeting rush of pleasant sensations want. Craving has a powerful pull on the mind and will confuse it into thinking happiness are one, but that is a grave mistake that leads to increasing anxiety. Filling yourself with everything you crave only makes the mind heavier, not external environment and more about your mental state. Happiness emanates cultivated intentionally. Happiness is what arises when the mind is dealing with a place of mental balance. Even though it is unpopular to say, happiness is a series of patterns that come together through repetition. If the mind repeats will repeat itself endlessly and craving and aversion will dominate your perception the possibilities that you see will increase and you will no longer immediately past. Training the mind to slow down, see more, and choose compassion over happiness. Even though happiness is personal, there are three pillars that happiness is flowing in your mind. 1. Inner Peace. Being able to have your own not getting sucked into the tumultuous energy of other people, is a sign of invitation and when you are next to someone who is feeling something strong</p> |

within you. But you always have a choice, you can have empathy without b another. Having this stability where you are not reacting to everything you peace. Being able to witness the world without reacting or attaching yours help your mind be calm. Chaotic moments are inevitable and challenges w hard your inner stability helps you maintain a clear mind so you can deal w possible without inner peace, the two are inseparable in the same way the peace increases, happiness becomes more pervasive in your mind. Inner p cravings. It is natural to put your energy into goals and to have desires, but towards building a good life for yourself and the ones you are responsible stress and tension in the process. With inner peace, you can see when sor making your happiness dependent on a future outcome. 2. Contentment. I feel when you have actively designed your life and have created an enviro Contentment is when you like what you do and when you enjoy who you at finite, and you can control very little. When you have the peace to accept tl your power. Instead of living passively, you lean into the fact that you can i and you focus your energy into making a beautiful life for yourself. You no that call to your intuition and reinforce your purpose, but you start connect to your nervous system. Community is one of the most precious parts of I vulnerability and who are easy to laugh with will amplify happiness. Conte easily, this is only possibly when inner peace calms the mind so that you a Access to Joy. You can appreciate the beautiful moments but also unders constant stream of excitement. Access to joy simply means that your perc past or mental heaviness, which allows the beauty of life to awaken joy in helps you stay open to the vibrancy that is all around you. When you are ar have presence. When you witness the beauty of nature, you feel a sense o you are not taking everything for granted, you realize that life itself is a spe special moments elevate your experience without clinging or wanting wha joy is appreciating the magnificence of the temporary. It is easier to deligh moving through life with a mindset of gratitude that does not take small r your inner peace helps you design a life that feels nourishing and when yo moments appear. Happiness is not a state of perfection, it is calming the t magic in life.

04/10/2025
04:43 PM

VA -
Fairfax
County
Adult
Detention
Center

Outgoing

Kate
Brower
(Public)

Juliana
Peres
Magalhaes

RE: Hi
Julianna

Hi Kate, I hope you're doing good! Are you following the Menendez brother get another chance. At the end of the day, they're humans, too. That's whe in the book is present. Yes, the part of losing friends is hard for me, even to friend here to count on. It is very lonely sometimes not having people to ca with my Mom in Brazil. But there is nothing I can really do about it. Volleby the gym, other than walking around and chatting. I didn't know it was so pe daughter would want to do that despite other sports, as I can also see why routine, so many things to do with the kids, in the house, your personal tim playing volleyball here and was terrible, I was also afraid of being hit by the from where the ball was coming to lol. Now I'm pretty good. Now I'm litera my best and sometimes I feel so tired of it all. But I did like what you sent i mentality and I need to practice that, specially in here. Sometimes I feel I'n not as much. I had my mentor visit today and just cried with her lol. Some thought about asking if you could help me with something. I have an immi cellmate had him as her lawyer, so she gave me his info before she left. W etc, I thought about calling him and see if he does sort of a "free consultat related to my VISA, my situation here, whether or not I can do something a Fairfax county doesn't hold for feds so far, but I believe it will change even counties that don't comply with him, he'll be cutting off funds from the gov Alexandria, Arlington, they are deporting people, holding them for ICE. To t VISA was ever approved, after I applied to get it changed from J1 Au Pair t was arrested shortly after that. So if it was approved, it already expired any as soon as possible after my release, I wouldn't want to be deported, or be while. For that reason if I could "renew" my VISA while I'm in here, or get n ICE along the lines of willingly leaving the country within a few days after t need to detain me. I also have the intention of coming back to visit the US. be able to, given that I'd be a felon, served time here, etc. That would be or would be able to tell us something. With that said, I tried to call him from f if you would mind trying to get ahold of him to ask these kind of questions us? I'm trying to figure things out while I'm in here, because is there is anyt asking if you could do it, I tried to get Peter to do that for me but I've been functions is different and weird :/. And if he doesn't do it, I don't have anyo you if you say you can't do it for whatever reason, I will understand and the info, would you do it for me? I know Spring Break is coming, so don't even during that week. Just enjoy your week with your family. Then whenever y very much for everything you have been doing. That means a lot to me. Ju

04/10/2025
10:10 PM

VA -
Fairfax
County
Adult
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Center

Incoming

Kate
Brower
(Public)

Juliana
Peres
Magalhaes

RE: Hi
Julianna

Hi Julianna, I'm glad that you have a mentor who you can be open and hor busy packing and planning this trip (apparently when traveling to the UK n which is basically a way for the British government to make money). Crazi or else I'm not sure they'd let us in! I spent hours filling out forms for my ki think about this more. At first glance it seems like something that Ryan sh on the same page and aligned. I know he can be hard to get a hold of thou talk to an expert. I'll talk to Zach so that he knows to tell Ryan that you nee this. Cheers, Kate

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|------------------------|---|----------|----------------------------|-------------------------------|--------------------|--|
| 04/11/2025 08:45 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Yes, it is good to have someone you can be honest with. I'm glad I you must be packing for you and your kids for a big trip like that, and now either. Just to make things more complicated and more money for the gov told you about it and you had enough time do to what you need to. Don't w some info on my own so I can talk to Ryan about it. As you know he is not and he knows my situation but hasn't done anything about it. He has nothi he would even spend time looking that up. I'll keep trying to get Peter to dc get. I appreciate it. Thank you! Enjoy your vacation with your family, have fi |
| 04/22/2025 09:10 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I hope you guys are having fun and enjoying or enjoyed your vacat apologize for sending message at this hour and without knowing if you are just wondering if you/ Zach could help me this time again with \$ for my cc want you to keep track of everything you're helping me with (pictures, boof back. I truly wish I didn't need to ask you for that, but I'm not able to reach from him again. I'm kind of running out of snacks. People on the outside c website if they don't want to put money in our account here because of the jail because I haven't had money since Zach, but is not that much. Let me l me so I can order this week or next week. And again, be aware that I will p Thank you very much for everything you have been doing for me/ for my f: XO Juliana |
| 04/23/2025 07:55 AM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, Thanks for your note. It's nice to hear from you :) As soon as I back to you ASAP. We understand your position. London was beautiful, bu can't seem to shake. It's been for the past two weeks!! Sucks when that th: though I could cancel it. But the kids loved England and we really soaked t London. I've always been fascinated by Henry VIII and the history of the Tl afternoon tea because that seemed like a thing we should do! I actually dr and let me tell you, that English Breakfast Tea packs a punch. I think it mig a total coffee addict but the tea woke me up. Are you? In any case, Zach w continue to be OK and that you're able to keep up with your mentor. Cheers |
| 04/23/2025 08:56 AM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, Thank YOU for getting back to me, and quick. Also, thank you for t understand my situation, even though you don't need to help in any way, yc been in London, but I would like to. Hopefully some day. I know it is beauti have seen, but nothing better than seeing all of it with your own eyes. Was I'm sure they enjoyed it. What is awful is that you were coughing the whole is not good. But still, sounds like you guys had fun, and a great time as a fi drink tea instead of coffee, and even funnier that the tea felt like more caff something new to me. And you might be surprised since I'm from Brazil, b like it but it's not my thing. And to make it worse I don't like neither coffee i every now and then, but not coffee, unless served with milk. My mom is ac she has withdrawals from coffee, gets headache or gets in a bad mood if : morning to start the day. I just wanted to kind of give you heads up concer up "getting deported" or needing to go back to Brazil right away after my re going to Brazil for us to do what we are working on. Maybe with that you g think you would like that anyway lol. We're not sure how things are going t: you again for getting back to me so quick. Xo, Juliana. |
| 04/23/2025 12:12 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi again Kate, I'm sorry to be already texting you again even before you ge annoyed with my own self. The reason I just ask you if you can hep me wit anybody else in here, except you and my mom and my best friend, nobody with his best intentions but lack of availability. And honestly I don't really a and it's worth it. I believe at some point I explained to you the reason why I able to send me pictures or schedule video visits, even though my friend u visit, she never got them because her account is registered with my mom's my cellmate was telling me that you guys on the outside can add money ir if someone doesn't know how to do it, or people with disability) but for tha number their account is registered with. The favor I was going to ask you, see if my best friend gets the money you put in her account? I would say j: gets them. That way she would be able to schedule a video visit with me, s see everyone there. That way we would know if that works, and next time I can give you the phone number if you say you can try to do that for me. It's communications or Smartinmate.com, there is the option of putting money to do that you can let me know if you can see it or not. Sorry again if I'm as like you have to do anything at all, and just let me know. I told my mom I w And the same thing for the money you're spending, I compromise myself li won't keep bothering. Thank you very much, Juliana |
| 04/23/2025 04:43 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Julianna, I totally understand. Please go ahead and send me the phone onto the account. I know that will be comforting to you to see them. I hope sooner - this cough is driving me nuts!! Cheers, Kate |
| 04/23/2025 04:47 PM | VA - Fairfax County | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Hi Kate, I'm sorry you're having a hard time with this cough. Do you know t phone number is (787) 231-0640. Thank you so much again. It will for sure know as well. Sorry to be bothering so much. Hope you feel better! Be do |

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|---------------------|--|----------|----------------------|-------------------------|-----------------|---|
| | County Adult Detention Center | | (Public) | magalhaes | | know as well. Sorry to be bothering so much. I hope you feel better! I'm so Juliana. |
| 04/23/2025 05:11 PM | VA - Fairfax County Adult Detention Center | Incoming | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | It's really a mystery cough. So annoying. Ok! I sent \$10 to the number you family :) |
| 04/23/2025 05:23 PM | VA - Fairfax County Adult Detention Center | Outgoing | Kate Brower (Public) | Juliana Peres Magalhaes | RE: Hi Julianna | Ugh, I hope you feel better soon! I told my friend that you did. Thank you so doing. I really appreciate it. It will make me happier if I can see them :) |

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