

Outfit Alchemy™

Worksheet

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Overview



Follow along during the masterclass to complete these steps. The goal is to translate your birth chart into your signature style and match your inside energy to your outward appearance. We are exploring 4 style anchors to dial-in a style statement.

Step 1: Style Anchors



Rising Sign / Ascendent	
Sign in 5th House	
Sun Sign	
Midheaven Sign (MC)	

Step 2: Build the Layers



Rising Sign / Ascendent: _____

Theme: How you feel + function in your clothes (Internal)

Keywords: Comfort, utility, embodiment, daily rhythm

What do I need from my clothes to feel supported day to day?

What makes me feel most me when I'm not performing for anyone?

Sign in 5th House: _____

Theme: Your creative flair + magnetic play

Keywords: Self-Expression, fun, radiance, aesthetic joy

What do I wear when I'm having fun and not overthinking it?

What outfits help me flirt, play, or feel magnetically alive?

Sun Sign:_____

Theme: Your core essence + confidence signature (Internal or External based on placement)

Keywords: Identity, natural shine

What helps me feel centered, lit-up, and grounded in who I am?

What would I wear if I didn't care what anyone else thought?

Midheaven (MC):_____

Theme: How you're seen + what you project (external)

Keywords: Authority, presence, public-facing energy

What do I want people to feel or assume about me when I walk into a room?

How do I want to show up in leadership, business, or visibility?

Step 3: Synthesize



Now that you've explored each layer, connect the dots.

What themes repeat or complement each other across signs?

Is there a “feeling” or energy that ties them together?

How can I combine function + flair in a way that supports who I actually am?

My Style Keywords:

(3–5 words that capture your vibe, like “warm, structured, romantic, powerful”)

My Outfit Alchemy Formula:

(A sentence that sums up your aligned style. example: *“I dress to feel grounded and confident, with soft silhouettes that reflect my inner calm and statement accessories that show my playful edge.”*)