



Students 30 minute master class with Kerrie Otto de Grancy, Co-founder of Evolve Yourself Institute® (EYI)

Learning Areas:

Innovation, Creativity, Problem solving and Entrepreneurial Sustainability

EYI work directly with teachers, nurses, midwives, schools and hospitals delivering a Professional Development accredited essential education of the self. Their innovative and holistic programs support workplaces to look after the mental health and wellbeing of their teams. They believe that everyone has the capacity to know happiness, be less stressed and more productive in life and the workplace.

Kerrie is a motivational speaker, serial entrepreneur, EYI program developer and coach to those who believe the ordinary can achieve the extraordinary. A former elite athlete, multiple Australian record holder, founder of fashion label 'ottomode' and mother of two young children. Kerrie knows what it takes to go from losing to winning on a global scale along with the trials of entrepreneurship.

A lady driven to share the knowledge and tools that have helped her experience 'success', peace, trust, joy and record achievements, regardless of what life throws her way.

Self-regulation - Pursuing an idea and not being afraid to pivot

With a rapidly expanding digital economy, technology evolving at an exponential rate and start-ups been the norm, we are faced with the necessity of rethinking the way we measure success, embrace change and 'pivot'.

Over 30 minutes you will be asked to consider how you measure success, reflect on how you approach new ideas and not being afraid to pivot.

Session Outcomes:

Students will learn:

- *Key indicators for emotional resilience to 'success' and 'failure' of an idea*
- *Pivot and change is key*

Learning Intentions:

- *Identify indicators of a success in relation to change*
- *Identify importance of self-awareness and emotional intelligence*
- *Activate new ways of thinking about success and how to measure success*