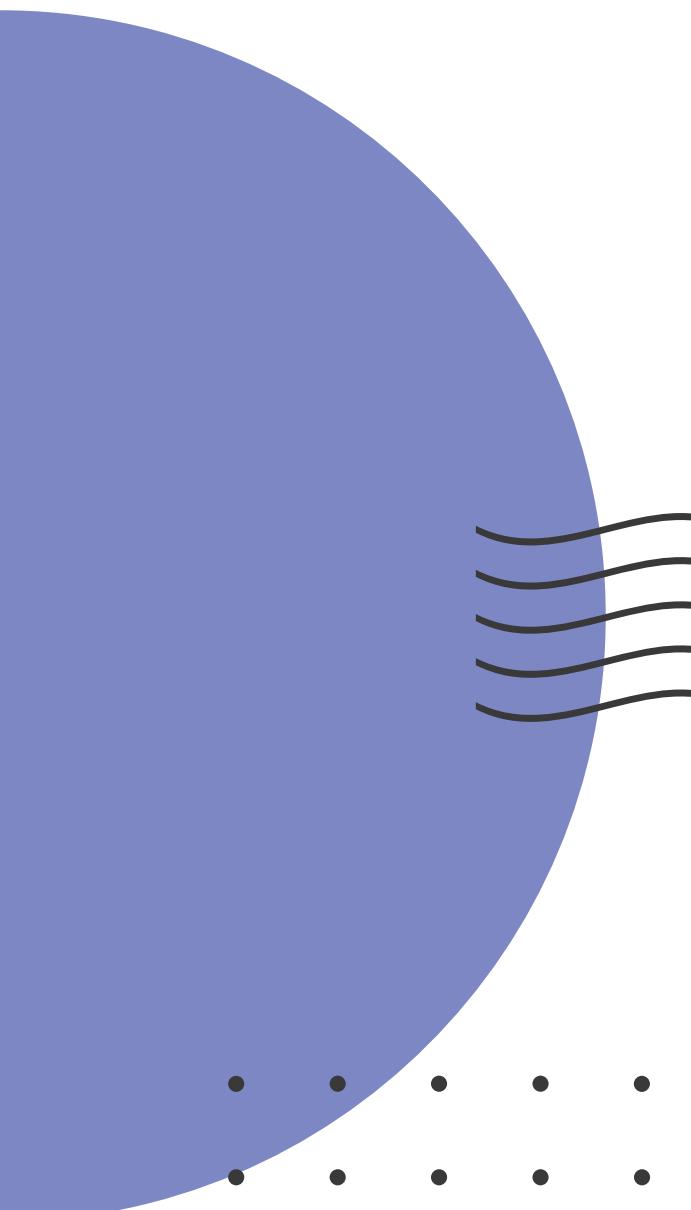
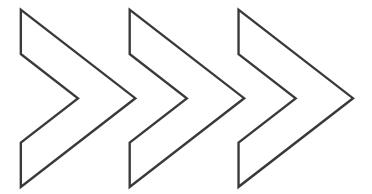
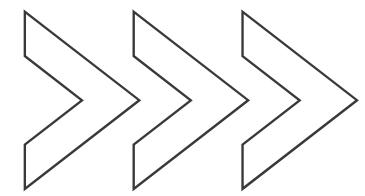


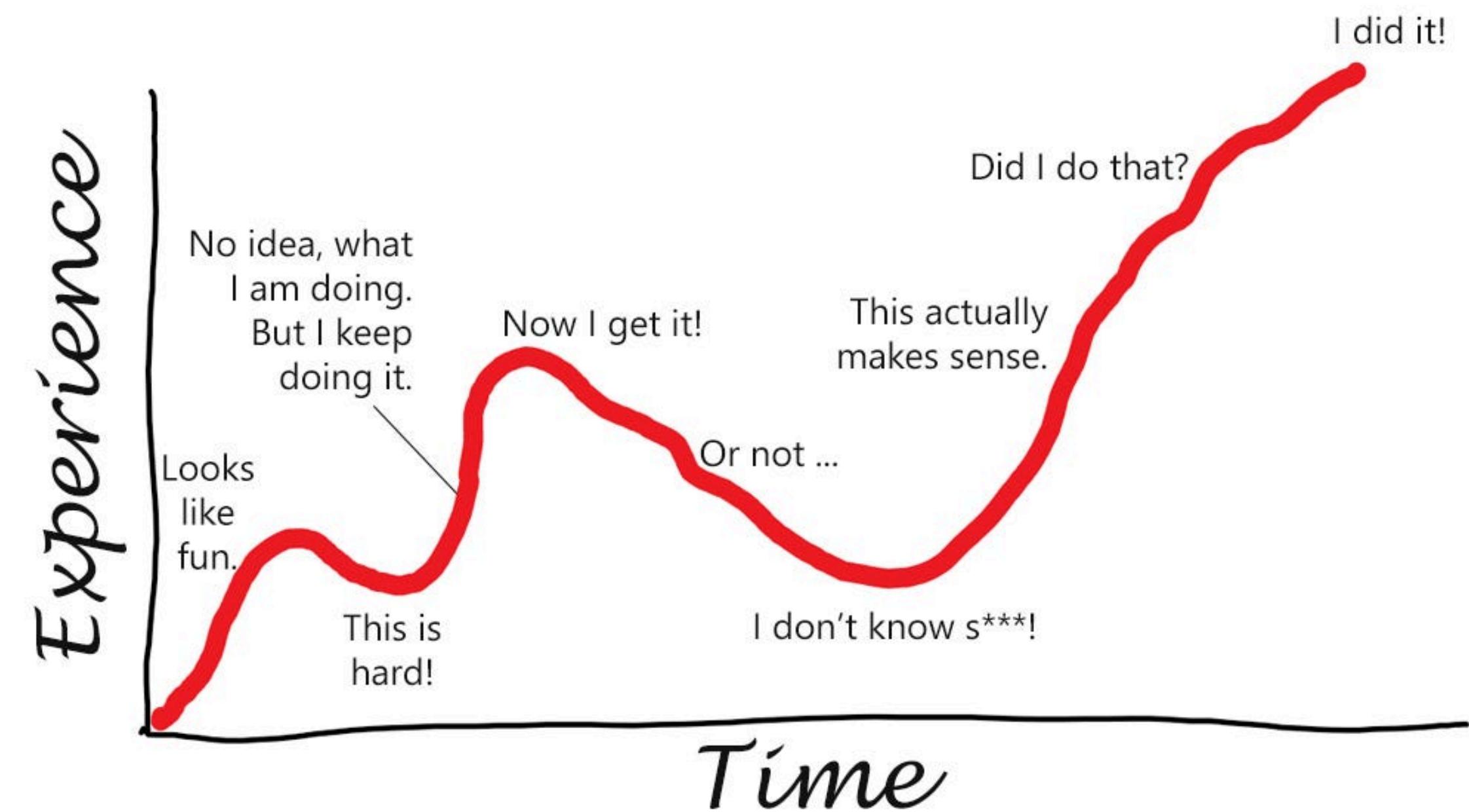
# **YOUTH LEARNING DESIGN BOOTCAMP**



What *impresses* you  
the most after Week 1  
about **learning design?**



# Learning curve



# Tools

And their benefits

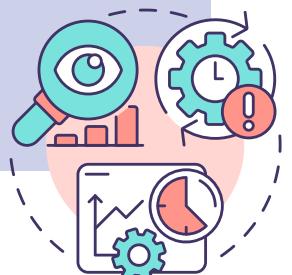
## Tally.so, Canva

Course design, quizzes, questions, interactivities



## Asana

Project and task management, tracking progress



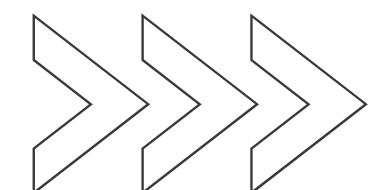
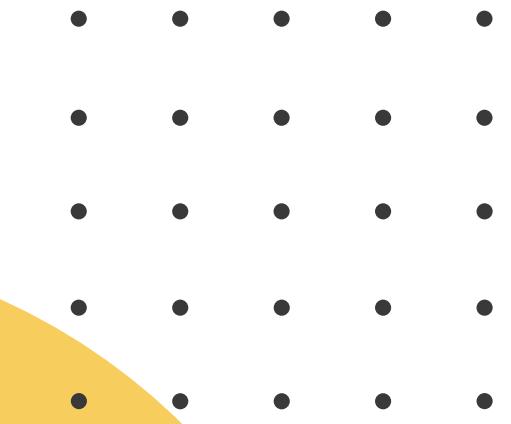
## Notion

Working materials, learning resources, store documents



## Slack

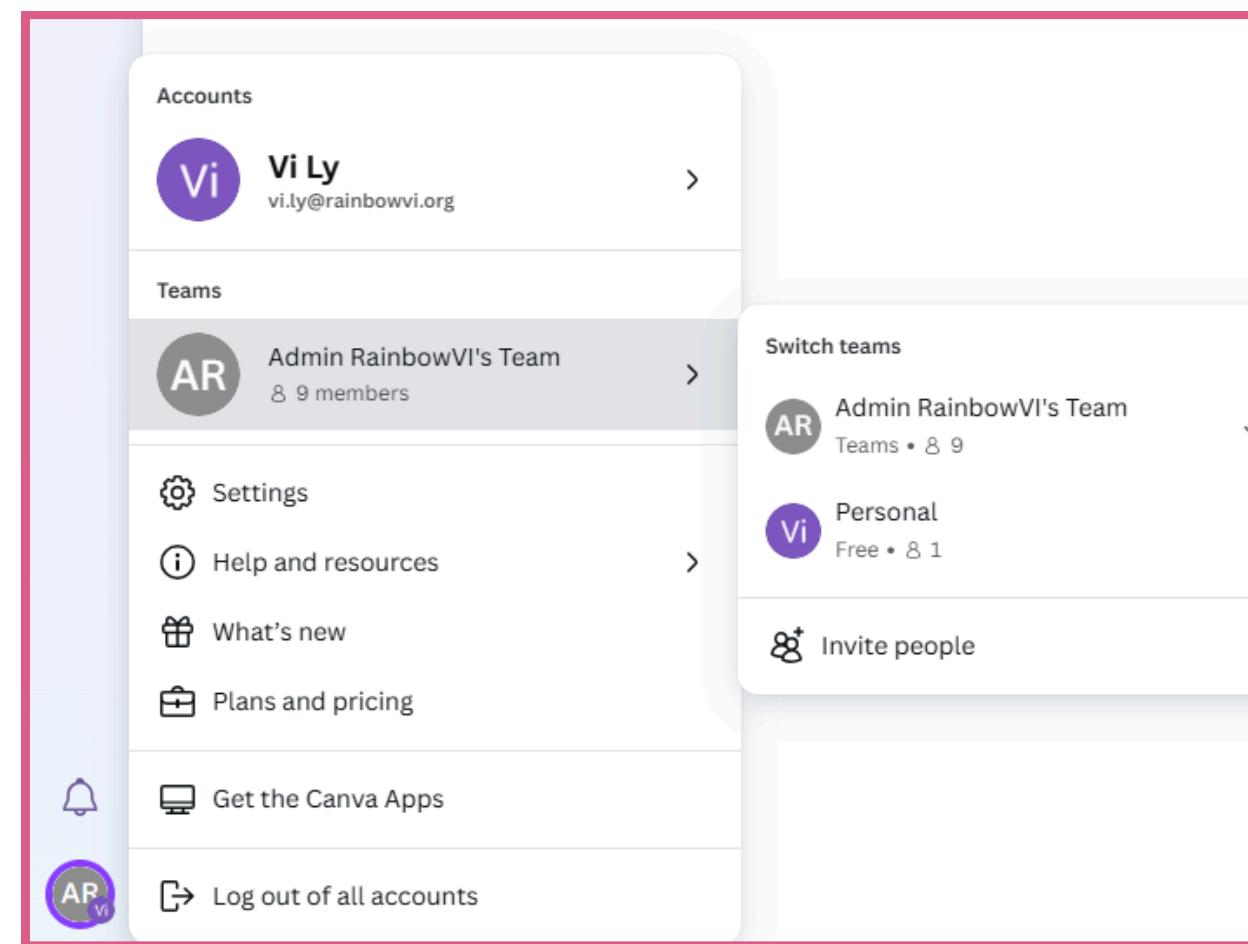
Communication, celebrating good work, teamwork



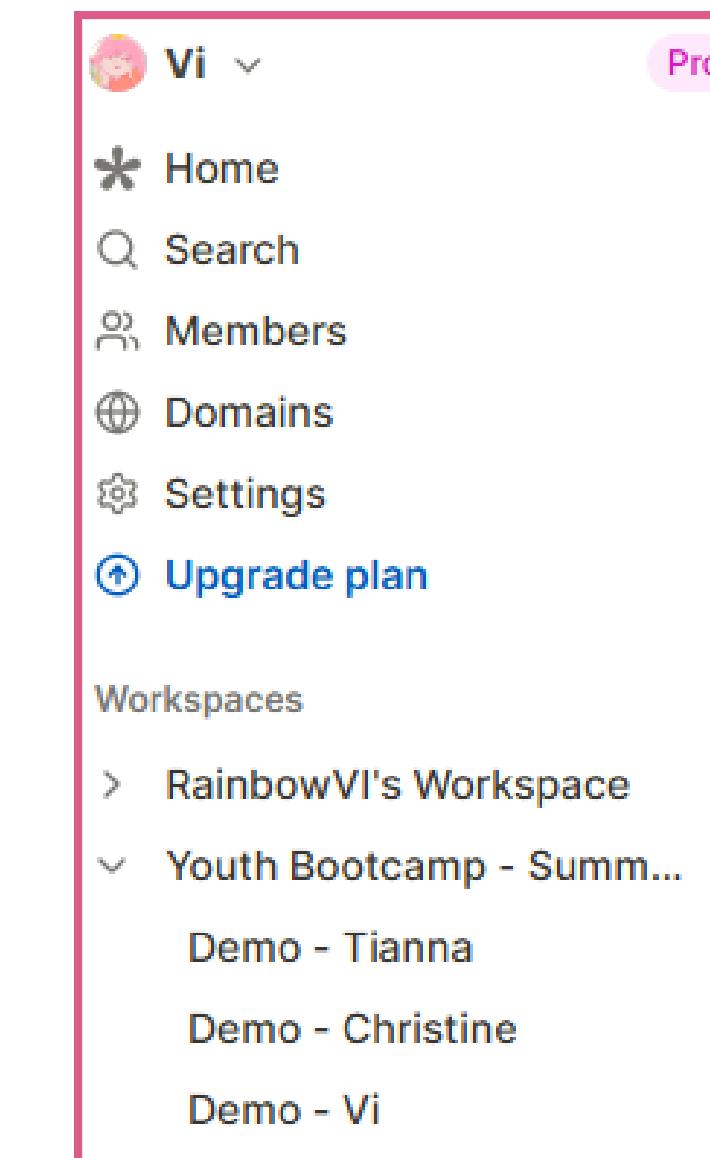
# Workspaces

Your Workspace is not Team Workplace

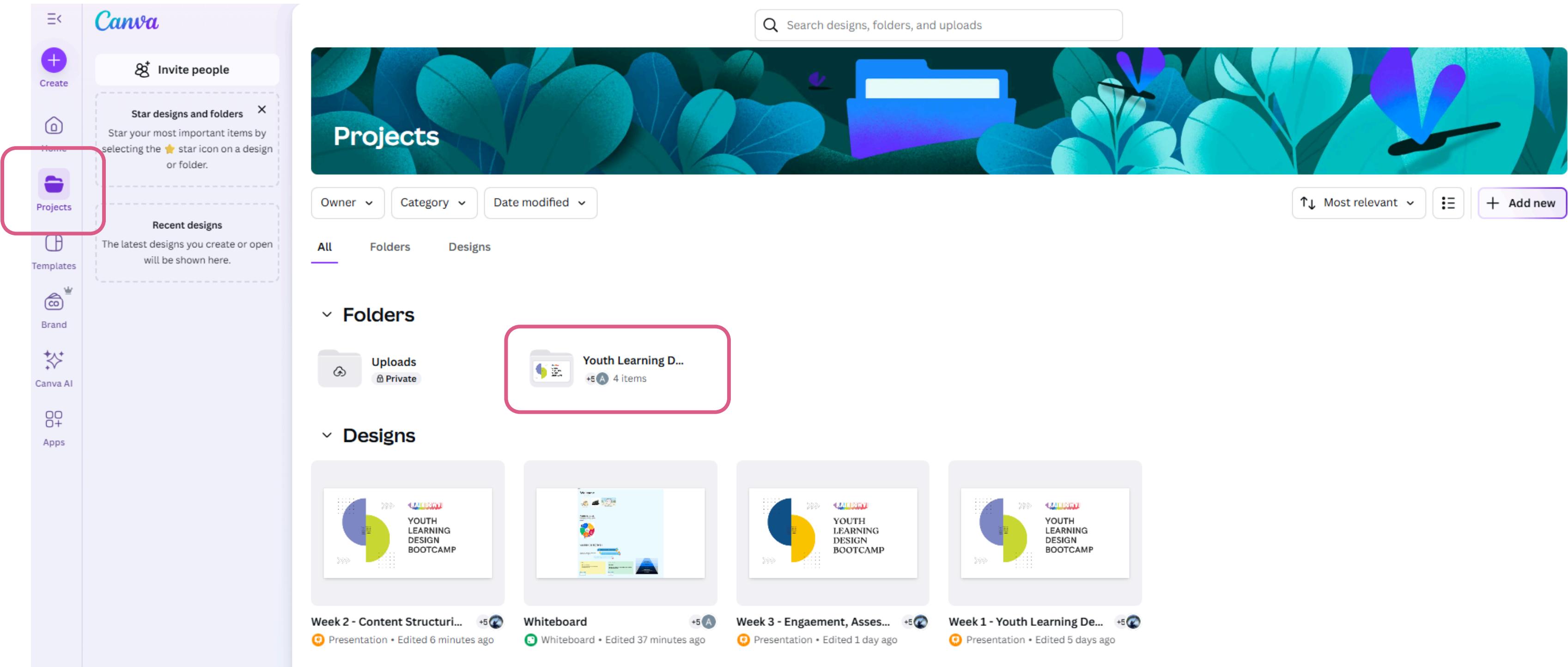
Canva



Tally



# Canva Shared Folder



The image shows the Canva interface for a shared folder. On the left, a sidebar menu is visible with various icons: Create, Home, Projects (which is highlighted with a red box), Templates, Brand, Canva AI, and Apps. The main area is titled 'Projects' and features a search bar at the top. Below the search bar, there are filter options: Owner, Category, Date modified, Most relevant (sorted by relevance), and a 'Add new' button. The interface is divided into sections: 'Folders' and 'Designs'. In the 'Folders' section, there is a folder named 'Youth Learning D...' (with 4 items) which is also highlighted with a red box. In the 'Designs' section, there are four items: 'Week 2 - Content Structuri...', 'Whiteboard', 'Week 3 - Engagement, Asses...', and 'Week 1 - Youth Learning De...'. Each item has a small preview image and a status indicator showing it was edited 6 minutes ago, 37 minutes ago, 1 day ago, and 5 days ago respectively.



# WEEK 02

## Content Structuring & Microlearning Principles



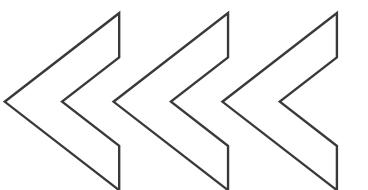
# 01

## Subject Matter Experts Who are they?

- Subject Matter Experts (SMEs) own the domain knowledge.
- They are specialists (like mental health professionals or counselors) consulted for accurate well-being content.



Subject Matter Expert

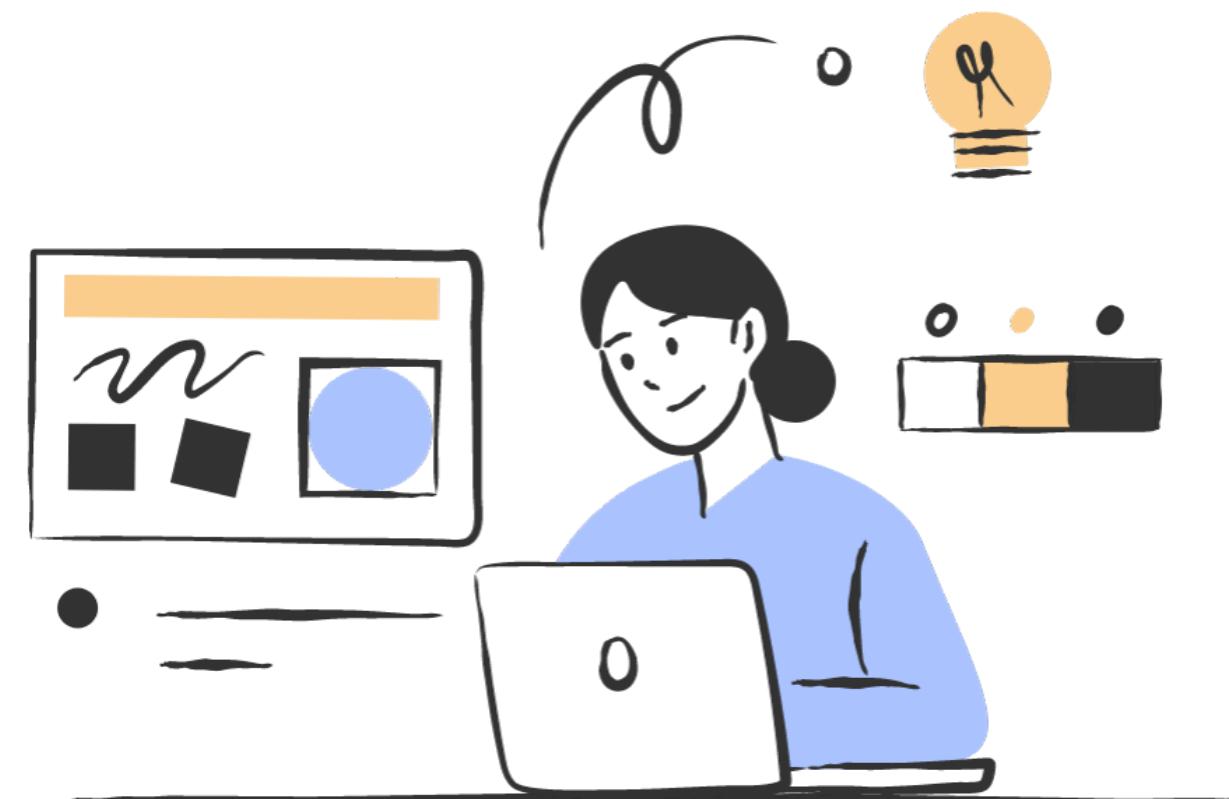




- Task: Choose one learning objective and convert it into microlearning points.

## 02

# CONTENT CURATION CHALLENGE



# step-by-step

make learning flow

1

Each learning Objective maps to 1-2 Tally pages

- If the objective is to Understand, pick 1-2 facts or definitions.
- If the objective is Apply, pick 1-2 actions or strategies.

2

Hunt for signal phrases (why, try/do/practice, examples/stories)

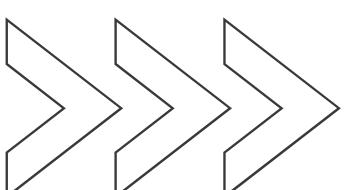
3

When the text is long, cut away details, keep only what helps the learner know (fact) or do (action)

4

Interactivities:

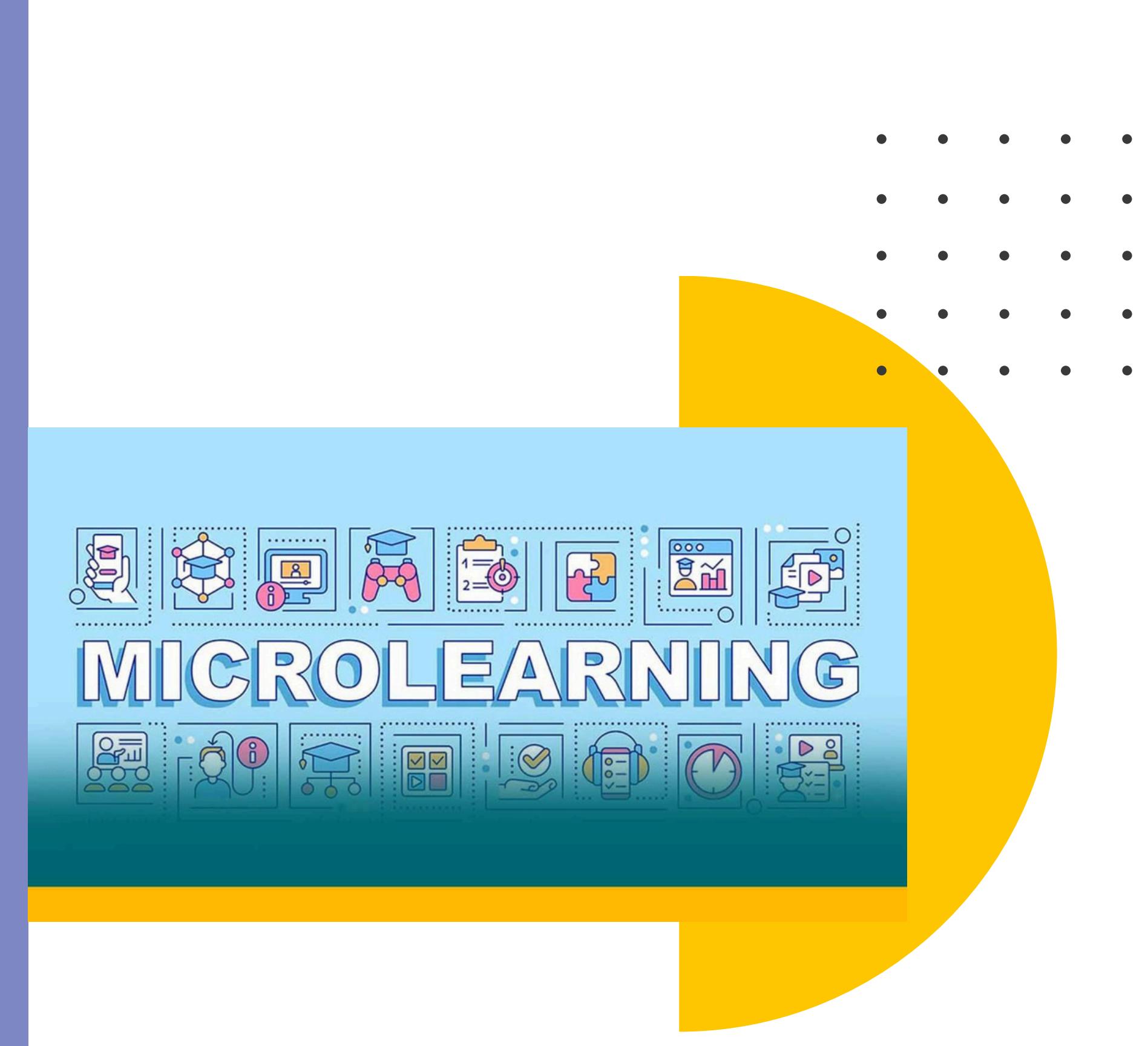
- Fact → Multiple choice / Myth or fact.
- Action → Checklist / Short text (“Write your plan”).



# 03

## MICROLEARNING IN ACTION

- Examples → transformed into microlearning.pages.



# step-by-step

make learning flow

1

LO 1: Understand body neutrality as a balanced middle ground between body love and dislike, which most find more attainable.

2

Body acceptance exists on a spectrum. There is a middle ground between loving your body and being critical of it, and this is called body neutrality.

Learning objective

3

Body neutrality is about respecting what your body can do, not forcing yourself to love every part of it.

Rephrase

4

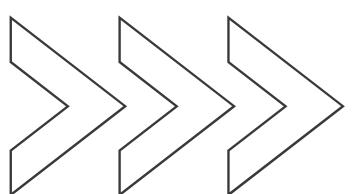
Which statement describes body neutrality?

Options:

- Ignoring how my body looks
- Focusing on what my body feels/does
- Always loving my body

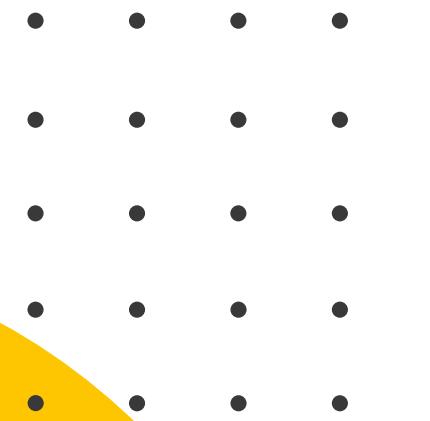
Find the fact

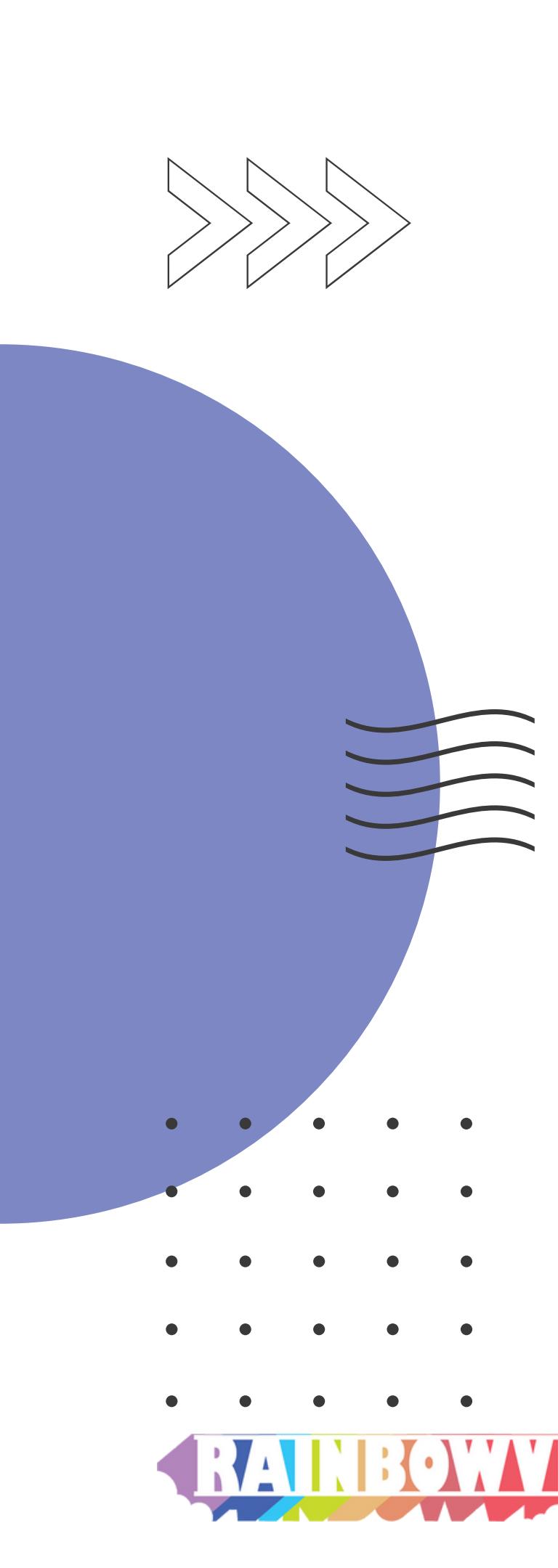
Interactivities





What if the learning objectives  
need to be changed?



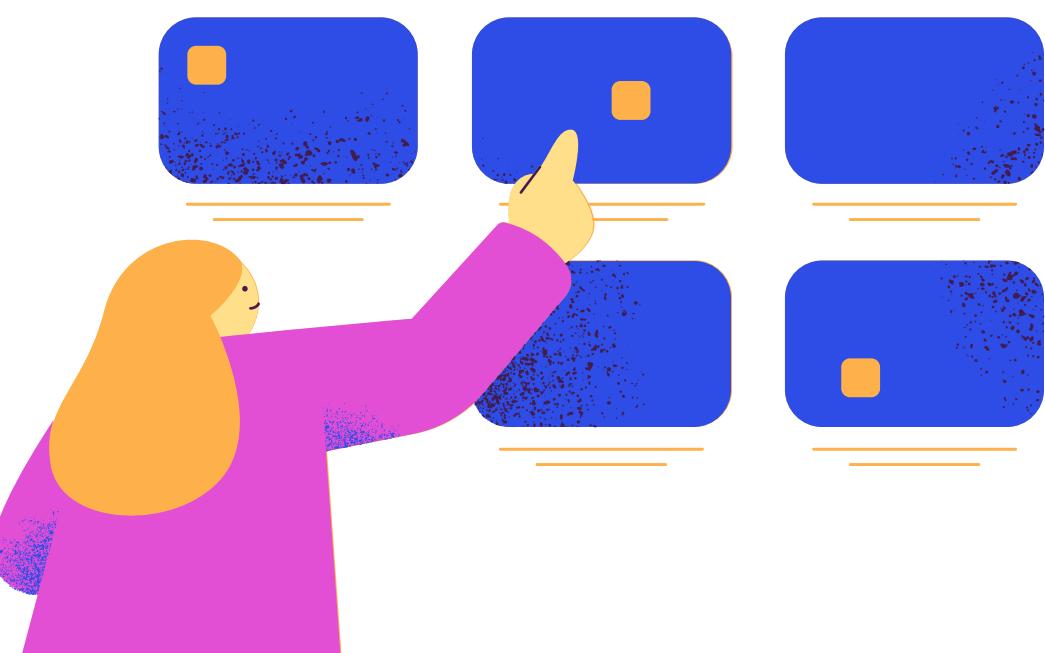


# WORKSHOP

Let's create together!

## Hands-on

- Begin filling the microlearning points template from [Notion](#)





# INDEPENDENT WORK

## Microlearning Points Build

- Continue creating microlearning points that match the learning objectives

## Progress Tracker Update

- Upload the Notion link for facilitator check-in.



04

## OUTLINING COURSE MATERIALS CONTENT TEMPLATE

# Course materials

keep track of what we need to prepare

Section	Objective Link	Content (from SME pack)	Interaction Idea	Tally.so Element
Intro	Obj 1	"Stress is normal – let's explore 3 quick techniques."	Warm-up poll	Multiple Choice
Technique 1	Obj 2	4-7-8 breathing steps	Short demo video (optional)	Embed + Text
Technique 2	Obj 2	Quick muscle relaxation	Reflection Q	Short Answer
Wrap-Up	Obj 3	Recap key strategies	"Which one will you try?"	Rating Scale





# INDEPENDENT WORK

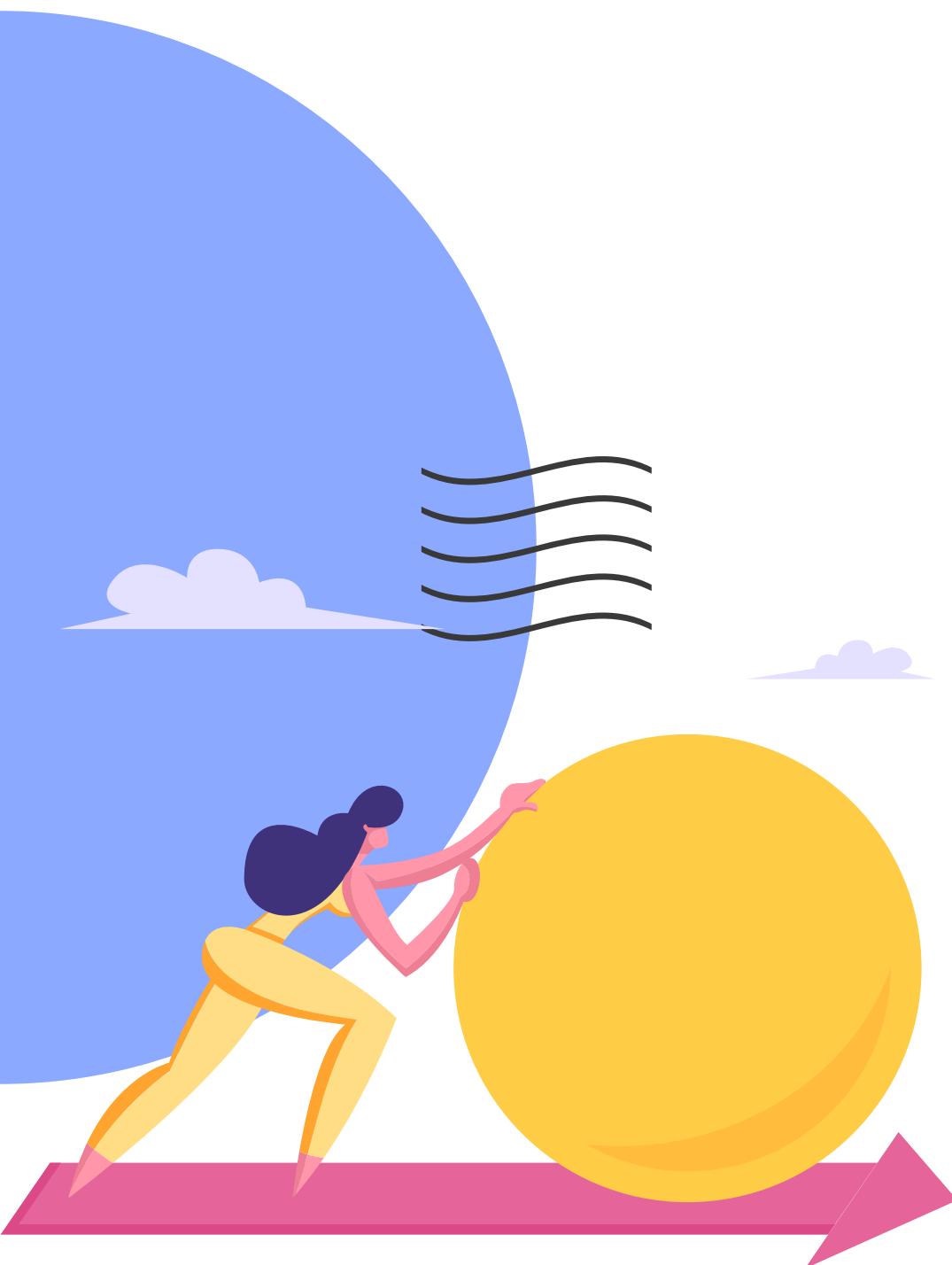
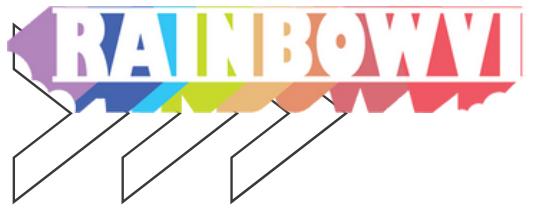


## Complete course materials table

- Fill the course materials table with the microlearning points.
- Track the task on Asana

## Optional Early Build

- If confident, begin inserting content into Tally.so.



Share with us pitfalls  
like info overload or  
sensitive topics.

Mai Huỳnh

## 05

# DISCUSS ON CONTENT DELIVERY CHALLENGES

08

