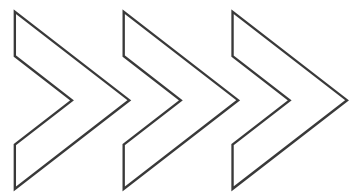
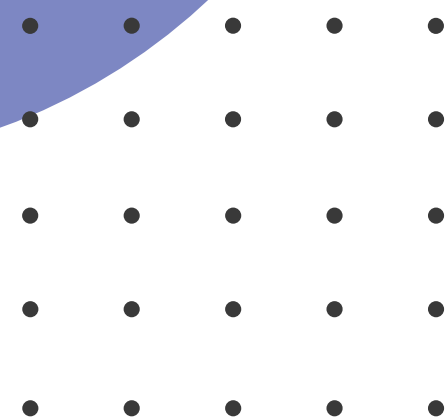


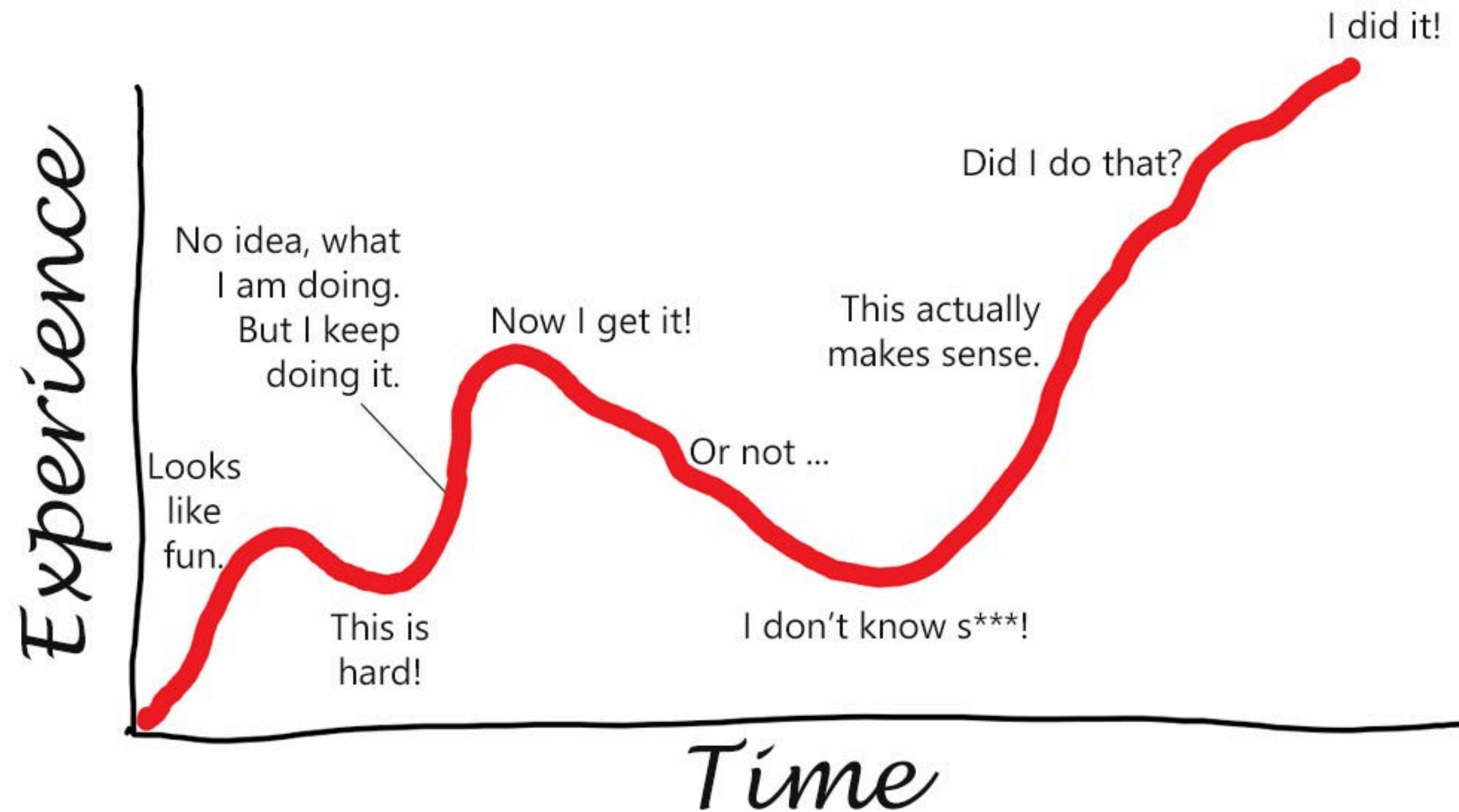
YOUTH LEARNING DESIGN BOOTCAMP



What *impresses* you
the most after Week 1
about **learning design?**



»»» Learning curve



Tools

And their benefits

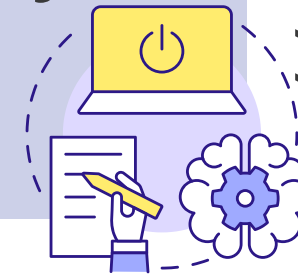
Tally.so, Canva

Course design, quizzes, questions, interactivities



Notion

Working materials, learning resources, store documents



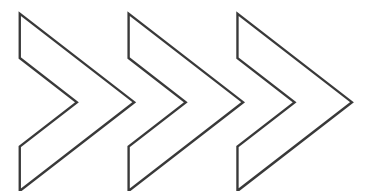
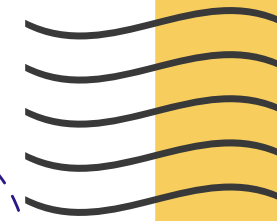
Asana

Project and task management, tracking progress



Slack

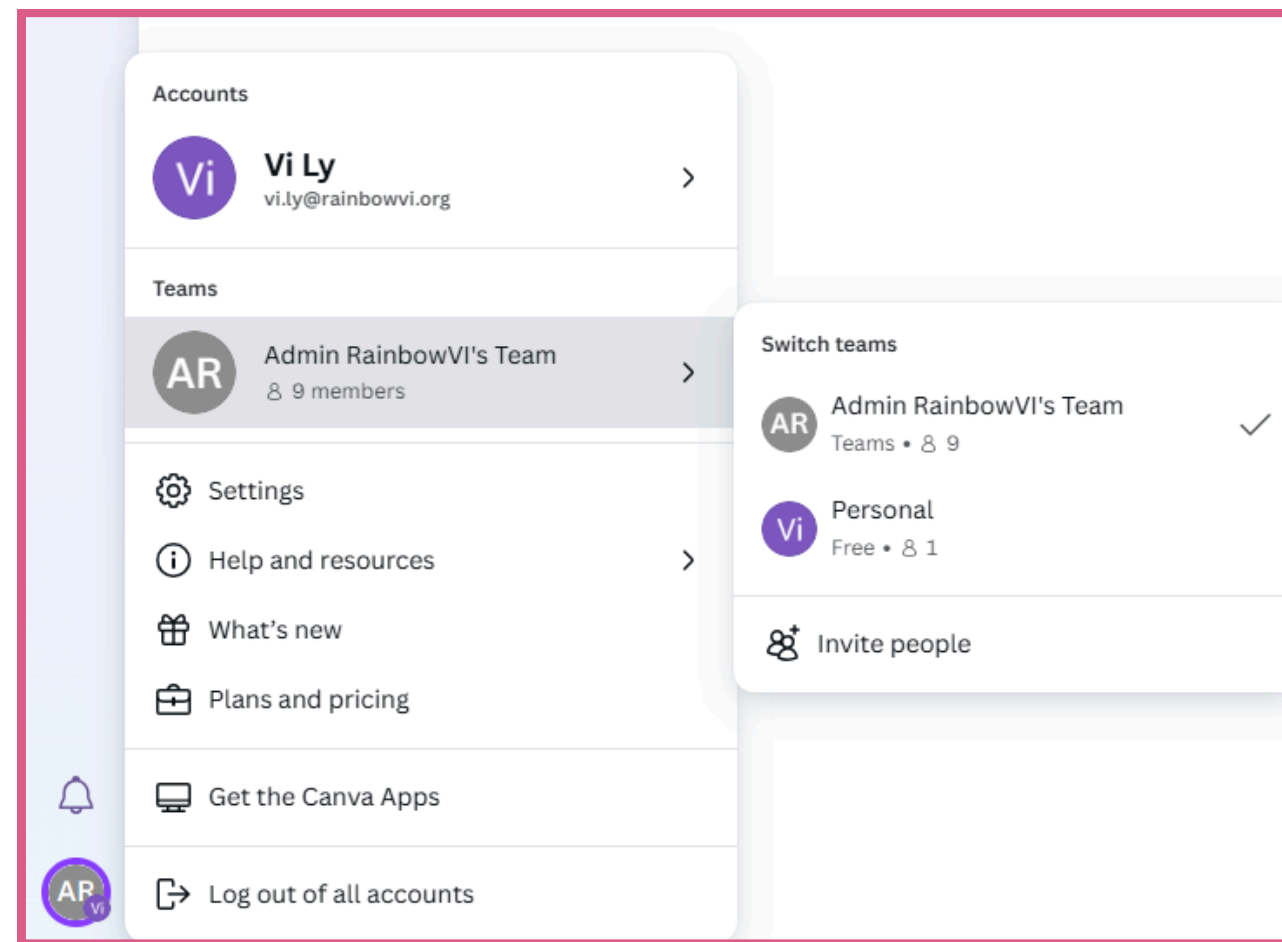
Communication, celebrating good work, teamwork



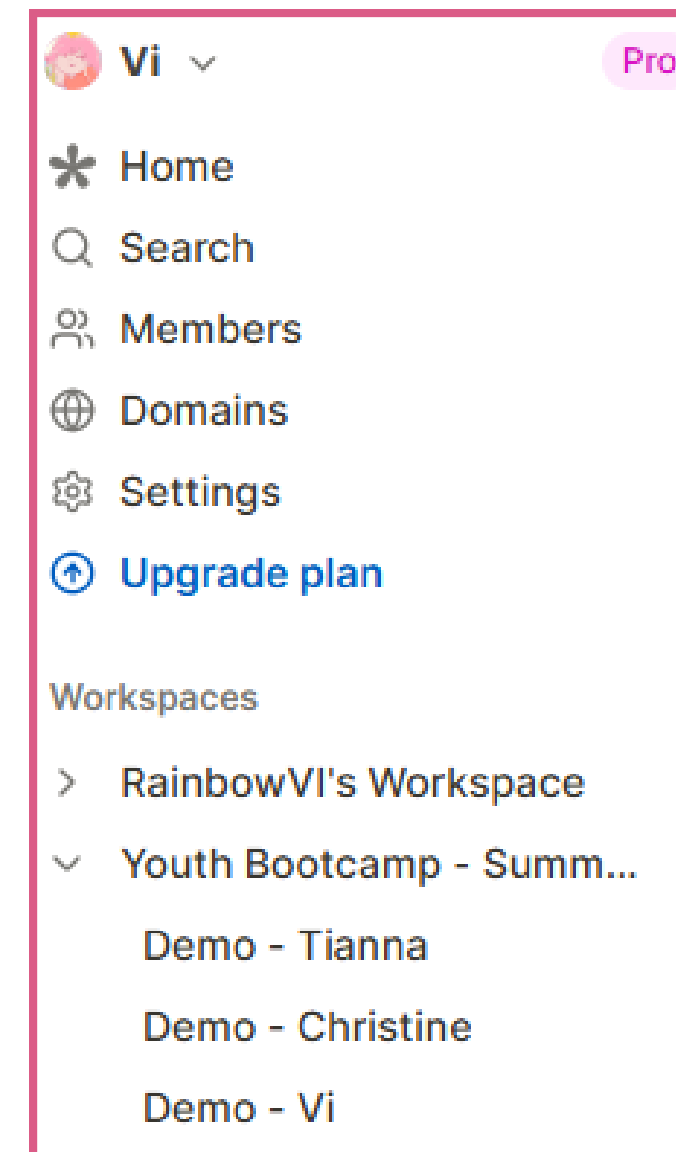
Workspaces

Your Workspace is not Team Workplace

Canva



Tally



Canva Shared Folder

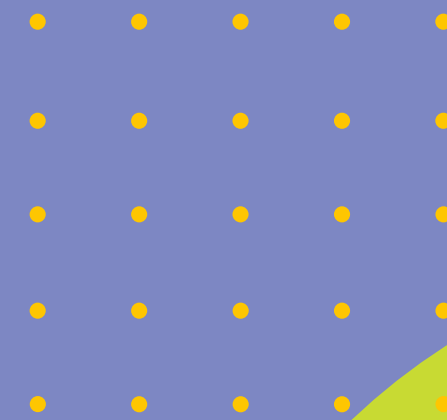
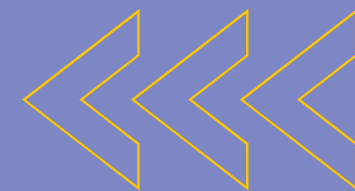
The screenshot displays the Canva web interface. On the left sidebar, the 'Projects' icon is highlighted with a red box. The main content area shows a 'Projects' header with a search bar and filters. Below the header, the 'Folders' section is expanded, showing a folder named 'Youth Learning D...' which is highlighted with a red box. This folder contains 4 items. Below the folder, the 'Designs' section is expanded, showing four design thumbnails. Each thumbnail has a title and an edit time.

| Design Title | Edit Time |
|-------------------------------|-----------------------|
| Week 2 - Content Structuri... | Edited 6 minutes ago |
| Whiteboard | Edited 37 minutes ago |
| Week 3 - Engaement, Asses... | Edited 1 day ago |
| Week 1 - Youth Learning De... | Edited 5 days ago |



WEEK 02

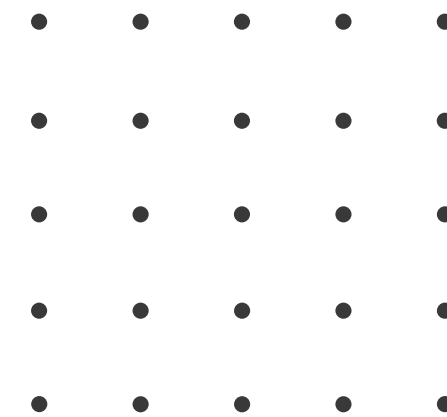
Content Structuring & Microlearning Principles



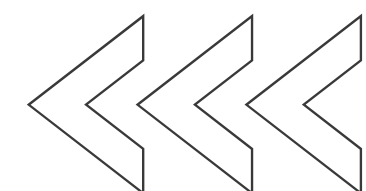
01

Subject Matter Experts Who are they?

- Subject Matter Experts (SMEs) own the domain knowledge.
- They are specialists (like mental health professionals or counselors) consulted for accurate well-being content.



Subject Matter Expert





- Task: Choose one learning objective and convert it into microlearning points.

02

CONTENT CURATION CHALLENGE



step-by-step

make learning flow

1

Each learning
Objective maps to 1-2
Tally pages

- If the objective is to Understand, pick 1-2 facts or definitions.
- If the objective is Apply, pick 1-2 actions or strategies.

2

Hunt for signal
phrases (why,
try/do/practice,
examples/stories)

3

When the text is
long, cut away
details, keep only
what helps the
learner know (fact)
or do (action)

4

Interactivities:

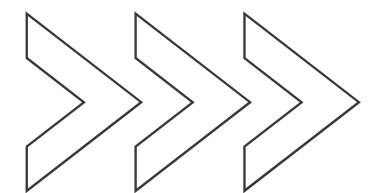
- Fact → Multiple choice / Myth or fact.
- Action → Checklist / Short text (“Write your plan”).



03

MICROLEARNING IN ACTION

- Examples → transformed into microlearning pages.



step-by-step

make learning flow

1

LO 1: Understand body neutrality as a balanced middle ground between body love and dislike, which most find more attainable.

Learning objective

2

Body acceptance exists on a spectrum. There is a middle ground between loving your body and being critical of it, and this is called body neutrality.

Find the fact

3

Body neutrality is about respecting what your body can do, not forcing yourself to love every part of it.

Rephrase

4

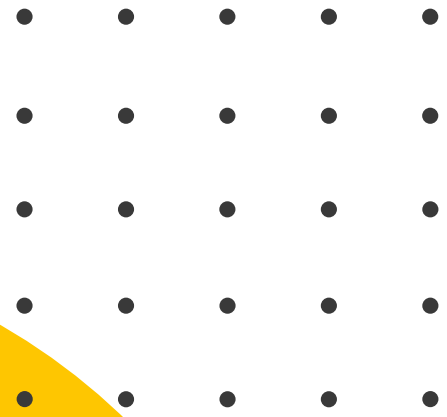
Which statement describes body neutrality?

Options:

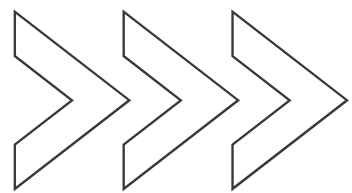
- Ignoring how my body looks
- Focusing on what my body feels/does ✓
- Always loving my body

Interactivities





**What if the learning objectives
need to be changed?**

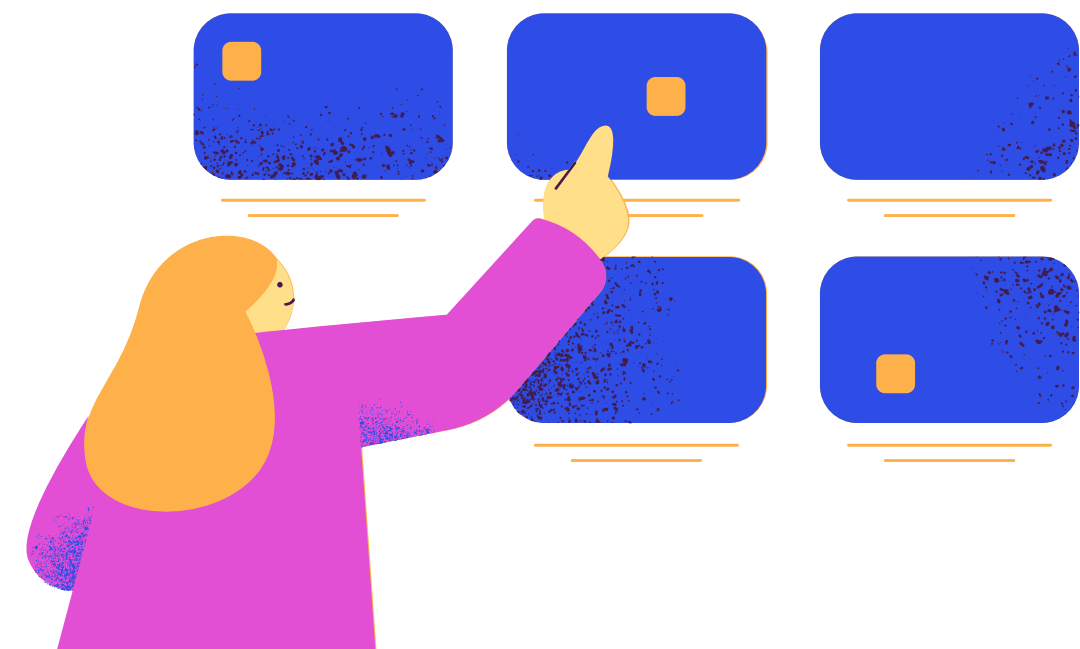
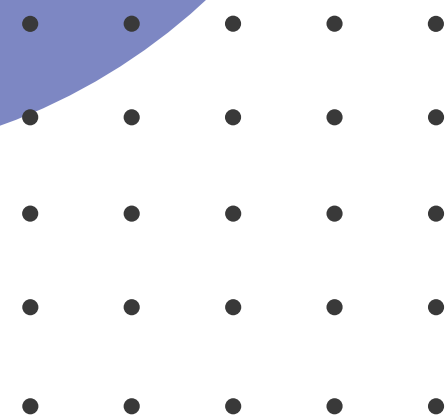


WORKSHOP

Let's create together!

Hands-on

- Begin filling the microlearning points template from [Notion](#)





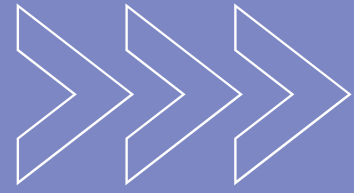
INDEPENDENT WORK

Microlearning Points Build

- Continue creating microlearning points that match the learning objectives

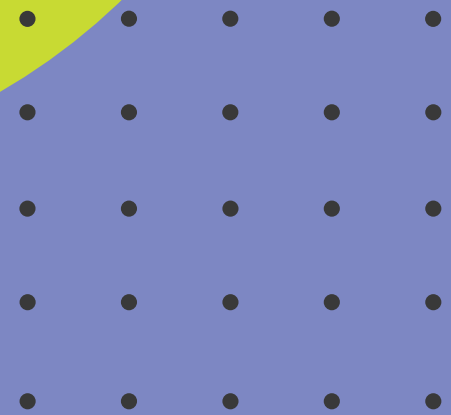
Progress Tracker Update

- Upload the Notion link for facilitator check-in.



04

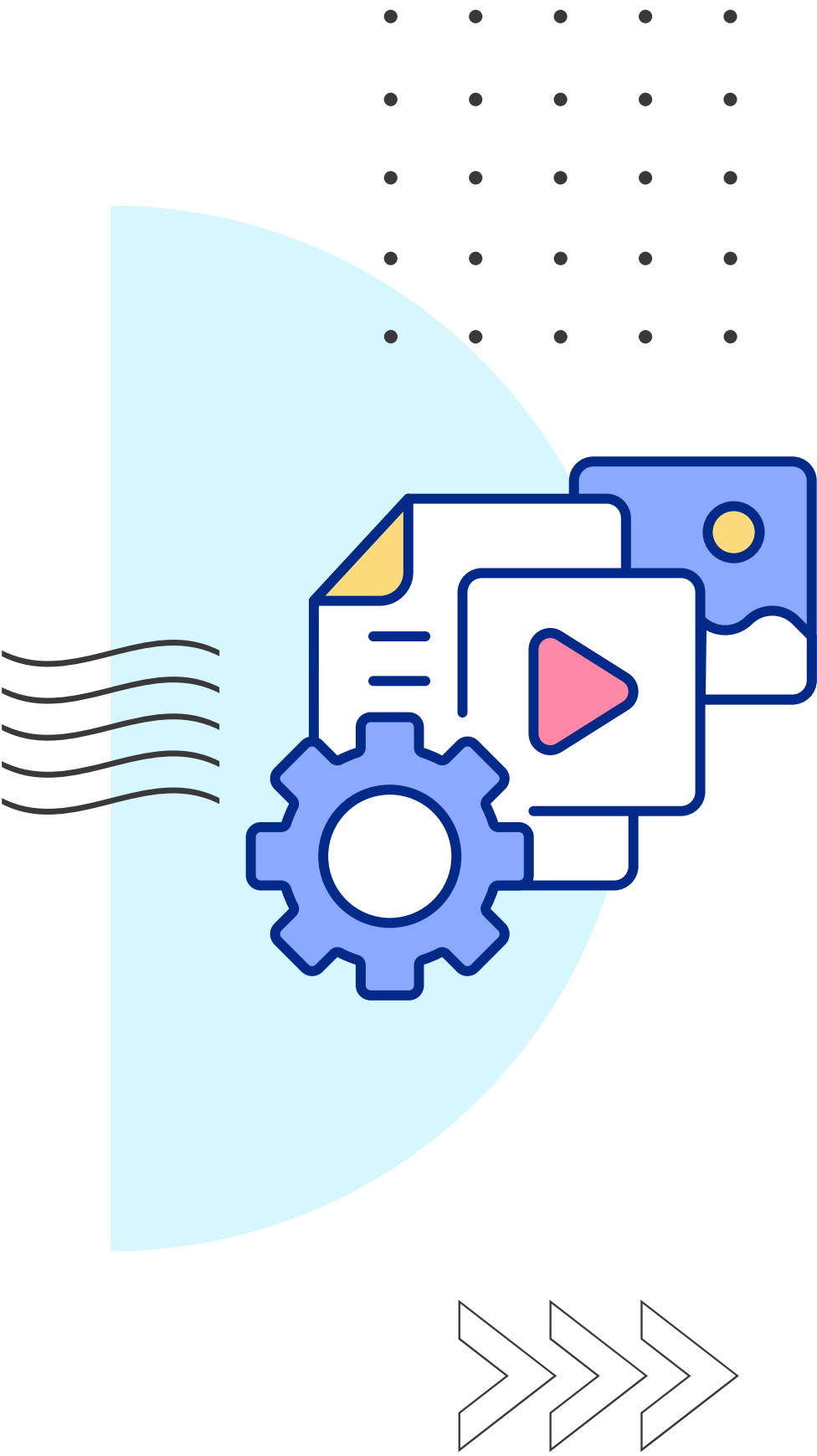
OUTLINING COURSE MATERIALS CONTENT TEMPLATE



Course materials

keep track of what we need to prepare

| Section | Objective Link | Content (from SME pack) | Interaction Idea | Tally.so Element |
|-------------|----------------|--|-----------------------------|------------------|
| Intro | Obj 1 | "Stress is normal – let's explore 3 quick techniques." | Warm-up poll | Multiple Choice |
| Technique 1 | Obj 2 | 4-7-8 breathing steps | Short demo video (optional) | Embed + Text |
| Technique 2 | Obj 2 | Quick muscle relaxation | Reflection Q | Short Answer |
| Wrap-Up | Obj 3 | Recap key strategies | "Which one will you try?" | Rating Scale |





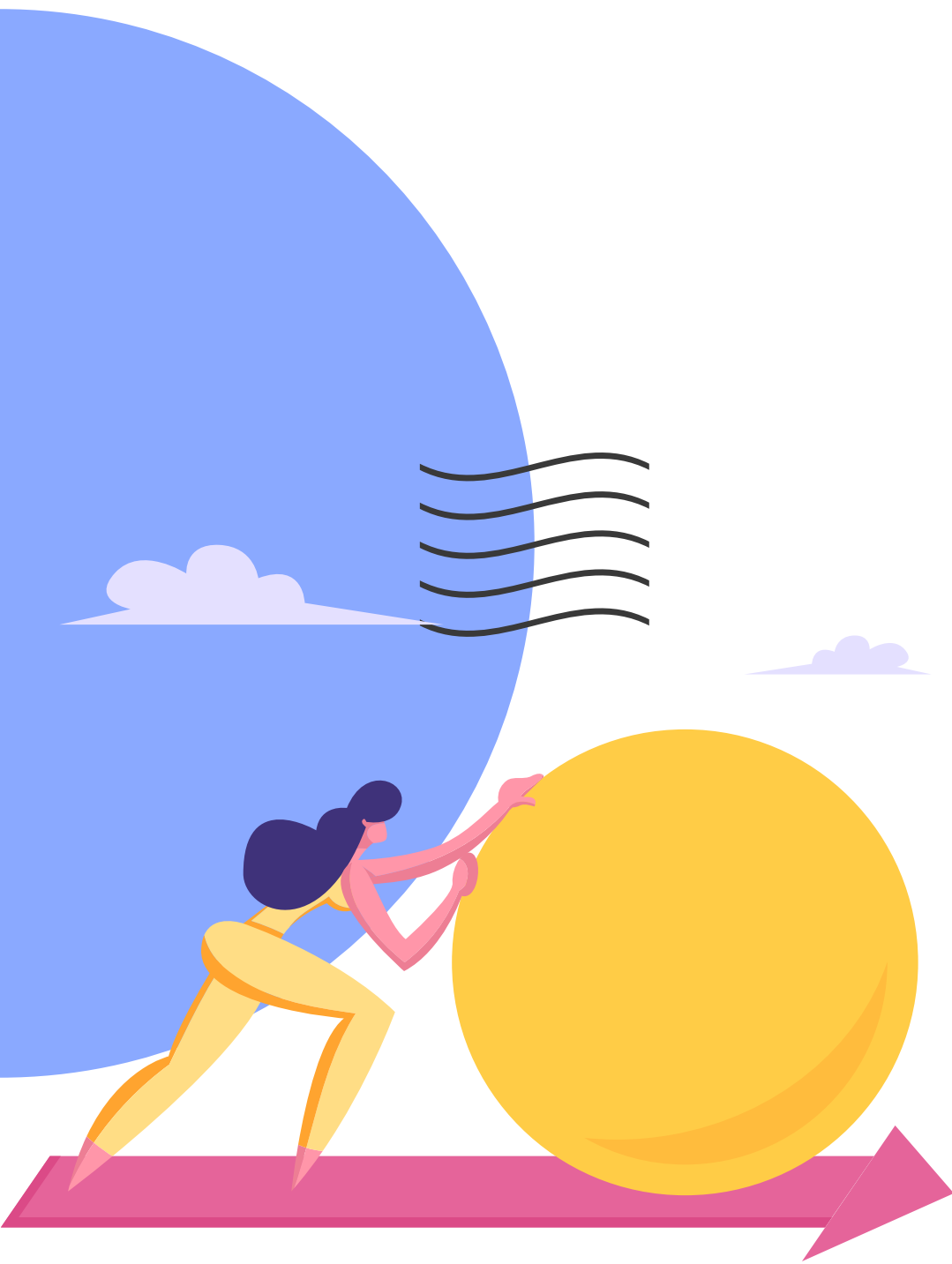
INDEPENDENT WORK

Complete course materials table

- Fill the course materials table with the microlearning points.
- Track the task on Asana

Optional Early Build

- If confident, begin inserting content into Tally.so.

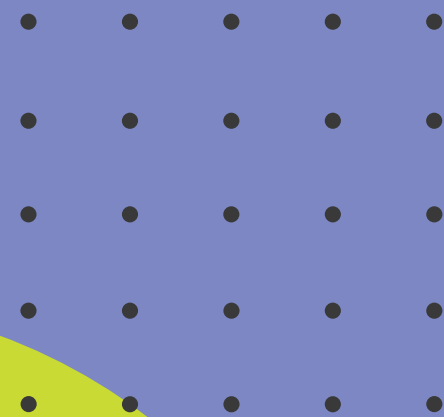


Share with us pitfalls
like info overload or
sensitive topics.

Mai Huỳnh

05

DISCUSS ON CONTENT DELIVERY CHALLENGES



08



