



## Keto Bacon Cauliflower “Mac” ‘N’ Cheese

Just because you're on a keto diet doesn't mean you should forsake all comfort food. This super indulgent mac 'n' cheese manages to stay low-carb thanks to one magical ingredient: cauliflower. Add bacon to the mix and you get the perfect dinner.

**Katie Aubin**

Tasty Team

 **30 minutes**

### Ingredients

for 4 servings

4 strips bacon

4 cups water

1 large head cauliflower

2 teaspoons kosher salt, divided

4 oz cream cheese

$\frac{1}{3}$  cup heavy cream

$\frac{1}{4}$  teaspoon cayenne pepper

1 teaspoon paprika

2 cups shredded cheddar cheese

fresh parsley, finely chopped, for garnish

### Nutrition Info

Calories 630



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