

YIELD: 4

Cucumber Lime Mocktail

Cucumber Lime Mocktail is a refreshing non-alcoholic Summer mocktail made with cucumbers, lime, and carbonated mineral water.

PREP TIME	TOTAL TIME
15 minutes	15 minutes

Ingredients

- 1 large cucumber
- 1 cup of water
- 2 limes
- 3 tbsp mint leaves
- 2 tbsp maple syrup
- pinch of salt
- 1 cup carbonated mineral water
- 2 cups of ice cubes (or more as needed)

Instructions

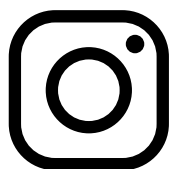
1. Peel and dice 1 large cucumber, then add to a high-speed blender.
2. To the blender Add 1 cup of water, juice of 2 limes, 3 tbsp mint leaves (adjust to your taste), 2 tbsp maple syrup, and a pinch of salt. Blend until smooth.
3. Strain the cucumber juice through a fine strainer or cheesecloth into a jar.
4. To the jar, add 1 cup carbonated mineral water and 2 cups of ice cubes (you can add more ice cubes if you like).
5. Serve in glasses with ice cubes. For decoration, you can add some cucumber slices, a lime wedge and some more mint.



Nutrition Information: YIELD: 4 SERVING SIZE: 1

Amount Per Serving: CALORIES: 48 TOTAL FAT: 0g SATURATED FAT: 0g TRANS FAT: 0g
UNSATURATED FAT: 0g CHOLESTEROL: 0mg SODIUM: 44mg CARBOHYDRATES: 13g FIBER: 2g
SUGAR: 8g PROTEIN: 1g

Nutrition data is automatically calculated using Nutritionix and may not be accurate.



Did you make this recipe?

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CUISINE: European / **CATEGORY:** Drinks

<https://www.vibrantplate.com/cucumber-lime-mocktail/>