

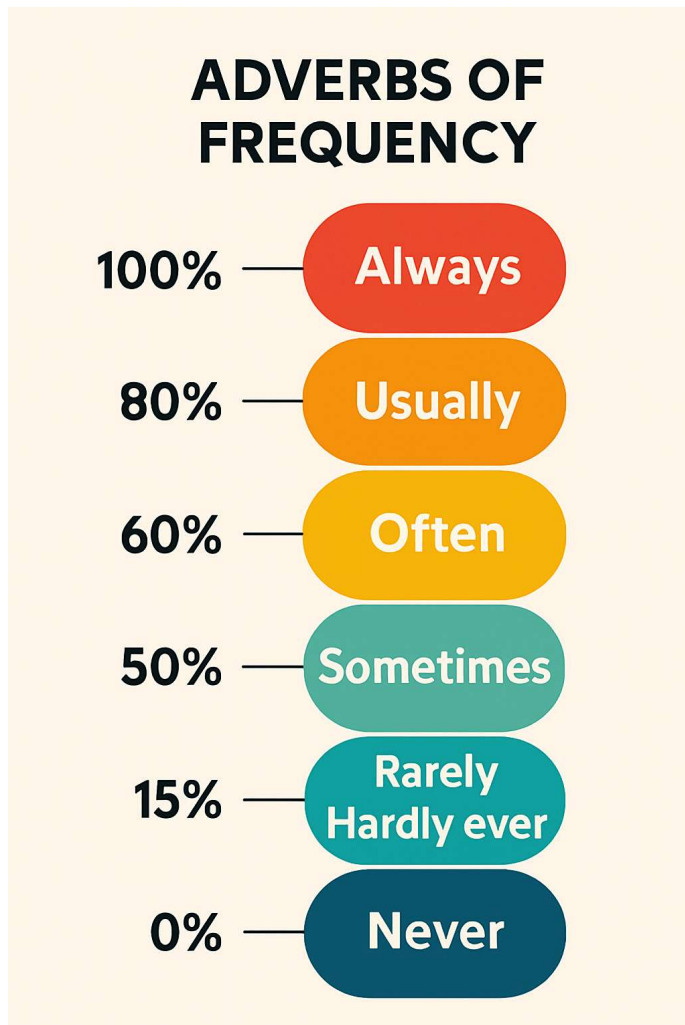


June 3rd, 2025

Adverbs of frequency

We use it to demonstrate (show) how often (the frequency) we perform an action.

I listen to R&B. → I always listen to R&B.



We use the adverbs of frequency:

- Before the action verb;

I play volleyball → I **rarely** play volleyball.

- After the verb to be.

I am tired. → I am **always** tired.