

Quarantine application — INTERZONE

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1☐ Top mentor choice	Phil Hale
2☐ Second choice	Edward Povey
3☐ Third choice	Ken H. Hashimoto and Jennifer Rizzo
☐☐ Another option that might interest you	Gary Baseman
Introduce yourself	I am Ciara Heaton, I am an artist working predominantly in paint. I am studying a painting degree with the Open College of the Arts and have been painting for the last 20 years. I paint from my studio which I based in a small town on the English Lake District. I am interested in exploring land and embodied nature experiences, how they shape us.

Do you have a project in mind at this time?	I have an ongoing project where I document journeys through collections, sketches, sounds and gathering, I then use these moments to create abstract pieces. I want to develop in different mediums to create a larger body of work, specially interested in the movement and rhythms of people and water, and how this may transfer in to paint.
Tell us why you want to join Quarantine	I am stuck and feel I am going round in circles, I need to explore new ways to communicate and expand my artist reach and experiences. I am isolated and impacted by the typical art surrounding me and I need to get out of my comfort zone and be push to think more contemporary.
Briefly describe your Artistic and Creative difficulties	I have difficulties with following through with a full body of work, I tend to try all sorts of approaches and mediums and then leaving ideas unfinished or under developed with self doubt and financial, and time restrictions. I also need to up my technical skills but find I get stuck in the same algorithms, so limit my headspace as it become numb.
What are your inner demons?	Insecurity , Stagnation , Inconsistency
Anything else you want us to know?	<p>I am currently being assessed officially as I am neuro-divergent specifically ADHD so have large periods of intense focus and ideas then blank periods.</p> <p>I also enjoy writing and write poetry and prose.</p>
Fluency in English	Fluent

✓I have read the Quarantine [Interzone Quarantine Mentoring Program 2024](https://www.quarantine.events/interzone-quarantine-mentoring-program-2024) and understand the basic concept and format of the event, and I am aware that only a very small number of applicants are selected and I wish to apply.

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